

should be repeated every eight hours. Of all diuretics, none are so good as abundance of water. The copious and prolonged use of the natural mineral waters does much good. They correct the digestive troubles so often met with in these cases, as well as acting on the renal flow. The alkalies in these waters seem to neutralize the uric acid and lessen arterial tension and the tendency towards sclerosis. On a full milk diet the amount of urine increases, the specific gravity decreases and the albumin increases. On a diet of meat, fish, eggs and bread stuffs, these three conditions are reversed, and the nutrition of the patient better conserved. To combat the anæmia, combinations of bromide of gold and arsenic, bromides of gold, arsenic and strontium, or bromides of gold, arsenic and mercury, are very efficient. To procure sleep the bromide of soda in full doses at bedtime, or an enema of chloral answer best. Rest, mental and physical, are of the utmost importance. A quiet life in a warm climate holds out many advantages. Life will be greatly prolonged and rendered more comfortable.

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THE TREATMENT OF LARGE WHITE KIDNEY.—Dr. E. S. Smith, in *American Practitioner* for August, enumerates the points of treatment under three heads. First, prevent further extension by instructions against excessive use of alcoholics and exposure to wet and cold. The patient should live in a smooth, quiet, temperate manner. A mild, warm climate is of great value, as it permits of much out-door life. Light, digestible and nutritious diet is requisite. All heavy and stimulating foods should be discarded. Second, aim at curing the mischief already done to the kidneys. Some physicians think very highly of bichloride of mercury, in doses ranging from one-thirtieth to one-eightieth. It is claimed that thirty per cent. of the cases as treated recover. Some urge the claims of pilocarpine. But the evidences in its favor are not strong. The Italian physicians speak well of fuschin. The third point is to correct other conditions of ill-health. Digestion is often bad, and demands attention. Diet and laxatives play an important part. Such drugs as oxalate of cerium, bismuth and creasote, are useful. For the dropsical effusions into the cavities and tissues, citrate or acetate of potash in infusion of digitalis gives the most satisfactory results. Warm baths in the form of hot air, steam, or blanket baths, are the best means of procuring diaphoresis. In extreme cases of dropsy the skin may be punctured or Southey's tubes used. Cavities may also be tapped. Hydrogogue cathartics lessen arterial tension and remove much fluid. The best are calomel and jalap in combination.