dren, therefore when they disobey him they do so to their hurt. He warns, If ye will not hearken unto me then I will punish you.' To those who persist in the transgression of his laws he adds severely, 'I will punish you seven times more for your sine.' The Psalmist, who knew what he was talking about, exclaimed: Blessed is the man who thou chastenest, 0 Lord, and teachest him out of thy law.' Is not the experience of every one us voiced by the writer to the Hebrews: 'Now no chastening for the present seemeth to be joyous, bus grievous; nevertheless afterward-(afterward) -it yieldeth the peaceable fruit of righteousness unto them that ore exercised thereby.
Hence, because God 'knows how to reserve the unjust unto the day of judgment to be punished,' he declares the strength of his character. Our Hearenly Father is not a weakling in any particuiar, hence he can love and fondle; he can teach and wait patiently for $u=$ to learn; he can warn us agaiust sin and punisi u* for its commiasion.
Thinking in this direction Dr. Hillin sayn: 'Nature counts it unsafe to nermil, a wrons to go unpunished. Nature finds it dangerous to allow the youth to sin against brain or nerve or digestion without visiting sharp penalties upon the offender.' John Ruskin has said: 'Modern doubts of eternal punishment are not so much the consequence of benevolence as of feeble powers of reasoning.'
Penalty? Yes, but no more severe and widespread than the sowing of the sin which is its seed.

## Be Ye 'Free.'

'Be ye free from the love of money; content with such things as ye have; for himself hath said, I will in no wioe fail thee, neither will I in any wise forsake thee. So that with good courage we say, The Lord is my helper, I will not fear; what shall man do unto me? It is plain that the help promised herein is the came kind of help that a worldling would expect from his money, as it is the love of money that is being discussed. It is therefore evident that God wants his children to understand that they have a God-given right to go to sleep at night free from all anxiety and worry, whe ther they have anything in bank or not. There are many Christian people who have faith on spiritual lines, who would consider it presump. tion to ask Good to give them their daily bread. They load themselves with unnecessary anxieties and cares connected with the question of support and income, and by so doing poison and weaken their spiritual life, If it is safe to trust God to save our souls, why isn't it just as safe to trust him to keep us from disaster and want? Surely with God for our helper there is no danger that we shall ever wme to want. - 'Ram's Horn.'

## How Two Lawyers Were Converted.

Dr, Torrey, the evangelist, told the following story: There were two noted lawyers, one named West, the other Lyttelton. These two men were both Deists. They believed in the existence of a. Supreme Being, but not in the Bible, the Divinity of Christ, nor the resurrection. One day they met, and commenced talking about Christianity. And Weet said to Lyttelton, "Well, Lyttelton, there is no use of our talking Deism unless we can get rid of two things-the conversion of Saul of Tarsus and the resurrection of Jesus Christ." "Well," said Lyttelton, "I will write a book to prove the story of the conversion of Saul of Tarsus is a myth," West said, "I will write a book to prove the resurrection of Ohrist from the dead is a myth." After awhile they met again, and West said to Lyttelton, "Have you written your book?" "Yees" he said, "but while I was studying about the conversion of Saul of Tareus I became convinced that Saul of Tarsus was converted just that way, that he really wet the riken Christ, and saw Him in the glory. And so I have written my book in de fence of Christianity," "Well," West said, "1 have written my book, too, but when I came to study the evidence as a lawyer would, thon oughly and candidly, I beeame convinced that Jesus Christ rose from the dead as the Scriptures say, and I have written my book in defence of Christianity, proving the resurrection of Jesus Christ." '-Chrietian Herald.

## How God Helps Us.

How does God help us when we most need help? The Rev. Mark Guy Pearse tello us as follows:-
'He does not wait until we are at our fairest and best. He stoops to help us at our deadest and dullest, our poorest and worst, when our life is at its last spark. He can help us and keep us in the most trying circumns and keep us in the most trying circum-
stances, however bleak winds blow, whatever biting frosts come. A most gracious, gentle, pitifu! Saviour, is He, and as mighty as He is gentle. Press up to Him, go on your way communing with Him. Cleave to Him; your life; rest in Him, your loving Lord.'-'Christian Age.

## A Poor Woman's Threepenny = pieces.

One of the 'Regions Beyond' helpers in Liverpool is only a poor woman. 'I went to her house one day (says a writer) to collect the money. As I opened her box quite a shower of threepenny-pieces came out. She saw me looking at them somewhat surprised, and said, "Would you like to krow how there are so many?" Then she told me that although her husband's wages were only $£ 1$ a week, togetiver with a free house, and although her family was large (she had six children), she had promised the Lord that an the threepenny pieces she got should go into the missionary kox. She told me of one occasion, tiwo or three weeks before, when things seemed spe cially low and she needed money more than ever, so many things being required. She had been buying her weekly groceries, and as the man handed her the change, there, among the coppers, were no fewer than three threepennypieces. The devil tempted her to break he promise by whispering. "Could not you ask him to give you coppers for two of them? This is too much of a good thing-three: it is such a lot," She told me the words almost came from her lips, but, asking God to give her strength to keep her vow, she put them into her purse and walked straight home and up to the missionary box, and dropped them in. I asked her how she did that week. She said I scarcely know how I did, but God made the
things go further-at least, it seemed just like it." That is an illustration of how some of those who are very poor as far as this world'; goods are concerned are denying themselves that they may give largely to the spread of the Redeemer's Kingdom.'

## Religious Notes.

In 1891 the Moravians opened a mission in German East Africa at the northern end of Lake Nyasa. It was more than five years before one convert was baptized. After seven years' work there were 4 Moravian station , 36 pupils in school, and 52 Christians. At the end of 1906 after fifteen years' work, that end of had after fifteen years' work, that 1,193 souls under religious instruction, of whom 434 were baptized.

The German Mission to Blind Females in China, in its thirteenth annual report, records miany reasons for thanksgiving. The confidence of the Ohinese has been completely gained, and so many blind girls applied for admis. sion to the home at Hongkong that an ad dition had to be built. Now more than 80 pupils can be accommodated, and a third dea crness has been added to the missionary force. The number of pupils in the school was 36 when the report was written, and two native female helpers were employed in addition to the deaconesses. The older girls, after graduating from the school, are occupied with other work. Some have become experienced weavcrs and thus contribute their share to th income of the home. Two of the girls were confirmed last year.-Missionary Review of the World:

A correspondent writes from a 'Home' in Tokio, of which there is much need in all parto of Japan, that there are at that home for rescued girls 20 women and girls whose ages lange from six to thirty. Even little giris have been sold into lives of sin. Three who are aged six, ten and fourteen years were
rescued from an aunt who was planning to sell them, their mother being extremely poor and incompetent. They are exceptionally bright, active, and pretty little girle. All of the girls are trying to learn to be self-supporting, so as to be able to earn an honest living. They have learned to knit golf-jackets, glcves, mittens, shawls, ete., which have been sold and help a little towards the expenser. These girls also spend some hours dahy in study, is their education has been neglected. There is a teacher at the home for those who fre tos old to attend school. Some of the younger ones attend the public school, and several have teen received into mission schools as free pupils.- 'Missionary Review of Reviews.'
$\$ 25,000$ will pay for a college or church building.
$\$ 13,000$ will send out 12 medical missionaries for one year.
$\$ 10,000$ will build a Thospital and dispensary, $\$ 5,000$ will buil
ting room and surgeon's ward, or an operport surgeon's ward, or will eupport a station.
$\$ 3,000$ will build a Bible training school.
$\$ 2,000$ will build an orphanage
$\$ 1,500$ will support a small mission station or a married missionary for one year.
$\$ 1,100$ will send out for a year an educational, a medical, or an evangelistic missionary.
$\$ 1,000$ will permit expansion where greatly :eeded.
$\$ 600$ will support an unmarried miseionary.
$\$ 400$ mill provide for a day school.
$\$ 150$ will provide for a native doctor.
$\$ 75$ will pay for a native hospital ascistant, a native teacher.
$\$ 40$ will provide a scholarship for a native medical assistant.
$\$ 30$ will provide a boarding school scholarship.
$\$ 25$ will provide a Bible training school scholarship.
$\$ 20$ will provide 1 of 30 shares in a missionary's salary.-Review of Reviews.'

## Pithy Sayings of John Wesley

It is a happy thing if we can learn obedience by the things which we suffer
It is plain God sees it best for you frequently to walk in a thorny path
When I devoted to God my ease, my time, my fortune, my life, I did not except my reputation
Be punctual. Whenever I am to go to a place the first thing I do is to get ready; then, what time remains is my own.

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Address all subscriptions for Dr. Grenfell's work to 'Witness' Labrador Fund, John Dougall and Son, 'Witness' Office, Montreal, indicating with the gift whether it is ir launch, komatic, or cots.

