

**Nature Never Intended  
Woman to be Sickly**

As a matter of fact it is her right and her duty to enjoy perfect health and strength—to be just as perhaps more so—in view of the fact that it is she who brings into the world the offspring. Every woman can be strong and healthy. Don't resign yourself to a delicate life. If you suffer from headaches, backaches, nervousness, low spirits, lack of ambition, or have lost all hope of being well again—it's more than an even chance that you will speedily regain your health if you will try

**Dr. Pierce's Favorite Prescription  
(In Tablet or Liquid Form)**

This famous remedy is the result of years of patient research by a physician who has made women's ailments a life study. Since its introduction—more than forty years ago—thousands of women in every part of the globe have testified to its wonderful merits. You, too, will find it beneficial. Try it now. Your dealer in medicines will supply you or you can send 50 one-cent stamps for a trial box. Address Dr. Pierce, Invalids' Hotel, Buffalo, N.Y.

Dr. Pierce's Pleasant Pellets regulate stomach, liver, bowels.

**Watford Flour Mills**

We have the following brands of Flour always in stock and can give you close prices on any quantity.

SUNRISE, First Patent from Manitoba wheat			
FIVE ROSE	do	do	do
ROYAL HOUSEHOLD	do	do	do
HORTON	do	do	do
HARVEST QUEEN, 2nd Pat. from Man. wheat			
GOLD DUST	do	do	do
RED ROSE, High Grade Blended Flour			
NEW ERA, Special Pastry Flour			

Get our Prices. They will surprise you. Telephone or leave your order. It will receive prompt attention.

**C. B. MATTHEWS & SON.**  
MILLERS AND FEED MERCHANTS

**TRENOUTH & CO.**

DEALERS IN  
Flour, Oatmeal, Cornmeal, Wheat Kernells, Flaked Wheat and Barley, All Kinds of Feed, Grain, Seeds and Poultry Food.

We Carry a Full Stock of  
**INTERNATIONAL STOCK FOOD**  
FOR HORSES, CATTLE, SHEEP, HOGS AND POULTRY.

**CALDWELL'S MOLASSES MEAL**  
AND THREE DIFFERENT MAKES OF CELEBRATED CALF MEAL.

ALL KINDS OF GRAIN TAKEN IN EXCHANGE  
Chopping and Rolling Done While You Wait  
PHONE 39

**House Furnishings**

Our aim is to keep the latest and most popular goods in our line, and carry the FINEST ASSORTMENT of all lines of FURNITURE for  
**Parlor, Dining Room, Bedroom, Library or Kitchen.**

Comfort, Elegance, Durability and Value are features that our goods are noted for.

No Big Profits to Pay Here

Our prices are as low as consistent with reliable goods.

Let us show you the new patterns.

**HARPER BROS.**  
FINE FURNITURE FUNERAL DIRECTORS  
PHONE 31



**The Fashion In Flooring**

WITHOUT doubt the floor of today is the hard wood. It is a necessity for the cottage as well as the mansion. It means hygienic living. It means the end of carpet worry and annoyance—the elimination of the greatest germ factories known to modern science. If you are buying, building or laying new floors in the old home, we have flooring facts you should know. Tell us your flooring problems. We can help you.

**GEORGE CHAMBERS.**  
WATFORD PLANING MILLS

**The Farmer and the Birds.**

A farmer in Saskatchewan, turning furrows a mile long, said regretfully that the days were uneventful. Except when he spoke to his horses there was no sound to break the stillness about him. The plow never struck against a stone. No bird raised its voice in his hearing.

It is different here in Ontario. The farmer enters upon his spring work to the music of the band of songsters that throng his trees. As he goes about the farm-yard chores the call of robin redbreast to his lady love thrills him with its enthusiasm. The feathered tribe take up the carol in the near-by woodlands.

But there is danger of the extermination of the bird life of the country. The man behind the shotgun is one of the dangers. Absence of real game has the effect upon him of "trying a shot" at the little birds. The boy in quest of birds' eggs is another menace. There are many such. Where there should be encouragement there is discouragement.

Farmers here and there have recognized that the birds are necessary to the protection of their fruit and grain from crawling insects, aside from the joy that the songsters bring to country life. It is good to see, therefore, that at least one farmers' organization has actively taken up cudgels in defense of the birds.

**YOUR OWN DRUGGIST  
BACKS THIS LAXATIVE**

If you only knew as much as we and those who have used them do about Rexall Orderlies, you would be as enthusiastic about recommending them as we are. They taste just like candy and act so easily and pleasantly that taking them is a pleasure.

Rexall Orderlies have a splendid tonic, cleansing and strengthening effect upon the bowels. They keep free the system and keep it free from the ailments that result from irregular or inactive bowels. They do this quietly, without griping, nausea, purging or excessive looseness. In a short time they usually make unnecessary the continued use of physics. We don't ask you to take our word for this. We want you to make us prove it, and at no cost to you.

Buy a box of Rexall Orderlies. If not thoroughly satisfied, tell us, and we will return your money without question. In vest pocket tin boxes; 10c, 25c, 50c.

You can buy Rexall Orderlies only at The Rexall Stores, and in this town only of us.

J. W. McLAREN, Watford.

**HOME HINTS**

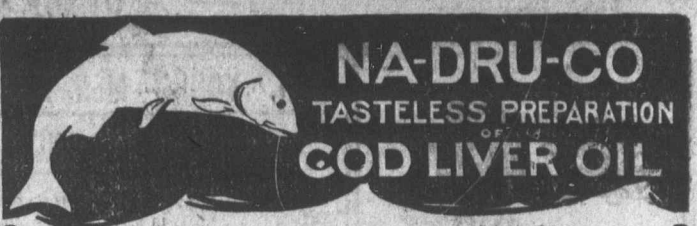
Don't grumble. The most unfortunate class of people living upon this green earth are the grumblers. They rob the home of its joys, society of its dues, and themselves of the best things of life.

Don't shun a business man and refuse to trade with him when you have cash simply because you owe him for past accommodations. The way to get even with him for his kindness is to patronize him when you have money and pay for what you want.

A domestic servant employed by the month is entitled to a clear month's notice, unless she violates the agreement by habitually neglecting her duties, by absence without permission, or by wilful disobedience of any lawful order. In such cases she can be discharged without notice on being paid the wages due her.

Nourish kindly feelings; look on the bright side of things and the best side of people; think happy thoughts; smile whenever you can; speak gently; find pleasant things to say for they make the music of the world. These things are not written among the recipes for improving the complexion but they will help to make the face fair.

Encourage boys and girls by giving them a plot of ground on which to grow vegetables or whatever crop they wish, and let them have the re-



**NA-DRU-CO  
TASTELESS PREPARATION  
OF  
COD LIVER OIL**

**The Wonderful Spring Tonic**

If you have had a hard winter, Na-Dru-Co Tasteless Preparation of Cod Liver Oil will help you to recuperate quickly and avoid the coughs and colds so prevalent during the changeable spring weather.

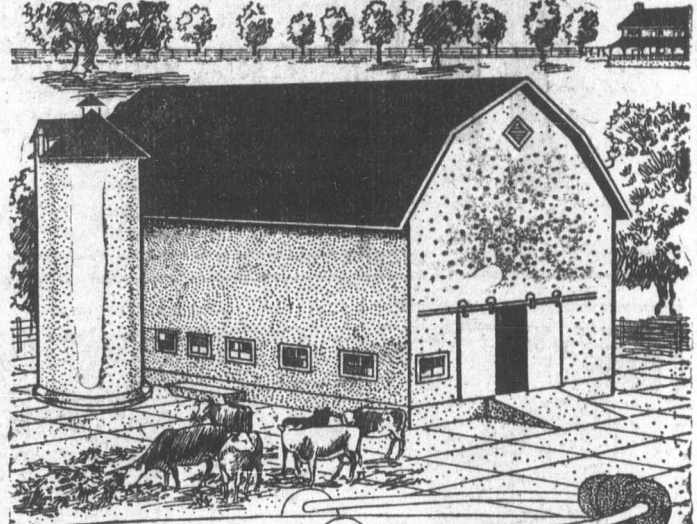
In this preparation the nutritive and curative properties of the best Norwegian Cod Liver Oil are combined with Hypophosphites, Cherry Bark and Malt Extract in a form that is really pleasant to take and easily digested even by the most delicate.

Thus the great objection to Cod Liver Oil is removed and every one who is run down or suffering from throat or lung troubles can take advantage of its unique medicinal and strengthening qualities.

Add to this the Tonic Hypophosphites, the healing Cherry Bark and the invigorating Malt Extract, and you have probably the finest food-tonic known.

Get a 50c. or \$1.00 bottle from your Druggist. 314

NATIONAL DRUG AND CHEMICAL CO. OF CANADA, LIMITED.



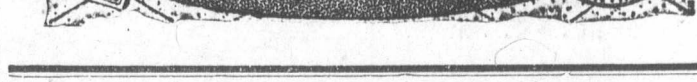
**Build Concrete Barns  
and Barnyards**

YOU will find that they are best at first and cheapest in the end. Concrete buildings cannot burn and many dollars are saved in lower insurance rates. They need practically no repairs and never need painting.

Concrete barnyards make the best kind of a feeding-floor and save many dollars in feed bills, as your stock gets every particle that you feed to them.

Send for this free book "What the Farmer Can do With Concrete." It shows just how to build your own concrete barn, feeding-floor or any other building that you may need.

Farmer's Information Bureau  
Canada Cement Company Limited  
525 Herald Building, Montreal



send word who is responsible for the payment of such advertisements. The charge is five cents a line—six words make a line.

**W. C. BROWNE & SON**  
FUNERAL DIRECTORS  
AND  
LICENSED EMBALMERS  
Twenty Years' Experience!  
Night and Day Calls promptly attended to. Phone 21.  
Residence Above Store, Main Street.

**LOVELL'S BAKERY**

**BREAD**—That is good from the outside crust to the inside crumb.

**CAKES**—Always fresh and clean.

**CHOCOLATES** and **BON BONS**—We are leaders in this line.

**OYSTERS**—Shipped direct to us. Always select.

**WEDDING CAKES**—Always please.

A TRIAL WILL MAKE YOU A REGULAR CUSTOMER.

**LOVELL'S BAKERY**

**Shiloh**

The family remedy for Coughs and Colds. Small dose. Small bottle. Best since 1870.

**Hints to Correspondents**

Write on one side of the paper only. Mail to reach us Tuesday noon of each week or sooner.

Avoid all items reflecting on personal character but send ALL the News.

Check off this list, it may assist you to remember an important item:

- Births, Marriages, Deaths.
- Accidents, Church News.
- Suppers or Presentations.
- Removals, Visitors.
- Public Improvements.
- The Crops, Fires.
- School Matters.

Correspondents will please refrain from sending notices of entertainments where an admission fee is charged, unless they

**Na-Dru-Co Laxatives**  
are different in that they do not gripe, purge nor cause nausea, nor does continued use lessen their effectiveness. You can always depend on them.

25c. a box at your Druggist's. 178

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ICKS, Y. L. D. S. ROVA Post graduate Ontario and Foreclosed to preserve 80 infectionary, MAIN and 3rd Thursday

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ES.

17 C.O.F. lar meetings the and Fourth ys of each at 8 o'clock. Room over ord's store, Main Watford. with, C. R. J. olier, F. Sec. J

RAILWAY SYSTEM

BLE. tion as follows: ... 8 44 a.m. ... 9 45 a.m. ... 9 17 p.m. ... 11 01 a.m. ... 12 03 p.m. ... 3 00 p.m. ... 6 16 p.m. zent, Watford

SI! your son? ken mother app e wrote: ears of ago wha nd shaken by a ng. I have not g. I care he should hat with proper every hope that I would be very admitted to the possible." r your daughter pose that he ce and shaken by a g cough. Sym- oney to provide e, nourishment, tment. Think id be to you se ree Hospital for / to help! skoka Free Hos- ill be gratefully age, Chairman padina Avenue, -Treasurer, 347 to

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