THE CHIEF CHARM OF LOVELY WOMAN

Soft, Clear, Smooth Skin Comes With The Use Of "FRUIT-A-TIVES".

NORAH WATSON
86 Drayton Ave., Toronto.
Nov. 10th, 1915.

A beautiful complexion is a handsome woman's chief glory and the envy of her less fortunate rivals. Yet a soft, clear skin—glowing with health—is only *the natural result of pure Blood.*

"I was troubled for a considerable time with a very *unpleasant, disfiguring Rash*, which covered my face and for which I used applications and remedies without relief. After using "Fruit-a-tives" for one week, the rash is completely gone. I am deeply thankful for the relief and in the future, I will not be without "Fruit-a-tives".

NORAH WATSON.

50c. a box, 6 for $2.50, trial size, 25c. At dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

White Ribbon News.

Woman's Christian Temperance Union first organized in 1874.

AIM.—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.

MOTTO—For God and Home and Native Land.

BADGE—A knot of White Ribbon.

WATCHWORD—Agitate, educate, organize.

OFFICERS OF WOLFVILLE UNION.

President—Mrs. L. W. Sleep.
1st Vice President—Mrs. J. Cutten.
2nd Vice President—Mrs. R. Reid.
3rd Vice President—Mrs. Geo. Fitch.
Recording Secy—Mrs. W. O. Taylor
Cor. Secretary—Mrs. L. E. Duncanson.
Treasurer—Mrs. H. Pineo.

SUPERINTENDENTS.

Labrador Work—Mrs. Fielding.
Lumbermen—Mrs. J. Kempton.
Willard Home—Mrs. M. Freeman.
Temperance in Sabbath-schools—Mrs. Dr.) Brown.
Evangelistic—Mrs. Purves Smith.
Peace and Arbitration—Mrs. J. Read.
Press—Miss Margaret Barss.
White Ribbon Bulletin—Mrs. Walter Mitchell.
Loyal Temperance Legion—Miss Esson.

Leave It With Him.

Yes, leave it with Him,
The lilies all do,
and they grow;
They grow in the rain,
And they grow in the dew—
Yes, they grow;
They grow in the darkness, all hid in the night,
They grow in the sunshine, revealed by the light—
Still they grow.
They ask not your planting,
They need not your care
As they grow.
Dropped down in the valley,
The field anywhere—
There they grow;
They grow in their beauty arrayed in pure white,
They grow, clothed in glory, by Heaven's own light—
Sweetly grow.
The grasses are clothed
And the ravens are fed
From His store;
But you, who are loved,
And guarded and fed
How much more!
Will he clothe you, and feed you, and give you His care!
Then leave it with Him; He has everywhere
Ample store,
Yes, leave it with Him;
'Tis more dear to His heart,
You will know,
Than the lilies that bloom,
Or the flowers that start
'Neath the snow.
Whatever you need, if you ask it in prayer,
You can leave it with Him, for you are his care,
You, you know.

Bad for Business.

According to O. S. Marden, editor of 'Success,' the three chief elements of success are: 1. Health. 2. A clear brain. 3 Will power. The value of either of the last two elements fluctuates with the state of the first, so that we may say the primary condition of success is health. Hence we must study the physical effects of moderate drinking in order to get at the value of its effect on business.

Expert medical opinion, formed from extended observation in many lands, over many thousands of cases shows that the use of alcoholic liquors, like beer and light wines, in the minutest quantities—that is moderate drinking—causes sudden death by heart disease, shrivelled kidneys, palalysis and hardening of the brain and nerve tissues. Are men thus affected the most fit for the strenuous life and heavy demands of modern business?. Certainly not.

Life insurance companies consider a moderate drinker of from 20 to 22 years of age as dead at 45, while the total abstainer at the same age has a lease of life at least until 61. Who will be the safer business man at 40—the moderate drinker already old and with but five years more of life, or the total abstainer who has a 90 per cent. show for 21 years more, all in his prime as a business man?

Finally, drinking is not 'an individual matter,' the same as sugar and cream or cream on berries. A man's body is not a good judge of what is good for it by taste alone. To that faculty must be added knowledge and the powers of reason and judgement in the matter of effects and causes. It is not 'an individual matter' only if a man, in full possession of the facts, dares commit the crime of putting poison into his system against the dictates of nature and reason. The worst feature of moderate drinking is not its effect upon the immediate drinker but its effect upon the next generation in the production of degenerate children. By this, children with criminal instincts are not meant, but merely those who are weaker physically and mentally, and more apt to become victims of appetite than their parents. Here medical testimony again shows remarkable figures. Eighty-two per cent. of children of all ages whose parents are abstainers are sound bodied and well balanced whereas but 17 per cent of the children of moderate drinkers come up to the required physical standard.—Rev. ret P. Palmer, in 'American Issue.'

PILES Do not suffer another day with Itching, Bleeding, or Protruding Piles. No surgical operation required. Dr. Chase's Ointment will relieve you at once and as certainly cure you. 60c. a box, all dealers, or Edmanson, Bates & Co., Limited, Toronto. Sample box free if you mention this paper and enclose 2c. stamp to pay postage.

What Caused that Railway Wreck?'

In conversation with a railroad engineer whom I was treating for alcoholism recently, I asked him the above question, referring to a horrible wreck which occurred not long since on one of our western roads.

'Whiskey,' he answered laconically.

'Do you mean to say that the engineer or conductor or both of them were drunk?' I asked.

'Well, not just what you call drunk perhaps, but dull, sleepy, stupid. They failed to read and understand their orders or forgot them. You know, doctor,' he added, 'that a man who is addicted to drink is never in his normally abnormal condition unless he has a few drinks, and even then he does not see good and big as readily.'

This man has discovered practically what Prof. Kraepelin, of Heidelberg has so fully demonstrated experimentally, to wit, that even a very small quantity of liquor renders the vision less acute and dulls the memory.

I believe this effect to be due to the anaesthetic action of alcohol, which paralyzes the faculty of attention, which is such an indispensable prerequisite to good memory.

That alcohol is an anaesthetic there can be no reasonable doubt, in view of the fact that it is the base of all the principal anaesthetics and the greatest of all hypnotics.

When alcohol is acted upon by chloride of lime, chloroform results. When alcohol is acted upon by sulphuric acid, sulphuric ether results. When alcohol is acted upon by chlorine, chloral results. Now as none of these three agents possess any anaesthetic properties, either singly or combined, and each produces an anaesthetic when combined with alcohol, the conclusion is inevitable.—T. J. Savage, M. D., in 'American Issue.'

Don't Be Despeptic.

The dyspeptic has thought only of the stomach when the real source of trouble is the Liver, Kidneys and Bowels. Dr Chase's Kidney-Liver Pills thoroughly cleanse and purify the digestive and excretory system and in this way put the organs of digestion into splendid working condition. A little patient urging on of these organs when sluggish will restore the habit of healthful digestion.

Says the editor of a Bemmerside paper:—'We have been on the earth quite a while and have during all that time consistently smiled at every kind of superstition until this week. Three days ago our cat, that had been missing for a spell, came home with a black kitten in its mouth. That evening we sailed up the river on a west wind and home again on an east wind, with a good catch of sizeable trout. Next day a friend, who had had a bit of luck, gave us a couple of nice eels. The following day a friend and neighbor, who was struggling along home with a gun and more brant than he could conveniently carry, stopped to rest and made us a present of one as we passed by. If that black kitten should chance to die we would have it mounted in a glass case. In the meantime it is getting all the cream.

Ladies, if you love a man, marry him. If you marry him, know him. If you don't know him, study him. If you study him, humor him. If you humor him, flatter him. If you flatter him, humor him. If you humor him, you will study him. If you study him, you will know him. If you know him, you may divorce him.

A WORD FOR MOTHERS

It is a grave mistake for mothers to neglect their aches and pains and suffer in silence—this only leads to chronic sickness and often shortens life.

If your work is tiring, if your nerves are excitable, if you feel languid, weary or depressed, you should know that Scott's Emulsion overcomes just such conditions.

It possesses in concentrated form the very elements to invigorate the blood, strengthen the tissues, nourish the nerves and build strength.

Scott's is strengthening thousands of mothers—and will help you. Try it.

Scott & Bowne, Toronto, Ont.

MOUNT CAVELL HAS ITS UNIQUE FEATURES

Glacier Upon It Resembles Woman Robed in Spotless White—Was It Selected By Inspiration?

The mountain in Jasper National park that perpetuates the memory of Edith Cavell, the English nurse who suffered martyrdom at the hands of the Germans in Belgium, is a striking pile, whose summit reaches to a height of over 11,000 feet above sea level, and is about 12 miles south of Jasper, from where it can be clearly seen at any time when not obscured by clouds. Its northern face is covered by snows and glaciers, and when lit up by the rays of the sun or moon presents a splendid spectacle, and it is regarded as being a most appropriate monument for the unfortunate victim of Hunnish hate.

Strange Figure

Lying between Mount Cavell and a high, sombre, verdureless mountain, as yet unnamed adjoining at right angles there is a remarkable glacier of immense size, which, at close range resembles the prostrate form of a woman attired in robes of white, with outstretched arms, one extending to the side of each mountain and the feet reaching down to the great ice bed at the foot. This figure creates in the minds of those who see it impressions associated with the supernatural, and it lends an additional interest to the memorial mount.

In Mournful Attitude

On the nameless mountain, which it is proposed to call Mount Sorrow, there is another remarkable figure which nature has carved from the solid rock with wonderful fidelity. It is that of a woman in an attitude of mourning, standing over a tomb-like basin. Except at the feet, there is no cleavage between the figure and the mountain, and from the point from where it can be seen best it is startlingly realistic, even to the garments, which look like buckskin, the stone being stained a brownish yellow. This life-like appearance of the figure is so very real that impressionable people will doubtless conclude that it was by no mere chance that the mountain named in memory of the murdered nurse was chosen, but by an inspiration.

CLIMATE LESS SEVERE

What Study of Larger Glaciers in B.C. Has Revealed

Dr. Charles D. Walcott, secretary of the Smithsonian Institution, and Mrs. Walcott recently returned to Washington after several months' field work in Canada. Accompanied by only a packer and cook, they spent most of their time on the continental divide, which forms the boundary line between Alberta and British Columbia, south of the Canadian Pacific Railway, studying the cambrian rocks, containing the fossil remains of the earliest animal life.

Owing to the heavy snowfall of the previous winter, and the fact that most of the geological formations which they wished to examine were in the deep snow about the timber line, little progress was made till the latter part of the summer of 1916. Sections were examined and measured in the Mount Assiniboine region, and from there northwest to the celebrated Kicking Horse pass, where the Canadian Pacific Railway has bored a double loop through the mountain in order to obtain a feasible grade on the western side of the pass.

Some years ago Dr. Walcott found a remarkable fossil fauna in boulders which had been carried into Kicking Horse canyon by glaciers that have long since disappeared. This last trip he located the source of these boulders high up in the mountain cirque, where a portion of what must have been a great hanging glacier is still active.

Mrs. Walcott, who has studied glaciers for several years, and is well known as an Alpinist, visited Glacier, British Columbia, where she measured the position of two large glaciers, and determined that the front ice foot in each case had retreated at the rate of 100 feet a year during two preceding years. Mrs. Walcott's studies prove that the ice has been steadily retreating during the past six years. Her measurements agree with observations made in Alaska, and indicate that the climate is not as severe on the Pacific side of the continent as it was a decade ago.

PROTECTING MINERS

Canada's Death Rate High—Belgium's Low—Why?

The accident death rate among miners is greater in Canada than any other civilized country. This is due largely, to the hazardous nature of the work and to the class of labor available for employment. The fatality rate in coal mines in Belgium has been the lowest in the world, being but slightly over one per thousand employed. In 1850, the fatality rate in Belgium was as high as it is in Canada. The decrease is the result of the combined efforts of the mine owners, the workmen, and the Administration of Mines, and it is due, to a great extent, to diffusion of technical and professional education. In view of its importance, the Government should direct more attention to the education of the workman, so that he may not be a danger to himself or others and that he may become better educated, more skilful, and thus have the opportunity to better his position.

Dry Battery Trouble Lamp

Dry batteries, testing eight amperes, or less, will operate small electric-light bulbs and doorbells satisfactorily. Four cells wired in series to any desired length of cotton drop cord terminating in a miniature pull socket, that is equipped with a six-volt lamp, will provide a good trouble light for a considerable period.

Many accidents may be prevented by the provision of municipal skating rinks and coasting slides.

NOW IS THE TIME!

To Get Your Furniture Upholstered.

Carpenter work is slack at present, and I am prepared to do Upholstery of all kinds of Furniture, also Carriage and Sleigh Seats. I will also repair Furniture of all kinds.

I have had a large experience in this work and can guarantee satisfaction.

J. C. Bishop, - Wolfville.

CASTORIA

For Infants and Children.

The Kind You Have Always Bought

Bears the Signature of Chas. H. Fletcher

It pays to buy at home.

SAND MARTINS BUILD QUEER, SAFE NESTS

World's Most Industrious Bird—Small Boys Meet Clever Opposition in These "Swallows"

A writer from Western Canada says: The sand martin or bank swallow, as it is sometimes called, is possibly the most industrious of its feathered brethren, as it persistently rebuilds its nest in the face of the sternest opposition. It is not a large bird, being about five inches long and of a dull greyish brown color, with white on throat and breast; but is extremely graceful as it appears on a calm evening skimming in beautiful curves almost to the ground, then gracefully rising above one's head into the blue.

In Strange Places

They usually build their nests beneath the beams in vacant huts, in eaves of old stables or in steep cut banks of the rivers, and are particularly partial to a district where limestone abounds. In these banks they have been known to excavate two or three feet, working with their bills and feet making a hole just about big enough for a man's hand at the entrance and widening gradually at the inner part. These holes are usually about four feet from the crest of the bank and only a few inches apart. They are lined with dry rootlets of grass or feathers. On these downy cushions are laid the five little white eggs with spots of reddish brown, where the mother bird may hatch her young.

Crows Are Enemies

The moisture necessary for making the walls firm is readily carried in their beaks from the shore of the river, and while these banks are practically safe from intrusion by man, the crows learn to know the hatching season and are on the alert to devour the young swallows as they emerge from the nests. The small boy has been known to lie flat on mother earth, and reaching over the edge, obtain the eggs, but it is a risky undertaking as the steep banks are of shifting sand. From the river bank below, the hill with its myriads of holes presents a honeycomb effect, and almost seems to move as the little heads peep up and out.

TECHNICAL EDUCATION

Canada's Backward Position Shown in a Government Report

In 1910 the Dominion Government appointed a Royal Commission to enquire into the needs and equipment of the Dominion respecting industrial training and technical education, and into the systems and methods of technical instruction obtaining in other countries. The following is from the report of the Commissioners, showing the need of industrial and technical education in Canada: "Until recently Canada was an interested and debating spectator of the movements for industrial efficiency. The training of young workers to dexterous manipulation and technique, and to an understanding of the principles and sciences which lie at the base of all trades and industries, was not provided for in the courses. When manufactured goods were wanted in increasing quantities and variety, and towns and cities were growing by leaps and bounds, it was discovered that there had been practically no organization of means for preparing the hundreds of thousands of young people to become the best qualified artisans, farmers and housekeepers in the world. The country's growing wealth was ample for the cost; but the educational work was becoming bookish in the extreme, and, worse than that, was developing into school systems that had few points of contact with or relation to industrial, agricultural or housekeeping life."

WEDDING RING FINGER

Traditional Reason For Choice of Fourth on Left Hand

There is a very ancient belief that a blood vessel extends from the base of the fourth finger of the left hand to the heart, whence, as is alleged, the choice of that finger for the wedding ring. In literature allusion to it is made as the "vena amoris," or love's vein. Unlike most notions of the kind, this idea is entirely correct, for a vein does arise directly at the root of the ring finger and, running over the back of the hand, finds its way through the "royal" vein, the "axillary," the "subclavian" and the "innominate" to the heart. This vessel is very conspicuous, standing out clearly when the hand hangs limply downward.

The reason for putting the ring on the fourth finger, however, is probably quite different. Its use for the purpose goes back to prehistoric times, and its selection is likely to have been due to the fact that it is the least free in its movements of all fingers. Accordingly, a ring encircling it will interfere less with the use of the hand than if placed on any other digit. It happens that the extensor tendon of the fourth finger is attached to those of the third and fifth fingers by cross-bands which restrict the movements of the ring finger considerably. Anybody may test this for himself by holding the third and fifth fingers forcibly bent and trying at the same time to extend the ring finger.

Hail the Dairy Cow

Because she converts a larger percentage of her feed into a form suitable for human consumption, the dairy cow is considered a more efficient producer of food than any other animal. Animals slaughtered for beef return only about one-fourth as much of the energy in their feed as milch cows.

An auto tire will not be hurt by the rise of a few pounds pressure due to running. Tests have shown that it is not possible to obtain an increase in pressure due to overheating while running sufficient to injure the tire.

A woman is the inventor of a sand glass that rings a bell when the time that it marks expires.

McCallums, L'td

The largest dealers in Improved Farm Properties in Canada.

Halifax, N. S., Canada.

Are now offering the property of the Wolfville Fruit Land Improvement Co. Ninety acres of Orchards fully improved. In whole or part. Price exceptionally low. 25

C. A. Porter, Local Agent.
OFFICES: WOLFVILLE AND KENTVILLE.

COAL! COAL! COAL!

Carefully Screened and Promptly Delivered.

Springhill, Albion Nut and Old Sydney.

GIVE US A TRIAL.

Burgess & Co.

PUTTING A SALMON-RIVER ON THE MAP

SEVEN BEAUTIES FROM ONE POOL. READING FROM RIGHT TO LEFT: MAXMILLIAN FOSTER, W. O. M'GEEHAN, JACK LAIT, GRANTLAND RICE. MAXMILLIAN FOSTER HAS HIS HANDS FULL.

THE map referred to is a map of some importance, for salmon is the big game of the fisherman, and brings in search of it sportsmen from all over the world with big two-handed rods and large noisy reels and (what Canada much desires) a deep purse for camps, guides and outfit. Harry Allen, President of the New Brunswick Guides Association, has known the Cains River as one of the best trout streams in the Province of New Brunswick, and salmon were frequently caught twenty miles up from the junction with the better known Miramichi, but he believed that if the right kind of fishermen got there, they would find salmon all the length of at least eighty miles.

The investigation was made a short time ago by a party of sporting writers and editors from the United States. Maxmillian Foster, a salmon fisherman of twenty years standing, who knows New Brunswick and Newfoundland like a book, and writes for the "Saturday Evening Post"; Hughie Fullerton, of the Chicago "Examiner," Jack Lait, of the Chicago "Herald," Grantland Rice and W. O. M'Geehan, of the New York "Tribune," and L. O. Armstrong, of the Bureau of Commercial Economics, Washington, D.C., an old campaigner who has hunted and fished in the Canadian Woods for over fifty years, and A. O. Seymour, General Tourist Agent of the Canadian Pacific Railway, an ardent fisherman.

When they arrived at Fredericton, all the local fishermen were pessimistic, "If there are salmon in the Cains," they said, "you have come at the wrong time. They went out with the ice and are now at sea. Better go home and come back in a month." It was cold and raining, the worst kind of weather for flyfishing, but nothing daunted, they set out.

With eight fishermen, one movie picture operator from the Essanay Company of Chicago, and nine guides, the fleet started out near the head of the Cains River, fishing the pools as they went down. The first day they struck only trout, but from the second day onwards the movie man was busy. Twice he had to choose between two fishermen who had hooked their salmon at the same time. Maxmillian Foster had a basket of thirteen, ranging from seven to eighteen pounds. The largest measured forty-two-and-a-half-inches, which means that if it had been taken in the fall it would have weighed forty-two-and-a-half pounds. Every member of the party had what he came for, thanks to Silver Doctor and Parmachene Belle, the two flies that the Cains River salmon seem to like. In one pool seven beauties, weighing between them sixty-eight pounds, were taken out in two hours, and it was only dark and lack of time that closed the sport. Result, eight happy fishermen, one happy movie man, and one supremely proud Harry Allan, who saw that his claims were justified and that Cains River could take its place for salmon besides the hitherto more famous waters of the Miramichi and the Restigouche.

Children as Mothers' Helpers.

The dear little darling, busy mothers! How much rather they would, most of them, do things themselves than exercise the real patience and urgently needed tact to get the children to help them. The refusals of the children to even offer and deadlocks run all the way from the curt 'Run away. You make more work than you can do,' to the gas 'No, dear; you don't know how and mother would rather do it herself.' But, in spite of the truth of the latter assertion, is it not the very truest unselfishness as well as the wisest self-consideration on to put up with bungling and blundering and to take time to train the little ones as helpers, for their own sakes and for the sake of the coming day when the mother can't be helped or shriek down?'

The vital seed of all true happiness is love, and it is the mother must early plant and cultivate. Baby loves mother and he will pick up his blocks to help her make the room nice for father, is a motive which very wee ones can understand and act upon. The very smallest offering in baby hands may be and must be a real or loving service.'

A child lost to himself with no stimulus or encouragement to help others will have more respect in a human in him if he does not grow up to be selfish and exacting. Therefore, as a factor in character-building and for their own good, let children be trained to help others, and the mother most of all.

It is well to repeat the aphorisms that inviolably belong to this subject. Begin early. Encourage the smallest endeavor. Don't let the child undertake what is certain to be too hard for him, thus discouraging effort at the outset. Make definite plans, try to open ways of definite helpfulness and keep it every time.

Girl's Statement Will Help Wolfville.

Here is the girl's own story:—For years I had dyspepsia, sour stomach and constipation. I drank hot water and olive oil by the gallon. Nothing helped until I tried buckthorn bark, glycerine, etc., as mixed in Adler-i-ka. ONE SPOONFUL helped me INSTANTLY.' Because Adler-i-ka flushes the ENTIRE alimentary tract it relieves ANY CASE of constipation, sour stomach or gas and prevents appendicitis. It has QUICKEST action of anything we ever sold.

An Irishman in a town in the South was careless enough to let his priest catch him emerging from a saloon with a demijohn under his arm. The priest waited for him to come by and said:

'Mike, what have you got in that demijohn?'

'Whiskey, sir.'

'To whom does it belong?'

'To me and my brother Pat, sir.'

'Well, Mike, pour yours out and be a good man.'

'I can't father,' said Mike, 'mine's on the bottom.'

I fell from a building and received what the doctors called a very bad sprained ankle, and told me I must not walk on it for three weeks. I got MINARD'S LINIMENT and in six days I was out to work again. I think it the best Liniment made.

ARCHIE E. LANDRY

Edmonton.

Many a man is looking out for a job in the sense of guarding against getting one.

FOOD CONSERVATION

SOME little time ago the C. P. R. realizing that economy in the use of food products was as essential of true patriotism during the war, inaugurated a policy in connection with their dining car service which prohibited the purchase of calves, young lambs, little chickens, and baby pigs, as result of which thousands of these tender but immature animals will be conserved to fuller growth and a very material increase in their value as food supply will result. This action was due to the belief that in the face of the serious food shortage which the present world crisis threatens to bring upon us, it is criminal to waste an ounce of food or to indulge in dishes which are secured to-day at the cost of to-morrow.

The practice has been extended to embrace all services operated by the Canadian Pacific, and other Canadian and American lines recognizing the importance of this plan of conservation of young stock, have adopted a similar course.

The Canadian Pacific dining car service has so contrived that the high cost of living does not exist insofar as that service in concerned, it always being possible to obtain, in a Canadian Pacific dining car, a good meal at a moderate price. This has been made possible by making a close study of the traveller's wants and of the portions left unseen which soon convinced the company that the old established custom of serving extremely large portions was wasteful and extravagant. The result was that when the war broke out and the price of foodstuffs began to soar the argument was advanced that smaller but satisfying portions at reasonable prices would better meet the situation than the former large portions, the maintenance of which would have necessitated higher prices with much waste. The dietic blended menus were then introduced first out of consideration for weak digestions but also with the economic viewpoint that it costs less to have a menu composed of a few dishes for which there is likely to be a general demand than it does to offer a hundred dishes the demand for any one of which is uncertain. This brought about the introduction of the single portion or individual service, particularly for the benefit of lady travellers, who as a rule, are less heavy eaters than men.

In the practical form of price control and food conservation the C. P. R. dining car system has gone a step further by this omission from their menus of all dishes consisting of the flesh of calves, young lambs, little chickens, and baby pigs; lamb's fries, sweetbreads and calf's liver also are no longer purchased or used in the C. P. R service on the ground that the developed animal provides more food for the nation and that only full grown animals should be slaughtered.

FOR SALE!

Those interested in building lots to the west end, would do well to confer with R. C. Johnson, as he is now offering for sale the only available lots at this centre

PUBLIC NOTICE.

The public are hereby forbidden the use of my property as a thoroughfare for teams between Main and Front Streets. Persons persisting in thus trespassing will be prosecuted without further notice.

EVANGELINE D. BOWLES.
Wolfville, Sept. 10th., 1915.

Food Controller Hoover, of the U. S. A., says that menus should abound in fancy dishes, so that staples may be conserved. What is attractive and appetizing is digested and Controller Hoover is on strong ground in advocating culinary skill and championing the exquisite in cookery.

Children Cry
FOR FLETCHER'S
CASTORIA

The price of of potatoes has taken a drop. They were being sold from house to house to day at $1.50 per bushel.—New Glasgow News.

Morris's Liniment Cures Dandruff

Are Your Hands Tied?

ARE you discouraged because you are not getting on in the world as you should? Do you feel that something is holding you back? That you are not earning enough money? That you do not have the educational training that lifts men and women up into positions of power and influence?

Don't let your ambition die! Don't settle down in a rut of poorly paid drudgery—you don't *have* to. There is a way by which you can *break* the shackles that bind you. The International Correspondence Schools can give you, by mail, just the training you must have to help you make a success of your life.

For almost 25 years the I. C. S. have been carrying the advantages of Special Educational Training Mail into the homes of hundreds of thousands of men and women situated like you—hard-hit, but ambitious and willing to plan. Successful I. C. S. trained men and women are doing big things and making money in every civilized country in the world.

You can do as others have done! Everything is made so easy you cannot fail to learn, right at home, in your spare time. I. C. S. experts guide and drill you at every step—ease every difficulty—answer your every question.

The thing to do *now* is to mark and mail the coupon below and find out *how* the I. C. S. can train you for the position you want in the work you like best. No cost to investigate—no obligation. Don't put it off a single day—mark and mail the coupon *now*. Remember, that simple act has meant the difference between failure and lifetime success to tens of thousands.

Mark the coupon—mail it—now—one cent a day pays the tuition.

INTERNATIONAL CORRESPONDENCE SCHOOLS
Box 888, SCRANTON, PA.
Explain, without obligating me, how I can prepare for position marked X:

ARCHITECT	BOOKKEEPER
Contractor and Builder	Stenographer and Typist
Carpenter Builder	Railway Accountant
Mechanical Engineer	Commercial Law
Electrician	Teacher
Electrical Engineer	Poultry Farming
Mechanical Draftsman	English Branches
Draftsman	CIVIL SERVICE
STATIONARY ENGINEER	AGRICULTURE
Gas Engineer	Fruit Growing
MINE FOREMAN	Fruit Growing
Surveyor	Dairying
Railroad Constructing	POULTRY RAISING
ARTISTIC NURSING	Chemist

Name _____
Occupation & Employer _____
Street and No. _____
City _____ State _____

R. J. Whitten & Co.

HALIFAX

Receivers and Sellers of all kinds of Farm Produce.

Consignments Solicited.

Prompt Returns.

FOR SALE!

Modern 8 room house and 60x150 lot, Prospect street, Wolfville Bath, large basement with laundry, hot air furnace, fruit-trees. Magnificent view. Possession September, 1917. For particulars apply to MRS. L. C. Hutchinson, 2402 East Colfax avenue, Denver, Colorado, U. S. A.

E. B. SHAW

Repairing of Boots and Shoes of all Kinds

Has resumed business at the old stand in his new building.

Orders Solicited and Carefully Executed

In 1915 there were 2,000,000 men idle in the United States. Now mills and other industries are operating with shortage of 30 per cent.

Professional Cards

DENTISTRY.

A. J. McKenna, D. D. S.

Graduate of Philadelphia Dental College
Office in McKenna Block, Wolfville.
Telephone No. 43.

M. R. ELLIOTT
A.B., M.D. (Harvard)

Office at residence of late Dr. Bowles.
Telephone 23.
Office Hours:—8-1 a.m., 1-3, 7-9 p. m.

Expert Piano Tuning Guaranteed.

Voicing, Regulating, Repairing Organs Tuned and Repaired.

M. C. Collins.
P.O. Box 321, Wolfville, N.S.

F. J. PORTER

Licensed Auctioneer for towns of Kentville and Wolfville, N. S.

E. C. BISHOP

Licensed Auctioneer for Town of Wolfville and Kings County.

Wolfville, N. S. 14—3m pd.

"MAKE HAY WHILE THE SUN SHINES"

You can judge the wide-awake merchant by his advertising. He makes hay while the sun shines, taking advantage of every season or change in fashion to bring to your attention the things required at the moment, at the same time giving reasons to show why he is best able to serve you. You will find it to your interests to deal with such merchants.

COPYRIGHT 1916 CENTURY SYNDICATE

Even If War Is On You Must Have Clothes

And we are well prepared to serve you in this line.

Our work in
MEN'S CLOTHING OF ALL KINDS

Is winning us a reputation. We use the best materials, employ the best workmanship and our styles are always right.

We guarantee every garment and shall be pleased to show goods and quote prices.

A. E. Regan, Wolfville

1657—1917

Sixty Years of Progress and Success

We have established a lasting reputation for fair and square dealing, and are now prepared to meet existing conditions by offering our high grade trees and plants direct to customers at ROCK-BOTTOM PRICES. Don't delay planting fruit trees and plants, as there is nothing pays better. Send for our illustrated circulars of hardy varieties which you can order direct and get benefit of agent's commission. Our prices will be sure to interes you.

THE CHASE BROTHERS CO.
OF ONTARIO, LTD
Colborne, Ont.

"BE FIRST AT A FEAST AND LAST AT A FIGHT"

Join heartily in every effort to better our town and district. Avoid the complaining spirit. Be a "Booster" and not a "Knocker." Patronize the people who live here and contribute to all local improvements. Do not send your money away to mail order houses, until you make sure that our local merchants cannot do as well or better. Generally they can do better.

COPYRIGHT 1916 CENTURY SYNDICATE

Children Cry
FOR FLETCHER'S
CASTORIA

Can you look a potato in the eye and say 'I have done my duty.'