

# Crisco!

A scientific discovery which will affect every home in Newfoundland.

Use in cooking wherever you would use lard or butter.

Crisco is an absolutely wholesome and delicious material made under hygienic conditions from vegetable oils, and contains no animal fats.

It is crisp, flaky—just the proper consistency to make it ideal for creaming in cake or for working into pastry.

Put up in attractive airtight 1 1/2 pound tins with a book of recipes on top of each tin.

BUY A TIN TO-DAY.

## MOTES AND BEAMS.

BY RUTH CAMERON.



A friend of mine had just been reading one of my little talks in regard to the dominating person who antagonizes people while she is trying to help them, and she came to me with the paper in her hand, her face beaming with triumph.

"Well," she said, "that is an exact picture of her when you wrote it!"

"Why no," I answered most truthfully, "does it describe her?"

"To a T," said the woman. "I do hope she'll see it. I think I'll leave the paper open somewhere where she cannot miss it."

Whisper now, while I tell you a secret! The person whom I had most in mind when I was trying to describe this type was the woman herself.

Isn't it queer how easy it is for us to see the mote in our brother's eye, despite the huge beam that clogs our own?

Often when I write about faults it is my own that I am criticising and I know it. But other times I think I am writing about faults that I do not happen to possess. And then, even while I write, I pause and wonder, "After all am I myself, one of these people I am scoring?"

And quite often I find that I am. The lady-who-always-knows-something did me the compliment one day

of assuring me that she should think my little scribbles would do a great deal of good, because when people read about their faults they could not help recognizing them and trying to do better.

"Don't you believe it, Ruth," said the wants-to-be cynic promptly. "None of the people will ever think the coat fits them. They'll just find someone else they know it will fit."

Which cynical view, as the little incident of the two sisters proves, is certainly more or less true.

The newspapers and magazines of the present day are full of philosophical and moral writings, pointing out our faults and suggesting ways to overcome them. It ought to do us a lot of good if only we would take the dose instead of passing it on to our neighbour.

But the doses these ethical doctors attempt to give us often go quite as far astray as the castor oil which the obliging drug clerk put into the soda water. A young woman had asked him for some castor oil put up in some way so that it wouldn't taste bad. While she was waiting, she ordered a glass of soda water and drank it. After a few minutes she asked the drug clerk where the castor oil was.

"I put it in the soda," he said, "you couldn't taste it, could you?" "Oh," said the young lady, horrified, "it was for my sister I wanted it."

Seriously, are you and I receiving all the help we might from these articles?

Now, let's not try to put that coat also on our neighbour.

*Ruth Cameron*

## Wonderful Cures Reported in Germany.

The use of simple herbs as remedies instead of the more concentrated and usually more dangerous inorganic substances, has been revived very widely of late. In Germany a new school of physicians has arisen which throws out almost a whole of the pharmacopoeia and relies on an adaptation of the method of wild animals in curing themselves. . . . N. Y. World.

It was Dr. R. V. Pierce, chief consulting physician to the Invalids' Hotel and Surgical Institute of Buffalo, N. Y., who first advocated the extended use of some of our native roots, such as Golden seal and Oregon grape root, madder and queen's root, black cherrybark. These are the chief ingredients in Doctor Pierce's Golden Medical Discovery, which has been so well and favorably known for nearly half a century. A harmless cleanser and stomach tonic that nature has provided.

J. DORRIS MATHESON of Oshing, N. Y. says: "I suffered for over five years with what the doctors told me was dilated condition of the stomach, associated with a catarrhal condition of same, and nervous heart. I had tried enough mix, bismuth, gentian, rhubarb, etc., to float a ship and naturally thought there was no cure for me, but after reading what eminent doctors said of the curative qualities of the ingredients of 'Golden Medical Discovery' I gave it a fair trial. Took the 'Discovery' and also the 'Pleasant Pellets' and can truthfully say I am feeling better now than I have in years. I cheerfully give permission to print this testimonial, and if any 'doubting Thomas' writes me I will 'put him wise' to the best all-around medicine in the country to-day."

J. D. MATHESON, Esq.

## Household Notes.

In boiling vegetables, just enough water to cover is a good rule.

An old linen sheet makes an admirable ironing cloth.

Use old table napkins for glass and china towels.

The best floor covering for the kitchen is always linoleum.

Save all the discarded neckties—they may be useful for patching.

A sweet red pepper should always hang in the canary's cage.

Bread for little children should always be stale enough to crumble.

Ink stains may be taken out of silk with sour milk.

Hold a hot shovel over varnished furniture to take out white spots.

Shirtwaists should always be ironed on the wrong side first.

Wrap cheese in a cloth dipped in vinegar to preserve it.

Keep the garbage pail dry and you will have no odours and no mosquitoes.

Carrots, turnips, potatoes and parsnips should be well scrubbed before preparing.

The best dressing for most vegetables is simple butter. White sauces are apt to ruin the flavour.

A good thing to keep an evening dress in is a cheesecloth bag with a hanger in the top.

Old sheets should be made into bags in which to hang one's suits or dresses.

Every closet should have little shelves in it, one above the other, near the floor, to hold shoes.

To keep icing from sticking to the

knife when you cut a cake, dip the knife in warm water.

Instead of cutting up raisins with scissors try putting them through a meat chopper.

When hemming table linen, soap the hem with castile soap and the needle will slip through more easily.

A good idea is to have egg spoons made of black horn to prevent the discoloring of silver ones.

To serve porridge or cereal so it won't stick to the spoon, first dip the spoon in milk.

After boiling beets, drop them into cold water, and the skins can be easily rubbed off by the hands.

Keep an oyster shell in the tea kettle to prevent an undue accumulation of lime.

Change the lids of the kitchen range frequently, and you will prevent their warping.

To clean screen doors, wet a woolen cloth with kerosene and rub off thoroughly.

Spinach needs to be washed very thoroughly if all the grit is to be removed. Put it through three waters at least and strip off all old leaves.

A quick way to cool a sickroom is to wet a crib sheet with cologne, hang in a draught of air or shake the sheet lightly while wet.

The best color for nursery walls is soft green. All-white irritates adult eyes and must be tormenting to babies.

To remove a glass stopper from a bottle, put a few drops of oil on the stopper and let it stand. Then turn firmly in the neck of the bottle.

When you wash a delicate article in gasoline, add a little salt and there will be no stain left at the edges of the washed portion.

## Watch Yourself.

When you sit, do you lean forward, as though your waist were a joint? Do you "lop down" in a soft sort or meaningless, cramped heap when you stop to speak to a person on the street, or when you slip into a chair to rest?

Do you walk with your shoulders back and your head in its proper place, or do they droop miserably, as if you had lost every vestige of energy and your last friend, too?

The muscles of the body are wonderfully pliable, and seem almost anxious to follow your bidding.

Give them a chance to make you proud of yourself.

A little practice will do it.

*Home Dyeing*  
has no errors for me - it's simply my delight  
Even Discolored Dyes can equal my Perfect Results  
THE BURNING BLUE  
DYOLA  
ONE DYE - ALL KINDS OF COLORS

BY THE CLEANEST, SIMPLEST, and BEST HOME DYE, one can dye - Why doesn't even he who knows what KIND of Cloth or Goods he made of - So Mistakes are impossible - Send for Free Color Card, Booklet, and Booklet giving results of Dyeing over other colors. THE JOHNSON-RICHARDSON CO., Limited, Montreal, Canada.

## Bonds with all the features of a Good Investment

Well secured, Ample and increasing earnings of Company, Company's business an absolute necessity. Bonds easily marketed. Bonds yield a good interest return considering class. The bonds we have in mind are the

Offered at 107 and accrued interest, yielding 5.50 per cent. on money invested.

Maritime Telegraph & Telephone Co. 6's.

F. B. McCURDY @ CO.,  
Members Montreal Stock Exchange.  
C. A. C. BRUCE, Manager,  
St. John's.

## IN THE YEAR 1932

How much will you have accumulated at your present rate of saving? Most men will have little or nothing saved if conditions are at all similar to those of to-day.

Every prominent young man appreciates the wisdom of accumulating for his own benefit at least, and looks forward to an old age of comfort and enjoyment relieved from want and worry. And every thoughtful man endowed with manhood feels that a duty rests upon him to make some provision for others dependent upon him.

The safest, simplest and most profitable way to accomplish all this, and to be sure of a snug competency by the year 1932, is by investing in a Canada Life Endowment Policy for \$5,000 or \$10,000, according to your means and requirements. The policy can be bought on easy instalments and facilities are provided to assist in carrying and enjoying the insurance.

Send in your name and age and let us submit to you a good proposition.

Canada Life Assurance Co.  
C. A. C. BRUCE, Manager. St. John's.

## Dainty Shirt Waists!



We are now showing some very attractive designs in Ladies' Silk, Lawn and Muslin Waists, all beautifully made and trimmed.

The newest and latest styles are to be found in this magnificent display. A full range of sizes. From 95c. to \$6.50.

U. S. PICTURE & PORTRAIT CO.

## IN STOCK!

We have large stocks of Fruit and Vegetables on spot for immediate delivery.

5 cases Lemons.  
50 kegs Heavy Grapes.  
60 cases Silver Peel Onions.  
200 bags P. E. I. Turnips.  
600 bags P. E. I. Blue Potatoes.  
50 bags P. E. I. Parsnips.  
25 bags P. E. I. Carrots.  
25 bags P. E. I. Beets.

To arrive ex City of Sydney and Staphano:  
50 cases Fresh Receipt Eggs.  
200 bris. Winter Apples.  
Hubberts, Wagners, Kings.  
GET OUR PRICES.  
100 cases Tinned Fruit.  
200 boxes Dried Fruit.

## Soper & Moore

### Church Union.

May be taken up by Church of England.

Toronto, Nov. 8.—A movement that may result in the Church of England taking up the question of Church Union is under way in Canada. Thirty prominent members of the Anglican community have attached their signatures to an appeal on behalf of Christian Unity, and have forwarded it to every Anglican clergyman in Canada with the request that if they approve of the principles and the practical proposition set forth, they sign and return it to the Rev. A. P. Shatford, of Montreal, acting secretary of the movement.

The present time is regarded as most opportune for action of some kind looking toward a closer relationship between the Church of England and other churches, and the instigators of the movement intend to promote, if possible, such legislation in the Synods as shall give effect to the practical measures suggested.

## Anarchists Use Poison Now.

Sent Through Mails.—Several Arrests in Switzerland Follow Deaths of Property Owners in Milan, Italy.

Geneva, Switzerland, Nov. 11.—An alleged Anarchist plot to poison property owners in Milan in revenge for anti-Anarchist activities has been unearthed by the police of Milan as the result of a number of mysterious deaths there. The victims all succumbed to a powerful poison, which it was subsequently discovered was contained in letters sent by post from Switzerland, purporting to enclose a harmless specific for the cure of a common malady.

Investigation showed that the letters were mailed from Lugano, and an Italian chemist known to be the associate of Anarchists was arrested at that city. Six other Italians have been arrested in Switzerland, including Luigi Baines, formerly editor of the Anarchist paper, Agitation.

## Laxative for Old People--Cascarets.

What glasses are to weak eyes, Cascarets are to weak bowels—a 10-cent box will truly amaze you.

Most old people must give to the bowels some regular help, else they suffer from constipation. The condition is perfectly natural. It is just as natural as it is for old people to walk slowly. For age is never so active as youth. The muscles are less elastic. And the bowels are muscles.

So all old people need Cascarets. One might as well refuse to aid weak eyes with glasses as to neglect this gentle aid to weak bowels. The bowels must be kept active. This is important at all ages, but never so much as at fifty.

Age is not a time for harsh physics. Youth may occasionally whip the bowels into activity. But a lash can't be used every day. What the bowels of the old need is a gentle and natural tonic. One that can be constantly used without harm. The only such tonic is Cascarets and they cost only 10 cents per box at any drug store. They work while you sleep.

The monthly meeting of the Holy Name Society of the R. C. Cathedral was held on Sunday afternoon when over 50 new members joined. Rev. Fr. O'Callaghan presided and delivered an eloquent address. Benediction of the Blessed Sacrament was held in the Cathedral when the O Salutaris and Tantum Ergo were excellently rendered by the choir. Mr. Gus Collins presiding at the organ. Officers were nominated at the meeting.

## T. J. EDENS,

151 Duckworth St. and 112 Military Road.

By S.S. "Nascopie,"  
50 tons No. 1 TIMOTHY HAY.  
300 bags WHITE OATS.  
200 bags P. E. I. BLACK OATS.  
Due by "City of Sydney,"

500 bags No. 1 Bran, \$1.35 bag.

200 bags HOMINY FEED.  
250 bags CORN MEAL.  
100 bags WHOLE CORN.  
100 bags CRUSHED CORN.

T. J. EDENS,  
Duckworth Street and Military Road.

## J. J. ST. JOHN.

CHEAPEST IN THE CITY.

Royal Household Flour, Five Roses Flour,  
Windsor Patent Flour, Verbena Flour,  
Lakewood Flour, Ceres Flour,  
American Beauty Flour.

Ham Butt, Fat Back and Heavy Mess Pork,  
Boneless and Plate Beef.

Puncheons, Tierces and Brs. Molasses.  
Cases and Brs. Kero Oil, Oats, Bran, Cattle Feed  
and Corn Meal.

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## J. J. ST. JOHN.

## BEEF!

\$16.00 per barrel.

## Where?

Bishop, Sons & Co.,  
Limited.

## The New Humphrey

Intensified Incandescent Gas Lamp.  
Using Ordinary Gas Pressure.

The excellent results obtained with the above lamp are worthy the consideration of all business men who desire to obtain the most light at the least cost.

A good example of this system of lighting may now be seen at the West End premises of the Hon. George Knowing, where the new lamps have recently been installed.

We invite comparison, and will be glad of the opportunity to prove the merits of the "Humphrey" Lamp, which we will install free of charge on trial.

ST. JOHN'S GAS LIGHT COMPANY.

## Lumber and Builders' Supplies

Our stocks were never more complete than they are now. Everything from  
SILL TO SADDLE  
IS OUR MOTTO.  
Horwood Lumber Co'y, Ltd.