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CARE OF THE INSANE

Beginning of the Provincial Lunatic Asylum

Four Untrained Superintendents-Specialists Not Required-Treatment of the Insane in Early Periods.

Paper Read Before the New Brunswick Historical Society, by Rev. C. T. Phillips-Feb. 23rd, 1904.

(Continued from last Wednesday.) I have given the report of two insane hospitals that they may be compared with the St. John asylum. I leave the reader to make his own comparisons and deductions.

can ascertain there are about 575 ters. are 425.

Since the asylum was opened, in 1848, to December, 1902, 3,514 male patients 1,410 men have been discharged as cured and 958 women. Men who were discharged as improved 605, women improved 424. Of those who remained about the same mentally, 143 were male within that time 1,047 men and 790

The age at which the largest number become insane was from 20 to 25 years, for since 1875 there have been 37 admitted between those ages. Since 1875 thirty-four have been admitted to the asylum who were be-

tween 80 and 90 years of age, and seven have been admitted who were between 90 and 100 years. In 1901, of 678 men in the asylum, 57 of them were sent out as curedpercentage 8.40. Relieved 3, percentage 44. Died 59, percentage 8.70.

In 1902 there were 721 in the asylum; 64 recovered, percentage 8.87. Died 59, Since 1875 1,166 unmafried men were admitted, unmarried women 757, mar-

ried men admitted 746, married women 612, widows 207, widowers 131. 1902 there were 164 patients admitted, 49 of whom were unmarried men, 49 unmarried women, and 32 were married women and 34 married men.

There were seven widowers and eight With the exception of Madawaska county, all the counties in the province county has 38, Charlotte 10, Kings 16, Queens 2. Sunbury 1 York 10. Carleton Victoria 2, Restigouche 1, Gloucester

college graduates, 1,098 had attended common school, and of the 3,456 patients admitted since 1875, only 495 had rereived no education.

All churches and sects in Chirsten-Iom seem to be represented. From 1875 o 1903, there have been in the asylum n Catholics 714 Bantists. palians, 355 Methodist. 397 Lutherans, 5 Adventists, 8 Disciples, 1 piritualist, 1 Christadelphian, 2 Plyhouth Brethren, 5 Salvation Army, nitarian, 52 no religion, 44 unknown Many nationalities are represented, England sends 86, Ireland 388, Scotland 9, United States 39, Norway 3, Spain, France, Finland, Greece and Sweden one each; Austria and Wales two each. The percentage of insanity among the Indians is much smaller than among the white races. Since the opening of the sylum there has only been one representative of the Indian race, a squaw. The small number among them who become demented are treated with so much kindness and consideration that the mind soon regains its balance. The only one in New Brunswick who became maniacal and homicidal was the squaw just referred lo. The Indians say of the insane, 'Manitou loves them, His hand is upon them. He will be angry with us and We shall not prosper if we are not kind

CAUSES, OF INSANITY.

A layman may not always know the causes for insanity only as a physician may tell him, and even the skilled specialist may not always be able to ascertain the cause. Sometimes it comes from an accident, sometimes the brain becomes diseased from no ascertainable cause. Under the heading, "Supposed or Assumed Cause of In Banity," since November, 1875, "Not assigned," is said of 502 patients; "Heredity with ill-health and nervous strain," is said to have caused the insanity of 544 patients; "Poverty, hardwhips and heredity" is the assigned cause for the insanity of only 16, of 102. "Overstudy," has sent 14 to the "Religious excitement" has asylum. sent 42. "Disappointed affection" and a "love affair" is the curt business-like way in which the story is told of three men and two women who have sent to the asylum with broken hearts. there have only been five in thirty years show that heads are more easily broken than hearts.

It is difficult to tell how far heredity alone is responsible for insanity, from the reports. It must be difficult to classify them for we read of "heredity and cravial injury," "heredity and dissipation," "heredity and tetanus,"
"heredity and la grippe," "heredity and Intemperance." So with intemperance it is hard sometimes to tell which had the most to do with the insanity of the patient, heredity or alcohol, for we find over-work and alcoholic excesses given as the cause in many cases.

Intemperance alone has given 220 patients to the asylum, dissipation 102. Here is the statement of Dr. Peters, Who was not a temperance fanatic nor a total abstainer: "As to the cause of insanity, sudden fright has been the fruitful cause of insanity among females. And among males the affec-

in this country to keep a lunatic asylum well filled with patients.4

FARMERS AND THEIR FAMILIES. Farmers and their families are largey represented in the asylum. Six hundred and twenty-nine farmers and their wives have been there since 1875, and The report for 1903 has not yet been | 203 farmers' sons and daughters and given to the public, but as near as I 583 laborers, their wives and daugh-

It will be surprising to a great many patients in the main asylum and the to be told that the largest percentage annex. In the main building there of the insane come from the country and I have asked those who know to tell me the reason. I supposed, in common with many others that the have been admitted and 2,537 women; largest number come from the cities, where there was more excitement more worry, more haste than in the country. But it frequently occurs that in remote places and where there is an utter absence of excitement there patients and 87 were women. Died is more insanity. Those who claim to know tell me that it is the deadly nonotony, the weary tread-mill round of irksome work. Many women are left at home caring for the children through the long winter while the husband is away in the woods. There are few neighbors to call and break the silence of her quiet life. Many husbands are careless, they do not mean to be unkind, but they are thoughtless; the husband can go into a neighbor's. or spend an evening at the grocery store and exchange news with those who, like himself, have left their wives alone. There are many farmers' wives who have not had a holiday since they were married; they must stay alone, She is the last one to go to bed and fretful child, and when her sleep is the of the treatment of the helpless in- has been the erection of the new sun most refreshing she must get up and | mates who are at the mercy of physic- rooms at the south end of the buildgo the weary round again. Sometimes | ian and attendant. A public hospital | ing. These sun rooms connect directly she has no money she can call her for the treatment of the sick and a with wards where our acute female own, and not until dire necessity con es, hospital for the treatment of the in- cases are cared for, and as they face a month? Make the position a prodoes she ask her lord for a dress, and same ought to be like Caesar's wife, east as well as south, the introduction sometimes, grumblingly, he doles out a few shillings of the money he en- the suffering ones may have no hesi- ous, than which nothing is more im-

"It is work, work, work,

And oh! to be a slave." But if there are farmers who are hard masters to their wives (and they which is preferable-or the asylum Eight clergymen were admitted, nine Many a farmer thinks he cannot aftheir patients any cruelty without fear physicians, two druggists, forty-eight ford a holiday for wife and himself, of detection and punishment, teachers, twenty-four students, one who would make money faster than journalist, and (strange to relate) only ever he did before if he would take a holiday.

Break up, oh husband, that deadly monotony and give yourself and wife a holiday, or some day you will be taken (or your wife) on a journey and you will not return.

DON'T WORRY.

How can I help it? you ask. You can help it. Look on the bright side. Presbyterians, 12 Congregationalists, Fight against the "blues' 'as you would fight against a deadly sin, for the melancholiacs who are in the asylum (and many of them will never return),

You Can Keep The Liver Active

AND ENSURE THE REGULAR AND HEALTHFUL ACTION OF THE BOWELS BY USING DR. CHASE'S KIDNEY-LIVER PILLS.

The bile is Nature's cathartic. long as the liver filters the bile from the blood and passes it into the intestines, the bowels will be regular Constipation can never be perman-

ently cured until the liver is set those upon whom Manitou lays his right. Because they act directly on the livr as well as the bowels, Dr. Chase's Kidney-Liver Pills are wonderfully

uccessful as a cure for constipation and liver troubles. They rid the system of accumulatd poisons, thoroughly cleanse the system and invigorate the organs of digestion and excretion.

No family medicine was ever so universally used by the people of Canada, and none so generally endorsed. Constipation, biliousness, kidney disease, liver complaint, backache and stomach troubles are among the ailments which are promptly cured by

this treatment. Mr. Wm. A. McDougall, police court clerk, Moncton, N. B., states: "As a ern laundry. remedy for lame back, pains in the while heredity alone is responsible small of the back and all forms of for the insanity of 196. "Diseased Kidney and Liver trouble, I consider brain," is responsible for the insanity Dr. Chase's Kidney-Liver Pills ahead of all treatments. I have used these pills myself for Liver derangements, and always found them most satisfactory in relieving the trouble at once. "I have also heard a number of people praise this medicine and have no hesitation whatever in recommending it to anyone affected with any of the

above ailments. We always keep a box in the house in case of sickness." Mrs. Joseph Gray, Sartell, Kings Co., N. B., writes: "For four or five years my husband and I have used Dr. Chase's Kidney-Liver Pills for kidney troubles and biliousness and find them indispensable as a family medicine. We

could not do without them. "We have also used Dr. Chase's Catarrh Cure and Ointment with most satisfactory results." Dr. Chase's Kidney-Liver Pilis, one pill a dose, 25 cents a box, at all deal-

ers, or Edmanson, Bates & Co., Toronto. To protect you against imitations the portrait and signature of Dr. A. W. Chase, the famous receipt book author, are on every box. A clergyman, renewing his subscription to the Sun, says: "I am gratified

to see the respectful way that you deal

Count your blessings, and don't cross the bridge until you come to it. The daily average in the asylum this year will be at the least six hundred. wenty of them have no friends. Five hundred and eighty have (perhaps) three thousand friends, who will never lie down at night without thought and prayer for their insane relatives. They As the cold wind shakes door and window and the thermometer goes down, below zero, they wonder if their friends

hungry. And they wonder if they are kindly treated. A lunatic asylum ought to be built of nd suffering are cared for, that there

the asylum are as decorous as in any church, the organist is a patient, and the singing is done by the patients. IMPROVEMENTS NEEDED. The improvements that are needed is a building for a class of patients who can afford to have isolated rooms, that they may have the privacy of the

home.

A reading room and library are needed and would prove of great advantage are shivering with the cold. As they sit down to their well spread tables to a number of patients. A gymnasium is needed and better facilities for outdoor sports in winter.
Some of the wards, or parts of them, they ask themselves if they are ever

need more sunlight. Dr. Wagner, superintendent of the Binghampton glass (metapherically), so should all pital, in his report of 1902, tells of the other public buildings where the sick value of sunlight in these words:

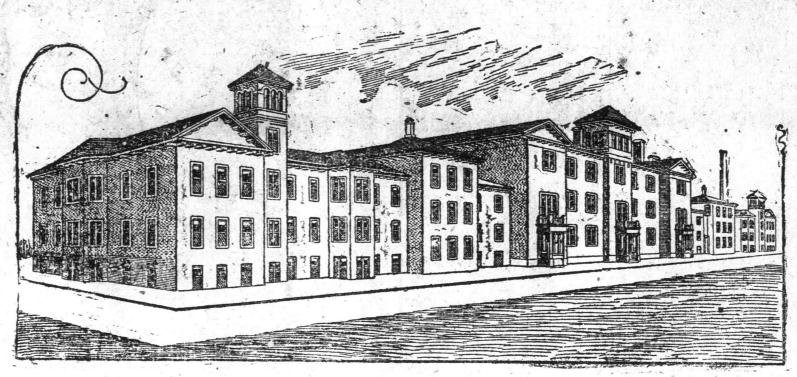
been kind and gentle without weakness and have grown to love their work and their unfortunate sisters under their care. I have had no acquaintance with the matrons, and yet can write as freely of them as if I had always known them, for my in-formation has been gathered from reliable sources. The commissioners and the patients have been as fortunate in the selection of the present matron-Mrs. Hetherington-as in her predeces

The question of a specialist in mental alienation for the asylum is one for the medical profession to decide, but I am quite sure that a humble lay man (as 'umble" as "Uriah Heep") may make years of pretty careful observation that to expect many cures from an

but are kept from proper care becau some "Sarah Gamp and Betsy Prigg" got their gossiping heads together over their tea and Mrs. Gamp says, "Mrs. 'Arris told me they just butchered 'em up to the 'orspital," "Yes; an' bile em," says Mrs. Prigg.

BEAUTIFUL FOR SITUATION.

The insane hospital is beautiful for situation, and in summer, with its lawn, shade trees and flowers is an attractive place apart from its associations. And yet, as I have from the grounds and the windows of some of the wings of the building, looked out upon the Reversing Falls and watched the turbulent waters as they have the statement after more than four rushed up through the gorge and then down again, seething, boiling as sea met river, and they swept together "The most notable improvement in asylum where there are no carefully and then swept apart, as if maddened



PROVINCIAL LUNATIC ASYLUM.

sometimes she is kept awake by a may to the most accurate knowledge the hospital equipment during the year selected attendants is to expect the lowed her with when he married her. tancy in sending husband, wife or child portant in the treatment of the insane, among strangers to be cared for. Think of the mental suffering of those who other maladie?" torture themselves with the thought that their friends in hospital or asylum are treated unkindly. To ill treat the insane is the refinement of torture and only men and women who are more 14. Northumberland 18, Kent 5, Westhorland 32 and Albert 5. Two of the
hatients come from Bermuda.

do not mean to be) they are naturally
cruel than savages could be guity
it. The insane are so utterly at the
mercy of their attendants and so helpunder proper conditions of environment.

> cruelty has passed away. In the best the maintenance of an insane person conducted insane hospitals there are is \$175 per annum, and the duration of no mechanical restraints. Dr. Ryder, life about fifteen years. It will thereone of the most eminent alienists of

the day, says "that they are useless, each one of these patients restored to and chemical restraints are worse than health and activity, as a worker among useless." And he adds "A skilled, alert, his fellows, there must be a correconscientious attendant is the best restrainer. The old mechanical instru- thousands of dollars." hents of torture would drive a sane man into insanity, or kill him in twen- TRAINED ATTENDANTS ARE IM-

ty-four hours." That the insane may yet in some in stances be used cruelly cannot be questioned, but cold blooded brutality has passed away

From all the information I can gathbeen any brutal treatment of the insane in the St. John hospital. Cerincapable of it. Dr. Peters was a generous, large hearted man. It was his thought that originated the first asylum; he treated his patients with the who knew them that Dr. Waddell and Dr. Steeves did the best they could for their patients, and were never suspected of treating them unkindly. I have known Dr. Hetherington and Dr. Travers for nearly five years, and I have questioned those who have been patients there and have gone to their nomes cured, and they speak in the nighest terms of their treatment by the doctors, matrons and "some" of the attendants.

' EVERYTHING CLEAN.

GOOD LAUNDRY. The laundry is large and well equipped with all the appliances of a mod-

The kitchen, or cooking room, is large, perfectly clean and the ranges at a second class hotel as at a first. A chef gets up as good dinners as you will get in a good hotel; he has a numdays they have fresh fish and salt fish. The next time you go through the I invited myself to dinner one day, asylum take your eyes with you, and and stipulated when I accepted the in- note how the patients regard the docvitation that I should have the same tors, matrons and nurses. If they dinner (in kind) that the non-paying shrink away from them as if expectpatients had that day, no more, no ing rebuke or blow, then they have less. The dinner was not as good as an been unkindly treated. If they crowd alderman's or judge's, or plumber's, but around them anxious for a kind word needless to say it was as good, if not or look then they have been kindly

better, than what a clergyman gets treated.

When he dimes at home.

Within the building there is a chapel taken pl that will seat about two hundred, and the chief qualification for a female it is well filled at the services which attendant in his day was "absence of are held every Sunday afternoon. The sensibility and good muscular developclergyman of Fairville take the services ment." The female attendants of to-in rotation, visit the sick and bury the day compare favorably with the nurses dead, who are buried in the asylum in other hospitals. One reason for the burying ground. The clergymen visit better class of attendants is that the the patients whenever they please, or matrons, without exception, have been

"above suspicion," that the friends of of sunlight will prove very advantageas well as patients suffering from many

Here is another statement of Dr. Wagner's, over which the commissioners of the St. John asylum might

ponder. ment and adequate nursing and medic al attention to get well, but who, in some instances at least, I believe, fail to recover simply because it is impos-AGE OF CRUELTY PASSED AWAY. sible for us, under existing circumstances, to provide them with the care The age of malicious and wanton they should have. The average cost for fore be readily appreciated that for sponding saving to the state of many

PERATIVELY NEEDED.

In the St. John asylum there has been one attendant there for fifty years and another for three years, and yet the average time for attendants to reer I do not believe that there has ever main in the asylum is about one year. There is no inducement for attendants to remain, the work is hard and tainly the superintendents have been the mental strain must be severe, and they get the shamefully small sum (the female attendants) of eight dollars per month, that is the minimum, the maximum is twelve dollars. The male utmost kindness. I am told by those attendants get twenty dollars a month. From a layman's point of view, I should prefer a trained attendant, and

physician and an untrained attendant. The writer of this paper has been asked his opinion regarding the treatment of the patients at the hospital. He has been asked many times to visit concerning them. I know that many homes all over this province are sad because of the shadow of insanity. I know that many are anxious to know how their friends are treated, and this Everything about the asylum is open letter is to them, rather than to scrupulously clean. Corridors, wards, the public. I know that your friends rooms are spotless to the eyes of a are not unkindly treated. They are man, and I imagine that the micro- warm and comfortable, they get scopic feminine eye would detect no enough to eat. Some of the patients dirt. There are bath rooms in every may complain of not getting enough ward and some of the patients get and may, like Oliver Twist, cry out for regularly, what they did not get at "more," but they have not poor home. a "good tubbing."

Oliver's reason, for there are always insane patients whose appetites are abnormal. The tables of the non-paying patients are not as well supplied as those who pay, but when one rides secand class he does not expect the luxury of a Pullman, nor as good a table compelled to take their medicine or

ber of assistants, and their position is I saw a young French girl, who was no sinceure, as they have to cook for going home from the asylum the other nearly five hundred hungry men and day. Her brother had come for her, women. The food is abundant and of and her face was shining at the good quality, and if you compare the thought of going home. I asked her menu with the one in Dr. Waddell's how she had been treated. "Has the day you will see what a great im- matron been kind to you, and the provement has been made. Breakfast nurses?" and I shall not soon forget -Tea or coffee, bread, butter and por- how emphatically she assured me in ridge. Dinner-Beef, potatoes, other her broken English, that they had been vegetables and bread. Supper—Tea, "So kind, so very kind she would not bread, butter and some relish. Fri-forget them, no never."

A great change for the better has taken place since Dr. Peters said that the chief qualification for a female seems to have arisen from the abuse of spirituous liquors a fruitful that he has taken re Sunday saloon are asked for, and there are no restrictions of spirituous liquors a fruitful in the Park."

Description and the stand the patients whenever they please of matrons, without exception, have been are asked for, and there are no restrictions placed on their visits whatever.

The lime kind You have him to be hopeless. He commanded, the allied for want of medical aid and nursing, forces of all nations in the Tien Tein and Petions placed on their visits whatever.

The kind You have him to be hopeless. He commanded the allied are asked for, and there are numbers of poor peodoctors this afternoon dectared his case to matrons, without exception, have been without exception, have been are asked for, and there are numbers of poor peodoctors this afternoon dectared his case to matrons, without exception, have been without exception, have been are asked for and nursing, forces of all nations in the Tien Tein and Pedical aid and nursing.

The kind You have him to matrons, without exception, have been well qualified for their positions as far tions placed on their visits whatever.

How can the best material for at tendants be secured when for their services they get only twenty dollars fession, double the wages and call it haps a hospital amidst more peaceful a salary, and then with better scenes, by a smooth flowing river, material you may 'expect better results.

THERE IS MUCH IN A NAME. CALL THE ASYLUM A HOSPITAL

terest in the asylum. With the exception of relatives of the patients there care—quite as much under the care of will be like an unpleasant dream. the commission, as they are under the care of the doctors and attendants, who are their servants. Since I know nothing of their work and I imagine that the public knows as little as I do, charity bids us believe that the visits of the commissioners are all that they should be.

The official visitors appointed by the commissioners have not visited the The guiding hand of love should be, good excuse. Perhaps the others have nearly as good a one.

The female patients have not been out of the building during the past winter. As the winter has been an ex ceptionally cold one this is not to be wondered at. Many of the non-paying out door exercise during the cold weat!

If a. I the relatives of non-paying patients see tihs paper I would urge them to sand suitable clothing to their friends if they can possibly afford it. Do not let your female friends be shamed by not having enough dresses and changes of clothing. They need not be expensive but they need not a doctor who was not a specialist in be ragged unless they tear their To the Editor of the Sun: mental diseases, rather than a trained clothes. There are social distinctions recovery. When she don't care what indifferent to her personal appearance then she is hopelessly insane, or-dead.

asylum treated?" I know that many persons are deeply interested in the impressions. answer and I want to give a correct reason to believe that they are kindly, things "I notice Canada's winter port, have no hesitation in sending a friend stand that. Now while I am a Lindasylum where there would be larger and better rooms, and trained attend- of St. John and I would like to have ants.

when I commenced my paper, but it our city St. John's, both in speaking grew out of my investigations, and af- and writing. ter interviewing a number of the leadall agree, regardless of political leanposition connected with the insane hospital ought to be made in the interests of any political party."

My investigations have convinced me | National harbor in extreme cold weathat any person who thoughtlessly or ther, maliciously injures the usefulness of any benevolent or curative institution does incalculable harm. To conceal or excuse carelessness or incompetency when life and reason is imperilled is little less than a crime, from my point of view.

There are many insane persons in this province who are kept at home, endangering their own lives and the steinest fer." Mr. Lewellyn carefully lives of others, because some malicious gossip-with no knowledge of the facts to the Smithsonian institute at Wash -has said "that they heard that ington.-Omaha World Herald. somebody said that it was generally believed," etc., "that they starved and beat the poor people at the asylum." The same is true of the public hospital. There are numbers of poor peo- doctors this afternoon declared his case to

by the conflict. I have thought that perhaps a mistake had been made in selecting a hospital site amidst such unrestful scenes, emblematic of the "reversing" mind, now tossed heavenward and then flung hell-ward. Perwhere the patient, who could be trusted, might boat in summer and skate in winter would have been better.

But for many a year to come the old hospital at Lancaster Heights will receive its men and women "with whom The public have taken but little in- hope has no promise to keep," and some of them as they enter its portals will think of Dante and will softly repeat are few visitors. The commissioners the apt quotation "Abandon hope all make hasty visits, I do not know how ye who enter here." Some will go out often they go, how long they stay, no more, and some with gladness and ror how carefully they investigate to see that full justice is done to the hun
no more, and some with gladness and home team only captured one goal, one of the Parrsboro boys was struck twice on the head and was quite badly. dreds of helpless patients under their and years they spent at the asylum They are helpless in their home o restraint, and the thought that comes

to many of them is agony. "They have forgotten me at home and even God forgets." No wonder the gentle Whittier wrote

of those for whom his heart went out "Gentle as Angel's ministry

asylum during the past twelve months. Which seeks again those chords to bind. Which human woe hath rent apart-

To heal again the wounded mind, And bind anew the broken heart."

COMFORT FOR THE AGED. Judging from the letters of people patients have no suitable clothing for up in years there is no medicine which so promptly frees them of aches and pains and insures regularity of the liver, kidneys and bowels as Dr. Chase's Kidney-Liver Pills, Even when all other means have failed old people can turn to this great medicine with full assurance of relief and cure. CANADA'S NATIONAL WINTER

PORT.

Sir,-No doubt many St. John people in the asylum, as elsewhere, even will remember Editor Wilson of the among the poorest patients, and as Lindsay Post, Victoria Co., Ont., from long as an insane woman is careful the bright, breezy and comprehensive about her person there is hope of her article on our city and its harbor of several columns that appeared in the patients there, and write their friends she has on, and becomes perfectly Post after members of the Press As- room. sociation during their visit here had partaken of considerable of our clean I have had two objects in view in shiny sea sand, flavored with clams at writing this paper. The first one to Bay Shore. At that time the Post did answer the question often asked me, full justice to our excellent national "How are the inmates in the St. John harbor facilities, and we would all like to have it retain its favorable first

In a letter just received from Edione. From my knowledge I have every tor Wilson, he mentions among other humanely treated. If necessary I would St. John, is frozen up." We cannot of mine there if I could not afford to say "old boy" and believe in "Old send my friend to a better equipped Home Week" as they celebrate it in Victoria Co., yet I am also a citizen the people of my native town and My second reason was to call the at- | county know that such a thing as the tention of the public to the importance St. John harbor being frozen has never are up-to-date as in a first class hotel. Some may complain when they are of agitating for improved facilities for been known. Invariably I find nearly more pronounced curative methods for all classes in the west, including even the insane. I did not have this thought merchants in the jobbing trade style

Realizing how anxious the Sun aling physicians of the city. I am at ways is to remove the very erroneous liberty to use their names, but will not do so unless it becomes necessary. They and the West generally have in connection with the excellent harbor of ings, that "no apopintment to any Canada's winter port, I felt you would be pleased to seize this opportunity of setting the Post and other western papers right as to the conditions of our

Very truly yours, W. E. EARLE.

WHERE'S THE MIDDLE NAME?

C. E. Lewellyn of the rural free delivery department reported that on a mail box on the route running out of Pierce he found this week the following name inscribed: "Otto Zweigelencopied the name and has forwarded it

FAMOUS SOLDIER DYING. HANOVER, Brussia, March 5 .- Field Marshal Count Von Waldersee is dying. The



Many women are denied the happiness of children through derangement of the generative organs. Mrs. Beyer advises women to use Lydia E. Pinkham's Vegetable Compound.

"DEAR MES. POWERANCE -- I SUSTEE with stemach complaint for years I got so bad that I could bet earry up children but five months then would have a minestring. The last that I became pregnant, my bashame you me to take Lydia B. Pinkham's Vegen table Compound. After taking the first bottle I was refleved of the sle maturity. I now have a nice baby girl, and can work better than I ever could before. I sm libracion woman."
— Mrs. Frank Beyen, 22 & Second St. Meriden, Conn. — 53000 papetre?

FREE MEDICAL ADVICE TO WOMAN. Don't hesitate to write to Mrs. Pinkham. She will understand your case perfectly, and will treat ou with kindness. Her advice s free, and the address is Lynn, Mass. No woman ever regretted having written her, and she has helped thousands.

PARRSBORO NEWS.

PARRSBORO, N. S., March 8 .- Capt. T. Knowlton of the fisheries protection service started for Quebec on Monday to take a military course in accordance with the new regulations. Mr. and Mrs. Thomas Trahev celebrated their golden wedding last evening. A large number of guests assembled to congratulate the bride and

groom of fifty years ago. The hockey match in Cecelia ring last night between the intermediate Ramblers of Amherst and the Parrsboro club was an interesting game, and was witnessed by a large audience. The first half of the match resulted in a score of three to three, but in the final play the visitors succeeded in adding three to their score, while the

injured. THE UNIVERSITY SENATE. Announcement is made in the Royal Gazette that J. H. Barry, barrister. Fredericton, has been appointed a member of the senate of the University of New Brunswick in room of Dr. Boyle Travers, St. John, "whose place has been vacated." Dr. Travers, who is a graduate of Trinity College, Dublin, has been a member of the senate for over forty years-since the act establishing the university went into force, but the first information he received of his removal by the provincial government was the publication of the fact in the newspapers yester-

day. No reason for the change is giv-WANTED-A case of Headache that KUMFORT Powders will not cure in

from ten to twenty minutes. CHURCH OF ENGLAND INSTITUTE

At a meeting of the council of the Church of England Institute last night organization was completed for the current year.

The following officers were elected:

Secretary, R. S. Coupe; treasurer, Rowland Frith; librarian, J. E. Secord; additional members of the council, A. T. Thorne, Mrs. W. F. Harrison, Mrs. J. H. McAvity. The date for Canon Richardson's lecture, which was postponed from

NEW GROUNDS FOR DIVORCE.

Thursday night, was fixed for Tues-

Man Docks Wife \$1 if She Reads Morning Paper Before He Does.

CINCINNATI, March 1 .- Annie L. Maxstadt today sued Henry Maxstadt for divorce. She declares that if she by any chance gets the morning newspaper before he does he takes \$1 from her allowance for that week. She alleges that the cares of their seven children and her husband's objections have almost entirely prevented her leaving the house, and that when she complained recently her husband told her she could go to market with him, but made her carry the

FROZEN UP FOR SIX WEEKS.

The ice has been cleared out of New Haven harbor. The sch. Quetay dragged her anchors there this week and ran into the Morancy, carrying away the latter's bowsprit and doing her other damage. Advices are to the effect that the three schooners, Morancy, Quetay and Clayola, which have been frozen in there about six weeks, sailed for New York Thursday or yesterday. They will all load coal for St. John.

SEEKING INCORPORATION.

J. Sutton Clark of St. John; John E. Moore of St. John; John D. Chipman of St. Stephen; Gilbert W. Ganong of St. Stephen, and Helen Clark of St. George, have applied for incorporation under the name of the J. Sutton Clark Co. to carry on a canning and general business.

OR TRADING STAMPS:

Proud Father-The man who mare ries my daughter, sir, wins a prize. Guest-My word, that is a novel idea! Is it a money prize, or just a

