Rowat's Teas From the Better Gardens. 70c, 80c, 90c, \$1.00, \$1.10 and \$2.00 Pound,

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386 Richmond St. Phone 1084.

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Day or Night Service. PHONES: Residence 2056W.

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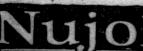




ELIEVED AND REST ASSURED BY NO THE REMEDY THAT HAS HELD. DUBANDS OF SUFFER

Facial Blemishes

sallow, muddy, roughened or blotched complexions are usually due to constipation. When you are constipated, not enough of Nature's lubricating liquid is produced in the bowel to keep the food waste soft and moving. Doctors prescribe Nujol be-cause it acts like this natural lubricant and thus secures reg-ular bowel movements by Na-ture's own method—lubrication. Nujol is a lubricant—not a gripe. Try it today,



A LUBRICANT-NOT A LAXATIVE

STORED, REPAIRED **FURS** AND REMODELLED.

Beltz&Co.

Parnell's Bread at **Port Stanley**

Picnickers, campers and cottagers can

Parnell's **Quality Bread**

delivered fresh every morning from our special Port Stanley representative, Mr. T. May.

See him or phone us.

PARNELL BAKING CO. PHONE 929.

PIMPLES ON HEAD AND NECK

Small and Formed Sore Eruptions. Skin Sore and Red. Cuticura Heals.

"Pimples broke out on the back of my head and neck. At first the pimples were small and then ran into each other and formed sore eruptions about the size of a ten cent piece. The skin was sore and red and itched a great deal, causing me to scratch.

"I had the trouble about six months before I began using. Cuticura Soap and Ointment, and after using three cakes of Soap and three boxes of Ointment I was healed." (Signed) J. A. Macdonald, Giffard, Quebec.

Rely on Cuticura Soap. Ointment and Talcum to care for your skin.

GAS IN THE STOMACH

Gas and wind in the stomach accompanied by that full, bloated feeling after eating are almost certain evidence of the presence of excessive hydrochloric acid in the stomach, creating so-called "acid indigestion."

Acid stomachs are dangerous because too much acid irritates the delicate lining of the stomach, often leading to gastratis accompanied by serious stomach ulcers. Food ferments and sours, creating the distressing as which distends the stomach and hampers the normal functions of the vital internal organs, often affecting the heart.

It is the worst of folly to neglect such a serious condition or to treat with ordinary digestive aids which have no neutralizing effect on the stomach acids. Instead get from any druggist a few ounces of Bisurated Magnesia and take a teaspoonful in a quarter glass of water right after eating. This will drive the gas, wind and bloat right out of the body, sweeten the stomach, neutralize the excess acid and prevent its formation and there is no sourness or pain. Bisurated Magnesia (in powder tablet form—never liquid or milk) is harmless to the stomach, inexpensive to take and the best form of magnesia for stomach purposes. It is used by thousands of people who enjoy their meals with no more fear of indigestion.—Advt.

WOMAN SO ILL COULD NOT STAND

Says Lydia E. Pinkham's Vegeta-ble Compound Made Her Well

and Strong Glens Falls, N. Y.—"For over two nonths I was so sick I was not able to stand on my feet, and my husband did my house-work. The doctor said an operation might be neces-sary. I read testi-monial letters about Lydia E.

about Lydia E. Pinkham's Vegetable Compound and began to take ft. Before I had finished taking wwhat good it was finished taking the first bottle I saw what good it was doing me. I am now well and strong, doing all my work for a family offour, all my washing and my sewing, which I think is remarkable, as I had not dared to run my sewing machine, but had done all my sewing by hand. I truly feel that were it not for your medicine I would not be here today as my case seemed very serious."—Mrs. GEORGE W. BURCHELL, Glens Falls. N Y.

Free upon Request
Lydia E. Pinkham's Private TextBook upon "Ailments Peculiar to Women" will be sent you free, upon request. Write to the Lydia E. Pinkham
Medicine Co., Cobourg, Ont. This
book contains valuable information
that every woman should have

UP FROM THE DEATH CELL

By JOHN, W. KANE.

On the Train Kane Recognizes a Former Prison Companion Who Has Also Made Good

ration while in prison. A wild lad, e killed two car men in a holdup. and after 17 months in Murderers' Row, got a new trial, with a life im- that on my part there was no attitude prisonment sentence instead of death. of a would-be masher, neither was I He studies law, reads, trains himself angling for a romance, but as a matceives the idea of a law permitting bility of making copy for future writparole for life prisoners who serve ing. In any event, I found those two fifteen years. By finesse he gets it passed, but is refused. The warden agrees when Kane asks permission to leave prison informally for a visit to lowing day we were nearing the larghis parents in Missouri.

CHAPTER XLV.

The woman of the golden hair and another sat at a table just ahead of nine in the dining car. That happened to be one of the best trains west of Chicago, and the service in every way was all that even the most particular person might desire.

When I had first entered the train t the junction town, I was slightly offered me a lower in a tourist sleeper, but I had declined it. After returning from the dining car I was feeling much more at ease about the necessity for an upward flight when retiring, and, judging from what I headed right for the next start eastheard the other woman say to golden- ward. I was watching as it came hair, I perhaps was not showing any to a stop. outward signs of the slight irritation that I had felt at first.

"The duke doesn't look so ill since dining," were her words.

There was a reply, the first part of rhich I did not understand, and the ast part was: ". . and I was so noping that no one would be put there above me."

"At any rate," returned the first speaker, her voice almost shaking with suppressed laughter, "you may be thankful that his lordship isn't the fat kind that snores."

I faced a little bit to the right, so glance. The one who was evidently having so much fun at the other's another speech in its beginning, and type that could not only forget the ried hard to look serious.

My Accent Is British.

In an easy manner I arose, stepped diagonally across the aisle and said: "I beg your pawdon; but may I uggest that you take pahticular care hen you speak about the nobility?" Her sparkling eyes showed a mixure of surprise, amusement and un-

lated tones of the one with the golden my status? What if I should come hair, as she looked up at me with a face to face with some western ofglance of the trained traveler, "but ficer of the law, and he-believing me she's like Peck's bad boy-always to be an escaped convict-should getting into difficulty."

"Oh, then I beg pawdon"-the other one quickly took up my style-"and had some kind of signed statement you may sit down here with us and from the warden setting forth my tell all about your castle and crest true situation. But in the event of and coat of arms and the like." As I took a seat beside her, a

mental query came: "Now, what if I should tell them about the castle I've just left?" But aloud I said: "As yet my castle is a mère dream;

the only crest I have is this one-I indicated my hair-"which, as you see, is touched with snow; and my coat of arms is, as a rule, a ragged coat upon my arm."

HUSBAND DIDN'T DARE LEAVE HER ALONE HEART WAS SO BAD

Those feelings of faintness, those dizzy spells, the all-gone sinking sen-sations which come on from time to time, indicate a weakened condition of the heart, and a disordered state

Milburn's Heart and Nerve Pills

have no equal as a remedy to strengthen the heart, invigorate the nerves, and build up the run-down

Mrs. C. Vanhorn, Eckville, Alta., writes: "About a year ago I had heart trouble. My husband didn't dare leave me alone, and often had to stay up at night with me. I would just feel kind of faint and my heart would seem to stop heating I would just feel kind of faint and my heart would seem to stop beating. I would just faint away, and it would sometimes be an hour before they could bring me back to life. Someone told me about Milburn's Heart'and Nerve Pills. I got three boxes; I took them and felt much better, so continued all winter, and now I never feel any such faintness. I surely do appreciate the good they have done for me." Price 50c a box at all dealers or mailed direct on receipt of price by the T. Milburn Co., Limited, Toronto,



"So there!" She of the golden crown of glory looked toward her companion. "You have a whole life

story in one sentence." I would have the reader understand to be a magazine writer, and con- ter of fact I had in mind the possito be delightful traveling companions

An Old Friend-Made Over.

Early in the afternoon of the folest town between my starting point and Kansas City. That was their destination. Their names and addresses found a place in a small note: book of mine, and my true with the substation near the prison-at which address I had long been receiving mail-was written by me for them.

She of the beautiful hair had informed me that her husband would meet her at the station; that he would be relieved of his duties as perturbed because of my inability to for that afternoon, and that she auditor for the B., F. & I. Company secure a lower berth. The agent had wanted me to watch out the window. and see him-who, in her words, "while young-looking like you, also has a crest touched with snow."

The train had to take a "Y" and back into that station, so as to be

And imagine my surprise when I saw that former librarian of the prison-the one that had given me "When the Gates Lift Up Their Heads" so long before-coming to meet golden hair.

I moved back quickly out of sight. Twice after their greeting she glanced toward the window, but I was careful not to be seen. 'I should have liked to meet him, but circumstances all round would not permit of it. . .

Soon my train was under way, and sat looking out across the windswept plain in thought. I knew in that I might see them with a casual fellow-prisoner knew of his past. He reason that the wife of my former was the type that would not think of trying to hide such from a lifetime expense was facing me. She checked partner like her; and she was the past like one would forget a paid and cancelled note, but would act the part of the true woman who understands, and would make of a husband a winner indeed.

If I Should Be Arrested.

My thoughts concerning that unexpected happening led me to thinking of other possible contingencies. What if I were to meet others who had "I cautioned her," came the modu- known me in the west and who knew place me under arrest? Truly I had overlooked something; I should have complications, perhaps a telegram would set matters right. However, I would not borrow trouble, but would make the most of my journey.

A snowstorm delayed the train two hours in Central Kansas, and it was yet behind time when the porter came through and said: "The next stop is Kansas City."

To the right stretched that wonderfully productive valley, and all along there I was seeing familiar sights. Many changes were apparent-it was my first trip over that road in twentyone years-but the whole landscape and general appearance was the same as before. And a queer feeling of mingled gratitude and new hope swept me when I realized that within ten minutes more I should be again standing upon the soil of my own beloved state-Missouri.

I was ready to step from the train when an impulse to write seized me.

A Greeting to the Old Town. With the paper resting on a small volume on my knee, I wrote with a pencil the following lines:

"Kansas City, gateway to the West, They all come back, in time, to you-

You with your sweet and subtle charm; You with your heart that is tender warm;

You with your people true. And though far from prestige, for-

Next time, I'll come to stay."

tune or fame-One of the commonest kind of clayhave a message for you, my dear; So pause, old town, incline your ear-

No telling what else I might have added to that first verse, had there peen more time for writing while that nspiration had me in its grasp.

It was my plan to remain in Kansas City that night and go out to my old home some miles away the next day. In putting that plan into execution I took a taxi and drove straight to the Savoy. Should any reader of this see fit to look over the register for that date-Saturday, February 22, 1919—he or she will find there the entry: "G. B. King, San Francisco and New York." For obvious reasons I did not want to register under my true name and that was the first name that came into my mind when the smiling greeter turned

the register for me to write. I had thought of going on home the following day, but on thought, knowing of my mother's

Clearance of All Pattern Hats Tomorrow, ONE-THIRD Off

These are the Hats displayed in the showcases and every Pattern Hat-except white —is included in this Clearance AT ONE-THIRD OFF



Smartest Colors for All Summer Wear-Sale Prices \$5 to \$12

TYPES for street, travel, sports and dress.

MATERIALS-Hair, Timbo, Taffeta, Moirê, Satin, Crepe and

TRIMMINGS-Bows, Plumes, Burnt Peacock, Ostrich, Embroidery, Lace and Flowers.

COLORS-Black, Navy, Brown, Gray, Sand, Wood shades, Violet and all light shades, excepting white.



Friday and Saturday

While this is a two-day sale, yet with the variety and no two hats alike, the advantage of first choice will be worth while, if only from the viewpoint of securing the most becoming model. At 9 tomorrow-One-third off.

SALE PRICES, \$5.00 TO \$20.00.



Nemo Corsets Advertised on Page 14.

Basement.

Sold in our Corset Department, Second Floor. GLACIER

REFRIGERATORS. Best and Cheapest.

Permanent Collapsible Hat Bag

Will End Your Hair-Dressing Troubles For the Summer.

Wave

Those pretty waves will remain for six months.

Swim in the lake and wash or shampoo as often as you wish. Your waves will remain the same. Visit our hairdressing parlors and inspect the equipment on the Fifth Floor.

A handy and delightful way of

carrying the extra hat while traveling; rain and dustproof. Can be collapsed and put into valice or hand satchel when not in use. Very light. Made in black or red highly pol-

ished material (similar to patent

\$4.75 and \$7.75

leather), lined in gray colors; size 18-inch, in two qualities

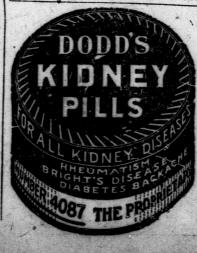
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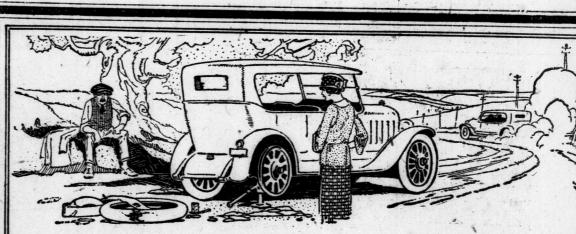


state of health, I decided to telephon my sister near there. My brother-in-law answered the phone and I could tell that he was

Home After 24 Years.

Hours before that time next day I was at home that I, as an impulsive youth in my 'teens, had left just twenty-four years, one month and eight days before. I shall not attempt to make the reader understand what that week's





At a time like this who cares about adjustment?

The most liberal tire adjustment is poor compensation for the inconvenience and annoyance, the lost pleasure of your trip, caused by a tire faulty in construction or The car owner who best appreciates the dependability

of Dominion Tires is the one who has had most tire trouble on the road. When you buy tires you want dependability rather than

It is a fact that in Dominion Tires you get the greatest dependability that can be put into a tire. This extra dependability is an extra value which costs nothing.

Dominion Royal Cords
—with the white strip Dominion Nobby Tread



visit meant to me. Suffice it to say to mar those few days that, for all of that my joy was made the greater us, seemed to make up fully for the loved ones farewell and started upon because of that of my loved ones at years of trial behind us. home. From time to time we were In accordance with my promise, I in a reminiscent mood as to the happenings of the long ago-we talked letter the day following my arrival, of everything except the things of telling somewhat in detail about the

wrote the warden a rather lengthy these worst years just passed—and good time I was having there at there was not the slightest discord home.

On Sunday, March 2, I bade my my return journey.

A New Fight For Life: Chapter Forty-Six on Friday. (Copyright, 1923, U. S. and Canada, Great Britain and South America by the North American Newspaper Al-