

*The City of Ottawa and Its Surroundings.*

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easily be transformed into a healthful resort as popular as Saratoga. Its sulphur, gas and saline springs are singularly rich in the medicinal elements of health. The far-famed Borthwick Saline Springs are about ten miles from the City. The water from these springs, with its pleasing taste, is largely used by the people of Ottawa and throughout Canada. About six miles from the City, on the Montreal Road, is a powerful sulphur spring. A fine hotel has been built here, and hot or cold baths can be had for moderate fees. So it will be seen that we claim many healthful resorts in close proximity to our City.

If the visitor to Ottawa be a sportsman, a trip up the Ottawa River must not be forgotten. Fish and game are plentiful. Trout, fit for a regal feast, can be caught by the hundred, and the finest waters in Ontario for this fish are to be found in the vicinity of Pembroke, on the C. P. R. line; in fact the whole of the Upper Ottawa, from the City to its head, will be found good fishing and hunting ground. No description can convey an adequate idea of the charms of the scenery of the Upper Ottawa. It must be seen to be appreciated.

In so brief a sketch it would be impossible to enumerate the many attractions and happy



THE RIDEAU FALLS.