


How to Make Coffee

Allow one heaping tablespoonful of Seal Brand Coffee to each cup. Pour fresh, boiling water over the coffee. Simmer 5 minutes. Let stand a few minutes. Then serve. Be sure you use rich, full-bodied.

SEAL BRAND COFFEE

Whole, ground—fine-ground for Triculators and ordinary percolators. In 1/2, 1 and 2-lb. tins—at all good dealers. Write for "Perfect Coffee—Perfectly Made". Mailed free on request.

CHASE & SANBORN, MONTREAL



FLU WILL NOT RAGE WITH OLD VIOLENCE

Not Likely to Assume Epidemic Proportions of Last Two Years.

Washington, Dec. 10.—"There is absolutely no way of definitely foretelling whether this winter will witness any recurrence of influenza in epidemic form," said Surgeon-General H. S. Gunning of the United States Public Health Service. As a result, however, of very careful analysis of the epidemiology of influenza, especially as the result of intensive studies in homes where influenza occurred in 1918 and 1919 it may be stated that an attack of influenza appears to confer a definite immunity to subsequent attacks, an immunity lasting for several years.

"Inasmuch as the epidemic of 1918 and 1919 affected so very large a proportion of the population there would seem to be reasonable grounds for believing that even should 'flu' become prevalent here and there it would not assume the epidemic proportions of the past two years, nor would it rage in such severe form."

TWO ALARMS IN WEST ST. JOHN LAST EVENING

In response to a call from Box 118, the fire engine from Number 7 station turned out promptly last evening at 9:30 and, with little difficulty, in about half an hour had extinguished a fire in the second story of the residence of Mr. Northrup at the corner of Watson and St. James streets in West St. John. The fire was caused by an overturned oil heater and the alarm was rung in by a member of the household. The

engine of No. 6 station came to the assistance of No. 7 engine but little remained to be done. The damage was slight. Some windows were broken in putting out the fire and the floor was burned to a considerable extent. Number 7 engine was called out again by a still alarm at 11:40 p. m. The second fire was in the chimney of the residence of John Emerson, at the head of Rodney and Watson streets. No damage was done because of the promptness of the response to the alarm.

"VALLEY SWELLS" IN MINSTREL SHOW

The Valley Swells Minstrel of St. Paul's Y. P. A. put on a realistic minstrel show, under the guidance of D. Gandy as stage director, last evening in St. Paul's Sunday school room in Winter street. The programme opened with a quartette. Solos were given by Miss Audrey Hunter, Ernest Tili, Chester Bourne, Miss Love, Miss McConnell and A. C. Ritchie. Miss Angeline Gregory executed several pleasing dances. End songs were rendered by Leonard Wilson, R. J. Cochrane, Jr., and Henry Evans. A quintette was given by Miss Edith Hammi, obligato, Chester Bourne, D. Dandy, Ernest Tili and A. C. Ritchie. H. A. Allison was pianist. The musical director was A. C. Ritchie. The programme was interspersed with choruses by thirty-six voices. Jack Sullivan was intercom.

TO RELAX CURFEW

Duchin, Dec. 9.—The relaxation of the "curfew" restrictions for Christmas week here are in contemplation in official quarters, it was learned today.

Word has been received in the city that there are opportunities at Perth (N. B.) for those out of employment who would be interested in such work as masonry, painting, carpentry and kindred lines.

LOWER PROVINCES STAND BY RIGHTS

Montreal, Dec. 9.—There was much difference of opinion expressed today at a conference here between the Montreal branch of the Canadian Manufacturers' Association and representatives of the

maritime provinces branches. The conference was private, but it was ascertained that the divergencies arose over the insistent demands of the maritime provinces men that in any re-adjustment of freight rates the eastern end of the dominion should be given the former preferential differentials in rates which existed until a year or so ago, and which gave

the maritime provinces shippers a decided advantage as compared with Montreal.

REFUGEES FROM RUSSIA

Saloniki, Nov. 18.—(A. P. Correspondence).—Twenty thousand Greek refugees from Russia are on their way here and are to be cared for in a camp outside the city. The first shipment of 8,000

arrived recently, and a like number will come each week.

The refugees work is in the hands of the American Red Cross. The Greek government will allot to these refugees land in Macedonia and will give them credit livestock and agricultural implements, for which they must in several years. The land will be free.

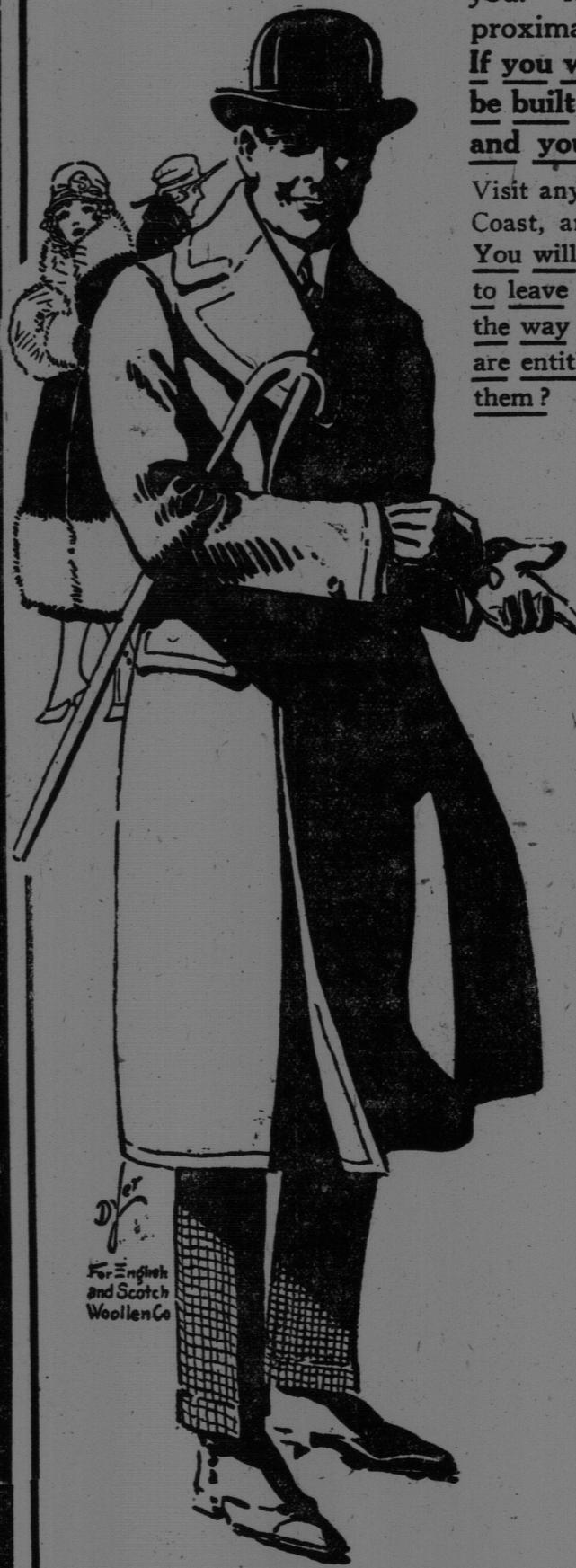
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Mid-Month List Now On Sale

Columbia Records

Van and Schenck Sing Happy Hits

"All She'd Say Was Umh Hum" is the latest, funniest, happiest hit of this jolly pair of exclusive Columbia artists. Coupled with "In Napoli," their sunny Italian character song with its "Sole Mio" refrain.

A-3319—\$1.00



Nora Bayes has Two New Kinds of Blues

Only this exclusive Columbia artist could sing that smiling, tearful complaint called "The Broadway Blues," and get just exactly the right expression into "Singin' the Blues," a tune that cries to make you laugh.

A-3311—\$1.00



Ted Lewis Jazzes Joyful Fox-Trots

Ted Lewis' Jazz Band, those exclusive Columbia artists, fairly sweep you to your feet with that joyful jazz fox-trot, "The Hula Blues," and the merry, impudent harmonies of "I Love You, Sunday."

A-3306—\$1.00



A Few More Mid-Month Hits

Kentucky	Benny Davis	A-3320
I'm Coming Back to Dixie and You	Frank Crumit	\$1.00
Old Fashioned Garden	Tandy Mackenzie	79418
Get Up—Fox-Trot Paul Biese's College Inn Orch.		A-3307
Speed—One-step Paul Biese's College Inn Orch.		\$1.00
Kiss a Miss—Medley Waltz Prince's Orchestra		A-6170
Louisiana—Medley Waltz Prince's Orchestra		\$1.05

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