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GIVE CANADA A MORE FITTING DOMINION DAY

The Ottawa government has named a commission, with J. A. Calder at its head, to look after the interests of returned soldiers in every way, securing suitable laws, providing special training or education for those who are incapacitated, and must resort to new occupations, and to co-operate with like bodies voluntarily organized or may be created by the Provincial governments. It is fitting that we have this early evidence that Canada is not going to forget the debt it owes to its valiant soldiers, living and dead.

In the United States, May 30th, the day on which soldiers' graves are decorated, has almost taken first place over July 4th, Independence Day. The Herald is loath to suggest one more holiday for Canada is already overladen with useless lumber of this sort; but we urge that July 1st, Dominion Day, when flowers will most abundantly be designated also as Decoration Day, one of the events of which will be the decoration of soldiers' graves, whether of Canadians or citizens of any of the allied countries, who shall be buried here. This would be a suitable trust to be undertaken by the Great War Veterans Association, and it might fittingly be commemorated, as in the States, by their sons, in years to come.

We further suggest that in each cemetery, "Let Us Forget," a temporary wooden cross be erected, on which shall be inscribed the names of all soldiers from that community who died, and are buried overseas, and that the arms of the cross bear these hallowed words, "Somewhere in France." Possibly Kipling's famous words, "Let Us Forget," might head all. Later, a permanent monument should take the place of the temporary cross, and that indemnity from Germany for our war outlay could erect a few thousand dollars to erect these enduring memorials of heroic Dominion Day, which celebrates the inauguration of Canada as a Dominion, is most fitting on which to also celebrate that which made possible its continuance as such. Governed by a free people, instead of entering a state of vassalage under the Han, which would certainly have been our lot, but for the victory made possible by those who made the supreme sacrifice. Dominion Day which has been characterized by undue frivolity, should this become a day of solemnity, when the aspirations of Canada and the valiant deeds of her heroes shall be recounted in speech and song, and her assembled sons and daughters shall reverently thank God for His safeguarding our free institutions. Let this programme be faithfully carried out for twenty years, and all the alien enemies in Alberta combine to intern in a country school house. We have neglected to teach patriotism. Let us begin now. — The Home Herald, Alberta.

SEEKERS OF ACCIDENTS
BELL OTTAWA TRAIN

OTTAWA, June 18.—Although it was not laden down with private carriages on a former occasion, the Canadian National train which left Toronto at 11 o'clock last night for Ottawa did not reach the Capital until 4 o'clock this afternoon, just eight hours late. It was held up a few miles east of Toronto by a freight wreck. At Cobourg the engine broke down and another one was sent from Trenton.

Right Now
 BATHING CAPS
 WATER WINGS
 TALCUM POWDER
 CREAM WITCH HAZEL BEN-GOIN
 THICK RED RUBBER JAR RINGS
 GRAPE JUICE
 LIME JUICE

ABBS & McNAMARA
 Quality Drugs to go
 35 Queen Street Phone 102
 Agents for Vinol, Nuxated Iron, Bile Phosphate, Tyrrell's Castor Oil.

WHAT EXCHANGES SAY
KICK IT OUT

(Brockville Recorder and Times)—Winnipeg has been threatened with no bread and milk. Had the organizers and engineers of that strike been allowed to have their way that city would have no bread or milk. That is hitting at babes, sick children, men, women, boys and girls, who have no part or parcel in the strike, in its causes or its course. The strikes were going far from their path in order to hurt innocent ones. When any man or body of men rises up in the community to state that babes and children, boys and girls, men or women, shall not have bread and milk or other necessities of existence, then, and right then, must the government also rise up and kick that sort of terrorism out of the country. It is impossible and intolerable to argue or reason with that sort of business. The only argument is to hit it on the head.

WHERE TO WATCH

(Victoria Daily Times)—A statement from Ottawa says the immigration regulations permit the deportation of undesirable unless they are Canadians by birth or naturalization no matter where they come from or how long they have lived in the Dominion. That is all right, but if the Immigration Department would take the proper precautions at Canadian Ports of entry there would not be very much occasion to exercise the power embodied in the regulations. People who try to enter here with the intention or idea of saying and preaching what they like because they have been permitted to say and preach what they like where they come from should be refused admission.

MOTHER! GIVE CHILD "SYRUP OF FIGS" IF TONGUE IS COATED

If cross, feverish, sick, bilious, clean little liver and bowels.

Children live this "fruit laxative," and nothing else cleanses the tender stomach, liver and bowels so nicely. A child simply will not stop playing to empty its bowels, and the result is, they become tightly clogged with waste; liver gets sluggish, stomach sour, then your little one becomes cross, half-sick, feverish, don't eat, sleep or act naturally, breath is bad, system full of cold, has sore throat, stomach-ache or diarrhea. Listen, Mother, Sec if tongue is coated, then give a teaspoonful of "California Syrup of Figs," and in a few hours all the constipated waste, sour bile and undigested food passes out of the system, and you have a well, playful child again.

Millions of mothers give "California Syrup of Figs" because it is perfectly harmless; children love it, and it never fails to act on the stomach, liver and bowels. Ask your druggist for a bottle of "California Syrup of Figs," which has full directions for babies, children of all ages and for grown-ups plainly printed on the bottle. Beware of counterfeiters, sold here. Get the genuine, made by "California Fig Syrup Company." Refuse any other kind with contempt.

At the inquest into the death of Blain Bellevue who died at Moncton, N.B. speedway, the evidence showed that death was due to ptomaine poisoning.

MEAT CAUSE OF KIDNEY TROUBLE

Take Salts to Flush Kidneys if Back Hurts or Bladder Bothers.

If you must have your meat every day, eat it, but flush your kidneys with salts occasionally, says a noted authority who tells us that meat forms uric acid which almost paralyzes the kidneys in their efforts to expel it from the blood. They become sluggish and weaker, then you suffer with a dull misery in the kidneys region, sharp pains in the back or sick headache, dizziness, you stomach sours, tongue is coated and when the weather is bad you have rheumatic twinges. The urine gets cloudy, full of sediment, the channels often get sore and irritated, obliging you to seek relief two or three times during the night.

To neutralize these irritating acids, to cleanse the kidneys and flush out the body's urinous waste get four ounces of Jad Salts from any pharmacy here; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to flush and stimulate sluggish kidneys, also to neutralize the acids in urine, so it no longer irritates; thus ending bladder weakness. Jad Salts is inexpensive; cannot injure, and makes a delightful effervescent lithia-water drink.

CAN YOU EMPLOY DISABLED SOLDIERS?

There are two aspects of the returned soldier problem—giving the whole man his old job and finding a new place for the disabled man. Someone in the United States has suggested a new device flag for employers which will show by stars the number of returned soldiers employed. A special star might be used to show how many of these are partially incapacitated.

A big-hearted paper maker whom we met last week suggests that our industry might have a sort of honor roll on which would be recorded the number of returned men employed. Such a record could be made of great value as well as a source of just pride. It is not only an honorable act to employ a returned soldier (though it is but a duty); a company is honored by the presence of these men on its staff. It is a source of pride for all Canada that these valiant fighters are coming back after the sacrifice of time, opportunity, comfort, and even life limb and health and again taking up the ravaged and often broken threads of former activities. For many of them it is difficult to do so, even if they are whole. For many it is impossible to resume the old work. All our industries, and none to a greater extent than the manufacturers pulp and paper, are taking back the men who want to come. It would be a fine thing if a record could be made of the number so re-employed by each mill, and the proportion this is of men formerly with each company who have returned.

More valuable than such a list, would be to go a step farther and record in the case of injured men the extent of the injury and the position occupied. If there are positions in the mill that could be filled by an injured man, and there are many such—they should be listed and classified. The name of the mill need not be made public and the record should not imply an obligation to take on such men, but it would serve as a guide to what could be accomplished by a committee on replacing returned paper and pulp men in familiar surroundings and at familiar tasks. It would be possible for such a committee to help very greatly in getting the square pegs in the square holes. Something along this line has already been done by a Pacific Coast mill, where it was found that more than one hundred positions could be filled by men who were more or less disabled. Unfortunately we have not been able to secure a classification of such positions on the basis of kind and degree of injury. That is the information which would be most valuable in the re-establishment of the invalid soldier—to the man, the military, and the industry. The collection of the data could be done through the secretary of the Canadian Pulp and Paper Association, and the dissemination of it would suggest many new possibilities to mills that want to do all in their power in ab-

sorbing the returned man and putting him back at remunerative, constructive labor where his initiative and individual expression will count for something.

Having done this for the soldier, our industry (and others) will appreciate to a greater extent the opportunities for the victim of industrial accidents. It is a large task, but a great opportunity for service. Let us get about the work. It takes many a hammer blow to chisel a statue. A big chip here and a small one there is the way it develops. The big mill and the little mill all play a part. Some can use a man with a very serious injury; another will place a man nearly whole. After a while they will all be taken care of. Patience, perseverance and patriotism will do it. The men who have served in France want to continue to serve, and will do their best as they come back and as we help to give them the chance. A Canadian cannot do otherwise.—Pulp and Paper Magazine of Canada.

IF BACKACHE OR KIDNEYS BOTHER

Eat less meat, also take glass of Salts before eating breakfast.

Uric acid in meats excites the kidneys, they become overworked; get sluggish, ache and feel like lumps of lead. The urine becomes cloudy; the bladder is irritated, and you may be obliged to seek relief two or three times during the night. When the kidneys clog you must help them wash off the body's urinous waste or you'll be a real sick person shortly. At first you feel a dull misery in the kidney region, you suffer from backache, sick headache, dizziness, stomach gets sour, tongue coated and you feel rheumatic twinges when the weather is bad.

Eat less meat, drink lots of water; also get from any pharmacist four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to clean clogged kidneys and stimulate them to normal activity, also to neutralize acids in urine, so it no longer is a source of irritation, thus ending bladder weakness. Jad Salts is inexpensive, cannot injure; makes a delightful effervescent lithia-water drink which everyone should take now and then to keep the kidneys clean and active. Druggists here say they sell lots of Jad Salts to folks who believe in overcoming kidney troubles, while it is only trouble.

R. D. Deer U.F.A. declined to nominate a candidate and the convention decided not to accept Mr. Puffer, the Liberal nominee.

In The Hills Above Ice River



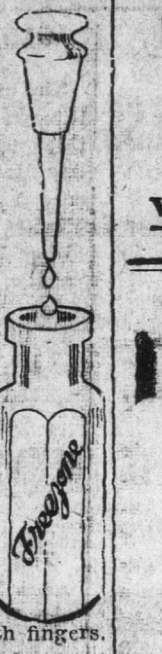
This man is not carving his name on a stump. By looking closely, one will identify the claws on the downward-pointing paw as those of a good sized black bear. So the human operator is removing a handsome black coat from a stout, fat full bear that had ventured in innocent ignorance out on the open in search of berries. He did not know that men with guns were creeping up the slope toward him because the wind was sweeping down from the peaks above and the only scent it took to his keen nostrils was that of the fresh, sweet snows that were already whitening the peaks above Ice River, north of the C. P. R. transcontinental line.

So the bear waddled along with an investigating nose close to the sticks and stones he turned over with his great paws. He paused at a rotting log that had fallen before some great fir which had swept the hillside in the decades past, and he turned it over with an ease that spoke highly of strong claws and big muscles. He found some grubs and he sucked them up; he started to investigate a bundle of needles and dried grasses that looked as if it might contain some tender young mice. A hundred yards away, down the slope, a man's weak ankle that had been strained in days gone by a simple twist, turned on a

Ladies! Keep It on The Dresser

Few drops on corn or callus stops pain, then they lift off.

Your high heels have put corns on your toes and calluses on your feet, but why care now? This tiny bottle holds an almost magic fluid. A genius in Cincinnati discovered this ether compound and named it Frezzone. Small bottles of Frezzone can be had at any drug store for a few cents. Never limp or twist your face in pain again, but get a bottle of Frezzone and apply a few drops on your tender, aching corn or callus. Instantly the soreness disappears and shortly you will find the corn or callus so shriveled and loose that you lift it off with fingers. Just think! You get rid of a hard corn, soft corn or a corn between the toes, as well as hardened bluses, without suffering one particle, without the slightest irritation of the surrounding skin. Just a touch of Frezzone on a sore corn gives instant relief.



Under the authority of By-law No. 3200 passed on the 25th day of March, 1919, notice is hereby given that all taxes for the year 1919 are now due and payable but may be paid in three instalments as follows, subject to the following exceptions and conditions.

Taxes Year 1919

Taxes in Income Assessment, Arrears of Taxes and charges collectable as taxes for any work done or services rendered by the Corporation are due and payable in bulk on or before the 25th day of June, 1919 (and not by instalments).

1st. Instalment—due and payable on or before the 25th June 1919. One-half of the taxes will be the amount of the 1st. Instalment.

2nd. Instalment—due and payable on or before the 25th September 1919. One-quarter of the taxes will be the amount of the 2nd. Instalment.

3rd. Instalment—due and payable on or before the 25th November, 1919. One-quarter of the taxes will be the amount of the 3rd. Instalment.

Upon default in payment of taxes on the dates appointed, Penalty: On amounts paid within ten days of time of such default, a percentage charge of one per cent. will be collected.

Penalty: On amounts paid within twenty days of time of such default, a percentage charge of two per cent. will be collected.

Penalty: On amounts paid within thirty days of time of such default, a percentage charge of three per cent. will be collected.

Penalty: On amounts remaining unpaid after thirty days of time of such default, a percentage charge of five per cent. will be collected.

Failure to pay the above instalments of taxes as they become due not only forfeits the right of settlement by instalment but brings the parties under the penalty of the Assessment Law, which enacts that in case any party shall REFUSE OR NEGLECT to pay the amount imposed upon him for the space of fourteen days after demand, the Collector shall levy the same, with costs, by distress and sale of the goods and chattels of the party who ought to pay the same.

1. Ratepayers who do not receive their tax bills by the 1st. day of June should notify Tax Collector's Department of the fact.

2. Cheques tendered in payment of taxes must be "marked" by bank and made payable at par to the City of St. Catharines.

3. Taxpayers sending amounts by mail for payment of taxes should also enclose the tax bill and a self-addressed and stamped envelope for the return of receipted Tax-bill.

4. Taxes are payable at the office of City Tax Collector.

STUART K. WATT, City Treasurer. CITY TREASURER'S OFFICE, ST. CATHARINES, 17th May, 1919.

THINK THIS OVER

Is it not well worth your while, to buy a Tea with an Established 'Quality' reputation and so reliable that disappointment is an impossibility.

"SALADA"

will prove its worth in a Tea-pot Test.

Capital and Reserve, \$5,800,000
 Total Assets, Nov. 30th, 1918; over \$183,000,000.

The old-time traveller carried a cumbersome belt holding all the money he might need on his journey. But the money was never really safe. Today your book of Union Bank Travellers' Cheques places cash at your command at banks, hotels, ticket offices and stores, at home and abroad. The cheques are worthless up to the moment you sign them.

UNION BANK OF CANADA

St. Catharines Branch & Safety Deposit Boxes. R. H. Kilaly, Mgr.
 Fenwick Branch & Safety Deposit Boxes. F. E. Page, Mgr.
 Smithville Branch. H. C. Parrott, Mgr.

THE CANADIAN BANK OF COMMERCE

Announce that a branch of their bank has been opened at Niagara-on-the-Lake, Ontario. This bank has now 433 branches in Canada and foreign countries, and is in a position to offer the public unexcelled service.

St. Catharines Branch—R. G. W. Conolly, Manager
 Thorold Branch—S. H. Falkner, Manager
 Niagara-on-the-Lake Branch—F. W. Wilson, Manager

UNPREPAREDNESS—FAILURE

A bank account is an assistant in character building. It establishes the confidence, independence and pride which increases effort and paves the way to success. Open an account to-day and be prepared.

THE CANADIAN BANK OF COMMERCE

ST. CATHARINES BRANCH R. G. W. CONOLLY, Manager
 THOROLD BRANCH S. H. FALKNER, Manager
 NIAGARA-ON-THE-LAKE BRANCH F. W. WILSON, Manager

Security Loan & Savings Company
 26 JAMES STREET, ST. CATHARINES

DIVIDEND NO. 98.
 Notice is hereby given that a dividend of THREE PER CENT being at the rate of SIX PER CENT PER ANNUM, upon the paid up capital stock of this Company, has been declared for the half-year ending on the 30th June, inst., and that the same will be payable at the office of the Company, 26 James street, St. Catharines, on WEDNESDAY, July 2nd, 1919, to shareholders of record on the books of the Company at the close of business on the 15th day of June, inst. The stock transfer books will be closed from the 17th to the 31st days of June, inst., both days inclusive. By order of the Board of Directors.
 E. F. DWYER, Sec'y-Treas.

THE STERLING BANK OF CANADA

Save Because--
 Happiness accompanies the virtue of thrift.

READ THE EVENING JOURNAL

Electric for R

GIVES—A m at yo
 An i abou
 Hot save
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 See the Paul S
 J. H. SA
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 237 St. Paul St

Cou Pa

From opened look up Bank, to possible. It is service possible steady. We w —THE Bank

"Seein"

TO MOT torpid liver, which genera circulate to a feverish he poisons you Cascarets are Cost only 10

American Tr

The Traffic Club which the industry of country, has adopted. That Government not conducive to economic responsibility in the American railroad and preserved. That the extension of five years, or any e of one year and nine opposed as prejudicial. That the recognition of law is a conclusive R that in view of the te Railroad Administration and prepare for their. That the principle of essential regulation of but that such regulation and development of t That the Congress provide a uniform sy Public Interest, ensur of all questions affect attract sufficient cap which shall meet the agricultural interests. That all other aff of their owners, and of the shipping and t