flour, making it into dough, and baking it. The temperature of the oven is not a matter of much importance, so long as it is not hot enough to burn or cold enough to turn it; it is a very substantial sample of the staff of life, and has the virtue of being an active promoter of indigestion and consequent fits of the blues." "Following are extracts from a letter from Miss Wells, Huron's Lady Missionary at Omoksene, to our Diocesan President: "I arrived at McLeod on July 10th, and we drove over the lonely treeless plain to the Mission. the monotony of the scenery being relieved by the snow-capped Rockies before us, and the narrow belt of wood that grows along the river that nearly surrounds the Mission ground. I was pleased with the faces of the children: they have finer features and are better looking than those I had seen before, and on further acquaintance. I was surprised at their progress in civilization and aptness to understand things; but they require constant supervision, a girl of seventeen assumes no more responsibility than a child of ten. We are trying to develop the latter by a system of credit marks, which will be an incentive to do their work well and be tidy. They are passionately fond of singing, and can learn a tune more quickly than white children. Their voices are so soft and sweet that I never tire of their singing. They are very fond of reading the Bible, and I have great hope that the truths instilled into the minds of the younger children may permeate their lives, and that through them the love of Christ will reach the hearts of their parents, a number of whom attend the service on Sunday, Several seem to be seeking for more light. A number of the chiefs come to talk with Mr. Owen, they are fine looking men, and take quite an interest in what transpires at the Mission; but they have not much faith in white men, and are observing and trying Mr. Owen. who they will learn to know, is greatly interested in their welfare. Besides manifesting a missionary spirit, he is a financier, he is curtailing expenditure in some points and utilizing the funds for more necessary things. We have dispensed with a seamstress, the boys doing their own darning and mending, which will be of great benefit to them in the future, besides making them more careful of their We need your prayers." To Watford, the Rev. J. R. Matheson, Onion Lake, writes: "It was no wonder you 'did it up in two bales, as you say, why there was nearly enough for three, and very glad we were to get them; we were absolutely in need of quilts, for we now have 27 children to cover, and poor old women and grandfathers besides. I gave away my own fine 'log cabin' to-day, I almost grudged giving it. Little Sarah was well provided for, indeed it was not hard to furnish a whole lot of Sarahs out of such an assortment as you sent. Some one will bless the man or women who sent those medicines: I do not know but what medicine is not more absolutely necessary than anything. Then the Juniors with their beautiful neckties and quilts; if there is a thing in the world an