Mothers Should Remember That

Children are weak and helpless. They are at the mercy of their parents. Punishmen, by personal violence is degrading to mother and child. It takes away the selt-respect of both. Mothers must never relax their efforts to secure obedience and to correct faults. Punishment when needed may easily be deprivation of something which relates to the accommitteed or omitted, such as keeping the child in bed, keeping him away from playmates for a day or two if he has done wrong with them, making him sit down for an hour or more. Such punishments are usually far

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more effective than a whipping. But when children have done wrong and you must punish them, be calm and cool yourself before you do anything.—'Christian Intelligencer.'

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A little effort day by day
The path of life to know;
To learn detachment from the world
With all its glittering show;

At morning, noon and night,
To train the tongue to praise the Lord And pray to Him aright;

The nearest duty gladly done
For Him who asks no more;
Some little self-denying deed
Before the day is o'er;

A little toil that we may learn Where heavenly treasure lies;
A little study of His Word
To make us truly wise;

Obedience in little things His blessing to obtain,
That service, prayer and sacrament
Be not for us in vain;

A little fasting for His sake
To keep the body down;
A little silence lest the strife Of tongues His voice should drown;

A little daily act of faith, Of love, or penitence, To bind us to His saving cross Lest pride should draw us thence;



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