

My Heart And I.

So much there is we know, My heart and I, That, as we forward go, My heart and I.

When the Mail Reaches Nulato

(By Frances Gillespie in the Rosary Magazine)

It was in the sunshiny, almost warm, days of early June that the first steamer of the year made its slow way up the Yukon carrying food supplies, and even better—mail—to the traders and miners and missionaries who had been ice-barred from the world throughout the long months of an Arctic winter.

In the crowd and hardly less excited than the Indians themselves was Father Hudson, the only priest stationed at the mission. He was almost childishly eager for his share of the ship's treasures, and overjoyed to hear again his own tongue and to get a glimpse of the outer world, for which he would not admit, even to himself, that he was homesick.

A money order for fifty dollars fell from the letter as he unfolded it, and at the sight his eyes danced; his poor were so very poor, his church so very bare! Next he tore the paper from his package and found a stout little box in which, carefully packed in cotton and tissue paper there was a watch, a small, worn almost smooth by

Aching Joints

In the fingers, toes, arms, and other parts of the body, are joints that are inflamed and swollen by rheumatism—that acid condition of the blood which affects the muscles also.

Hood's Sarsaparilla

Removes the cause of rheumatism—no outward application can. Take it.

many years of use. Father Hudson looked at it for a long long time; he turned it over and over in the palm of his hand; he examined the almost obliterated etching on its case; and his eyes grew moist and more than once his lips trembled.

He slipped his penknife under the rim to force open the back of the case, but quickly changing his mind, laid the watch on the deal table before him and began to read his letter. It was from a priest—Father O'Meara—who had been a classmate of Father Hudson's at Woodstock and was then pastor in an out-of-the-way Western town. For a page or two the writer talked of his own affairs without mentioning either money or watch; then went on to tell that at a meeting of his sodality held a few days after he received Father Hudson's letter of the preceding year he had read parts of it to his men, to give them some idea of the labors and hardships which are the portion of by far the greater number of our missionaries.

"As you may remember," Father O'Meara continued, "you said that you had sold the watch your father gave you when you graduated at St. Mary's to get money to buy a statue of our Blessed Mother for your little church in Nulato, and ever since had been guessing the hour of the day, more or less inaccurately. When I was done reading, one of my young men—a splendid, generous fellow—jumped to his feet and proposed taking a collection then and there to send you money to buy a new watch—unless there is something else you would rather have. The men responded wholeheartedly, although they are not rich, and in five minutes he had gathered from his fellow socialists the fifty dollars I am sending you. Later, I was very glad that they had left you free to spend the money as you wish, for after the meeting broke up a patient, tired, shabby fellow, who lived for years in a miserable little house on the outskirts of the parish—one of those men who always work hard and somehow never succeed—came to me, bringing the watch I am mailing you today, and shyly begging me to forward it to my friend in Alaska. I hesitated to take it but he insisted that I should. He was more than willing, he said to part with it. If you could sacrifice the watch your father gave you, he could sacrifice his; so he argued, and his lips quivered and his eyes filled as he urged me to accept it.

He commissioned me to tell you that although the watch is only silver and not very valuable—it was quite evident that he did not believe this—it keeps perfect time and was never out of order in all the years that he carried it. Then, for the first time since I have known him, he talked about himself and his own affairs. I was deeply touched by his simple little story and am going to repeat it to you word for word. You will only half appreciate your watch if you do not hear it.

"It had been his only treasure. When he was a young boy a friend gave it to him, the only intimate friend he ever had. John and I were inseparable," he said. "We were together from morning until night—partners in everything, although he was a little older than I, and clever, and quick, and full of fun. I've never been able to understand

SCOTT'S EMULSION is now a summer as well as a winter remedy. It has the same invigorating and strength-producing effect in summer as in winter. Try it in a hot cold milk or water. ALL DRUGGISTS

how—how it happened that he liked me so well. I never made another real friend. I haven't known how. Somehow, no one else cared much. And when I was sixteen years old, my father decided to come West.

Germany The Obstacle.

Replying to the argument of pacifists, the British Foreign Secretary, Rt. Hon. A. J. Balfour, said in the British House of Commons last Thursday afternoon that the true obstacle to peace was that educated Germany unitedly upheld the grossly immoral heresy that a policy of universal domination was the true policy of any nation wishing to be great. The heresy originated from the facile war successes of Germany, and the way to eradicate it was to show Germany war did not always lead to success. Germany visibly practised these abominable doctrines, and no German statesman had ever unambiguously declared his intention of restoring Belgium and making reparation to Belgium which even the most extreme pacifist in the House of Commons was determined should be done. Mr. Balfour said that the carrying out of German theories was even more strikingly exemplified on her eastern frontier, where she steadily and remorselessly was endeavoring in every way to bring the peoples there under her economic and military domination. Germany went to Finland as a "liberator." Next to being enslaved by Germany there was no worse fate than being liberated by Germany. Finland was now in the grip of Germany, who insisted in dictating what kind of government Finland should have, and had stripped her of her copper and other materials, and had attempted to use her against Russia and the Allies. J. M. Robertson, who described himself as a life-long pacifist, emphasized that peace was impossible until the Allies were able to compel Germany to disarm, whereafter disarmament must follow. A Lansdowne peace would enable Germany to continue her military establishment, compelling all other nations to maintain conscription.

A Hot Wave

The fearful heat wave in the United States and on the Peninsula of Ontario continues without abatement. The warmest large city in Canada last Wednesday was Toronto, where the official government temperature was 101 in the shade. Nearby places were about as hot. In the United States many industries in the east were obliged to shut down because of the stifling hot blast, and it was so warm in New York that ordinary business was largely neglected. In that city, Boston, Washington, Baltimore Philadelphia and other places the mercury ranged between 90, and over 100 and in Philadelphia 106, and Chicago, 101. It was 106 in London, Ont., Tuesday. There were numerous deaths in the congested centres and hundreds of prostrations. The heat in the middle west and southwest continues. In several largest centres the present hot spell is the most intense recalled, and temperatures have never been higher. In Ottawa the mercury went as high as 92 on Wednesday and in Montreal, 82. In St. John the highest temperature was 82 and the lowest 54.

Three Hundred Downed

Paris, Aug. 8.—The French official statement on aviation says: "During the month of July 184 enemy airplanes were downed. One hundred and fifty-four enemy airplanes were seen falling out of control inside the enemy lines, of which number fifteen had been damaged by the fire of our aircraft guns. Thus 338 enemy machines were destroyed or badly damaged. "In addition our airplanes set on fire 49 enemy captive balloons. "During the same month our bombardment squadrons during the day time dropped 194 tons of explosives and in the night time more than 357 tons, thus making a total of 550 tons dropped on bridges in the Marne valley, on enemy troops that had advanced south of Aisne, and on railroad stations in the region of Laon, Hirson and Rothel. "Belgian communication—There has been moderate artillery activity. Our fire caused explosions of munitions depots inside the enemy lines."

DIARRHOEA WAS SO BAD Could Scarcely Do Work.

Mrs. O. Pritchard, Elora, Ont., writes: "About a year ago I was troubled very much for a whole week with diarrhea. It was so bad some days I could scarcely do my housework. I took two or three different kinds of medicine, but got no relief, and was just at the point of going to see the doctor when I explained my case to a friend."

She put a half bottle of Dr. Fowler's Extract of Wild Strawberry in my hand and said: "You take this and you won't need any doctor." Before I had emptied the bottle I was cured, and have never had any return of the trouble. I can truly say that 'Dr. Fowler's' is the best medicine I have ever used for diarrhea."

Dr. Fowler's Extract of Wild Strawberry is not a new or untried remedy, as it has a record of 72 years of cure to its credit, and is recognized on all hands as the only reliable remedy ever offered to the public as a safe and certain cure for diarrhea, dysentery, colic, cramps, cholera, cholera morbus, cholera infantum, summer complaint and all looseness of the bowels, whether of children or adults. It is particularly good for teething babies.

The price of Dr. Fowler's is 25c. a bottle, and we would warn you against accepting any substitute. Many of these are positively dangerous, and you are taking your life when you take them. The genuine is manufactured only by The T. Milburn Co., Limited, Toronto, Ont.

Give "Overt" A Chance.

Many a fine adjective has been spoiled by being hooked up in some facile phrase, to a commonplace noun. For example, overt. Never in my life, writes H. L. Mencken in the New York Sun, have I encountered overt save in front of act. Thus joined and poisoned, it is mouthed abominably by lawyers and newspaper editorial writers; the literate fawns of a superior type avoid it almost together. And yet it is a fine adjective, a juicy adjective, an adjective worth knowing better. Why not overt honestly, overt destiny, overt love? I once had an overt black eye. Earlier in this life I made overt eyes at a girl overtly red-haired, and remember her oleaginous brush every time the barber's brush slides across my face. Let us appoint a committee to get overt out of jail.

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W. H. O. Wilkinson, Stratford says:—"It affords me much pleasure to say that I experienced great relief from Muscular Rheumatism by using two boxes of Milburn's Rheumatic Pills. Price 25c. a box.

A SENSIBLE MERCHANT

Milburn's Sterling Headache Powders give women prompt relief from monthly pains, and leave no bad after effects whatever. Be sure you get Milburn's rice 25 and 50 cts.

MINARD'S LINIMENT CURES DISTEMPER

Gentlemen—I have used MINARD'S LINIMENT on my vessel and in my family for years, and for the every-day ills and accidents of life I consider it has no equal. I would not start on a voyage without it, if it cost a dollar a bottle.

CAPT. F. R. DESJARDIN.

Sohn, Storke, St. Andre, Kamouraska. "This is old Grouch's birthday. I suppose I ought to say something to him about it. "Wish him many unhappy returns of the day.

There is nothing harsh about Laxa Liver Pills. They cure Constipation, Diarrhea, Sick Headache and Bilious Spells without griping, purging or harshness. Price 25 cts.

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WEAK AND NERVOUS AFTER SERIOUS OPERATION.

After any serious operation or sickness, the nervous system is generally left in an extremely weakened condition, and a course of Milburn's Heart and Nerve Pills will do more towards building it up than anything else.

Mr. W. E. Grafton, 44 Davenport Road, Toronto, Ont., writes: "My wife underwent a very serious operation three years ago. After leaving the Toronto General Hospital she was in a weak, nervous condition. Having tried numerous medicines, from which she received practically no satisfaction, I decided to try Milburn's Heart and Nerve Pills. I am very pleased to say that they proved very satisfactory. She slept and ate well, and her whole physical condition improved wonderfully. I have always kept a box in the house, and find them very useful in cases of nervousness, sleeplessness and fatigue."

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FLEISCHMANN'S YEAST TO MAKE GOOD BREAD You must have Good Yeast GOOD BREAD is, without question, the most important article of food in the catalog of man's diet; surely, it is the "staff of life." Good bread is obtainable only by using the Best Yeast, the best flour, and adopt the best method of combining the two. Compressed Yeast is in all respects the best commercial Yeast yet discovered, and Fleischmann's Yeast is indisputably the most successful and best leaven known to the world. It is uniform in quality and strength. It saves time and labor, and relieves the housewife of the vexation and worryment she necessarily suffers from the use of an inferior or unreliable leaven. It is, moreover, a fact that with the use of Fleischmann's Yeast, more loaves of bread of the same weight can be produced from a given quantity of flour than can be produced with the use of any other kind of Yeast. This is explained by the more thorough fermentation and expansion which the minute particles of flour undergo, thereby increasing the size of the mvs and at the same time adding to the nutritive properties of the bread. This fact may be clearly and decisively demonstrated by any who doubt that there is economy in using Fleischmann's Yeast. If you have never used this Yeast give it a trial. Ask your Grocer for a "Fleischmann" Recipe Book.

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Summer Footwear Wear something light and easy on hot days. We carry a full stock for every member of the family. For Women White Boots (leather or rubber soles) \$1.65 a pair and up White Pumps, Sneakers, Oxfords, all kinds. For Men Canvas Shoes, Sneakers, Low Shoes, for any wear. For Misses & Children Sandals, Slippers, Pumps, White Canvas Boots and Pumps. TRY HERE ALLEY & CO.

Live Stock Breeders. List of Pure Bred Live Stock for Sale. NAME ADDRESS BREED AGE Geo. Annear Montague Ayrshire bull calves (3 yrs, 8 mos) Wm. Aitken Lower Montague Ayrshire Bulls (3 yrs, 8 mos) M. McManus New Haven Shorthorn Bull (5 years) W. F. Weeks Fredericton " " (2 years) David Reid Victoria Cross " " (2 years) Ramsay Auld West Covehead " " calf Frank Halliday Eidon 6 Yorkshire Pigs (5 weeks) Ramsay Auld West Covehead Yorkshire Hog (2 years) J.A.E. McDonald Little Pond Duror Jersey Boar (2 years) 5 " Sows (4 weeks)

DEPARTMENT OF AGRICULTURE

Are You Far Sighted? Must you hold the book or paper at arm's length to get the proper focus. If so, you will be "far sighted" in a proper sense if you come to us at once for a remedy.

Change of Time Commencing Friday, June 28th, 1918, and until further notice, the Car Ferry Prince Edward Island will be with drawn from service between Borden and Tormentine, and the S.S. Northumberland will be placed on the Summerside, Pt. du Chene route. Trains west will therefore be changed and run daily, Sunday excepted, as follows: Leave Charlottetown 6.25 a. m., arrive Summerside 8.50 a. m., leave Summerside 12.20 p. m., arrive Tignish 6.05 p. m. Leave Charlottetown 4.00 p. m., arrive Summerside 7.20 p. m., leave Summerside 8.50 p. m., arrive Tignish 11.55 p. m. Leave Tignish 5.30 a. m., arrive Summerside 8.35 a. m., leave Summerside 9.10 a. m., arrive Charlottetown 11.10 a. m. Leave Tignish 5.30 p. m., arrive Summerside 8.35 p. m., leave Summerside 8.45 p. m., arrive Charlottetown 11.10 p. m. Leave Borden 6.20 a. m., arrive Emerald 7.20 a. m., arrive Charlottetown 10.15 a. m. Leave Charlottetown 12.15 p. m., arrive Summerside 4.10 p. m., leave Summerside 6.10 p. m., arrive Emerald Jct. 7.20 p. m., leave Emerald Jct. 9.45 p. m., on arrival of night train from Summerside and arrive Borden 10.45 p. m. Trains between Souris, Georgetown, Murray Harbor and Charlottetown will continue to run as at present. District Passenger Agent's Office, Charlottetown, P. E. I. July 3, 1918.

Mail Contract SEALED TENDERS, addressed to the Postmaster General, will be received at Ottawa, until noon, on Friday, the 5th July, 1918, for the conveyance of His Majesty's Mails, on a proposed Contract for four years, six times per week. Over Rural Mail route No 1 from Cherry Valley, P. E. Island from the 1st October next. Printed notices containing further information as to conditions of proposed Contract may be seen, and blank forms of Tender may be obtained at the Post Office of Cherry Valley, and at the office of the Post Office Inspector. JOHN F. WEBER, Post Office Inspector Post Office Inspector's Office, Charlottetown, P. E. I., July 3, 1918. August 14, 1918 - 11