TIRED OUT ALL THE TIME **Nerves Gave Little Rest**

Relieved by Lydia E. Pink-ham's Vegetable Compound



Harrowsmith, Ontario. —"I took your medicine before my baby was born and it was a great help to me as I was very poorly until I started to take it. I just felt as though I was tired out all the time and would take weak, fainting spells. My nerves would bother me until I could get little rest, day or night. I was told by a friend to take Lydia E. Pinkham's Vegetable Compound, and I only took a few bottles and it helped me wonderfully. I would recommend it to any woman. I am doing what I can to publish this good medicine. I lend that little book you sent me to any one I can help. You can with the greatest of lpleasure use my name in regard to the Vegetable Compound if it will serve to help others."—MRS. HARVEY MILLIGAN, R. R. No. 2, Harrowsmith, Ontario.

In a recent canvass of purchasers of

In a recent canvass of purchasers of Lydia E. Pinkham's Vegetable Compound over 100,000 replies were received and 98 out of every 100 said they had been helped by its use. This medicine is for sale by all druggists.

MEDICAL

JAMES NEWELL, PH.B., M.D., L.R.C.P.& S., M.B.M.A., England, Coroner County of Lambton, Wat-ford, Ont. Office—Corner Main and Front Sts. Residence—Front st., one block east of Main st.

C. W. SAWERS, M.D., Phone 13. Watford, Ontario. Office—Main st. Residence—Ontario st. east. Office hours—8.30 to 9.30 a.m., 2 to 4 and 7 to 8 p.m. Sundays by appointment.

DR. G. N. URIE, B.A.

Licentiate General Medical Council United Kingdom. Member College Physicians and Burgeons of Ontario.

Successor to Dr. W. G. Siddall Hours: 8.30 to 9.30 a.m.; 2 to 4 p.m. 7 to 8 p.m. Sunday by appointment. Office, Residence Main St., Watford Phone 32.

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CANADIAN NATIONAL RAILWAYS

TIME TABLE

Trains leave Watford station as

GOING WEST

Accommodation, 111. 8.42 a.m.
Chicago Express, 17. 11.59 a.m.
Detroit Express, 83. 6.51 p.m.
Chicago Express 9.11 p.m.
GOING EAST
Ontario Limited, 80. 7.48 a.m.
Chicago Express, 6. 11.22 a.m.
Express 2.50 p.m.
Accommodation, No. 112. 6.08 p.m.
3.E.McTAGGART, Agent, Watford.

ARKONA

Mr. and Mrs. Caughill of Aylmer called on Arkona friends last week. Miss Ballantyne of Montreal and Miss Salvadge of Stratford are visit-

ing Mrs. Schmidt.
Mr. McKay of Poplar Hill visited his brother, Mr. Wm. McKay, on Sunday last. Mr. and Mrs. J. W. Augustine and

daughter Blanche, of Port Col-bourne visited Miss Emma Augustine last week.
Full line of Greb Shoes for men

and boys wear.-Fuller Bros. On Sunday evening next a mass meeting will be held in the Methodist church in the interest of Temperance A representative from Toronto will

address the meeting.

The School Fair held on Saturday of last week was a decided success. The weather was perfect, and the exhibits were splendid. The Arkona Citizens Brass Band provided a good program of music during the after-

A union mass meeting will be held next Sunday, Oct. 5th, at 7 p.m., in the Methodist church, when the topic will be the coming Plebiscite. A speaker from Toronto will be here and everybody is invited to be pres-

The Guide-Advocate is well equip ped to handle ALL printing needed

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PETROLIA

Petrolia tax rate this year is 47 mills— a reduction of one mill over last year.

H. D. Sherrin has returned after spending two months sightseeing in

England. Paving the roadway "over the flats" in the East End commenced on Monday and the public will find it necessary to use other roads in and out of Petrolia until it is completed. work will take about three weeks, and three weeks additional to

LAMBTON PLOWING MATCH IN FOREST, OCTOBER 21

At a meeting held to complete arrangements for the county plowing match, to be held in Forest on October 21, D. Whyte, of Bosanquet, reported that suitable land had been obained from Mr. Fraleigh and the Dominion Canners adjoining the town limits. A prize list was arrang-ed with 11 classes, for which prizes to the amount of \$500 will be offer ed. Reeve Duncan Smith, of Plympton, presided at the meeting.

Mr. and Mrs. Wm. Butler 51st Anniversary

On Tuesday, Sept. 23rd, fifty-eight members of the family of Mr. and Mrs. Wm. Butler, of Arkona, gathered in reunion at the home of Mr. and Mrs. Herbert Holbrook, of Brooke Township. The occasion mark ed the fifty-first anniversary of the marriage of Mr. and Mrs. Butler, the golden wedding having been celebrated a year ago at the old home-stead, now the home of Mr. Joe Butler, near Arkona.

The family consists of an unbroken chain of three sons and five daughters, thirty-one grandchildren and three great grandchildren, all of whom were albe to attend except two of the grandchildren, Mrs. Jordan Griffith of Ottawa, and Miss Myrtle Saunders of London. The sons and daughters are Mrs. Herbert Holbrook Mrs. John Saunders, Mrs. Daniel Saunders, all of Brooke, Mrs. Floyd Smith, Mrs. Chas. McPherson, Jim. Joe and George, all near Arkona. A unique feature of the gathering was the presence of four generations along three different branches of the family tree.

A sumptuous dinner was served in the spacious basement, the tables being prettily decorated with asters and dahlias. Having done justice to the good things provided, all repaired to an adjoining field, where the men folk displayed their skill in base ball and the ladies enjoyed a good game of soft ball. A number of snap shots were taken and the remainder of the afternoon was spent in races. a tug-of-war, and other outdoor

After another hearty repast all each entertaining within his or her heart a cherished desire to be able to meet again with all the others on Sept. 23rd, 1925.

NAPIER

A social will be held in the Town Hall, Napier, on Friday evening, Oct. 3rd, under the auspices of the W.M. S. of St. Andrews church. A good program of readings and vocal and instrumental music will be given and lunch will be served. Admission: adults 25c, children 10c.

Owing to the steady downpour of rain on Sunday there was a small congregation attending Harvest Home services in St. Andrews church Mr. Proctor Richardson of Ridge town returned after spending a pleasant holiday with his uncle, Mr. Thos. Taylor.

Miss Emma Ellwood of Strathroy spent the weekend wiht Mr. and Mrs Several of this vicinity attended Muncey Fair on Friday.

Healthy Children Always Sleep Well

The healthy child sleeps well and during its waking hours is never cross but always happy and laughing. It is only the sickly child that is cross and peevish. Mothers, if your children do not sleep well; if they are cross and cry a great deal, give them Baby's Own Tablets and they will soon be well and happy again. The Tablets are a mild but thorough laxative which regulate the bowels, sweeten the stomach, banish constip-ation, colic and indigestion and promote healthful sleep. They are absolutely guaranteed free from opiates and may be given to the new born babe with perfect safety. You obtain the Tablets through any medicine dealer at 25c a box, or by mail, post paid, from The Dr. Williams' Medicine, Co., Brockville, Ont.

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