

the extreme case that I am here depicting. In this extreme form, this type of woman is commonly found among the Jews. The Jewish home reverberates with emotionality and largely through this attitude of the Jewish housewife.

Such a woman is apt to make a slave of her family through their fear of arousing her emotions. How frequently people are chained by their sympathies, how frequently they are impeded in enjoyment by the tyranny of some one else's weakness, would fill one of the biggest chapters in a true history of the human race, — a book that will probably never be written.

Naturally enough, this housewife finds plenty to worry about, to react to, and since these reactions are physical, they have a lowering effect on her energy.

To those familiar with the conception that every emotion, every feeling, needs a discharge, it will seem heretical when I say that the excessive discharge of emotion is harmful. Freud finds the root of most nervous trouble in repressed emotion. That is in part true, but it is also true that excessive emotionality is a high-grade injury, for emo-