

NEW SCALE WILLIAMS

IS THE PIANO OF THE PERIOD

that is in me, by the attraction of the world that is in my soul."

For particulars and literature explaining, apply to
THE WILLIAMS PIANO CO., Limited
OSHAWA, ONT.

COOL

You can feel comfortable in the hottest weather if properly fed.

A little Fruit.

Dish of Grape-Nuts and Cream.

Two soft-boiled Eggs.

Cup of Postum.

Slice of Toast.

That's enough.

More is too much.

"THERE'S A REASON."

You can find it.

Grape-Nuts

Postum Cereal Co., Ltd., Battle Creek, Mich., U.S.A.

1780 The Leader for 125 Years 1905

Walter Baker & Co.'s Chocolate & Cocoa



Registered,
U. S. Pat. Off.

It is a perfect food, highly nourishing, easily digested, fitted to repair wasted strength, preserve health and prolong life.

A new and handsomely illustrated Recipe Book sent free.

Walter Baker & Co., Ltd.

Established 1780

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is wheat. All civilized nations to-day use white flour as the basis of their food, because it has proved its nutritive value to be beyond that of all other cereals.

"Five Roses" Flour

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IN ONE BOTTLE.
REQUIRES
NO HEATING OR
MIXING

Melanyl

Indelible and Harmless
On any Fabric.
Try it once and you will
use no other kind.

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SHIRTS AND COLLARS

ON
W.G. & N. Mark
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