

("it seldom fails"), Deafness, the Dropsy (after purging), the Falling Sickness, a slow Fever, Hemicrania, Leprosy ("in this disease the skin in many parts is covered with rough whitish scaly pustules, if these are rubbed off, with a kind of scaly scurf"), the Palsy, Sciatica, Scorbutic Atrophy ("also . . . all Scorbutic pains"), Stone in the Kidneys, Vertigo, Torpor or Numbness of the Limbs, Tympany or Windy Dropsy, involuntary Urine. It will be seen that he in his medical directions applied his own well known maxim: "Cleanliness is next to Godliness." It is curious, however, that sea bathing is not more in favor. Very rarely indeed is a warm bath advised, i. e., for the Iliac Passion and St. Anthony's Fire.

After water, warm lemonade is the favorite drink. "For Bilious Cholic drink warm lemonade, I know nothing like it," also for Hysteric Cholic; in an Intermitting Fever, "drink warm lemonade in the beginning of every fit, it cures in a few days. Tried"; the Stranguary; Urine by Drops with Heat and Pain, and Suppression of the Urine are all benefited by drinking warm lemonade, and it is useful to produce and "continue a long sweat in Quartan Agues." Wesley does not seem ever to have used cold lemonade.

Apple water made by pouring boiling water on sliced apples is recommended in Asthma.

Curiously enough, milk as a beverage receives little notice. A pint of new milk taken morning and evening has cured an inveterate Asthma; milk and milk porridge are the proper breakfast for children, and milk should be given warm from the cow every morning in Hooping Cough; in Consumption, "use as a common drink Spring water and new milk each a quart" or "a pint of Skimmed milk with half a pint of small beer." But in the last stage, "suck a healthy woman daily. This cured my father." In diabetes, "let your drink be milk and water." To cure Night Sweats, "drink a gill of warm milk at lying down."