

Dr. M. Souvielle's Spirometer Given Free.
Encouraged by the fact that during the past five years, thousands of patients who have used my Spirometer have been cured of Asthma, Bronchitis, Catarrh, Catarrhal Deafness, Consumption or Weak Lungs, and finding that many who could be cured are financially unable to procure the instrument, I will give the Spirometer Free to any one suffering from any of the above ailments who will call at 173 Church street, Toronto, and consult the Surgeons of the International Throat and Lung Institute, the medicines alone to be paid for.
If unable to call, write for particulars and treatment which can be sent by express to any address. Dr. M. Souvielle, ex-aide Surgeon, French Army.



LYDIA E. PINKHAM'S
VEGETABLE COMPOUND

IS A POSITIVE CURE

For all of these Painful Complaints and Weaknesses so common to our best FEMALE POPULATION.

IT WILL CURE ENTIRELY THE WORST FORM OF FEMALE COMPLAINTS, ALL OVARIAN TROUBLES, INFLAMMATION AND ULCERATION. FALLING AND DISPLACEMENTS, AND THE CONSEQUENT SPINAL WEAKNESS, AND IS PARTICULARLY ADAPTED TO THE CHANGE OF LIFE.

IT WILL DISSOLVE AND EXPULS TUMORS FROM THE UTERUS IN AN EARLY STAGE OF DEVELOPMENT. THE TENDENCY TO CANCEROUS HUMORS THEREBY CHECKED VERY SPEEDILY BY ITS USE.

IT REMOVES PAINTNESS, FLATULENCE, DESTROYS ALLURATING FOR STIMULANTS, AND REMOVES WEAKNESS OF THE STOMACH. IT CURES BLOATING, HEADACHE, NERVOUS PROSTRATION, GENERAL DEBILITY, DEPRESSION AND INDIGESTION.

THAT FEELING OF BEARING DOWN, CAUSING PAIN, WEIGHT AND BACKACHE, IS ALWAYS PERMANENTLY CURED BY ITS USE.

IT WILL AT ALL TIMES AND UNDER ALL CIRCUMSTANCES ACT IN HARMONY WITH THE LAWS THAT GOVERN THE FEMALE SYSTEM.

ITS PURPOSE IS SOLELY FOR THE LEGITIMATE HEALING OF DISEASE AND THE RELIEF OF PAIN, AND THAT IT DOES ALL IT CLAIMS TO DO, THOUSANDS OF LADIES CAN GLADLY TESTIFY.

FOR THE CURE OF KIDNEY COMPLAINTS IN EITHER SEX THIS REMEDY IS UNSURPASSED.

LYDIA E. PINKHAM'S VEGETABLE COMPOUND IS PREPARED AT LYDIA, MASS. Price \$1. Six bottles for \$5. Sold by all druggists. Sent by mail, postage paid, in form of Pills or Lozenges on receipt of price as above. Mrs. Pinkham's "Guide to Health" will be mailed free to any Lady sending stamp. Letters confidentially answered.

No family should be without LYDIA E. PINKHAM'S LIVER PILLS. They cure Constipation, Biliousness and Torpidity of the Liver. 25 cents per box.

CHICAGO HAMS
AND BREAKFAST BACON,
Best Value in Teas from 50c.,

—Fresh Cream Cheese,
Grated Parmesan Cheese—
FRENCH PEAS, MUSHROOMS. &
TRUFFLES,
KENNEDY'S FINE AMERICAN
BISCUITS, 29
SEVILLE ORANGES 54
(First of the Season).

FULTON, MICHIE & CO.,
7 KING STREET WEST,

W. WHARIN & CO.,
Established 1854
Watches Clocks
JEWELRY
And Silverware.



Every description of English, Swiss, and American Watches and Clocks cleaned, repaired and regulated.
Jewelry and Silverware manufactured, and repairs neatly executed.
47 King Street West, Toronto.

\$65 MONITOR & board for Young Men of each county, Philadelphia, Pa.

WESTMAN & BAKER,
119 Bay Street, Toronto,
MACHINISTS,
Manufacturers of the latest
IMPROVED GORDON PRESSES.
Printing Presses repaired and adjusted with dispatch

THE TROY MENEELY BELL FOUNDRY, CLINTON H. MENEELY BELL COMPANY, TROY, N.Y.
Manufacture a superior quality of bells, oldest workmen, Greatest experience, Largest trade. Special attention given to CHURCH BELLS.
Illustrated Catalogue mailed free.

McSHANE BELL FOUNDRY,
Manufacture those celebrated BELLS and CHIMES FOR CHURCHES, SCHOOLS, FIRE ALARMS, PARADES, AND ALL WARRANTED. Catalogue sent free. Address H. McSHANE & Co, Baltimore, Md

BUCKEYE BELL FOUNDRY,
Bells of Pure Copper and Tin in Churches, Schools, Fire Alarms, Parade, and all WARRANTED. Catalogue sent free. Address VANDUZEN & TIFF, Cincinnati.

MENEELY BELL COMPANY,
The Finest Grade of Church Bells,
Greatest Experience. Largest Trade. Illustrated Catalogue mailed free.

CLINTON H. MENEELY BELL COMPANY, TROY, N. Y.

Baltimore Church Bells
Since 1840 we have been superior in the manufacture of the finest Bell Metal, Copper and Tin Bells. Our castings, warranted satisfactory. For prices, circulars, &c. address BALTIMORE BELL FOUNDRY, J. REGESTER & SONS, Baltimore, Md.

Scientific and Useful.

NICE COOKIES.—One egg, one half-cup of sugar, one cup of molasses, one teaspoonful soda, one tablespoonful of vinegar, little salt and spice to suit the taste. These are very nice.

SAUCE FOR PUDDING.—Cream together till very light, one cup of butter and one cup of sugar; flavour to taste. Add two tablespoonfuls of boiling water, beat well and send to the table immediately.

BATTER PUDDING.—Four eggs, eight tablespoonfuls of flour, one tablespoonful of butter, one pint of milk. Melt the butter in the milk; beat the eggs separately, bake half an hour and serve with sauce.

CREAM CAKE.—One egg, one cup of sugar, one cup of cream, one teaspoonful of soda, a little salt, and extract of lemon, two and one-half cups of flour. This makes a very nice loaf cake or a Washington pie.

CHAMPAGNE COOKIES.—One cup of sugar, one-third cup of butter, one egg, four spoonfuls of sweet milk, one teaspoonful of cream tartar, one-half teaspoonful soda. I have kept cookies made by this receipt a year.

— Lydia E. Pinkham's Vegetable Compound is a most valuable medicine for ladies of all ages who may be afflicted with any form of disease peculiar to the sex. Her Remedies are not only put up in Liquid form but in Pills and Lozenges in which form they are securely sent through the mails.

FRUIT CAKE.—Four eggs, one cup of sugar, one cup of molasses, one cup of sweet milk, one and one-half cups of butter, five cups of flour, one pound of raisins, one-half pound of currants, one teaspoonful of soda, citron, cinnamon, cloves and nutmeg. This makes two large loaves.

ALMOND CAKE.—Whites of five eggs, four teacups of unsifted flour, two teacups of sugar, one-half cup of butter, one-half teaspoonful of soda dissolved in a teacup of sweet milk, one-half teaspoon cream tartar sifted with the flour. Mix the sugar and butter, then the other ingredients, stirring the flour in gradually. Beat very hard and flavour with almond.

PLUM PUDDING.—Soak a loaf of bread in boiling milk; when cool, add four eggs, one-half pint of suet chopped fine, one teacup of brown sugar, one pound of raisins, one-half pound of currants, a large piece of citron cut in small slices, one teaspoon of allspice, cloves, mace, cinnamon and nutmeg, a little salt; beat two tablespoonfuls of flour into the bread and milk; boil four hours.

MOCK Mince PIES.—One egg, three-fourths of a teacup of rolled crackers, two-thirds of a cup of sugar, one-half cup of molasses, one-fourth cup of cold tea, one-fourth of a wine glass of brandy, one-half cup of melted butter, one-fourth cup of vinegar, one cup of chopped raisins, one-fourth teaspoonful of salt, a little citron sliced thin, nutmeg, cloves, allspice, mace and cinnamon, a very little of each.

CREAM CAKE.—One-half cup of butter, three eggs, one and one-half cups of sugar, one cup of milk, one teaspoonful of cream tartar in the flour, one teaspoonful of soda in the milk, two and a-half cups of flour. Bake in jelly-cake pans. Make a custard of one pint of milk, two tablespoonfuls corn-starch, one cup of sugar, two eggs beaten well together and stirred in the milk while boiling; place this between the layers of cake.

MR. T. C. BERCHARD, public school teacher, Norland, writes: "During the fall of 1881 I was much troubled with Biliousness and Dyspepsia, and part of the same was unable to attend to the duties of my profession. Northrop & Lyman's Vegetable Discovery and Dyspeptic Cure was recommended to me, and I have much pleasure in stating that I was entirely cured by using one bottle. I have not had an attack of my old complaint since, and have gained fifteen pounds in weight."

FRUIT CAKE.—Twelve eggs, one pound of flour, which must be browned, one pound of sugar, one pound of butter; cream the butter and sugar; beat the eggs well and stir by degrees into the butter and sugar alternately with the flour; into this put six nutmegs, two pounds of raisins, one pound of citron, two pounds of currants, one pound of almonds, one-half pound of figs, one-half pound of dates, one wine glass of brandy, and one of sherry, one teacup of molasses.

THE laws of the Medes and Persians were not more immutable than those of nature. If we transgress them we suffer. Sometimes, however, we break them inadvertently. Damages frequently take the form of Dyspepsia, Constipation and Biliousness, which can be easily repaired with Northrop & Lyman's Vegetable Discovery and Dyspeptic Cure, the Great Blood Purifier and renovator of the system.

No. I. Vital Questions!!

Ask the most eminent physician
Of any school, what is the best thing in the world for quieting and allaying all irritation of the nerves and curing all forms of nervous complaints, giving natural childlike refreshing sleep always?
And they will tell you unhesitatingly "Some form of hops!"

CHAPTER I.
Ask any or all of the most eminent physicians:
"What is the best and only remedy that can be relied on to cure all diseases of the kidneys and urinary organs; such as Bright's disease, diabetes, retention or inability to retain urine, and all the diseases and ailments peculiar to women?"
"And they will tell you explicitly and emphatically 'Buchu.'"
Ask the same physicians
"What is the most reliable and surest cure for all liver diseases or dyspepsia; constipation, indigestion, biliousness, malarial fever, ague, etc.?" and they will tell you:
"Manrake or Dandelion!"
Hence, when these remedies are combined with others equally valuable
And compounded into Hop Bitters, such a wonderful and mysterious curative power is developed which is so varied in its operations that no disease or ill health can possibly exist or resist its power, and yet it is
Harmless for the most frail woman, weakest invalid or smallest child to use.

CHAPTER II.
"Patients
Almost dead or nearly dying"
For years, and given up by physicians of Bright's and other kidney diseases, liver complaints, severe coughs called consumption, have been cured.
Women gone nearly crazy!
From agony of neuralgia, nervousness, wakefulness and various diseases peculiar to women.
People drawn out of shape from excruciating pangs of Rheumatism.
Inflammatory and [chronic, or suffering from scrofula!
Erysipelas!
Salt rheum, blood poisoning, dyspepsia indigestion, and in fact almost all diseases frail
Nature is heir to
Have been cured by Hop Bitters, proof of which can be found in every neighbourhood in the known world.

A PHILADELPHIA hotel-keeper seeks to scare the rural visitor into turning off the gas with notices thus:—"The relatives and friends of guests who blow out the gas will have to pay for the amount of gas wasted before the body will be delivered."

MRS. BARNHART, cor. Pratt and Broadway, has been a sufferer for twelve years through rheumatism, and has had every remedy she could hear of, but received no benefit until she tried Dr. Thomas' Electric Oil; she says she cannot express the satisfaction she feels at having her pain entirely removed and her rheumatism cured. There are base imitations of this medicine for sale; see that you get Dr. Thomas' Electric Oil.

"I AM not pleased with your selections. You play too much dirge music," said a manager to the leader of the orchestra. "Besides, your men don't play with any larrup-tarrup. You need more guff." The director has ever since been trying to find the meaning of the novel musical terms used by his manager.

A HANDY SURGEON.—As a dressing for all manner of flesh wounds there is nothing better than Hagyard's Yellow Ointment. It cleanses, allays pain, subdues inflammation and heals without a scar or stiffness of the parts injured. It is equally valuable as a pain remedy for internal use.

A DOCTOR obligated himself to cure a man's wife, but failed. "You said you would cure her," exclaimed the indignant husband. "Yes, I said so." "Well, why didn't you?" "Why, my dear sir, because she died. If she hadn't died the chances are she would have lived."

MR. W. R. LAZIER, bailiff, etc., Belleville, writes: "I find Dr. Thomas' Electric Oil the best medicine I have ever used for my stable. I have used it for bruises, scratches, wind puffs and cuts, and in every case it gave the best satisfaction. We use it as a household remedy for colds, burns, etc., and it is a perfect panacea. It will remove warts by paring them down and applying it occasionally."

Good Pay for Agents. \$100 to \$200 per mo., made selling our Books and Bibles. Write J. C. McCurdy & Co., Philadelphia, Pa.

NO Waste. No Trouble. Always Ready A GOOD SALAD ASSURED. Rich, Wholesome, Nutritious. The most delicious and the most popular dressing for all kinds of SALADS, RAW TOMATOES, CABBAGE, COLD MEATS, FISH, etc., ever sold.
E. R. DURKEE & Co. NEW YORK.

—SUN—
Life Assurance Company
The SUN is a purely Canadian Company. It has large assets and surplus. Its profits are equitably divided, and are increased with the payment of every premium. It is the only Company that issues an Unconditional Policy.
Ask an agent to show you one; it speaks for itself. Write to me, or my agents before you insure.
A. H. GIBBERT,
Manager, Western Ontario.
JOHN BARR,
Inspector.
Offices, 35 Adelaide St. E. Toronto.

STANDARD LIFE ASSURANCE CO'Y OF EDINBURGH.
Head Office for Canada, Montreal.
THE STANDARD maintains a high record for liberal treatment to Policy-holders, and for its prompt settlement of claims; whilst its rates are as low as those of American and other companies.
W. M. RAMSAY, Manager. THOMAS KERR, Inspector.
\$100 a month and board for one Young Man or Lady in each town, GARRISON & Co., 95 King St. E. Toronto.