

of their eternal Communion, when they will be admitted, to contemplate, in His glory, Jesus, whom we contemplate here below by the light of faith, this Jesus, who after being for us, in His Sacrament, the consolation of our exile, will be one day, we hope, our eternal happiness in heaven.

An Alms

Do not say " I would love to give an alms but am too poor. "

Yes, we may be poor but still there is an alms each one of us can give — the *alms of happiness*. I found a few thoughts on this subject the other day in *Golden Sands*, — which I will quote for our little readers :

" What sweeter enjoyment than to confer a little happiness on those who are near us ? What occupation more amiable or easier than to endeavor to make those around us happy ? Each one of us has in the depths of his heart something like a *provision* of happiness we reserve. We cannot always know how to make use of it ourselves, but we can give it to *others* and by such an alms giving with pure intentions *how easily* we are saved. Has not God promised to render unto us all that we do for others ?

The *little coin of happiness* which even the poorest possesses and with which we can incessantly give alms, is graciousness in receiving a request, a visit, an annoyance sweetly borne. It is the *habitual smile* which naturally escapes from the lips, and sympathetically produces a smile on the lips of others. It is a *service* graciously rendered, sometimes simply asked. It is a *sincere acknowledgment* of a favor in simple words. It is a word of *approbation* given in an affectionate tone to one who has labored with us or for us. Oh ! it is so very little all this. Do not refuse it. God will return it to you. "

