

"County of *Delaware*: The sufferings of these unfortunates, who are deprived of air and the light of heaven, would form the subject of a dark chapter of human misery, if we could write it.

"County of *Madison*: Thirty-five patients, the majority having dirty clothes, ignorant and incompetent attendance. Those in cells are kept in a very unclean condition; many, for the want of vessels, soil with their excrements the straw on which they sleep. This straw is renewed only once a week, and these unfortunates, whose bodies are covered with their own filth, not being brought out into the open air every day, take their food in these disgusting cells where there is no ventilation and are not washed once even during the whole year. Sickening odor, in which these poor creatures are compelled to live. Three men were naked, the women had only one chemise, those who were quieter were clothed in the same manner as the other unfortunates; fourteen had neither shoes nor stockings during the winter.

"County of *Niagara*: The lash is sometimes, but seldom used to maintain order.

"County of *St. Lawrence*, Handcuffs are not used, but the lash is in constant use, and violent patients are caged to subdue them. Cleanliness, ventilation, and uniformity of temperature are wanting. The sexes are not separated, but are kept together.

"County of *Saratoga*. House in ruins. Day rooms and bed rooms bad and infectious. Corporal punishment for men, women and children; it is probable that the poor inmates, who are not insane, receive the same treatment.

"County of *Columbia*: Male kept in cells, attend to their own wants. Out of 200, 100 are the winter insane patients, the rest are none. We must have more. In consequence of the writings of the insane, "In so in dark a convicted deprived on straw suffer from or stockings all committed forbidden shoes. To clothing, s light and may say, a intercourse, h persons, with encouraging rending sign one." (1) These observations system adopted

(1) Psychology