

partment.

chard seeds normally test out one hundred per cent, because these seeds is really a fruit, which contains more than one embryo. For of the seedlings should be a record made of them. When from the dish they may be grown days on a separate piece of putting paper or cotton flannel warm place. Note the percent of seeds giving healthy plants average growth. If of the samples of seed should a seventy-five per cent. germin- and should be nearer ninety five per cent. to give satisfac-

ound of Butter.

BY H. H. DEAN.
of butter is especially well for oiling the brain. Brain- should use plenty of good but- any of the substitutes for cow's h as "oleo," "peanut-butter,"

is "concentrated sunshine," butter tends to make people shiny" in disposition. It is t producer," and may be used y in winter when the weather furnishes energy to do physical work.

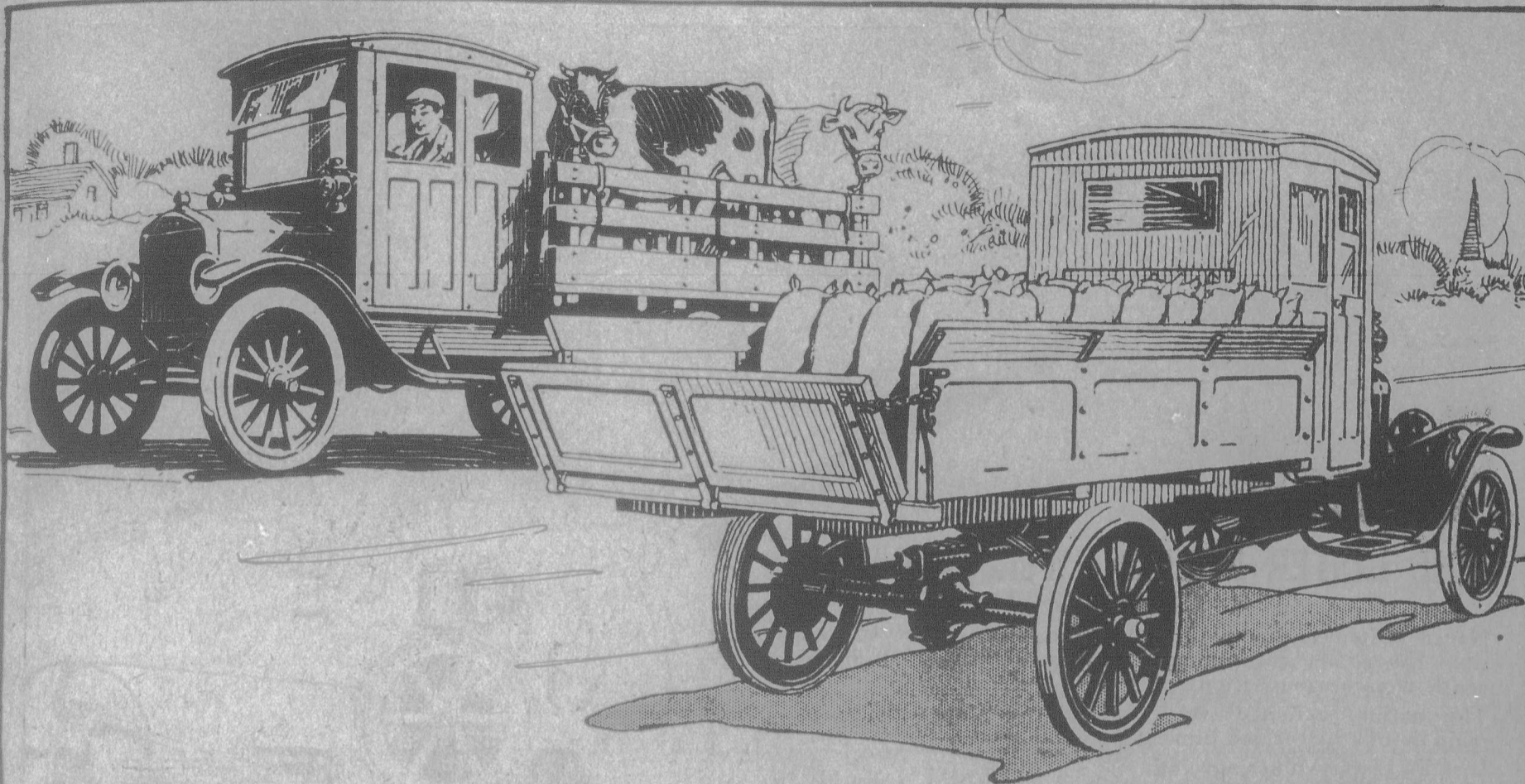
onsists of the tiny milk-fat small that it requires about d of them lying side by side (line an inch long) which are icked together, by means of after massing the fat globules, milk is removed, the butter is h clean, cold water, salt is ste, then the butter is worked salt through the butter, expel moisture and to make it com- ing or packing.

avored butter is made from and the butter is salted very uch butter has the true natural flavor of fine butter. However, after the cream is om the milk by setting it for to thirty-six hours in shallow ep cans, or by running the h a cream separator, the red or ripened, making what ripened or sour cream butter. local markets and home use e into prints weighing one farm dairy butter, put up boxes must be branded withairy," and such butter may e word "Creamery" on the ackage.

de during the summer may idly in an air-tight package or box), and if kept in a cool be quite palatable in winter, is scarce and dear. The ne and September are usually ths for packing butter. er is a wholesome food, and ed largely on the tables of Butter substitutes should in Canada.

munity's School Gardening.

S. B. MCCREADY.
foundation securely laid l unselfish, active interest of the community, plans for are of the garden can give It is only a matter of good everybody will be helping- will do their share. The nittee will do their share. will be strong supporters s. The School Progress see the pupils' work. The live and a thing of beauty ren if the teacher cannot in in the many good times had at their school. When k, she will find that her holds together round the A simple little school ber will be the fitting community-building and cation enterprise.



Does a Farmer Need a Truck?

AMERICAN farmers use more trucks than either manufacturers or merchants.

This is a positive answer to the question: Can a farmer use a Motor Truck at a profit?

The reason for this strange fact is simply this.

The farmer who lives miles from a railroad is practically shut off from the best markets. Everything he sells brings him less than the market price because he is so far away. Everything he buys costs him more because it must be hauled so far. He loses both going and coming. *Motor Trucks are wiping out those distances.*

The farmer with a Ford Truck practically lives next door to the market.

- He has a choice of markets.
- He becomes more independent.
- He can market his goods when and where he pleases.
- He sells his crop to the very best advantage.

Any practical farmer who turns this over carefully in his mind, must see that he has a chance to better his position by the use of a Ford Truck. Hauling is a big part of his work. It is cheaper to haul with a Ford Truck than with a team and wagon. It is quicker. It is easier work for him.

But consider the time and labor the farmer can save with a Ford Truck. With a team the trip to town takes the better part of a day.

A Ford Truck makes the same trip in two or three hours!

When labor is so scarce, what farmer can afford to waste day after day of his valuable time?

Ford Trucks Complete With Body and Enclosed Cab

Ford One-Ton Trucks are now supplied, if desired, with standard truck bodies. Two types are kept in stock, ready for immediate delivery, the Stake Body and the Express Body.

Both standard bodies have the Enclosed Cab which protects the driver in every kind of weather. The windshield is the two-way double-ventilating type; keeps out the storm; keeps the cab cool in summer.

These two standard bodies are the type most widely used and are adaptable to the ordinary hauling problem. They insure the greatest utility and longest service from the Ford Truck. They enable any Ford Dealer to supply you with a complete truck without annoying delays.

See the Ford Dealer. See these complete Ford Trucks. Consider the matter from every angle; the cost of feeding horses against the cost of running a Ford Truck; the time you lose on the road; the money you lose by being so far from the best markets. There is only one conclusion you can come to. You will have a Ford Truck.

Ford One-Ton Truck (Chassis only) \$750 f. o. b. Ford, Ont.

Freight charge to London, \$15.00; Toronto, \$17.00; Montreal, \$22.00; St. John, \$31.00; Winnipeg, \$47.00; Regina, \$69.00; Saskatoon, \$66.00; Calgary, \$77.00; Vancouver, \$98.00.

For either Stake or Express Body, in lead coat with cab but without doors

\$128.50 F. O. B. Ford
\$133.00 F. O. B. London
\$134.00 F. O. B. Toronto
\$135.00 F. O. B. Montreal
\$137.00 F. O. B. St. John

Ford One-Ton Truck

For either Stake or Express Body, in lead coat with cab but without doors

\$140.00 F. O. B. Winnipeg
\$143.00 F. O. B. Regina
\$143.00 F. O. B. Saskatoon
\$147.00 F. O. B. Calgary
\$151.00 F. O. B. Vancouver

If painted job desired, add \$4.00 to above prices. If doors desired on cab, add \$6.00 to above prices.

Ford Motor Company of Canada, Limited, Ford, Ontario