it may have been, we are certain that a cause must precede an effect. In diseases of all kinds there is a primary cause from which they proceed, and as long as the cause exists without obstruction the disease increases, therefore, the main principle of physic and cure of disease is to find out the cause and remove it; in addition to this to make use of healing medicines and to use such means as will hinder the return of the cause. Now, with this plain proof illustration, how easily might slight family complaints be cured, and as I stated in p. 23, the simplest remedies are found to produce the most salutary effects. The old saying is that when a thing is well begun it is half done, so then the first object in curing disease, which should never be forgotten, is to remove the cause and the effect will cease.

VEGETABLE SEDATIVE OR NARCOTIC POISONS

(Continued from p. 84).

CAMPHOR is an excellent medicine, but if swallowed in large doses causeth firey excitement in the brain and nervous system, causing vertigo, difficult breathing, fainting, convulsions and cold sweats, sometimes death. Caution—In cases of poisoning by camphor a few drops of landanum may be given at intervals whilst professional aid is procured.

HEMLOCK.—The common great hemlock groweth up with a green stalk, four or five feet high, full of red spots, leaves set one against the other, winged, dented on the edges of sad green color, white umbeliferous flowers, pistils 2, seed flat; root, long, white and hollow, of a dissagreeable smell, it is of a very dangerous quality, producing phrensy, dilation of the pupils, convulsions and death. The stomach must be first evacuated with the stomach pump, afterwards give large doses of vinegar or other aciduous fluids, (see caution p. 20.) Upon any mistake being made, or suspected poisoning take place, vinegar, wine or decoction of sorrel might be drank directly.

HENBANE.—Must in case of poisoning, be treated the same as for Hemlock. The common Henbane hath very large, thick, soft, wooly leaves, dark greenish color, much dented on the