

As this is the season of

Preserving AND Pickling

We have in stock an up-to-date line of

Fruit Jars

in pints, quarts, and two quarts, also a good supply of Rubber Rings. It will pay you to purchase from us at once your full supply of

White and Brown Sugar

J. I. Foster

BRIDGETOWN, N. S.

Telephone No. 55

BUY WHERE YOU CAN GET

THE BEST GOODS

FOR

THE LEAST MONEY

My offer of 65 CENTS FOR BROOMS will last for One Week Only. Don't miss this opportunity.

Now is the time to repair your buildings. Give us an order for Cedar, Spruce and Asphalt Shingles, Roofing, etc.

Oats, Cracked Corn, Feed Flour, Meal, Shorts and Bran in stock.

A. S. PHINNEY

PARADISE

Phone 26-11 Goods Delivered

Store open every evening

Dominion Tires

No Sturdier Tire Rolls The Road.

We have in stock:
30 x 3 1/2 "Dominion" tread
30 x 3 1/2 "Nobby"
31 x 4 "Dominion"
32 x 4
34 x 4
34 x 4 Royal Cord
35 x 4 1/2

We hope to have the pleasure of serving you. We know you will be pleased with the results.

Royal Pharmacy

W. A. WARREN, Phm.B.

The Rexall Store

LOCAL AGENT

If You are Looking for Dishes be Sure to Call In.

Choice family groceries. Headquarters for Fruit, high class Chocolates and Confectionery.

Mrs. S. C. Turner

Variety Store

Minard's Liniment cures Diphtheria.

The Price

is plainly marked on every KING COLE TEA package and the value at that price is guaranteed. This protects you against mistakes and ensures a satisfied customer.

Look for the price on the package

"You'll like the flavor"

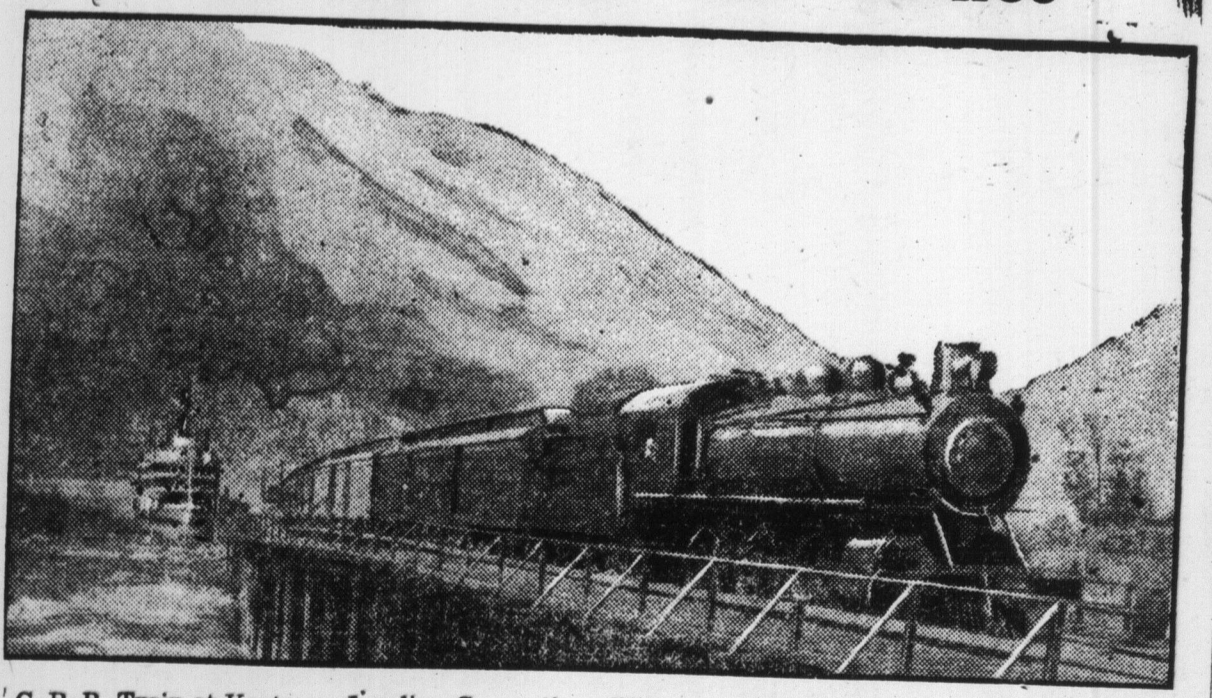


Forty-Eight Years in "Canada's Western Empire"



Colonel John S. Dennis, C. M. G., who rode the plains of Alberta, Saskatchewan and Manitoba 48 years ago, when Indians and buffalo were plentiful, knows more about "Canada's Western Empire" than any other man. He killed and ate the buffalo, narrowly escaped being scalped by Indians on at least one occasion, suggested and built in Alberta the largest irrigation system in North America, recruited thousands of British and Canadians in the United States during the recent war and not only volunteered but saw service with the Canadian Expeditionary Force in Siberia. Now the four western provinces of Canada have a population of 2,500,000, the buffalo are to be found only in parks in the Canadian Rockies and the Indians, are on reservations. There are nearly 20,000 miles of railway in the four provinces, or one mile for each 125 persons and of 225,000,000 acres of good agricultural land, but 35,000,000 acres are at present occupied and cultivated. Of the balance, 190,000,000 acres, some 30,000,000 acres lie within fifteen miles of these railway lines waiting for settlers. "Think of it," says Col. Dennis, "and the world crying out for food." His view is that while Canada has won a standing among the nations by her work in the recent war so that today the name "Canadian" is recognized as distinguishing a citizen of a progressive and virile country, Canada's share in the great struggle has involved her in financial obli-

Kootenay and Its Mines



C. P. R. Train at Kootenay Landing Connecting With the Steamer Nasookin, From Nelson. The trade travel and exploration of the Kootenay are a romance of progress. The day of the fur trader gave way to that of the placer-miner. In passing, the placer-miner left beside his trail of rocks, a still deeper mark on the country and its future. He stayed long enough to make history. The Tod Mines, near Nelson, discovered in 1888, saw a great stampede. The discovery of the Silver King Mine, about 1887 by Hall Brothers, and its development, was the beginning of Nelson, and following the arrival of the miners, a townsite was laid out. The Granite Poor Man Mine, developed as a gold mine, was first worked by Lincoln Davenport in 1889. He built the first stamp mill and the whole was in operation about 25 years and produced an immense amount of gold. The "Molly

BIG THINGS IN CANADA

Canada has the largest grain mills in the British Empire. Canada has the world's highest liftlock at Peterboro. Canada has the largest buffalo herd (over 4,000), and the largest elk herd (5,000-8,000) in the world. Canada has the richest nickel and asbestos mines in the world. Canada has the most extensive sea fisheries in the world. Canada has the longest bridge span of its kind in the world at Quebec. Montreal harbor has the largest grain conveying system in the world. Ontario's Hydro-Electric Power transmission line is one of the longest in the world. Ontario's Hydro public ownership is, as a hundred million dollar proposition, the largest public ownership scheme in the world. Canada possesses the largest pulpwood resources of any country in the world. Canada has one of the highest tides in the world—59 1/2 feet—in Noel Bay, Bay of Fundy. Canada has one of the thickest known coal seams in the world—47 feet—at Stellarton, Nova Scotia. Canada has the largest combination elevator in the world at Port Arthur; capacity nearly 10,000,000 bushels. C. P. R. dam at Bassano, Alta., is the largest individual project of its kind on the continent. Canada has the second largest telescope, at Victoria, B. C.

PALLID CHEEKS MEAN ANAEMIA

New Health Can be Obtained by Enriching the Blood Supply

When a girl in her teens becomes peevish, listless and dull, when nothing seems to interest her and dainties do not tempt her appetite you may be certain that she needs more good blood than her system is provided with. Before long her pallid cheeks, frequent headaches and breathlessness and heart palpitation will confirm that she is an anemic. Many mothers as the result of their own girlhood experience can promptly detect the early signs of anaemia and the wise mother does not wait for the trouble to develop further, but at once gives her daughter a course with Dr. Williams' Pink Pills, which renew the blood supply and banish anaemia before it has obtained a hold on the system. Out of their experience thousands of mothers know that anaemia is the sure road to worse ills. They know the difference that good red blood makes in the development of womanly health. Every headache, every gasp for breath that follows the slightest exertion by the anemic girl, every pain she suffers in her back and limbs are reproaches if you have not taken the best steps to give your weak girl new blood, and the only sure way to do so is through the use of Dr. Williams' Pink Pills. New, rich, red blood is infused into the system every dose of these pills. From this new rich blood springs good health, an increased appetite, new energy, high spirits and perfect womanly development. Give your daughter Dr. Williams' Pink Pills, and take them yourself and note how promptly their influence is felt in better health. You can get these pills through any dealer in medicine or by mail postpaid at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

CHEAP APPLES IN ONTARIO

(Berwick Register) Mr. R. J. Graham, President, of Graham's Limited, and Mr. Jamieson Bone, of Belleville, Ont., accompanied by Mr. Charles Whitney, of New York, were in Berwick yesterday on business in connection with the Graham evaporating plants. It is understood that only a few of the larger plants through the Valley will be in operation this fall. This is owing to the prevailing high prices for apples in Nova Scotia compared with Ontario, where Mr. Graham states that apples for evaporating and canning can be purchased at from 45 to 50 cents per hundred pounds. It is expected that the Berwick factory will be among those to be opened for business.

AVOID COUGHS AND COUGHERS!

Coughing, Sore Throat, Hoarseness, Discomfort since 1870. SHILOH 30 DROP-STOP COUGHS HALF TINS FOR CHILDREN. Minard's Liniment Relieves Diphtheria.

Children Cry for Fletcher's

CASTORIA

Fletcher's Castoria is strictly a remedy for Infants and Children. Foods are specially prepared for babies. A baby's medicine is even more essential for Baby. Remedies primarily prepared for grown-ups are not interchangeable. It was the need of a remedy for the common ailments of Infants and Children that brought Castoria before the public after years of research, and no claim has been made for it that its use for over 30 years has not proven.

What is CASTORIA?

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Comfort—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of *Chas. H. Fletcher* In Use For Over 30 Years



20 P. C. Sale

I am offering the balance of my stock of Nippon fancy China at 20% above actual cost to me. If you can use any of these pieces come in and make your selection early. This stock is not large and will move quick at this unheard of reduction. I pay the luxury tax. To avoid disappointment call early. Store open 10 a.m. to 12:1 p.m. to 5 p.m. Tues. and Sat. 7 to 10 p.m. C. P. R. time.

Ross A. Bishop The Jeweller

Our Prices are Always Right

Bentleys Ltd. MIDDLETON, N. S. The Cash Store

Family Groceries, Flour and Feed, Meats Fruits and Confectionery.

GOOD EATS

Why worry about that cake you have got to make or that batch of bread that you have to mix, when you can drop into our Home Bakery department. There you will find the best Bread and pastry in town.

GROCERIES

Our stock of light groceries is complete and always fresh and clean.

CONFECTIONERY

Always fresh. Moirs XXX Chocolates, Creams Gums, Kisses, Chocolate Bars and Penny Goods. Hot dinners every day and lunch any time.

Mrs. E. B. Chute

Developing and Printing for Amateur Photographers by THE DILL STUDIO MIDDLETON, NOVA SCOTIA

W.M. A. HOWSE

Queen Street Telephone 51

RAMEYS MEAT MARKET

I now occupy the store on the corner of Queen and Albert streets, one door south of B. N. MESSINGER'S GROCERY, where I am prepared to serve the public with all kinds of MEAT, FISH etc., at reasonable prices. A TRIAL ORDER SOLICITED. ELIAS RAMEY Proprietor Telephone No. 56.

"ALPHIE" CHUTE

Bear River Nova Scotia BUILDING MOVER & CONTRACTOR Buildings of all classes raised and moved with Flanges and Chimneys. Vessels Raised and moved. Boilers and Engines put on Board Steamers, also taken out Steamers. The only Fractal Building Mover in the Lower Provinces. Phone residence 11-3, Bear River, Nova Scotia.

RETURNS TO STANDARD TIME TORONTO, Sept 8—Daylight saving for this season, in Toronto, will end at two a. m. Sunday morning next, according to a proclamation issued by Mayor Church this morning.