

HER LIFE SAVED

From one of the returned Gravenhurst patients the following letter was received a few days ago:

"I was a patient at the Gravenhurst Sanitarium for four and a half months and I am pleased to report to you that the disease was completely arrested by my stay there. I have been back at work for two years, and I am entirely better and able to do hard work. Before leaving I was a patient at the County of Carleton Hospital in Ottawa, at which place my disease was diagnosed by the physical signs present, and by the germs in the sputum. During my stay at the Sanitarium I was the recipient of every kindness from the physicians and nurses and I feel deeply grateful to your Association, as I consider my life was saved by the Sanitarium treatment."

WESTON CASES

CASE No. 1. W. Has been in hospital for twelve months. Was a far advanced case, made considerable progress, but by his own foolishness brought on several hemorrhages and is not yet in a condition to be discharged.

No. 2. W. Has been in hospital for nearly twelve months. Condition satisfactory, and may now be discharged.

No. 3. W. Died after four months stay in hospital.

No. 4. W. Remained only one day in hospital.

No. 5. W. A far advanced case with several complications. Died after six months residence in hospital.

No. 6. W. Very far advanced—died fourteen days after admission.

No. 7. W. Has been six months in hospital, and is much improved.

No. 8. W. Remained in hospital one month, was discharged improved.

N. Is now being cared for in Ottawa, and is much improved.

No. 9. W. Has been here four months, but is not improving.

No. 10. W. Came here in January, and is improving.

It must be borne in mind the cases sent to Weston are far advanced.

Through the nurse the Association has also kept in touch with the cases sent to Gravenhurst and Weston during 1905. Of the thirteen cases sent to Gravenhurst, five have died, five have left the city, and three are attending to their duties, and of these three, one is a particularly gratifying case. She returned from the Sanitarium two years ago, and has had no symptoms of Tuberculosis since; the other two are quite holding their own, but under unfavorable conditions of life. Of the four sent to Weston, two have died, one has gone to work in another city,

and one is still in Ottawa, greatly improved—attending daily to his duties and exercising care.

VALUE OF OUT-DOOR TREATMENT

From a perusal of the nurse's reports, it is evident her visits are welcomed, that there is a manifest desire to carry out instructions, that it is becoming better understood that consumption is not necessarily a hopeless disease and that if instructions are followed and care is exercised there is hope for the sufferers and no great danger to those closely associated with them.

Some interesting results of the use of the fresh air treatment are also met with. Her reports on this are as follows:

CASE No. 1. A woman of about forty years of age, whose four brothers and two sisters died of pulmonary tuberculosis. A year ago this patient noticed symptoms very much like those shown by her deceased brothers and sisters, and feeling nervous about herself immediately took advice from her physician. On examination he found her right lung diseased and advised fresh air treatment. On each visit I found her carrying out instructions faithfully. She could not leave home, but slept in a tent erected in the back yard, braving the cold until late in the fall. She has her reward, for to-day she feels as well as ever she did, and although still following the treatment considers herself cured.

No. 2, 3. Are sisters. One was considered very far advanced in the disease. They were sent to the Sanitarium together, remained there long enough to learn the benefit of fresh air, and came home determined to carry out instructions given them. They both live on the outskirts of the city, and during the summer months spent the whole day in the woods, have slept the whole year round with their bed-room windows open: the results are, both are enjoying good health. One considers herself cured, and the other is certainly greatly improved, and has every reason to hope she will be spared to her family for years to come.

No. 4. Is that of a young mother. About eighteen months ago she had several hemorrhages from the lungs. It was some time before she could be persuaded to live in the fresh air, but by constant advice she at last was induced to spend most of the day out of doors. By spring she was strong enough to leave home for the country, where she spent last summer until late in the fall. She is still at home doing her own household work, but still devoting hours every day to the fresh air cure, and she fully believes she owes her improvement to following out the advice given to her.