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NO NEED TO SUFFER. RESTLESS, SLEEPLESS NIGHTS. IRRITATION. SOOTHED. RELIEVED. AND REST ASSURED BY USING THE REMEDY THAT HAS HELPED THOUSANDS OF SUFFERERS.

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Sallow, muddy, roughened or blotched complexions are usually due to constipation. When you are constipated, not enough of Nature's lubricating liquid is produced in the bowel to keep the food waste soft and moving. Doctors prescribe Nujol because it acts like this natural lubricant and thus secures regular bowel movements by Nature's own method—lubrication. Nujol is a lubricant—not a medicine or laxative—cannot gripe. Try it today.

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A LUBRICANT—NOT A LAXATIVE

WOMAN SO ILL COULD NOT STAND
Says Lydia E. Pinkham's Vegetable Compound Made Her Well and Strong

Glens Falls, N.Y.—"For over two months I was so sick I was not able to get out of bed. I was very weak and my husband did my housework. The doctor said an operation might be necessary. I read testimonials about Lydia E. Pinkham's Vegetable Compound and began to take it. Before I had finished taking the first bottle I saw what good it was doing me. I am now well and strong, doing all my work for a family of four, all my washing and my sewing, which I think is remarkable, as I had not dared to run my sewing machine, but had done all my sewing by hand. I truly feel that were it not for your medicine I would not be here today as my case seemed very serious."—Mrs. GEORGE W. BURCHELL, Glens Falls, N.Y.

Free upon Request
Lydia E. Pinkham's Private Text-Book upon "Ailments Peculiar to Women" will be sent you free, upon request. Write to the Lydia E. Pinkham Medicine Co., Coughing, Ont. This book contains valuable information that every woman should have.

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It's damp-proof, it never hardens.

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Picnickers, campers and cottagers can now get

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delivered fresh every morning from our special Port Stanley representative, Mr. T. May.

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PIMPLES ON HEAD AND NECK

Small and Formed Sore Eruptions, Skin Sore and Red. Cuticura Heals.

"Pimples broke out on the back of my head and neck. At first the pimples were small and then they ran into each other and formed sore eruptions about the size of a ten cent piece. The skin was sore and red and itched a great deal, causing me to scratch."

"I had the trouble about six months before I began using Cuticura Soap and Ointment, and after using three cakes of Soap and three boxes of Ointment I was healed." (Signed) J. A. Macdonald, Giffard, Quebec.

Rely on Cuticura Soap, Ointment and Talcum to care for your skin.

Sample Pack Free by Mail. Address: "Cuticura, Dept. 478, Portland, Me., U.S.A." Sold everywhere. Sample, Cuticura Soap and Ointment, 10c.

GAS IN THE STOMACH IS DANGEROUS

Recommend Daily Use of Magnesia To Overcome Trouble Caused by Fermenting Food and Acid Indigestion.

Gas and wind in the stomach accompanied by that full, bloated feeling after eating are almost certain evidence of the presence of excessive hydrochloric acid in the stomach, creating so-called "acid indigestion."

Acid stomachs are dangerous because too much acid irritates the delicate lining of the stomach, often leading to gastric ulcers. Food ferments and creates the distressing gas which distends the stomach and hampers the normal functions of the vital internal organs, often affecting the heart.

It is the worst of folly to neglect such a serious condition or to treat with ordinary digestive aids which have no neutralizing effect on the stomach acid. Instead get from any druggist a few ounces of Epsom's Magnesia and take a teaspoonful in a quarter glass of water right after eating. This will drive the gas, sweeten the stomach, neutralize the excess acid and prevent its formation and there is no sourness or pain. Bismarck Magnesia (in powder form—never liquid or milk) is harmless to the stomach, inexpensive to take and the best form of magnesia for stomach purposes. It is used by thousands of people who enjoy their meals with no more fear of indigestion.

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UP FROM THE DEATH CELL

By JOHN W. KANE.

On the Train Kane Recognizes a Former Prison Companion Who Has Also Made Good

SYNOPSIS.

Curly Kane wins his way to regeneration while in prison. A wild lad, he killed two car men in a holdup, and after 17 months in "Mörderers' Row," got a new trial, with a life imprisonment sentence instead of death. He studies law, reads, trains himself to be a magazine writer, and conceives the idea of a law permitting parole for life prisoners who serve fifteen years. By finesse he gets it passed, but is refused. The warden agrees when Kane asks permission to leave prison informally for a visit to his parents in Missouri.

CHAPTER XIV.

The woman of the golden hair and another got at a table just ahead of mine in the dining car. That happened to be one of the best trains west of Chicago, and the service in every way was all that even the most particular person might desire.

When I had first entered the train at the junction town, I was slightly perturbed because of my inability to secure a lower berth. The agent had offered me a lower in a tourist sleeper, but I had declined it. After returning from the dining car I was feeling much more at ease about the necessity for an upward flight when retiring, and, judging from what I heard the other woman say to golden hair, I perhaps was not showing any outward signs of the slight irritation that I had felt at first.

"The duke doesn't look so ill since dining," were her words.

There was a reply, the first part of which I did not understand, and the last part was: "I was so hoping that no one would be put there above me."

"At any rate," returned the first speaker, her voice almost shaking with suppressed laughter, "you may be thankful that his lordship isn't the fat kind that snores."

I faced a little bit to the right, so that I might see them with a casual glance. The one who was evidently having so much fun at the other's expense was facing me. She checked another speech in its beginnings, and tried hard to look serious.

My Accent is British.

In an easy manner I arose, stepped diagonally across the aisle and said: "I beg your pardon; but may I suggest that you take particular care when you speak about the nobility?"

Her sparkling eyes showed a mixture of surprise, amusement and uncertainty.

"I cautioned her," came the modulated tones of the one with the golden hair, as she looked up at me with a glance of the trained traveler, "but she's like Peck's bad boy—always getting into difficulty."

"Oh, then I beg pardon"—the other one quickly took up my style—"and you may sit down here with us and tell all about your castle and crest and coat of arms and the like."

As I took a seat beside her, a mental query came: "Now, what if I should tell them about the castle I've just left?" But aloud I said:

"As yet my castle is a mere dream; the only crest I have is this one—I indicated my hair—"which," as you see, is touched with snow; and my coat of arms is, as a rule, a ragged coat upon my arm."

Those feelings of faintness, those dizzy spells, the all-gone sinking sensations which come on from time to time, indicate a weakened condition of the heart, and a disordered state of the nervous system.

Milburn's Heart and Nerve Pills

have no equal as a remedy to strengthen the heart, invigorate the nerves, and build up the run-down system.

Mrs. C. Vanhorn, Eckville, Alta., writes: "About a year ago I had heart trouble. My husband didn't dare leave me alone, and often had to stay up at night with me. I would just feel kind of faint and my heart would seem to stop beating. I would just faint away, and it would sometimes be an hour before they could bring me back to life. Someone told me about Milburn's Heart and Nerve Pills. I got three boxes; I took them and felt much better, so continued all winter, and now I never feel any such faintness. I surely do appreciate the good they have done for me."

Price 50c a box at all dealers or mailed direct on receipt of price by the T. Milburn Co. Limited, Toronto, Ont.—Adv.

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"So there!" She of the golden crown of glory looked toward her companion. "You have a whole life story in one sentence."

I would have the reader understand that on my part there was no attitude of a would-be masquerade, neither was I angling for a romance, but as a matter of fact I had in mind the possibility of making copy for future writing. In any event, I found those two to be delightful traveling companions.

An Old Friend—Made Over.

Early in the afternoon of the following day we were nearing the largest town between my starting point and Kansas City. That was their destination. Their names and addresses found a place in a small note-book of mine, and my true with the substitution near the prison—at which address I had long been receiving mail—was written by me for them.

She of the beautiful hair had informed me that her husband would meet her at the station; that he would be relieved of his duties as auditor for the B. F. & I. Company for that afternoon, and that she wanted me to watch out the window and see him—who, in her words, "while young-looking like you, also has a crest touched with snow."

The train had to take a "Y" and back into that station, so as to be headed right for the next start eastward. I was watching as it came to a stop.

And imagine my surprise when I saw that the former librarian of the prison—the one that had given me "When the Gates Lift Up Their Heads" so long before—coming to meet golden hair.

I moved back quickly out of sight. Twice after their greeting she glanced toward the window, but I was careful not to be seen. I should have liked to meet him, but circumstances all round would not permit of it. . . .

Soon my train was under way, and I sat looking out across the wind-swept plain in thought. I knew in reason that the wife of my former fellow-prisoner knew of his past. He was the type that would not think of trying to hide such from a lifetime partner like her; and she was the type that could not only forget the past like one would forget a paid and cancelled note, but would act the part of the true woman who understands, and would make of a husband a winner indeed.

If I Should Be Arrested.

My thoughts concerning that unexpected happening led me to thinking of other possible contingencies. What if I were to meet others who had known me in the west and who knew my status? What if I should come face to face with some western officer of the law, and he—believing me to be an escaped convict—should place me under arrest? Truly I had overlooked something! Truly I had had some kind of signed statement from the warden setting forth my true situation. But in the event of complications, perhaps a telegram would set matters right. However, I would not borrow trouble, but would make the most of my journey.

A snowstorm delayed the train two hours in Central Kansas, and it was yet behind time when the porter came through and said: "The next stop is Kansas City."

To the right stretched that wonderfully productive valley, and all along the face I was seeing familiar sights. Many changes were apparent—it was my first trip over that road in twenty-one years—but the whole landscape and general appearance was the same as before. And a queer feeling of mingled gratitude and new hope swept me when I realized that within ten minutes more I should be again standing upon the soil of my own beloved state—Missouri.

I was ready to step from the train when an impulse to write seized me. A Greeting to the Old Town.

With the paper resting on a small volume on my knee, I wrote with a pencil the following lines:

"Kansas City, gateway to the West. They all come back, in time, to you—
You with your sweet and subtle charm;
You with your heart that is tender, warm;
You with your people true.

And though far from prestige, fortune or fame—
One of the commonest kind of clay—
I have a message for you, my dear:
So pause, old town, incline your ear—
Next time, I'll come to stay."

No telling what else I might have added to that first verse, had there been more time for writing while that inspiration had me in its grasp.

It was my plan to remain in Kansas City that night and go out to my old home some miles away the next day. In putting that plan into execution I took a taxi and drove straight to the Savoy. Should any reader of this see fit to look over the register for that date—Saturday, February 22, 1913—he or she will find there the entry: "G. B. Kane, San Francisco and New York." For obvious reasons I did not want to register under my true name and that was the first name that came into my mind when the smiling greeter turned the register for me to write.

I had thought of going on home the following day, but on second thought, knowing of my mother's

Clearance of All Pattern Hats Tomorrow, ONE-THIRD OFF

These are the Hats displayed in the showcases and every Pattern Hat—except white—is included in this Clearance AT ONE-THIRD OFF



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Advertised on Page 14.
Sold in our Corset Department, Second Floor.

GLACIER REFRIGERATORS.
Best and Cheapest.
Basement.

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Permanent Wave
Will End Your Hair-Dressing Troubles For the Summer.

Those pretty waves will remain for six months.

Swim in the lake and wash or shampoo as often as you wish. Your waves will remain the same. Visit our hairdressing parlors and inspect the equipment on the Fifth Floor.

Collapsible Hat Bag
A handy and delightful way of carrying the extra hat while traveling; rain and dustproof. Can be collapsed and put into valise or hand satchel when not in use. Very light.

Made in black or red highly polished material (similar to patent leather), lined in gray colors; size 18-inch, in two qualities.

\$4.75 and \$7.75

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Smartest Colors for All Summer Wear—Sale Prices \$5 to \$12

AND A FEW HIGHER UP.

TYPES for street, travel, sports and dress.

MATERIALS—Hair, Timbo, Taffeta, Moiré, Satin, Crepe and Ribbon.

TRIMMINGS—Bows, Plumes, Burnt Peacock, Ostrich, Embroidery, Lace and Flowers.

COLORS—Black, Navy, Brown, Gray, Sand, Wood shades, Violet and all light shades, excepting white.

Friday and Saturday

While this is a two-day sale, yet with the variety and no two hats alike, the advantage of first choice will be worth while, if only from the viewpoint of securing the most becoming model. At 9 tomorrow—One-third off.

SALE PRICES, \$5.00 TO \$20.00.

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