Lesson VIII.

## THE BREAD FROM HEAVEN

Exodus 16: 2-15. Study Exodus 15: 27 to 16: 36-Memory Verses, 4, 5.

Golden Text-Jesus said unto them, I am the bread of life.-John 6:35.

2 And the whole congregation of the children of Is'rael murmured against Mo'ses and Aa'ron in the

3 And the children of Is'rael said unto them, Would God we had died by the hand of the Lord in the land of E'gypt, when we sat by the flesh pots, and when we did eat bread to the full; for ye have brought us forth into this wilderness, to kill this whole assembly with

hunger.

4 Then said the Lord unto Mo'ses, Behold, I will

4 Then said the Lord unto Mo'ses, Behold, I will rain bread from heaven for you; and the people shall go out and gather a certain rate every day, that I may prove them, whether they will walk in my law, or no. 5 And it shall come to pass, that on the sixth day they shall prepare that which they bring in; and it shall be tries are market when eather at they deline the same transfer.

they shall prepare that which they bring in; and it shall be twice as much as they gather daily.

6 And Mo'ses and Aa'ron said unto all the children of Is'rael, At even, then ye shall know that the Lord hath brought you out from the land of E'gypt:

7 And in the morning, then ye shall see the glory of the Lord; for that he heareth your murmurings against the Lord: and what are we, that ye murmur argainst us?

against the Lord: and what are we, that ye murmur against us?

8 And Mo'ses said, This shall be, when the Lord shall give you in the evening flesh to eat, and in the morning bread to the full; for that the Lord heareth your murmurings which ye murmur against him: and what are we? your murmurings are not against us, but against the Lord.

against the Lord.

9 And Mo'ses spake unto Aa'ron, Say unto all the congregation of the children of Is'rael, Come near before the Lord: for he hath heard your murmurings.

10 And it came to pass, as Aa'ron spake unto the whole congregation of the children of Is'rael, that they looked toward the wilderness, and, behold, the glory

of the Lord appeared in the cloud.

of the Lord appeared in the cloud.

11 And the Lord spake unto Mo'ses, saying,
12 I have heard the murmurings of the children of Is'rael: speak unto them, saying, At even ye shall eat
flesh, and in the morning ye shall be filled with bread; and ye shall know that I am the Lord your God.

13 And it came to pass, that at even the quails came up, and covered the camp: and in the morning the dew
lay round about the host.

14 And when the dew that lay was gone up, behold, upon the face of the wilderness there lay a small round

thing, as small as the hoar frost on the ground.

15 And when the children of Is'rael saw it, they said one to another, It is manna: for they wist not what it was. And Mo'ses said unto them, This is the bread which the Lord hath given you to eat.

## THE LESSON RETOLD

After the Israelites got safely across the Red Sea, they went on their journey towards the land of Canaan. Soon they came to the wilderness of Sin. By this time they had eaten up all the food which they had brought with them from Egypt, and every one began to complain against Moses and Aaron. They said, "Why did you bring us out of the land of Egypt, only to die with hunger in this wilderness? When we were in Egypt we had at least plenty of bread and

The Lord told Moses that He had heard the people's complaints, and that they would have meat to eat that very evening, and as much bread as they wanted. Then they would know that God was taking care of them. So Moses and Aaron gave God's message to the Israelites, and said, "When you murmur against us, you are really mur-

muring against God, and He is very much displeased with you." Then the Israelites saw in the wilderness before them the glory of the Lord shining in the cloud which had led them on their way and they knew that He was indeed within their midst.

And God did as He promised, for in the evening great numbers of birds called quails came flying up to the camp so that the people could catch them.

And besides, in the morning, after the dew was dried, there was left on the ground small, white, round particles which looked like frost and tasted like honey cakes. And Moses said, "This is the bread which the Lord has given you to eat." Now the people called this food which God sent down from heaven every morning till they reached Canaan, "manna."