Health in the Morning Dish.

When you eat

Grape-Nuts

for breakfast you combine

a dish of great enjoyment with solid food value.

Grape-Nuts is a builder of brain and brawn — a real food: scientifically prepared to meet the modern

demands of efficiency.

"There's a Reason"

OFTEN REPEATED STORY, TIME HAS COME FOR STRENGTH-ENING PITCHING STAFF.
By Geo. A. Malleck.
Sporting Editor, The News Record.
The Beavers lost again by a score of 10-7 and would now be in the cellar taking everybody's dust, but for the burlesque showing of the London Tecumsehs.

The game was attended by specifical statements.

GEO. M. HOFFMAN
ELECTED PRESIDENT

A meeting of the Boy: Band was had less evenange, the following mean-with, Mayor Electron of the late o

Mr. F. Storey of Hamilton was a business visitor in town yesterday.

A special meeting of the Park Board will be held to-night when matters of importance will be discussed.

Miss Florence Benton of St. Catharines is spending several days with triends in town.

WILL TALK ON AMALGAMATION To-morrow night at the Labor Hall, King Street, an interesting Debate is on when the question to be discussed will be the Amalgamation of the Twin Cities of Kitchener and Waterloo.

Both Captains have arranged behind them good speakers who will present the above question in a clear and precise manner and as much interest has been amanifested three promises to be a crowded house.

Fifty Years a P. M.

T.W. SANDERS OF GUILPH, June 3.—Thomas W, Sanders, for 46 years police magis-trats of the City of Gutchyl, died on the constant of the catharines in the shorys to day state of the City of Gutchyl, died on the constant of the catharines and the respective factors and precise manner and as much interest has been another the above question in a clear and precise manner and as much interest has been another than the state of the control of annual anniversary will remind you of WOODSTOCK Captured Honors

## **SOME PEOPLE** YOU KNOW

## S. Queen St. THURSDAY'S 21 to 23

BIG SALE AT

Are we the busiest people in town? Values not found outside here. That's

	SUGAR SPECIAL  Lay in your supply for canning season.  Granulated sugar, 100 lbs.  Granulated sugar, 9 lbs.  Granulated sugar, 4 lbs.  Joing sugar, special, 2 lbs.  Light brown sugar, 9 lbs.  Light brown sugar, 4 lbs.  Loaf sugar, finest quality, a lb.  140
	CANNED GOODS
1 2 2 1 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	Early June peas, special, 2 tins. 25c Tomatoes, large tins, worth 25c, for 16c Canned corn, very special, a tin. 20c Canned pumpkin, large tins, each 10c Campbell's soups, all flavors, e tin. 15c Clover Leef selmon, reg. 50c tins for 46c Anchor brand selmon, red quality, reg. 45c for 39c Canned apples, very special, a tin. 22c
	HOUSE CLEANING SPECIALS.  Brooms, reg. 75c quality, for.  Bamboo handle brooms, finest quality, made worth \$1.25, for.  Stove brushes, 20c quality, for.  10c Old Dutch Cleanser, reg. 13c tins for.  Lux, reg. 13c pkg, for.  Ammonia, large 15c pkg, for.  Babbit's Cleanser, special a tin.  5c Bon Ami, reg. 15c pkgs, for.  Starch, reg. 15c bs. tins for.  Starch, reg. 15c bs. tins for.  Starch, reg. 15c bs. special.  Pearline, reg. 7c pkg, for.  Babbit's Lye, reg. 15c tins.  P. & G. white napths soap, a bar.  Sec Gold scap, special a bar.  Golden Gem soap, 4 bars.  Stove polishes, shoe polishes, blueing, brass or silver polishes at special prices.  Oakite Univerzal eleaner, a pkg.  Clothes pins, 3 dozen.  10c
	TEA, COFFEE AND COCOA.  Genuine Mocha and Java blend, a lb. 50c Our special blend coffee, a lb. 45c Cheaper grades at 30c and 35c

Starch, reg. 15a lb, special.  Pearline, reg. 7a pig., for.  Babbit's Lye, reg. 15a tins.  P. & G. white naptha soap, a bar.  Sc.  Gold soap, special a bar.  Sc.  Dingeman's electric or life buoy soap, a bar.  7c.  Golden Gem soap, 4 bars.  Stove polishes, shoe polishes, blueing, brass or silver polishes at special prices.  Oakite Universal cleaner, a pkg.  Chloride of lime, large pkg.  Clothes pins, 3 dozen.
TEA, COFFEE AND COCOA.
Genuine Mocha and Java blend, a lb 50c
Our special blend coffee, a lb
English breakfast tea, worth 70c a lb., for 47c
is the Landstone too mouth 800 for 600
English breakfast tea, worth \$1.00 a lb. for 75c
Cocoa, finest quality, a lb
CHEESE.  Canadian Swiss cheese, choice a lb.  Cream cheese, Ingersoll, 25c pigs. for 22c  Cream cheese, Ingersoll, 15c pigs. for 13c  Pimento cheese, Ingersoll, 15c pigs. for 14c  Creamery nippy cheese, special a lb.  38c

Seeded raisins, Griffin brand, reg. 20c pkgs. for. 15
SPECIAL ON LEMONS Extra quality California seedless large lemons, special on Thursday, a dozen
MAPLE SYRUP SPECIAL Pure maple syrup, put up in quart jars, with jar 65
FRESH VEGETABLES AND FRUIT  This is pineapple week; get your supply at special prices.
Lettuce, a head
SPECIALS.
Horse radish, pure, a bottle 20 Prunes, apricoats, dried peaches, at special prices Dromedary dates, a pkg 27 Dried apples, a lb 10 Cornstarch, reg. 15c pkg 12 Vanilla or lemon extract, large bottles 8 Toilet paper, large rolls, special 5 Matches, 15c pkgs., 2 for 25 Table Salt, 15c pkgs. for 10 Macaroni, 16-oz. large pkgs. for 13 Swift's best quality margarine, a lb 36 Maple syrup, pure quality, a gallon 82.76 Heintz dill pickles, reg. 40c dozen for 25 All 25c tins Cocoa, special 23
FLOUR SPECIAL.  Every sack guaranteed to give best of satisfaction Finest quality pastry flour, trial sack, 10 lbs
CEREALS. The original Kellogg's Cornflakes, a pkg
deficient of the same of the s

 Puffed rice or puffed wheat, a pkg.
 14c

 Shredded wheat, special a pkg.
 14c

 Excelsior dates, reg. 25e pkg. for
 20c

 Butter, very special, a lb.
 48e

# Too Late to Classity

## Ontario Highway **Assuming Form**

OVERNMENT HAS TAKEN OVER ROADS IN WESTERN AND EASTERN SECTIONS

41 King St. E. Kibler's Old Stand

THINGS THAT NEVER HAPPEN



responsi somene other or importa that you qualitie

MA and is t in Cana

tation is

The on powder alum a

stated o

HAI HA! THE DE

Comfort Lye is it

LIKE NIAGARA

