

THE WONDERFUL FRUIT MEDICINE

Thousands Owe Health And Strength To "Fruit-a-tives"

"FRUIT-A-TIVES", the marvellous medicine made from fruit juices - has relieved more cases of Stomach, Liver, Blood, Kidney and Skin Troubles than any other medicine. In severe cases of Rheumatism, Sciatica, Lumbago, Pain in the Back, Impure Blood, Neuritis, Chronic Headaches, Chronic Constipation and Indigestion, "Fruit-a-tives" has given unusually effective results. By its cleansing, healing powers on the eliminating organs, "Fruit-a-tives" tones up and invigorates the whole system.

DOMINION ATLANTIC RY "LAND OF EVANGELINE ROUT"

On and after November 1st, 1916 train service on the railway is as follows:

Service Daily, Except Sunday
Express for Yarmouth... 12:08 p.m.
Express for Halifax and Truro... 2:08 p.m.
Accom. for Yarmouth... 7:10 a.m.
Accom. for Middleton... 7:10 p.m.

ST. JOHN - DIGBY DAILY SERVICE

Canadian Pacific Steamship "Empress" leaves St. John 7:00 a. m. Arrives Digby 10:00 a. m. Leaves Digby 2:00 p. m. Arrives at St. John about 5:00, connecting at St. John with Canadian Pacific trains for Montreal and the West.

BOSTON SERVICE

Steamers of the Boston and Yarmouth S. S. Company sail from Yarmouth for Boston after arrival of Express trains for Halifax, Wednesday and Saturday.

R. U. PARKER, General Passenger Agent.
GEORGE E. GRAHAM, General Manager.

H. & S. W. RAILWAY

Accom.	Time Table in effect	Accom.
Tues. & Fri.	April 2nd, 1916	Tues. & Fri.
Read down.	Stations	Read up.
11:10	v. Middleton A.S.	15:45
11:38	Clarence	15:17
11:55	Bridgetown	15:01
12:23	Graville Centre	14:36
12:39	Graville Ferry	14:21
12:55	Kensdale	14:05
13:15	v. Fort Wade L.V.	13:45

Connection at Middleton with all points on H. & S. W. Railway and Dominion Atlantic Railway.
P. MCNEELY, General Freight and Passenger Agent.

Yarmouth Line

STEAMSHIP "PRINCE GEORGE"

Leaves Yarmouth Wednesdays and Saturdays at 5 p. m. Returning leaves Central Wharf, Boston, Tuesdays and Fridays at 1 p. m.
Tickets and Staterooms at Wharf Office.

A. E. WILLIAMS, Agent.
Boston and Yarmouth S. S. Co., Ltd.

EDDY'S Matches

although somewhat increased in prices owing to the continued high prices of potash-glue and other raw material, are of the usual high standard of quality which has made them famous for two-thirds of a century

Always ask for EDDY'S Matches

PAID \$266 FOR HIS XMAS DINNER
Col. Thomas Cantley Hired Special Train

Col. Thomas Cantley, President of the Nova Scotia Steel Company and who was a passenger on the S. S. Metagama, which arrived at St. John Sunday last, likely paid as much for his Christmas Dinner as anyone in this part of the country, if not throughout Canada.

The S. S. Metagama was late in docking, not arriving until about 11 o'clock Christmas Eve. Colonel Cantley supposed at the time of leaving the Old Country that he had sufficient time to reach his home in New Glasgow for Christmas. About midnight he called the chief train dispatcher at the I. C. R. St. John and without the exchange of many words an order was placed for a special train for the Colonel. It was made up as quickly as possible and at 3:15 A. M. Monday morning it pulled out of the Union Station at St. John. Before leaving the Colonel handed over a check for the amount of the trip, just \$266.00.

Great speed was made on the trip. In seven hours and forty-five minutes the train whirled into New Glasgow station and within a few minutes Col. Cantley was at his own home, with one hour to spare before the call to dinner.

Indigestion and Biliousness

Indigestion, biliousness, headaches, flatulency, pains after eating, constipation, are all common symptoms of stomach and liver troubles. And the more you neglect them the more you suffer. Take Mother Seigel's Syrup if your stomach, liver, or bowels are slightly deranged or

MOTHER SEIGEL'S SYRUP

have lost tone. Mother Seigel's Syrup is made from the curative extracts of certain roots, berries, and leaves, which have a remarkable tonic and strengthening effect on all organs of digestion. The distressing symptoms of indigestion or liver troubles soon disappear under its beneficial action. Buy a bottle to-day, but be sure you get the genuine Mother Seigel's Syrup. There are many imitations, but not one that gives the same health benefits.

is the Best Remedy

Minard's Liniment cures Distemper.

Lawrencetown

Mr. C. R. Marshall of Falkland Ridge, is a guest at the Elm House.

The Woman's Institute will meet with Mrs. W. P. Morse on Thursday afternoon.

The Methodist choir will meet for practice at Mrs. Morgan's on Saturday evening at 8 p. m.

Miss Gladys Kennedy of Canning visited her friend Miss Margaret West last week.

Miss Bessie Durling of Boston, is visiting her parents Mr. and Mrs. Isaac Durling.

The Missionary Circle will meet at the home of Mrs. Primrose on Tuesday next, Jan. 10th.

Miss Minnie Whitman and Mrs. Shaw of Clementsport were recent guests of Mrs. Primrose.

Rev. Mr. Beals preached an eloquent sermon to a large and appreciative audience on Sunday morning.

The schools reopen today. Miss Porter of Clementsport talks in charge of the Preparatory Department.

Miss Annie Freeman left on Saturday to take charge of her school in Belmont, Chatham County.

The Missionary Auxiliary Circle and Band of the Methodist Church are preparing a concert to be given in February.

Mr. Aubrey Whitman of Halifax, has been spending the holidays with his parents, Mr. and Mrs. H. H. Whitman.

Miss Etta Durling, who is training for nurse, is spending a few weeks with her parents, Mr. and Mrs. George Durling.

Mr. L. P. Shaffner of Middleton, visited his mother, Mrs. John Shaffner, and his brother and wife, Mr. and Mrs. J. E. Shaffner, last week.

The annual meeting of the Nova Scotia Fruit Growers' Association will be held in The Demonstration Building beginning January 16th.

Mrs. H. T. Phinney and daughter Jessie have returned from Halifax, where they have been spending a week visiting Mr. and Mrs. H. W. Phinney.

Edward Freeman of Windsor, was a guest of his parents, Mr. and Mrs. E. H. Freeman, on Christmas Day. Also on New Years, accompanied by his friend, Mr. McLean.

The next meeting of the Literary Society will be held on Monday evening, Jan. 15th. A debate will take place which will be the greater statesman, Sir Charles Tupper or Joseph Howe.

Mr. and Mrs. Albert Balcom of Cranville, and Mr. Johnson Durling of Fupperille, accompanied by Mrs. Grant Walker of Bridgetown, were guests of Mrs. E. A. Phinney last week.

Wilfred Prince of Windsor, and his brother, Mr. H. H. Prince, accompanied by their uncle, Mr. Edmund Stevens of Halifax, spent Christmas with the former's parents, Mr. and Mrs. Wm. Prince.

Mr. and Mrs. Percy Balcom and little daughter Vera, of Halifax, have been spending the week recently with Mr. Balcom's sister, Mrs. P. B. Bishop, and his parents Mr. and Mrs. Albert Balcom.

The Misses Hilda Fielding, Vesta Pick, and Grace Shaw of Wolfville, and Mr. Phillip Hilsley of Acadia University, were guests of Mrs. Robert Shaffner on Sunday, returning on Monday to their respective homes.

Rally services, as an opening of the year, will be held at the Baptist Church on Sunday morning, in the Methodist Church on Sunday evening. The meetings were well attended.

Meetings will be held alternately in the two churches under the leadership of the Rev. F. H. Beals and Rev. S. J. Boyce, beginning on Monday in the Methodist Church. All are invited.

FALKLAND RIDGE

A robin was seen here on Dec. 26th and 27th.

Rupert Weaver left on Thursday for Melvern.

E. H. Marshall made a business trip to Middleton on Tuesday.

Horland Swallow and Kenny Hafese left on Thursday for Halifax.

Miss Burnhills of Truro is the guest of Mrs. H. A. Marshall.

Miss Helena Downie left Jan. 1st for her home at Margaretsville.

Ruth Swallow left Jan. 2nd to attend the Maritime Business College.

The M. A. Society convened at the home of Mrs. Robert Swallow on Jan. 3.

John Kaulback and son Cecil shot an old raccoon and a younger one on Dec. 28th.

The little infant of Mr. and Mrs. J. Sprout which died on Sunday, was buried on Tuesday.

Mrs. W. O. Wright of East Dalhousie was the guest of her sister Mrs. C. R. Marshall for a few days.

The members of the Red Cross held a bean social in Kaulback's hall, Dec. 26th. The sum of \$14.00 was realized.

100 YEARS

and more, people with chest-and throat troubles have tried to cure them by pouring cough syrups, lung tonics and the like into their throats. All a mistake! The Peps way is different.

Peps are tablets made up of Pine extracts and medicinal essences, which when put into the mouth turn into healing vapors. These are breathed down direct to the lungs, throat and bronchial tubes.

Not swallowed down to the stomach, which is not soothing. Try a 50c. Box of Peps for your cold, your cough, bronchitis or asthma. All druggists and stores or Peps Co., Toronto, will supply.

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CLEMENTSPORT

Mrs. Laura Munroe is visiting her sister Mrs. E. Wade, Granville Ferry.

Mrs. C. Parker has been visiting at the home of Mrs. J. Roop, Bear River, for a time.

Mrs. Jessie Balcom spent Christmas at Bear River, the guest of her sister, Mrs. Fred Dimars.

Mrs. C. Hubley of Exeter, N. H., is at present visiting her parents, Capt. and Mrs. J. H. Berry.

Capt. Amos Burns, of the firm of Cochran, Burns and Farnsworth Co., Boston, spent holidays with his family here.

Schooner Sam Hicks, Capt. Clark, of St. John, loaded cordwood here for Digby last week. Mr. H. Hicks supplied the wood.

Mrs. (Rev.) H. Carter and son Clifford of Pereaux, have recently been the guests of Mrs. Roy Merritt, daughter of Mrs. Carter.

Miss Margaret Parker, who is attending school this year at Pictou Academy, spent the Christmas holidays with her mother, Mrs. C. Parker.

Mr. and Mrs. George McKelvey will take place in the D. A. R. station here of operators and agents. Mr. Anderson, present agent, goes to South Maitland and Miss Woodworth takes his place here.

On Wednesday evening of last week the Baptist and Methodist Sunday School met in their respective churches for their annual treat. Needless to say that a very pleasant evening was spent by all present in each case.

Mr. Howard Mussells of Montreal, spent a few days recently with his parents, Capt. and Mrs. Mussells. Capt. Mussells has been quite ill during the past few weeks, but he is glad to hear that he is now improving in health.

DEEP BROOK

Mrs. A. G. Sallis was the New Years' guest of her daughter, Mrs. Frank Roop of Digby.

Mr. John D. Purdy spent a few days in Bridgetown, the guest of his brother, R. W. Purdy.

Mr. C. E. Lent went to Boston on Saturday last for a few days returning on Friday, January 5th.

Mr. and Mrs. Howard Adams spent New Years with friends in Granville Ferry, returning on Tuesday.

Mr. Lawrence Snell of the Royal Bank, Bear River, spent New Years with his aunt, Mrs. L. E. Henshaw.

We are glad to report Mr. Hubert Vroom, who has been sick for the past few weeks, is much better at the time of writing.

Edna Peck and Ruth Woodworth of Bear River spent a few days last week with their friend Miss Marion McClelland.

Mr. and Mrs. A. A. Shortliffe and Miss Bessie Hooper motored from Digby, Wednesday, and spent a few hours in the village.

On Tuesday, January 2nd, the members of the Red Cross Society spent a very pleasant evening at the home of Mrs. C. V. Henshaw.

The Smith's Cove Red Cross Society held a play entitled "Mr. Bobs in Union Hall" on Thursday evening at a ball house. The Deep Brook Red Cross served home made candy, cake and sandwiches and hot cocoa, and the sum of \$25.00 was realized.

MORGANVILLE

Mrs. Jacob Morgan arrived from Boston last Wednesday.

Congratulations to Mr. and Mrs. Robert Rice on the birth of a little son.

Miss Hazel Morgan left for Digby last Tuesday after spending a few days with her parents.

Mr. Clarence Morgan and Mr. Geo. Morgan left Tuesday for Five Mile River, to stay for the winter.

Mrs. Naud Smith arrived home Saturday from Malden, Mass., to visit her parents, Mr. and Mrs. William Smith.

Miss Florence Berry has been home spending her Christmas holidays. Will return to Truro on Tuesday to resume her studies.

Miss Amy Morgan accepted the invitation to the Oddfellows' Supper last Thursday evening at Bear River and spent a very enjoyable time.

Secretary of the Morganville Red Cross received a letter of thanks from Pte. Alfred Banks for his Christmas gifts. He is now somewhere in France.

Miss Winnie DeForest and Mr. Ernest DeForest returned to Halifax Monday after spending Christmas with their parents Mr. and Mrs. DeForest.

MIDDLETON

Mr. Hibbert returned to Halifax on Friday.

Miss Alex Parker returned to her school on Monday.

Mrs. Ray of Margaretsville is the guest of Mrs. E. T. Nelly, Main St.

Miss Marguerite Young has joined the Royal Bank staff at Middleton.

Miss Wade is the guest of her cousin Mrs. R. S. MacKay, Main Street.

Mr. Muir Field of Dalhousie College returned to the city on Tuesday last.

Miss Nellie Hiltz returned to her school at South Berwick on Saturday.

Miss Nettie Baltz of D. S., returned to her school at Yarmouth on Saturday.

Miss Dorothy Merriam of Annapolis Royal was visiting friends in town the first of the week.

Mrs. (Hon) Hanbury-Lennox entertained about seventy of the young people of Nictaux in the Parish Hall on Saturday evening at a Christmas tree.

Mr. Amos Hiltz has been spending the holidays in Halifax and Chester Basin, visiting his son, Sergeant Hiltz and daughters Mrs. M. Courtney and Miss Ethel Hiltz.

Mr. and Mrs. Frank M. Chipman of Nictaux West returned last Wednesday from their wedding trip. About thirty of their guests were welcomed to their home.

They were also the recipients of many tokens of esteem including a handsome mantle clock.

MELVERN SQUARE

Miss Lucy Stoddart was a recent guest of her sister, Mrs. Kenneth Carter.

Mrs. Timothy Phinney has had a telephone placed in her residence quite recently.

The Misses George Brown, and Bessie Palmer, visited friends in Halifax during the holidays.

Miss Annie Martin is spending a few days with her sister, Mrs. B. R. Morse, of Kingston.

Miss Mable Phinney has just returned from a very pleasant visit with friends in New Germany.

Miss Ruth Pelton of Somerset, recently visited her grandfather, Mr. George Palmer, visited friends in Halifax during the holidays.

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Poultry

POSSIBILITIES OF THE POULTRY INDUSTRY

It is the Day of Opportunity but Important Improvements Must Be Made.

(By W. A. Brown)

At no time in the history of the Dominion has the necessity for increased egg and poultry production been more apparent than it is today.

The demand is unprecedented. Great Britain, the greatest egg importing country in the world is facing a serious shortage in eggs. Her imports for the first week in September were 96,032 Gt. Hnd., as compared with 236,298 Gt. Hnd. for the same week last year, and more than double this amount for the same time previous to the war. The great war, and the emergency of the hour are giving Canada access to the British market in a way and to an extent which under normal conditions would have been difficult to obtain.

Canada's annual egg crop is worth something over \$30,000,000. It should amount to \$100,000,000 or more. Canada has all the facilities for the production of eggs of the highest quality and a quantity far in excess of her own requirements.

The bulk of the exportable surplus at the present time comes from the provinces of Ontario and Prince Edward Island. Nova Scotia, New Brunswick, Quebec and British Columbia do not produce sufficient even for their own requirements.

Factors to Ensure Development

1. A market and remunerative prices for eggs must be assured. Producers generally and first receivers of eggs must be insured a remunerable market for their product. Prices have been good this year, and the prospects for a continued demand are very bright. It will take some years to re-establish the normal supply upon the markets of the world, and while the prices of meats are high people will continue to use increasingly large quantities of eggs.

2. The production of high quality. At the present time Canadian eggs have not the best reputation on the British market. The proportion of seconds is far too large. Quality counts, and a high-grade standardized product is the best advertisement any market.

Organized marketing on the part of producers will help, but the produce trade, the distributors and large handlers of the product, those who make the first systematic gradings and sell upon the distant markets, wield a powerful influence, and have a duty to perform which must not be overlooked.

The produce trade and all others concerned must concentrate on quality. There is no question but that Canada can produce the quality.

The methods of collection and marketing must be improved, however. First handlers of eggs must be encouraged to conserve quality, and they and the producers of eggs penalized if they neglect.

Canada's place on the British market is secure if she will but take advantage of her present opportunities. Eggs are a perishable food product, and having in mind the long haul to the British market, extraordinary efforts on the part of the trade, and unusual care and attention on the part of the producer will be necessary. Transportation facilities must be improved.

The product must be standardized, and care taken to insure that the Canadian eggs laid down on the British market are such as will not only serve to demand the highest price, but also provide an effective advertisement for future sale and delivery.

POULTRY FOR THE MIXED FARM.

A very large percentage of the poultry and eggs produced in Canada produced on farms where mixed farming is practised. Although the number of specialist poultry farms is bound to increase, the major part of poultry produce probably will always come from the ordinary farms.

An average sized farm flock is easily managed, and is not expensive to feed, because so many waste products are consumed. During a good part of the year, the laying hens and the growing stock can be kept on acreage, thus greatly reducing the cost of feed. When given good attention, poultry thrive well on the farm and give good returns.

Any farm is improved by a good flock of chickens, and the returns secured compare favorably with any other branch of farming.

The system of mixed farming, as carried on in Canada, is such that a large farm poultry industry should be developed. The dairy farmer has an available supply of skimmed milk which is one of the very best of poultry foods. The fruit grower has his orchard, which makes an ideal ring for his chickens, and many insects are destroyed. Where grain or other crops are produced, there is a considerable amount of food left in the field, which is readily picked up by the chickens. Fowls are economical and the returns from the flock are distributed throughout the year.

The farmers of Canada are favored with some of the best markets on the continent. Montreal takes enormous quantities of poultry and eggs from Canada, and imports large quantities in addition. The average annual wholesale price for eggs in Montreal is slightly higher than in Toronto or Winnipeg, while on these three of Canada's largest markets the wholesale prices average considerably higher than in the New York and Chicago markets.

Owing to the present marketing conditions, there are enormous losses to the trade through bad eggs, through breakage in marketing eggs, and in selling laid and dressed poultry of poor quality. The trade has improved of late and in some cases eggs are being purchased on the "loss-off" or on the "quality" basis. There is ground need for a more complete organization and the adoption of standard regulations for the entire egg and poultry trade.

GEORGE ROBERTSON.

The method of handling market eggs has much to do with the selling price. Keep the poultry clean as well as the nests as this will help keep the eggs in a good condition. The eggs should be gathered at least once a day.

Poultry shows are a good thing provided one is willing to learn. A professional man can not read between the lines.

REMNANT SALE AT CLARKE BROS. LTD.

OUR Annual Sale of Ends and Remnants, which always follows at our store after Stock-taking, will commence January 25th, and will continue until all Remnants are sold. Our store doors will be opened at nine o'clock a. m.

"Cash is King"

We do not sit down expecting business to walk in uninvited. We are out after it morning, noon and night, and to get it we know we must do something for you.

We offer you the Remnants of our entire stock at crowd-drawing prices, consisting of **Ends of Dress Goods, Prints, Flannelettes, White and Grey Cottons, Gingham, Muslins, Linens, Neck Furs, Ribbons, Laces, Blouse Waists, etc., etc.**

On the first floor you will find our counters filled with REMNANTS the number of yards marked on each piece and the price per yard.

Ladies' Department

On the counters in this department **Ends of Lace, Ribbons, Embroideries, Furs, Blouse Waists, Lawns, etc., etc.** will be found.

HIGH VALUES will go at low prices during this SALE. It is impossible for us to itemize every article and quote you price.

THURSDAY, the 25th, will be the "Day of Days." TAKING ADVANTAGE OF IT WILL BE YOUR DUTY.

Again thanking all our customers for their patronage during 1916, and soliciting your custom for 1917,

We are, yours truly,
CLARKE BROS., LIMITED
BEAR RIVER, N. S., January 5th, 1917.

Children Cry for Fletcher's CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of Dr. J. C. Fletcher and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.