

Put your finger on your pulse ~ ~ ~



YOUR HEART beats over one hundred thousand times a day. One hundred thousand supplies of good or bad blood to your brain. Which? If it is bad, impure blood, then your head aches. You are drowsy, yet cannot sleep; tired in the morning as at night; you have no nerve power; your food does not seem to do you much good. Stimulants, tonics, headache powders cannot cure you —

AYER'S SARSAPARILLA

will. It makes the liver, kidneys, skin and bowels perform their proper work. It removes all impurities from the blood. And it makes the blood rich in its life-giving properties.



For biliousness, take Ayer's Pills. Take them with Ayer's Sarsaparilla; one aids the other.

All druggists sell Ayer's Sarsaparilla. \$1.00 a bottle, 6 for \$5.00.