"PROTECT YOUR EYESIGHT,"

IS ADVICE OF A. M. DAMBRA

Richmond St. Optometrist Says It Is Most Important of Senses.

A. M. Dambra of the London Optical

Company, Dominion Savings Building, Richmond street, says that one of the

most harmful habits of this age is the carelessness with which we subject our

eyes to long exposure under brilliant

"The annoying trouble known as 'night blindness'," he declares, "is due to exposing the eyes too long and too

steadily to an intense or sparkling light

Lateral illumination is much preferable to a light directly overhead. Today

and give the proper protection to the organs of vision."

the senses. If any sense is impaired all your judgments are warped.

Of the various senses sight is the most improtant, for it is estimated that 35 per cent of all knowledge

crease our usefulness, provide for our entertainment or insure our safety. It is only within a few years

that much attention has been paid

to the subjects of prevention of blindness, defective vision and the

When you observe sturdy children who will never see the sunshine or

a human face, all because a prophy-lactic was not dropped in the eyes at birth, it seems only short of crim-

inal, as experience shows that infan-tile blindness is nearly always

A greater appreciation of evesight

of our national life extend the strain on our people's physical vision. Stu-

dents and general readers will grow

in numbers. We are now entering the fields of fine, delicate craftsman-ship hitherto foreign to us. Aviation,

which demands fine vision and strains the eyes, will undoubtedly

strains the eyes, will understand tremendously before long.

ciency of our people depend not a little on serviceable eyes.

MAKES JAPAN SHIPMENT

for Orient This Week.

Dennisteel line of lockers, steel sash

AN ENTIRELY NEW SYSTEM

AERIAL CARPET

CLEANING WORKS

830 York Street.

And most important of all,

happiness, contentment and

DENNIS WIRE AND IRON

function of the eye is cal-to add to our knowledge in-

comes to us through the eyes.

conservation of vision.

preventable.

All knowledge is acquired through

Progressive London Firm Know Transportation Business in Every Detail.

"On moving day, remember Day,

ness, to add another motor-driven moving van to his service. This firm specializes in long-dis-

tance hauling, and its radius in this

miles east and west. Just recently

loads of household effects were tran

ONTARIO CREAMERY GAINS

NAME FOR QUALITY BUTTER

Builds Up Big Business in Six Years Through High-Grade Products.

In 1916 the Ontario Creamery started in business on King street,

The Meadow Gold Butter made by

prizes at fall fairs and dairy exhibi-tions throughout the country. The output of this brand of butter has

In the spring of 1922 the Ontario

in a position to manufacture mor

ROOFING

CONTRACTOR.

Phone 7891W. Build up Roofs, Asphalt or Gravel.

ARTHUR MOULD. 210 York Street.

LEONARD DOWNEY 100 CARLING ST.

Phonograph Broken

PHONE 2885W.

WORMALD

3121/2 Dundas St., Opp. Armories.

than they made last year.

Buy London-Made Products

Advertising that isn't hitched on to sales effort is an expensive luxury.

T. H. YULL. President and Managing Director Federal Advertising Agency

\$06-308 Dominion Savings Building, London, Canada Leudon and Hamilton

O'Brien Colleges

361 Richmond St., London, wish their students, graduate and friends A Merry Christmas.

BERT WEIR

REALTOR

/ Market Lane. Office Phone 6823.

VESTA—Two-Year Guarantee Battery.

MODERN BATTERY AND

All the best materials and plenty of them in

NEAL'S GOOD WHITE BREAD

EGGETT & CO. Sanitary Plumbers

Steam and Hot-Water Fitters Estimates Furnished. 336 Ridout Street. Phone 210

ON MOVING DAY REMEMBER

H. F. DAY Moving, Crating, Storage Telephone 2887. 480 Maltland St.

DON'T THROW YOUR OLD CARPETS AWAY, They Make New Reversible "VELVETEX" RUGS CANADA RUG COMPANY. 98 Carling Street, London, Ontario

TIRE REPAIR We Specialize in Batteries and Tires. 366 Ridout St., near King. Tel. 7080.

THE LONDON GARMENT CARE We clean, press and alter everything in the line of clothes; no job too large, or none too small; we employ only experts; our repairs are detection-proof; first-class tailor shop in connection; all work called for and delivered. 339 DUNDAS. J. FRAUMENI, Prop.

LONDON WINDOW CLEANING CO. F. HARVEY. Store Windows a Specialty.
Estimates Given.
107 Emery Street. Phone 2909W.

Christmas Cake, 60c lb. English Plum Pudding, 60c lb. Scotch Short Cake and Home-made Taffies. J. M. CHIVAS

Phone, 443W 117 Dundas St.

Regal Mfg. Co.

Work Clothing for Men and Boys

Overalls, Coats, Shirts. Cotton Gloves and Aprons 92-96 King Street.

BANNER'S BARBER SHOP

Five Fully Qualified Barbers.

Hair Cut, 25c. Shave, 15c.

417 Talbot Street.

GEORGE COLBERT.

Building and Automobile Glass

LONDON ART GLASS AND MIRROR WORKS, LTD. PHONE 5271W. 226 TALBOT STREET.

S. N. CAMPBELL Insurance Counsellor Fire, Auto, Accident, Sickness and Plate Glass. Dominion Savings Bank Building. Phone 1611.

Baked Beans and Buttermilk Famous Home-Made Cream Fried Cakes.

THE HOME DAIRY COMPANY
SALADS.
172 Dundas Street.
Tel. 4350

REAL ESTATE Houses and Farms. Office: Walper House. Phone 6207

ASK YOUR GROCER FOR MEADOW GOLD ICE CREAM AND MEADOW GOLD BUTTER

Ontario Creamery, Ltd., London, Ont.

SMOKE A LONDON-MADE CIGAR DAVID HARUM

McLEOD-NOLAN & CO., LONDON, CANADA.

BRICK MANUFACTURING AND SUPPLY, LIMITED. FULL LINE OF

BUILDERS' SUPPLIES



The class of home in which a piano is found is the best recommendation of its quality.

SHERLOCK-MANNING
204 Century Plano
The Plane worthy of your flows

Sherlock-Manning Piano Company

BARTON & RUMBLE

MANUFACTURERS OF B. & R. TRUCKS

PHONE 4004.

G. M. MURRAY

Expert Radiator and Auto Sheet
Metal Worker,
BRAZING OF ALL KINDS. Telephones: Day 2327, Night 5448. 65 King Street.

596 HAMILTON ROAD.

ARTISTIC HAIR AND BEAUTY PARLORS Special Face and Scalp Treatments MES. JAMES WELLS & HUNTER

GIVE THE ONTARIO DRY CLEANERS AND DYERS A TRIAL.

Telephone 6958W. 516 Talbot St.

SERVICE 39 King Street. HILL BROS.

Auto Truck Service Local and Long Distance Cartage 104 Adelaide St. Phone 6505,

S. BEXTON Successor to Eexton & Carson.
General Repairing—Garage in Connection—Machinist.
Engines and machinery of all descriptions thoroughly overhauled,
Rear 68 King and 69 Dundas Sts.
Phone 3079.

Succeed In London

Succeed With London

The New Year will be with us in just two more days, and along with it will come high hopes for the future for every citizen of the city of London. The past year has been a period of comparatively unsettled conditions, due to the length of time taken by the country at large in recovering from the business depression, which came as an aftermath of the great war. But happily there are now certain and positive indications of the return of normal conditions and prosperity to the country in

From many sources we hear merchants and wholesale dealspeaking of the improvement in trade, and they all seem optimistic regarding the prospects for the year of 1923.

The surest way for the people of this community to bring quicker and more lasting prosperity to the city is to buy London-made goods and thus boost the business of the many local manufacturers and other dealers whose articles advertise the city throughout the world. Let this be the first of our New Year resolutions-to support home industry and work together to make the city of London, Ontario, a bigger and a better place for all of us to live in.

EIGHT YEARS OF EXPANSION MOVING TIME RECALLS MARKS BEXTON'S GARAGE EFFICIENCY OF DAY VANS

Machine Shop in Connection Promotes Business of Well-Known Concern.

One of the busiest machine repair may not be necessary, but a greater shops in the city is that of S. Bexton, appreciation of the importance of in the rear of 68 King and 69 Dundas fifteen years has been a familiar one have come to appreciate streets. This business has enjoyed to Londoners, and during that time As we have come to appreciate that life itself is of value, we have a continual growth and popularity has stood for dependable service in also come to realize the value of those things that made life worth living and when we count those and today is one of the largest of age of furniture, household goods things that made life worth living, and when we count those things that make life fine and beautiful and rich, we must place this function of human vision at the top of the list.

In the last twenty years the depends on the eyes have greatly included in the eyes have greatly included in the second of the laster have greatly included in the second of the largest of the largest of its kind in Western Ontario. This firm covers the entire field of machine repairing, and fixes anything from a small baby buggy to enormous game from the ground up, and due to his many years of experience in

In the last twenty years the dermands on the eyes have greatly increased. Moving pictures, the marked extension of artificial illumination, complicated labor-saving machines that save the hands, but add to the strain of the eyes, to mention only a few factors, all have the day in this shop, and their work always receives the heartiest ap-proval of clients throughout the city organ of the body has had its labors so greatly increased.

Unquestionably, more and more will the intensity and development and surrounding country. The firm repairs all types of en-

gines, large or small, and guarantees Mr. Bexton reports that the last year has been a very successful one with him, and that his trade is increasing monthly, due largely fact that he makes it a point of his business ethics to give the maximum of service to all customers, and to see that every piece of work that leaves his shop has received the best possible attention in every detail.

HOME DAIRY BUSINESS NOTED FOR GOOD SERVICE

First Consignment of Goods Leaves Popular The first shipment of goods from

Sakai Shokai Company of Yoka-hama, and another order for steel sash is on hand at the Dennis plant and Service," R. R. Allen, manager of 000 in order to keep stride with the the company, has built up in the last growing business of the firm was fourteen months the most popular home-cooking and dairy business in the city of Lnodon. The interior of the store is enamelled snow white, and this, together with the white marble floor, and the immaculate uniforms of the staff, tends to bear out the firm's sloran of cleanliness. for delivery in the near future to this firm in Japan.
The Dennis Wire and Iron Works is one of the most prominent manufacturing concerns in the Forest City, and its products are known from coast to coast in Canada and throughout many foreign countries.
This plant originated the famous out the firm's slogan of cleanliness.

Their cuisine has met with the general approval of London housepartitions, steel filing cabinets and all manner of wire goods.

E. R. Dennis reports that business prospects for the coming year are very good, and that trade conditions wives; such delicacies as doughnuts, salads, cottage cheese, marmalades, jams, cooked macaroni and beans are placed on sale, fresh daily, and the prices of all these are comparatively in general are improving.
"Next year," he says, "we look for a steady demand for our products,

low. Besides this range of prepared foods, the best of butter and the a steady demand for our products, due to the satisfactory volume of building. People have more confidence now that conditions are attaining a normal stage again, and they will erect more homes and factories in 1923 than they have in the past year. The United States Steel Corporation has orders on hand that will keep all their mills running to capacity for the next six months. This means a revival of business which cannot help but be reflected in Canada." freshest of new-laid eggs are re-The staff of this store is most courteous and obliging, and carries out to the last detail, "Service to the

COLORFUL FACINGS. Facings of contrasting materials are seen on the hems of many of the new frocks. The uneven hemlines and circular effects now in vogue have been responsible for the fad.

R. A. Milne Plumbing Co. HOT WATER AND STEAM HEATING CONTRACTORS. Estimates Furnished. 3461/2 Talbot Street, Phone 3966

CHURCH ORGANS CARTER & SON Electric Organ Blowing Machine. Write For Advice or Estimates

Awning and Tent Manufacturers 351 GLEBE STREET. Tents for Hire. Phone, Factory 6197.

THE SUPERIOR Awnings, Tents, MACHINERY COMPANY, Flags, Coal Bags, LIMITED. Horse Covers, **Elevators Repaired**

Phone 1764.

and Inspected (Any Make). Cables and Accessories Supplied, Day and Night Service. 151 York Street. Tel: Shop 2729Wagon Covers RAYMOND BROS.

172 KING STREET.

PRICE & HAWKE. AUTOMOBILE ELECTRIC **BRIGHTON'S** Phone 4212J. BREAD

> BEST IN LONDON. HONEST WEIGHT. PHONE 2160.

UNION MADE

OVERALLS.

Keep Our Home Factories Busy

DENNISTEE Compartments FOR LAVATORIES AND SHOWERS We cannot get AII the orders - but all the orders we do fill are of a higher quality Write for folders

THE DENNIS WIRE AND IRON WORKS CO. LIMITED LONDON CANADA

lock-Manning piano ten years ago has sold three other Sherlock-Manning pianos to members of the same family since. The fourth piano was Publishers, Bookbinders, sold for Christmas delivery this year. Manufacturing Stationers. There is no product more distinctly Canadian than the Sherlock-Manning 91 Dundas Street. piano, and there is no Canadian pro duct in which citizens of Canada take more pride, for the Sherlock-Man-

make. Although the Sherlock-Manning is favorite concert piano, and is used in a number of our leading musical institutions and schools, it is as a home piano that it excels. Built to stand the rigors of home usage and the extremes of our Canadian climate the mover." This slogan for the last it remains true to tone, rich in vol-

ning piano takes second place to no

other, either of home or foreign

SHERLOCK-MANNING PIANOS

INCREASE IN POPULARITY

Trainload of Their Products for

Spring Delivery Indicate Growth of Business.

Everything points to a big year in

the west, in the opinion of the Sher-

lock-Manning Piano Company, based

upon the experience of Mr. J. F.

Sherlock who recently returned from

his annual business trip to the prairie

provinces. Enough pianos to occupy

every car in a full-length train will

go from the Sherlock-Manning fac-

tory to fill western orders this spring

The Sherlock-Manning plane is in-

deed coming into its own in Canada

and everywhere is adding to its

triumphs. A dealer in Gananoque,

Ontario, who made a sale of a Sher-

me, responsive of action. Residents of London and Western Ontario have the unusual opportunity purchasing right at the factory No piano showroom offers the range of selection that can be viewed at the Sherlock-Manning factory, and prospective purchasers have the advantage of the advice of salesmen who not only understand music but also are thoroughly conversant with

PREDICTS GEORGE COLBERT

Local Realtor Feels Confident 1923 Will Be Era of Progress in This Field.

The real estate business of George Colbert, whose office is in the Walper House, Talbot and King streets, is sported to Kingston, Ontario, and Ovia, Michigan, both of which are nearly 300 miles from this city. one that has made tremendous strides since its beginning three and

Mr. Colbert is well satisfied with the headway he is making, and reports that things are looking up in the real estate trade. The country is just beginning to recover from the period of depression that followed after the war, and every week finds more and more applications from lots or farms. He is quite confident

Popular Delicatessen on Dundas
Street Attains Name for Worth
of its Products.

The first thought that comes to one, on entering the Home Dairy
Store, at 172 Dundas street, is porated at \$40.000, but its trade had The first shipment of goods from the Dennis Wire and Iron Works to Japan was made this week. Two truck loads were shipped to the Sakai Shokai Company of Yoka-bama and another order for steel.

The first thought that comes to butter and cheese this firm nancies. In 1916 this company was incortoned at \$40,000, but its trade had so increased by 1921 that further capitalization to the extent of \$200,-bama and another order for steel.

Basing his motto on "Cleanliness and another order for steel."

The first thought that comes to butter and cheese this firm nancies. In 1916 this company was incortoned to enable him to give a better service to enable him to give a better service or increased by 1921 that further capitalization to the extent of \$200,-bama and another order for steel.

LOCAL ART GLASS COMPANY HAS INCREASING TRADE

City Firm Makes Auto Windshields, Stained-Glass Windows and Plate Mirrors.

The London Art Glass Company 226 Talbot street, has made great strides forward since its inception increased more than 100 per cent in the last three years, and another 20 per cent in the last two months, two years ago. It is now an organized company, with Mr. E. J. Johnwhich is ample proof of its popularston as manager. This firm reports continually increasing business and Creamery entered the ice cream field, and has enjoyed such success in this a growing demand for its varied products, which include every class of sphere that it is necessary for them to remodel and enlarge their plant in order to take care of new contracts for next season. These alterations will be made this winter, and sphere that it is necessary for them glass, from stained windows for churches to small lights for domestic use.

The London Art Glass Company can supply the best British plate glass and plate mirrors, all types of by next summer this firm will be domestic lamp-shades, windows of every description, and auto glass, than twice the amount of ice cream auto mirrors, side-wings and sun

Morena Cigars

Positively Clear Havanas. THE MORENA CIGAR CO., LONDON.

Phone 4710. Residence 5710 A. W. MACFIE

Chiropractor

Dominion Savings Building Modern Electrical Equipment, X-Ray, Approved by Ontario Board of Chiropractic Examiners.

Buy Butter Krust Bread PURITY PRODUCTS, LIMITED.

R. FAIRFUL.

SMOCKS, WORK PANTS.

LOOK FOR THIS LABEL.

HEALTH BREAD IS THE BREAD FOR OLD OR YOUNG, WHICH CONTAINS MANY CELL SALTS TO FEED THE HUMAN BODY.

The Chas. Chapman Co.

REPAIR CO. D. C. and A. C. Winding and Repairs, Radio Supplies. Tel. 7174; Nights, 5125 and 3806 349 Talbot Street.

ELECTRIC MOTOR

OXY-ACETYLINE WELDING, BRAZING AND CUTTING. WILLIAMS WELDING WORKS Rear of 386 and 388 Ridcut St, Phone 6836, Drive in off King or Dundas Street.

THE VULCAN CO., LIMITED.

Manufacturing Pure Air Furnaces TELEPHONE 580. 84-94 FULLARTON STREET.



WM. SKELLY Sanitary and Heating Engineer 242 King Street, Opposite McClary's

Telephone 572.

Martin-Senour 100 per cent. Pure Paint. J. A. PAGE Hardware, Sheetmetal and Furnace Work. Tel. 2697W. 807 Dundas Street.

SILVERWOODS

Pasteurized Milk, Cream and Buttermilk Delivered to Your Home Daily.

THE COMMERCIAL ELECTRIC CO. ELECTRICAL CONTRACTORS.

Experts in Conduit Work.

Estimates Furnished on All Kinds
of Electrical Wiring, Fixtures.

467 Richmond St. Phone 1871W.

L, R. Folley, Manager.

RESIDENT PARTNER. Oscar Hudson & Co., Chartered 213 Dominion Savings Building. Phones 1537J-6346.

WM. C. BENSON, C. A.,

The Home of Quality. Vuicanizing. ART WILKES. London Tire Repair Depot 354 Wellington St. Phone 2334, Opposite McClary's,

WHEN IN NEED OF PRINTING Phone Two-One-Two-Three Hollins Printing House

CHAS. HOLLINS, Prop.

143 King Street.

Try Our High-Grade Whipping Cream for Your Christmas and New Year's Dinners. LONDON PURE MILK COMPANY, LIMITED.



BULL BROS. Plumbing, Heating and Sheet Metal Contractors, Estimates Phones 3488W-2488J. 366 Hamilton Road.

LONDON Wrecking Company Dealers in all classes of new and used lumber at cut rates.
500 Bathurst St. Phone 6640W.

THE LONDON SIX SUPREME TOURING

PLACE YOUR ORDER NOW.

HOME OF SPALDING ATHLETIC GOODS. R. M. BRISCO 258 DUNDAS STREET HYSLOP BICYCLES, TENNIS SUPPLIES, FISHING

Electric Motor Repairs

TACKLE, AUTO ACCESSORIES.

STEWART & MORKIN FULLARTON STREET. LONDON, ONT.

A. C. and D. C. Electric Motor or Dynamo Repairs and Rewinding is Our Exclusive Specialty. BOSCH MAGNETO SERVICE STATION

Lavender Electric Co. ELECTRICAL ENGINEERS
AND CONTRACTORS.
Office and showrooms, 4061/2 Office and Hamilton road, PHONE—eastw. Res., 7457.

PARKER & ALLEN **PLASTERERS** STUCCO WORK A SPECIALTY.

1197 Florence St. RESCUED IN GALE. Provincetown, Mass., Dec. 29.-The

schooner Anna L. Spindler of Yar- rebel prisoners were executed today mouth, N. S., went ashore at Race in Kilkenny jail. The men, who gave Point, near here, today during a terrific gale, which has been blowing 24 hours. The crew was rescued in were charged with being in possesbreeches buoys.

TWO REBELS EXECUTED. Dublin, Dec. 29.-Two more Irish

WOOD

Good Dry Cordwood, cut into blocks, 12 and 16-inch lengths, also Dry Plue Slabs, 12 and 16-inch length. Just the thing for starting the furnace and scove and quic ly taking the chill off the

No would advise you to take a lad or two of this wood while it asts, as it will help save your coal.

CHANTLER BROS.

263 Bathurst Street.

