## THE TRIBUNE

# IMPORTANT NOTICE WORKING MEN.

Be very careful where you buy Insurance for yourselves or your families! There is a great deal of difference between the Policies of the Sun Life Assurance Company of Canada and those of other Companies; more than you have any idea of.

For instance: The Sun Life 20 year endowment for children costs less and gives ninetcen dollars more on every \$100 of Insurance.

The Bonuses or Profits are guaranteed on small policies as well as large.

ALFRED B. CHARLES, Supt. Thrift Dept.

SUN LIFE ASSURANCE COMPANY OF CANADA 72 Queen St. W., Toronto, Ont.

Centrol of the Organization must be kept from Those Who Would Use It for **Personal** Ends

#### Put Only Honest and Sincere Men in Office

All unions number among their mem-ers an undesirable element. These members interfere with and obstruct the and success of their unions, mys Shoe Workers' Journal. They hin-ier in many ways the efforts of sincere members and honest, hardworking offi-ers in the union's interest.

The question is often raised how to rid the union of them or at least their cious influences. Only the gravest anse causes expulsion, which punish-at is a last union resort. Unfortuntheir permicious practices and influ-s, instead of arousing the easy-going bers to a sense of the threatening per drive them from activity in union rs. They are the ''cliquers'' and disturbers whose activities are always the disturbers whose activities are always in the interests of a few, regardless of the union. Their aim is always to con-trol and manipulate the affairs of their union to their own advantage. They aspire to everything in sight, but prefer to get it by removing everything in their path rather than pursue a line of action that would merit the confidence and affec-tion of the membership in general. Their machine action at the constant source of the membership in general. Their hinations are a constant source of isturbance and injury to their local unions and consequently retard the pro-gress not only of the local, but the gen-eral organization. The most effective means of disposing of them lie with that large number of members who, ap-preciating the necessity of the existence of their union acceptations do not in of their union, nevertheless do not in-terest themselves in its affairs.

Whatever may be the practices of other organizations or societies, the labor mion cannot and does not desire to be criminating and independent in the on of its members.

Labor unions are for all workers, and their efforts are in the interests of all rs. All are invited and none ex-

### The Sorrows of a Millionaire. "Better a Dinner of Herbs and Love Therewith."

## BY MARIE CORELLI

There are some people in this world who actually envy millionaires. I won-der why? How can anyone, possessed of good health and sound sense, envy the rerely "moneyed" man! To me, a millionaire is an object of

sincere compassion. His riches are as an impregnable wall built up around him-self, barring him out of the best and sweetest forms of happiness. He is the bound slave of routine. He is at the book and call of paid clerks and secre-taries. He is for ever on the alert lest some one should "do" him; yet more often than not he is constantly being

He cannot rely on friendship—for he always suspects his friends of ulterior designs upon him. "They would desert me, one and all, if I were poor," he at once set to work to do everything in their power to separate him from any possible chance of a sterling fidelity.

possible chance of a sterling fidelity. Swarming around him, they stop at nothing. Buzzing like wasps on ripe fruit, they invent any seandalous report, any infamous lie against the one person they fear might gain influence with him whom, because he is rich, they look upon as their lawful prey. And it is seldom that he has sufficient moral courage to resist their onslaught. For his wealth naturally makes him over-suspicious. He cannot believe in anything or anybody. THE MILLIONAIRE'S MEALS.

blame. He is apt to "give himself airs"—and to order people about. He forgets that there are some people who decline to be ordered about by any bi-ped under the sun, whether gold-encrust-ed or otherwise. He forgets that money is by no means omnipotent. There are things in the world which no wealth can buy—no "influence" command. To quote from a personal experience, I once, only once, went to a musical re-ception at the house of s certain Ameri-can millionaire ess. A lady "interview-er" for the press met me on the stairs

er" for the press met me on the stairs and "So glad to meet you here!" she said. Mrs. X- gives most delightful parties! And she has so much influence -she will speak of your books to so many people!'' Realizing the view taken of what I had thought was merely my courteous response to a frietauy invita-tion, I quickly slipped away from the feative scine, and never entered that festive scene, and never entered that "influential" house again.

"influential" house again. Many of my calling and election, I am glad to say, resemble me in this re-spect. They resent a certain kind of millionaire who sticks his hands in money jingling poeket and says: "Bringing out a new book, are you? I'll boy it?" Nevertheless, I think most literary men and women are kind-hearted enough to feel very sorry for him, even while they despise him. His life is a mere rush through the shows of the world's "Van-ity Fair"-and in gathering up the gold he misses all the flowers. "Better a dinner of herbs, and love therewith?"

#### HOW A KNOCKER CAN SUCCEED.

How A KNOCKER CAN SUCCEED. A practical joker one day stopped on the street, and, stooping down, com-menced to examine a stone in the curb-ing. He did not say a word, but, taking out a knife, picked at the stone care-fully and critically. In a few moments three other men stopped, and, taking out their knives, commenced to pick at the curbing. Then six other men stopped and erowded in to see what was going on and ask what was the matter. With-in ten minutes there were thirty men crowded about the joker, all rubber-neck-ing and trying to get in as close as possible. Within fifteen minutes the crowd had reached out to the middle of d try the street and stopped a funeral pro-cession. Some one on the outside sug-gested that maybe some one was hurt. In less than two minutes it was report-ed that one man had both legs broken and that another had three ribs caved in by having been thrown out of a carriage. Two men who tried to crowd got hot at each other and as a result of hot at each other and as a result of their quarrel a free-for-all fight was started and the police had to be called to prevent a general riot. People com-menced to run from all directions, and the leading daily paper commenced to run off an extra edition, giving an ac-count of the terrible accident. About this time the joker put up his knife, worked his way out of the erowd and sauntered calmly down the street, say-ing as he went: "There are people who insist that it requires work to start something in this country." Just so easy does a slanderer succeed in starting an evil report about his local upion; yet good members stop and listen to his yet good members stop and listen to his evil reports, and soon an entire organiza-tion is up in arms over an imaginary complaint.—Emapuel Parker in Elevator struction.

## HOUSEHOLD HINTS

PANNED OYSTERS.

PANNED OYSTERS. Put two tablespoonfuls of butter in a chafing dish or frying pan and melt. When it is bubbling hot lay in twenty oytsers that have been lifted from the liquor. None of the liquor should go in with them. Cook until the oysters ruffle—about three minutes. Add one-half thespectrafied of milt and a dark of der half teaspoonful of salt and a dash of cayenne pepper, squeeze in the juice of a lemon and serve at once on hot but tered toast.

## SCOTCH WOODCOCK.

Melt together in a chafing dish or ir a frying pan over the fire one table-spoonful of an hovy paste and two tablespoonfuls of butter. When they are melted stir into them one tablespoonful of flour, and when these are well blendor nour, and when these are well blend-ed pour over them one-half pint of milk. Stir until you have a thick sauce. Have ready six hard-boiled eggs, each cut across three times and then quar-tered lengthwise. Put these into the sauce and stir until all are smoking hot. Add

#### ENGLISH MEAT' PIE.

ENGLISH MEAT PIE. The old way of making "English meat pie" is to take finely chopped cold beef, put in a deep baking dish a layer of the meat, stew lightly with bread crumbs, season highly with salt, pepper, butter and a few drops of on-ion juice; repeat the process till the dish is full or your meat used up. Pour over it a cup of stock or gravy or, lacking these, hot water with a tea-spoonful of butter melted in it; on top a good layer of bread crumbs should be put and seasoned and dotted with but-ter. Cover and bake half an hour; re-move the cover and brown. move the cover and brown.

#### POTATO THUMP.

This is a favorite dish in a family of girls and is made in this way: The po-tatoes are boiled until they are tender, and then are drained and thoroughly dried. They are then mashed and beaten with a fork over the fire so that they they are as light as they can be made, butter is beaten in with them and a little hot cream, with which one or two very finely mineed onions have been mixed. They are served hot. If the potatoes are allowed to cool, they, in combination with the onions, get like rubber in texture and taste.

If silk is washed every week in warm suds containing a tablespoonful of am-monia, the polish can be preserved for a

Tarnished silverware may be bright-ened by permitting it to lie for half an hour or so in sour buttermilk.

Black and red ants can be driven away with a few grains of tartar emetic in a saucer of sugar and water.

Tea stains on your napkins and table-cloths may be removed by plunging them into fairly strong ammonia water.

In order to remove the cake from the pan smoothly, place the pan for a few minutes on a cloth wet in hot water.

Fish for frying should always be dried thoroughly and dredged thickly with flour before being brushed over with egg and bread crumbs.

Blue stains, when caused by house-hold bluing, may be removed with alco-hol. Wood alcohol, which is inexpensive will answer for this purpose.

When baking scones or cakes, if the soda is dissolved in a little boiling milk it will prevent any chance of disagree-able lumps so often found in scones. etc.

By putting baby's bathtub on a box. instead of on the floor, you can give the little one a bath in greater comfort to yourself, sit down to it and have it the right height.

Soft old linen is almost invaluable for the final polishing of furniture. It is also good for polishing silver, brass and other metals, and if not so worn as to shed lint it will polish glass.

The best dishcloths are made of knitted cotton, for they wash again and again and look like new. After using always wash a disheloth with soap ar water, then rinse thoroughly and hang in the air to dry.

membership, but the true, sincere mbers should never allow the wrong-rs to control their union's affairs. e are and always will be undoubt-There are and always will be undoubt-edly members who will use and subor-dinate the union at every opportunity to promote personal ends. Once they se-cure control the local union speedily de-generates into a machine manipulated in the interests of a few. The object which gave it birth becomes incidental, its real work is sidetracked, and the methods of the political boss, unscrupu-lous leader, bully or knocker rule. us leader, bully or knocker rule. This element must be corrected

This element must be corrected with-out the union and its pernicious in-fluences destroyed. The simple, effec-tive remedy lies in the hands of the hon-est unionist, the well-wisher, but absent member, the easy-going, indifferent and inactive member who, nevertheless, does not countenance unprincipled action and

wrongdoing. Unite against the wrongdoer. Support right measures instead of complaining outside the meetings. Study what is for the union's interests and vote for those principles and measures irrespective of their opponents. Elect the most faiththeir opponents. Elect the most ful, honest and able officers, and support their efforts. Stand by the union and their efforts. Stand by the union and the interests, Scand by the union and the interests, if your own interests, the interests of your fellow unionist and all workers. Any member, be he friend or foe, if he is doing right by the union, can have no rightful cause of complaint at your position.

There isn't a class of men in the coun-try to-day whose duties bring them into public prominence whose actions are more closely scrutinized than labor off-cials. This is especially true of those officers of labor organizations whose un-swerving fidelity to the workingman's enuse for years has given them promin-ence. They have been pilloried by the opponents of trades unionism and emis-saries of hirelings, but by none more severely than the unreasoning and unreaarely than the unreasoning and unreanism. perter the

The man looking for a "soft" thing forgets the one carried on his own shoulders.

Don't go out on the streets espousing the cause of organized labor with a non-maion eigar in your mouth or a scab-made suit of clothes, hat or shoes.

round as we see, patently and plainly, how very little, after all, is done with the

"But with millions one can do so much!" we are told. True! But looking

Of course one can pay two pounds a head for a dinner which probably has cost less than five shillings a head to pre-pare, if that is any gratification. And there is a certain stolid kind of interest there is a certain stolid kind of interest in watching crowds of people eating to-gence and manner, and cultured con-versation are all utterly lacking to the scene, but there are plenty of variously shaped months moving, and a very fair exhibition of dressmaking and millimery. Each restaurant represents a huge shop, where provisions are tasted and fashions criticized. eriticize

eriticized. The millionaire can certainly enjoy this kind of life, if he has a mind to. He can have motor cars, yachts, horses and houses galore. But out of each form of anyment he can only contere a small and houses galore. But out of each room of amusement he can only squeeze a small drop of pleasure which is almost nil if he has no creature on earth whom he trusts or cares for, to share it with him. There is the excitement of his "busi-ness"—his financial "deals"—his grasp of more and yet more money. Yes, but ness' — his linancial "deals' — his grasp of more and yet more money. Yes, but human flesh and blood cannot endure too much incessant strain, and the exhaus-tion of brain and body is not to be remedied by cash only. Too often he finds himself at the end of his career a physical wreck, with not a soul to care how soon or how late he "shuffles on this mortal coil."

this mortal coil." For he nearly always misses the sav-ing grace of life-Love. He is afraid of women. And no wonder-because he generally meets the worst of the sex-the harpys of the piece, who always want something out of him. So it naturally happens that if by chance he meets a sincere woman he never believes in her. Moreover, the harpys before-mentioned would not let him believe in her if he wanted to. They would tear every hair out of her head and scratch her face to ribbons before they would allow such a possible rout o, themselves to occur as his trust in any woman who should be so "high-flown and romantie" as to love him for himself alone. himself alone.

"PATRONAGE" OF LITERATURE.

In the case of alm In the case of simost every millionaire, the cart, often insolent replies of his paid secretaries to persons of undoubted worth and breeding have lost him many a friend. Occasionally, though not so often, the millionaire is himself to

One of the most important things to the labor movement is a host of carefully managed, wideawake labor papers. That there are many of such we as know, but that there is room for many more like-wise goes without saying. It is an un deniable fact that wherever you find an ap-to-date labor paper you will also find a labor movement noted for its staunch-ness of purpose and unflinching loyalty to the cause of labor.

Do not waste your energy prying into the faults and measuring the shortcom-ings of your co-workers, but let your ac-tions denote the type of character you would have them be.—Jerry Sullivan.

A good, healthy agitation for the mion, which will obviate strikes, lock-outs, reduction in wages and inferior shop conditions is the proper thing.shop Ex.

It is an incentive of the trade union-ists to knock presumably in retaliation for the wrongs and sufferings heaped upon them by the enemies of the move upon the

#### HOTCHPOTCH PUDDING.

HOTCHPOTCH PUDDING. Take two cupfuls of apples, chopped fine, one cupful of chopped English wal-nuts, one-half cupful of raisins seeder and chopped, one-fourth of a cupful of cinnamon and three tablespoonfuls of sugar. Mix the ingredients and turn into a baking dish, dot the top with bits of butter, and bake covered until the apples are tender. Moisten with a little water if the apples are not suf-ficiently juicy. Serve hot with a sauce made as follows: Cream one-half cup-ful of butter, and gradually one-half cupful of butter, and heat in a double biler, adding very gradually one-half cupful of eream. Stir constantly to prevent curdling. Add one teaspoonful of vanilla after removing it from the fire. fire.

Salt and lemon juice will remove iron rust, ink and mildew from white goods.

A library of books may be saved from moulding by sprinkling a few drops of oil of lavender about it. 38

The odor of perspiration can be pre-vented with a few drops of ammonia in the bathing water.

A very good substitute for cream in coffee is the yelk of an egg well beaten Ome egg will season three cups.

Plaster casts and ornaments can by cleansed by covering with cold starch and brushing the powder off when dry. ..

"To take out iodine stains dip the article in milk and rub the spots with starch as with soap; rinse in clean

Wash ironware outside as well as in-side in hot, soapy water, then rinse ir clear, hot water and wipe dry with r crash towel.

Throw the egg shells into the stock of directly the contents are used.

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A delicate flavor of rose can be given to either a layer or loaf white cake by bruising two or three large rose ger-anium leaves and laying them in the bot-tom of the pan. Cover them with a greased paper to prevent the leaves touching the cake batter.

To make linseed tea put two table-spoonfuls of ground linseed in a jur, pour one pint of boiling water over it cover, and stand on the hob three hours or more; strain, and add sliced lemon to flavor it, with a little sugar candy. For recovering invalids a glass of wine may be added.

To make a fire last for hours, first let it burn clear and rather low, then put on some lumps of coal. Flatten down, and on top heap a good thick layer of dust and ashes, slightly wet, which must be pressed down hard. A fire made up like this will last without any more attention through the greater next of the night. part of the night.

When ironing, stand the iron on a clean white brick; it will retain the heat much longer than if put on an ordinary stand. . .

Washing fabrics that are inclined to fade should be soaked and rinsed in very salt water, to set the color, before washing in suds.

### DANDRUFF.

A preparation of one ounce of flower of sulphur and one quart of soft water if applied thoroughly to the scalp night and morning, will remove every trace of dandruff and render the hair rich and glossy.

Dissensions, like small streams, are first

Dissensions, like small streams, are next begun; Scarce seen they rise, but gather as they run; So lines that from their parallel decline More they proceed the more they still disjoin. —Garth. Ambition is a spirit in the world That causes all the ebbs and flows of

Keeps maakind sweet by action; with-

out that The world would be a filthy, settled mu