which, again, more than any other regulate the consumption of food, would in point of fact not be satisfied in the use of the leguminous diet, unless by an expenditure or consumption of an amount of nitrogen beyond that which the due balance of the constituents of food would seem to require; whilst, on the other hand, in the usc of cereal grain, its better proportion of respiratory food in the direct use of the highly-nitrogenized leguminous seeds, or in the better balanced diet of the cereal grains, in either case the end is attained only at the cost of nitrogen, in the one case by a larger amount of it in the food than the due balance of constituents would seem to require; whilst, in the other, this due balance has not been attained without a loss of nitrogen during growth. The claims of health and natural instinct generally leave little doubt which alternative should be adopted, in the case of human food at least; and it becomes us, therefore, to investigate and understand the practical bearings of these curious and interesting facts, for upon the principles they involve depend much, for their success, those fundamental practices of the farm-the feeding of stock, for their double products of meat and manure, and the adaptation of our rotations."

(Concluded in next number.)

Agricultural Intelligence.

Fortunes Made by Farming.

It is a common, and, we think, correct conviction that large fortunes are seldom made by farmers. There are, however, exceptions. Agriculture, as a pursuit, probably yields about the average rate of profit on the capital employed as compared with that of commercial undertakings, when the losses, which are often heavy, attending the latter, are deducted. There is generally much less risk in farming than in manufactures and commerce; and industrious, economical habits, guided by a sound judgment, will scarcely, in any instance, fail in securing a comfortable competency. There are thousands of farmers in Canada who are now comparatively wealthy, who came to this country twenty or thirty years ago almost without a shilling. The following instances of success in farming are taken from an article furnished the Boston Cultivator, by that well known agriculturist, Mr. John Johnston, of Geneva:

Some sixty years ago, a man came to Western New York from New Eogland or New Jersey, I am not certain which, his age and a little

loose change being about all the properly had. He worked several years for differ furmers, and then bought land for himself. I now has a farm of 600 acres or more, has given two sone each a good farm, and pays taxis two hundred thousand dollars of personal perly. He has never had any business parming.

I know another man whose father left by farm of about 200 acres, something over the years ago, with some encumbrances on it in shape of legacies to other heirs, who now pover 400 acres of land, and Isfry thousand plars at interest. He also has done no busine but farming.

Several men have worked for me, who, ther they bad nothing when they came, are now r off. A young Scotchman worked for me of thirty years ago who had but three cents whe began, but who now has a good farm of acres, well stocked, and he is free from the He knew how to do the mechanical parterning thoroughly, but knew nothing of culation. I could name o hers who have quired fortunes wholly by farming.

A farmer of small means should be very eromical and still very liberal. He should be eromical in dress for himself and his family, and his dwelling and furniture; he should be libin feeding his stock, maruring his land, and supplying labor to work his land. I have many farmers whowere kept always poor byting to do too much work for the number of laters employed, whereas if they had hired do htelabor it would have paid abundantly. It is a very common mistake.

Exportation of shorthorns from the Vi. States to England.

The following information from a recentaber of Bell's Messenger, an old weekly agi. tural paper of good authority, published London, will prove interesting to our regenerally, more especially to those that are p tically engaged,—and we have now many to different sections of the Province,-in the provement of the breeds of cattle. Wel now on this continent commenced repaying land, in kind, for what we have long been n ing from her; and this importation will & conclusive evidence that the soil and clima this portion of North America are admir suited, under proper management, to the big development of the world renowned Short. We have breeders in Canada who, if they spare their animals, might follow Mr. The example with a like success:

On the 29th ultimo we had an ami-