

DISTRACTIONS

In Our Path

You are that hope and fear
That tears me to the core
You are the truth I fear
The future that gives me hope

Far from here like east to west
Forever lies in our path
Far from here, thus I cannot rest
I suffer fate's cruel wrath

You bring the light and clouds
Into my every day's noon
You bring on hope somehow
Accompanied with fears so cruel

Far from here like east to west
Forever lies in our path
Far from here, thus I cannot rest
I suffer fate's cruel wrath

Eyes of truth full of lies
Eyes of hope full of doubt
I am sure it is you I recognized
When I let my broken heart out

You are the sun and the moon
Or so it has seemed
You are both night and noon
Both cold and great heat,
My heart is soft and broken
Like a vessel of clay
For I love both unspoken
And what you now have said

Far from here like east to west
Forever lies in our path
Far from here, thus I cannot rest
I suffer fate's cruel wrath

Jason Richard

On my return to the university in June
I wandered beneath the darkened dignity which clung to the buildings
like the golden tapestries throughout some medieval royal hall

It was the beginnings of English society
I was an invader walking on the vast foreign roads
studying the decaying stone buildings
which contrasted the timber, plaster and lath buildings
of my people

I was ignorant of the fact
that you were once a brilliant retreating Roman

Stephen Robinson

My Deepest Pain

Across a crowded room
A beautiful friend standing
In silent pain.

I want to reach into his soul
I heal his wounded heart,
But I can't.

My own morality
Limits what I can do
I can do so little.

Oh to be a God
To have the power to heal
But pain is a part of living-
Is much a part of happiness as happiness itself.

With no downs there'd be no ups.
With conflict comes growth and resolution
But it still really hurts to see others in pain
I just want to hold them and make every right
But I can't.
I can only try.

Darren Elliot

UNB's Writing and Math Centre

UNB's Writing and Math Centre is here to help you make the most of your studies! We offer two Programs to develop and improve academic skills.

Writing and Study Skills Program

Individual Tutoring: Free tutoring is available to all UNB students all year. The Program's tutors can help you master essay, report, and thesis writing, and offer you ways of improving your reading, note-taking, examination preparation, and time management. To make an appointment with a tutor, please call **453-4646**. You can also visit us in the Wu Center, Room 111, during our Monday Night "Open House" sessions, 6:00 to 9:00 PM.

Workshops: We offer a number of low-cost workshops on specific skills. Register for these at the Department of Extension: call **453-4646**. The following workshops are scheduled for Fall Term 1994:

CALS 1301	Note-Taking	24 Sept. 9:30 am - 12:30 pm	\$10
CALS 1326	Study Strategies for Adults Returning to School	24 Sept. 1:30 pm - 4:30 pm	\$10
CALS 1304	Time Management for Students	01 Oct. 9:30 am - 12:30 pm	\$10
CALS 1329	Critical Thinking	15 Oct. 9:30 am - 12:30 pm	\$10
CALS 1318	Clear Writing for Students in the Technical and Applied Fields	15 Oct. 1:30 pm - 4:30 pm	\$10
CALS 1313	Reading Strategies for Students	22 Oct. 9:30 am - 2:30 pm	\$13
CALS 1310	Seminars and Oral Presentations	5 Nov. 9:30 am - 12:30 pm	\$10
CALS 1323	Improving Examination Skills	26 Nov. 9:30 am - 1:30 pm	\$12
CALS 1317	Essay Writing and Library Research	29 Oct. 9:30 am - 4:30 pm	\$15
CALS 4301	Secrets of Math Success	05 Nov. 1:30 pm - 4:30 pm	\$10
CALS 1340	Principles of Effective Writing	27 Sept. - 14 Nov. 7:00 pm - 9:00 pm	\$70

Macintosh Computer Lab: Free instruction and use of Mac computers and printers is available to all students. In a few hours you can learn everything you need to know to word process successfully. We also have DOS and WINDOWS machines! To make an appointment for instruction or computer use, please call 453-4646.

Math Help Program

One-on-One Tutoring: Free math tutoring is available to all students taking first-year math courses at UNB. The Program's tutors can help with everything from basic math to calculus. To make an appointment with a tutor, please call 453-4646.

To find out more about the Writing and Math Centre and how it can help you, please call the Department of Extension and Summer Session at **453-4646**. Our tutors and workshop leaders are committed to your success.