The Nutrition

Wheat and Barley

is of especial value during

the colder days of winter. For your cereal food think of-

Nothing more appetizing among ready-cooked grain

foods-the cereal to use be-

cause of its wheat & barley content Eits richness in sugar.

Grape-Nuts needs no

sweetening.

"There's a Reason"

CAMADA FOOD BOARD



Niagara Falls, Ont. Feb. 19.—
Frederick Fountain, aged 30, who came here from the West Indies about five weeks ago, killed his wife and two children, aged 5 and 3, at an early hour this morn ing by cutting their throats with a small clasp knife. Then he slashed his own throat and wrist with the knife, but not deep enough to cause death. He is now at the hospital and will recover.

The police think the motive of the triple crime jealousy, because they say Mrs. Fountain had threatened to leave her husband. She did so a few weeks ago, but came back after two days.

An empty whisky flask was found in the room, which Fountain is believed to have emptied after murdering his family.

He appeared dazed when the police arrived, but it may have been from the loss of blood.

Liquor Now Rushing

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THE HEADGEAR COUNTS, dom Into Michigan State

RESULT OF COURT DECISION ON THE "DRY" LAW.

Detroit, Feb. 19.—Liquor is pourling into Detroit and other Michigan State likely to take to such dainty ornaments should the maid discard them.

YOU KNOW

Por Sale—1917 Chevrolet Touring

TUDGE SAYS HE MUST STAND
TRIAL AT OWEN SOUND.

Toronto, Feb. 19.—An effort to change the venue of the trial of Reeve Joseph Weber, of Neustadt, that the M.S.A., and convicted by the magistrate at Owen Sound of in making unlawful statements, failed at Osgoode Hall, to-day, with Chief Justice Sir William Mulock throwing out the motion in a lengthy verbal judgment in which his lordship held that the accused would receive as fair a trial inside Gray County as anywhere else.

D. O'Connell, appearing for Weber, made the application on the ground that the hostile attitude exhibited by Owen Sound citizens recently, and which hostile feeling, counsel declared, was general throughout the whole county, would preclude his client from having a fair trial by a jury at Qwen Sound at the next assizes.

Cross Was D'scharged

MANSLAUGHTER CHARGE A-GAINST GODERICH AUTO-IST FAILS.

Goderich, Feb. 19.—The assizes equity or mand here were early after equestion of hours, wages and overguine wages.



PRINCE YAMAGATA, For years the power behind the throne of Japan who died on Monday.

Public Dance

Orpheus Hall, Waterloo

Friday Feb. 21st. Krug's first-class orchestra.

Excellent floor.

Admission \$1.00. Ladies free.

All the latest musical numbers'





just two kinds of music he likes and the kind h like. There are individua ganizations working to st terest on British music, advocating the use of m or Russian or Italian or American music. The or Russian or Italian or American music. The have their place. The of the music of the variance a useful mission to But in the long run of the individual compositubile's fancy for it will its use. No music describing a citizen of a certain of a citizen of a certain

> at the pri Gold Soap it would b Soap Cake more larger

J. J. BENSON

WhenYou



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