

NEWS

Take the plunge and swim for charity
Swim-a-thon at York

by Ira Nayman

A swim-a-thon will be held in the Tait McKenzie Pool from 1pm to 4pm on Sunday, Mar. 24 to raise money for public awareness of the Ontario Fibrositis Association.

According to a pamphlet put out by the Arthritis Foundation, fibrositis is a non-fatal rheumatic disorder that causes pain in ligaments, tendons and muscles. Although doctors are not certain what causes fibrositis, it seems related to sleep disturbance. Other symptoms may, therefore, include poor concentration and poor memory.

"I'm exhausted most of the time... I'm in pain most of the time," said Rebecca Polak, a member of the Toronto Chapter Support Group of the Ontario Fibrositis Association. Polak is also participating in the swim-a-thon.

"People with fibrositis wake up in the morning not feeling like they've been asleep at night."

Polak said that being on a strict exercise program had helped her get off medication, although most people with fibrositis require medication to get through the day. There was a trade-off, however, as the exercise program left Polak with only enough time to take four courses a year, forcing her to spend an extra year studying.

Approximately eight to ten swimmers will be taking part in the swim-a-thon and spectators are welcome, the emphasis being on raising public awareness. According to Polak, many people may have fibrositis and not know it because the symptoms are so vague.

"It took me about five years to find out what I had," Polak said. "Some doctors dismiss the symptoms, others blame it on psychological factors."

"Try to find a way to cope," Polak advised others who have or feel they may have fibrositis. "Don't give up."

Mass Comm students meet with the CRTC

by Mike Raycraft

York University's Mass Communications Student Federation has "reached out and touched someone." In this case, however, the recipient was not Bell Canada, but rather the Canadian Radio-Television and Telecommunications Commission (CRTC).

The commission was in Toronto last week as part of a nation-wide tour based on informal hearings regarding long-distance service. The current debate has been ignited by Unitel's bid to break up Bell's stringent monopoly in this area of telecommunications.

On Mar. 13, a three chair committee representative of MCSF presented a platform of Regulated Competition to the CRTC. Although supportive of Unitel's proposals, MCSF was not in favor of replacing a monopoly with a duopoly or a free-wheeling, free market competition.

York's mass-comm federation felt that a policy of regulated competition, if implemented by the CRTC, would lower the high costs of long-distance services as well as stabilizing the already low local rates.

Further, federation stressed that

regulated competition will enable the CRTC to make positive moves toward strengthening the Canadian economy, protecting Canadian jobs and promoting Canadian industry.

"Considering the nature of our federation, we felt as a collective group, that this was the most feasible position for us to take," said Jamie Glass, founding president of MCSF. Bud Sherman, chair of these CRTC hearings, approached Glass at the conclusion of the hearings with some encouraging words. Sherman seemed more than pleased with our proposal. He felt that our approach was well balanced and that our interest wasn't vested," Glass said.

A final decision concerning Unitel's proposed long-distance service is not expected until early 1992. This does not, however, preclude early predictions.

"The CRTC decision will favor Unitel," Glass said. "When they applied for such services in the early 80s as CN/CP (Canadian National/Canadian Pacific), their bid was thoroughly flawed. Now as Unitel, their bid has been revamped and corrected and at present is very strong."



A. CLIVE COHEN

EDITOR-ELECT

Excalibur has elected its new editor-in-chief.

Jeannine Amber, who has been with the Excalibur for two years as an arts editor and a news writer, was elected at last Wednesday's staff elections.

"I'm very happy to have been elected," said the 25-year-old Individualized Studies major. "I will do my best to provide the York community with fair, accurate and responsible journalism."

Amber will begin her term in May.

FALL/WINTER 1990/91 FINAL EXAMINATION SCHEDULE
 FACULTIES OF ARTS, SCIENCE, AND FINE ARTS

Please note the following changes to the Examination Schedule published February 13, 1991

Change to read:

AS	ECON	1530.03M	TUESDAY	APRIL 23	8:30AM-11:30AM	SLH-F
AS	ECON	1530.03N	TUESDAY	APRIL 23	8:30AM-11:30AM	SLH-F
AS	EN	3110.06A	TUESDAY	APRIL 30	12NOON-3:00PM	ASB 034
AS	EN	4260M.03	MONDAY	APRIL 29	3:30PM-6:30PM	SLH-F
AS	FR	3100.06B	WEDNESDAY	APRIL 17	12NOON-3:00PM	CLH-H
AS	HUMA	3720.06A	THURSDAY	APRIL 25	12NOON-3:00PM	S203R
AS	MATH	1530.03M	TUESDAY	APRIL 23	8:30AM-11:30AM	SLH-F
AS	MATH	1530.03N	TUESDAY	APRIL 23	8:30AM-11:30AM	SLH-F
AS	MATH	2000.06A	WEDNESDAY	MAY 1	12NOON-3:00PM	S203R
SC	PHYS	2060.03	THURSDAY	APRIL 18	3:30PM-6:30PM	SLH-F
AS/SCPSYC	2020.06A		FRIDAY	APRIL 19	8:30AM-11:30AM	CLH-D
AS/SCPSYC	2020.06B		FRIDAY	APRIL 19	8:30AM-11:30AM	CLH-C
AS	SOSC	2200.06A	TUESDAY	APRIL 23	8:30AM-11:30AM	TAIT UPPER GYM

Additions:

AS	ECON	4210.03M	THURSDAY	MAY 2	8:30AM-10:30AM	ASB 031
AS/SCMATH	2260.06A		THURSDAY	MAY 2	12NOON-2:00PM	CLH-B
AS	SOSC	1160.06A	THURSDAY	MAY 2	3:30PM-6:30PM	CLH-A, D
AS	SOSC	1169.06A	THURSDAY	MAY 2	3:30PM-6:30PM	CLH-A, D
FA	VISA	2560.06A	THURSDAY	MAY 2	8:30AM-11:30AM	SLH-D
FA	VISA	3930.06A	THURSDAY	MAY 2	12NOON-2:00PM	SLH-D

Deletions:

SC	BIOL	1020.06	TUESDAY	APRIL 30	8:30AM-10:30AM	CLH-M
SC	CHEM	4070.03	WEDNESDAY	APRIL 17	3:30PM-6:30PM	S537R
AS/SCCOSC	2001.03M		THURSDAY	APRIL 18	8:30AM-10:30AM	CLH-A
AS/SCCOSC	2001.03N		THURSDAY	APRIL 18	8:30AM-10:30AM	CLH-A
AS/SCCOSC	3100.03M		FRIDAY	APRIL 26	12NOON-3:00PM	ASB 031
AS	POLS	4000A.06	FRIDAY	APRIL 26	12NOON-3:00-M	CLH 110
FA	WC	1800.06A	MONDAY	APRIL 29	3:30PM-6:30PM	WC 118

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* Employees of Micro York and CCS are not eligible to enter this contest.