the falls and rapids that will be encountered on nearly every one of the outings outlined. These are the pleasures of the trips that the canoeist will enjoy best by finding out for himself. For the most of these trips guides would be necessary, and it is advised that they be taken. They provide canoes, tents and all necessary outfit except fishing tackle. Parties planning one or other of the trips outlined, or any other that their fancy and a study of the map may suggest, are advised to write to the Tourist Association, St. John, and they will be put in touch with good guides and given all requisite information. The visitor who wants fishing pure and simple, without any reference to canoeing or camping, has only to make his wants known, as there are unlimited opportunities for this sport in almost every section of the province.

Saint John River.

An ideal canoe trip is that from Grand Falls to Fredericton by the St. John River. This is a run of 140 miles, all down stream. If a longer journey is wanted it can be had by going still further up the river, say to Clare's or Connor's, which would give an additional 70 miles, or to Cabano or Notre Dame du Lake on Lake Temiscouata in Ouebec whence a run can be had by the Madawaska River to the St. John River at Edmundston, 40 miles above Grand Falls, then by the St. John to Fredericton, with opportunities for side trips in the various tributaries. One of the most enjoyable of these would be to put the canoes on the train at Perth, about 20 niles below the Falls, and go to Plaster Rock, on the Tobique River. It is an exciting run of thirty miles down this river to the St. John, where the main journey can be continued. The Grand Falls are the largest and finest in America, excepting only Niagara, while the gorge below the falls is wilder and more remarkable in many ways than that at Niagara.