

Timetable to Fireless Cooker

It may seem rather early in the season to be talking "fireless cooking," but now is really the time to get our summer improvements into working order. Too many of us have the habit of putting off the doing of things until we are confronted rather forcibly with the fact that the time when they are needed is at hand. A system of "preparedness" is a splendid thing to cultivate.

More and more we read nowadays of the uses of the fireless cooker in the farm home, and no doubt many of our Women Folk will this year be installing either a home-made cooker or one of the many now available on the market. For the benefit of the uninitiated we publish herewith a timetable for the fireless cooker, recently issued from Cornell University. Of course we have to learn how to use the cooker to best advantage to a certain extent by experience, but a timetable such as the accompanying one should be of considerable assistance.

Food.	Proportion of food to water	Minutes for boiling on the stove	Hours in the cooker
Cereals—			
Cornmeal	1 to 6	10	6 or all night
Cracked wheat	1 to 6	25	8 or all night
Cream of wheat	1 to 6	5	2 or all night
Farina	2 to 7	5	2 or all night
Hominy grits	1 to 5	16	8 or all night
Macaroni	1 to 4	5	2
Rice	1 to 4	5	2
Boiled oats	1 to 3	5	3 or all night
Vegetables—			
Beans, dried (soaked and cooked in the same water)	1 to 4	5	5 or more
Beans, string	1 to 1	2	2
Cabbage	1 to 1	2	1½
Carrots	1 to 1	2	2
Onions	1 to 1	2	2
Potatoes	1 to 1	2	2
Dried fruits—			
Apples	1 to 2	5	4 or all night
Apricots	2 to 2	5	4 or all night
Peaches	1 to 2	5	4 or all night
Prunes (soaked and cooked in the same water)	1 to 2	5	4 or all night
Meats—			
Beef, boiled		15	2
Beef, pot roast		30	5
Chicken, stewed		30	3
Ham, boiled		20	7
Mutton leg or shoulder, boiled		30	6
Mutton stew		10	4
Breads and puddings—			
Brown bread		30	5
Cup custard, steamed		1	1
Stew pudding		30	5

No Guess Work Here

Mrs. Geo. K. Robinson, L'Assomption, Que.

My mother was a good butter maker and so was my mother-in-law, but I scored one ahead by getting a dairy thermometer to test my cream. My husband has a spring balance, and when butter comes I weigh the tub of butter and put in an ounce of salt to a pound of butter. I stir the cream daily while gathering enough for a churning.

We bought a De Laval No. 10 Centrifugal and are more than pleased with it. Yesterday we churned 48½ lbs. cream and had 17½ lbs. butter from it.

We sell our butter in the village to the butcher and get 32 cents a pound for it.

Our herd is about half pure-bred Ayrshires and the other half are high grades. We feed bran, olicake meal and chop. We have taken Farm and Dairy for 30 years and think it is getting better all the time.

Replenishing the Fruit Shelf

ABOUT this time of year our fruit cellars begin to take on a decidedly empty appearance. The shelves, which last fall groaned

under the weight of the dozens of gems filled with appetizing preserves have been gradually robbed during the winter and spring season until for fruit, we are apt to wonder how we can make it hold out much longer.

This problem can be lessened considerably if we will take a little time and make some additional preserves, or jellies from dried fruits such as pears, peaches, apricots, prunes, cranberries, etc. In using dried fruits, a point that must be kept in mind is to wash thoroughly in warm water, removing any dust. A good plan, also, is to add a pinch of salt which dislodges any insects that may be in the fruit. After washing, the fruit should always be soaked overnight, then cooked the next day in the same water in which it has been soaked. Dried fruits should not be allowed to boil, but rather to stew gently.

If allowed to cook for about 24 hours the skins of dried fruits can be removed with a sharp knife. Equal

Proportion of food to water

Johnny was telling his father and Uncle Will what he intended to get for them when he grew up big. "Well my little man," said his father, "where do mamma (just entering) come in?"

"Why!" said Johnny seriously, "mamma comes in the door."

Adding to Kitchen Comfort

Mrs. H. M. Chapman, Glengarry Co., Ont.

THE tendency in too many of our homes, I believe, is to expend our greatest efforts in making the front of the house as attractive as possible, while we allow the kitchen to remain "just kitchen," and do not endeavor to make it one of the most pleasant rooms in the home. While I have fully realized this condition of affairs for some time in my own home, not until this spring have I been successful in having my kitchen appear anything like the pleasant workroom I have had in mind.

My kitchen, as is the case with the majority, was painted a dull, dingy grey, and this color certainly has a tendency to make a room gloomy. I had come to the conclusion that I would either have the woodwork stained and varnished, or painted white. I decided in favor of the white paint. It took three coats of paint to cover up the dark grey, but the result was well worth the effort. Some of my neighbors tell me that I will find the white paint hard to keep clean looking. Of course I can't speak from experience yet, as the paint has not been on long enough. I am going to try out a scheme for cleaning this paint which I read about not long ago. Equal parts of sweet oil, turpentine and vinegar are mixed. The mixture is shaken well before using and rubbed until perfectly dry with a soft cloth. If it is necessary to use soap and water, this polish may be used immediately afterwards.

The walls of my kitchen needed repapering, so I got some of this washable paper, with a small tile design in blue. People tell me that this style of paper washes off very nicely, and it harmonizes splendidly with the white paint. As I already had good linoleum on the floor I did not make any change there, simply giving the linoleum a coat of varnish to brighten it up.

Another decided improvement in my working equipment was to have my worktable set up on blocks, just at the right height so that I can do my work without stooping over my table. I did not realize just how much benefit this little change would accrue until I tried it out. I feel sure that I will appreciate this convenience even more on the hot days of summer, for work is always more trying in hot weather. I have made another provision for hot weather this year, too, however, so that I am not dreading the sweltering days as much as usual. Last week hubby and I went to town and invested in a four-burner coal-oil stove and an oven to use with it. This is a convenience that I have been looking forward to purchasing for several summers.

While my kitchen is not by any means fully equipped yet, I think we have made quite a transformation for one year. I hope, however, to make additions next year, and, if possible, one will be a water system.

SOME MOUTHFUL.

WHEN old Peter arrived at the station with the goat he had brought to ship, the freight agent could find no tag.

"Say, Unc' Peter!" he called, "What's this animal's destination?"

"Where's this goat going?"

Uncle Peter shuffled up and presently found the frayed end of the tag still attached to the rope about the animal's neck. In a moment he wrenched open the goat's mouth and looking in, exclaimed, "Law! Marse Tom, dis yer fool goat done eat de place whar he gwine ter!"—M. V. M. J.

Rusty cans are a menace to good milk. They have no place in the dairy.

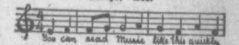
GILLETT'S LYE

EATS GILLETT'S LYE DIRT

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