

For Baking Success —This Oven Test

Success on some baking days can be expected no matter what flour you use. But constant success is rarer. It can be assured in only one way. The miller must select his wheat by oven test.

So from each shipment of wheat we take ten pounds as a sample. We grind this into flour. Bread is baked from the flour.

If this bread is high in quality, large in quantity, we use the shipment from which it came. Otherwise we sell it.

Constant baking success comes as a matter of course from flour bearing this name

PURITY

"More Bread and Better Bread" and
"Better Pastry Too" 526



Value For Money

BURNS COAL OIL

Dull Winter evenings are close at hand. You need a light that is non-injurious to the eyes—something that will allow you to while away the tedious hours without the least tiring effect. Here is the very thing: We are offering a limited number of these magnificent "Wonder" table-lamps complete with Burner, Mantle and Chimney for the small sum of

\$3.85

At the price—truly astonishing value, inexpensive in operation, mounted on weighted base.

Be one of the first to get in on this deal.

Mail postal or money order today.

Agents wanted for unrepresented territories.

GENERAL SALES CO.

272 MAIN STREET

WINNIPEG, MAN.

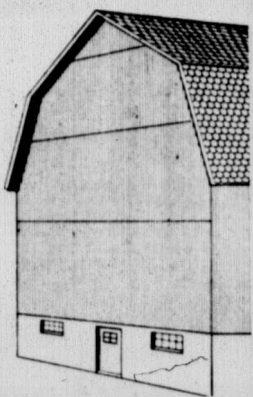
"Metallic" Corrugated Iron Barns are Lightning, Fire, and Weather-Proof

Lumber and labor are too expensive to be used in farm buildings; besides, wood buildings are easily destroyed by fire and lightning. "Metallic" Corrugated Iron makes buildings that last a life-time; that are warm and dry; and proof against fire, lightning and weather.

Costs Less Than Lumber

You save money on labor and lumber when you use "Metallic" Corrugated Iron. Write for complete information before you buy any building material. We can save you money. Our corrugated iron is made in galvanized or painted sheets, straight or curved.

THE METALLIC ROOFING CO., LIMITED
WINNIPEG Manufacturers TORONTO
797 Notre Dame Ave. King & Dufferin Sts.



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Telephone Garry 4783

Offices: 503-504 Winnipeg Electric Building
WINNIPEG

When writing to Advertisers mention The Guide

Sunshine

The Grain Growers' Sunshine Guild

NEWS OF THE WEEK

I had an interesting letter from one of our readers last week asking advice concerning the finishing of the woodwork in her new home with Berry Brothers' stains and enclosing stamps for samples. I was more than glad to oblige her, but it was such a pity that she did not think to send me at least a rough sketch of the floor plans, showing the size of the rooms and the number of the windows, with the direction they face.

As it happens I have been investigating the question of dull wall paints lately, so I sent along samples giving suggestions for tinting the walls. These dull paints are ever so much more beautiful than most papers and ever so much less expensive than good ones. In fact, I am not sure that if I had unbounded wealth I would use any paper at all in my house. In addition to being soft and restful to the eye and free from irritating patterns, they are washable, which is a very great advantage where there are children. I might mention again that I have a number of samples of the stains referred to above on chestnut, cypress, oak and yellow pine which I will send to anyone building a new home or re-finishing an old one, if they will send the postage, which is about eight cents for each little box.

I received a book order this morning from a lady at McTaggart, Sask., who forgot to sign her name. If she will send me a card I will post the books at once.

I am sorry that I could not publish Binsley's letter as it stood, but one of the things she suggested simply could not be done by an unmarried woman without getting herself talked about unpleasantly and I could not conscientiously help her to such a position.

—FRANCIS MARION BEYNON.

HAS CLOTHES FOR YOUNG GIRL

Dear Miss Beynon:—I am anxious to know of someone who wants clothes. I have a couple of skirts for a girl about sixteen, a coat and skirt suit for a girl about seventeen or so, and also three coats, one of which is nearly as good as new, for a girl about sixteen; also other clothing. I want to send these to someone who is about the age given, as it would be a shame to cut them up. I wish to get the name and address of someone wanting these clothes and will send them free of charge, paying express.

I am pleased to read of the good work you are doing, Miss Beynon. I am sure you will be rewarded for your interest in such a good cause, as are all others who are doing good work.

I hope you will be able to oblige me in securing someone in want of these goods. There are always some people who are in need. Wishing you success,
—ANXIOUS.

HAS NEED OF WINTER THINGS

Dear Miss Beynon:—This is my first letter to you, although we have taken the Grain Growers' Guide for two years. I always like to read the Sunshine page and I find many useful recipes. I have four children and five adults to work for. We are on a farm at present, but it is not our own. It is my husband's mother's and father's place. I don't like it here as it is so lonesome and it is such a long way to town.

As this is my first letter to you, I think I had better ring off. Before I close I would like to know if you could send some second-hand clothes, as I sure could make use of them now the cold weather is coming. With best wishes to your readers I will sign myself
—PRAIRIE ROSE.

P.S.—Will pay charges on anything that is sent.

In asking for clothing, it would be well always to give some idea of your size and the kind of garments you need most.

F. M. B.

WANTS POSITION AWAY FROM HOME

Dear Miss Beynon:—No doubt you will think it high presumption on the part of a complete stranger to write to you asking for a little help. Like so many others I have been an interested reader of your page for a long time and have been tempted to write very, very

often, but lack of something helpful to the page has kept me silent. Again, you seem to be kept busy with letters from other members, letters which are useful as well as interesting.

However, I am going to try my luck and if you are too busy to read my scrawl, just place it in the W.P.B. My need is this: I am a single girl, just about to leave my people for the first time. I would like to get a position settled before I leave here. I know that your page is not an advertisement column, but I wonder if any of the members could tell me of any one needing a companion. I would like to get into Alberta, somewhere near Medicine Hat, if possible, and as I do not consider it safe for a woman to answer the advertisements which we see in the newspapers, I will make that my plea for troubling the members. I think that The Guide is a safe-guard for any woman; at any rate I have complete faith in the page. I may say I am an only daughter and it is very much against the wishes of my people that I am leaving home, but for private reasons I think it best to do so for a time. I have never had to work under a mistress before, and I have been in full charge of a house myself for so long that I should not care to have to go as an ordinary servant. I do not want the members to think this is false pride. It is not so. I have been on a farm with my people for over seven years, so am well used to housework.

I should like to look after some elderly couple. I would do my best for anyone in need of such help.

Now I will ring off for this time and hope that I shall be able to offer a little help myself another time. With best wishes to all, I will sign my pen name
—BINSLEY.

I am afraid we cannot guarantee the people who might answer your letter any more than a newspaper could.

F. M. B.



A VARIETY OF GARMENTS THAT CAN EASILY BE MADE BY THE HOME DRESSMAKER

7993—A Tucked Yoke Blouse, 34 to 42 bust. With Plaited Peplum, Long or Three-Quarter Sleeves.

7779—Plain Blouse or Shirt Waist, 34 to 44 bust. With Rolled-Over or Straight Cuffs.

7953—Belted Coat for Misses and Small Women, 14, 16 and 18 years. With Peplum that can be made with Cutaway or Straight Front Edge.

7800—Two or Four-Piece Skirt for Misses and Small Women, 14, 16 and 18 years. With Underlying Side Panels, with High or Natural Waist Line.

8010—Deep Yoke Skirt for Misses and Small Women, 16 and 18 years. With Straight Lower Edge and Draped Portion that Forms Sash.

7546—Five Gored Skirt for Misses and Small Women, 14, 16 and 18 years. With High or Natural Waist Line, with Panel or Plain Front.

The above patterns will be mailed to any address by the Fashion Department of this paper, on receipt of ten cents for each.

Note.—Everyone sending for patterns is requested to send the number of pattern and the size. This is absolutely necessary to insure satisfactory service.

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