

Holy

s of the
d Blood
must be,
y Him)
prepare
ving of
without
pective
worth
ime of
d some
er) in
akable
erable
means
us to
made
em to
arity;
uls do

stand; in calling to mind our sins, and confessing them to God; in grieving and repenting for them, and that in all humility and godly sorrow; in returning with the prodigal; smiting our breasts with the publican; weeping with Mary Magdalene; begging mercy with the thief on the cross; and lastly, in promising to God, to lead a better life for the time to come.

Thus if we do, no doubt but we shall be welcome guests to this feast, as being of that number for whom it was prepared. For by how much the more we come prepared to take this Sacrament so much the greater shall be the grace, which we shall receive by it.

There are four duties required in every communicant. First, faith to believe that Jesus Christ did and suffered all things which are written of Him in the Holy Scriptures, for the redemption of mankind. Secondly, repentance, by which a man