# POSTRY.

#### SONG.

BY THOMAS MOORE, ESQUIRE.

Let's take this world as some wide scene, Through which in frail but buoyant boat, With skies now dark and now serene, Together thou and I must float, Beholding oft, on either shore, Bright spots where we should love to stay, But Time plies swift his flying our, And on we speed, far, far away.

Should chilling rains and winds come on, We'll raise our awning; 'yainst the shower, Sit closer till the storm is gone. And smiling wait a sunnier hour. And if that sunnier hour should shine, We'll know its brightness cannot stay, But, happy while 'tix thine and mine, Complain not when it fades away.

So reach we both at last that full Down which life's currents all must go ; The dark, the brilliant. destined all To sink into the void below. Nor e'en that hour shall want its charms. If, side by side, still fond we keep, And calmly in each other's arms Together linked go down to sleep !

#### VARIETIES.

From the Journal of Health. UNSBASONABLE AND DANGEROUS PRACTICES.

After a long and fatiguing walk, or laborious exercise of any kind, to throw off coat or outer garment, untie cravat, expose the neck and breast, and then sit down at an open window or door in a current of air in the evening.

To eat much of any kind of fruit, or any at all, of that which is unripe, especially in the evening; or to suppose that the evil consequences are to be obviated by a glass of wine, or cordial, or spirits and water.

To eat much animal food, or to drink liquors of any kind, under the idea of thereby removing the weakness caused by the great heat of summer.

To give infants, or children in general, any such detestable composition as milk punch, wine or porter sangarce, or toddy. This practice ought to be an indictable offeuce at common law.

To sleep exposed directly to the night air, especially if it be very damp, and cooler thar the air of the day.

To have recourse to morning bitters, drams, or anti-fogmatics of any description, other than sponging the whole surface of the body with salt water, or using a trepid bath of the same.

To take the usual meals when excessively imaged from want of sleep, unaccustomed labout, or beginning indisposition. Absti- |

nence or reduced diet. timely commenced, will obviate all the risks from these causes.

THE AMENDE HONOURABLE-A gentleman who had been frequently annoyed by the litigious conduct of an opulent Buronet in his neighbourhood, a short time since, in a moment of irritation, called him a scoundrel, and, holding up his cane, threatened to make him feel the weight of it. The latter forthwith brought his action. The Judge recommended, when the case came on for trial, that the parties should settle the of christianity, the Alpha and Omega of all affair amicably out of Courf, and suggested religious truth. that the defendant should make an apology. This the plaintiff's Counsel consented to receive; but insisted, on the part of his client, that the offensive appellation should be re- |day," said a traveller in Ireland to the dritracted, and that justice should be done to ver of his car. "Oh lis it rain your honor," his character. To this the defendant ac-replied the whip, "bless you, Sir, it's noceded; and, in the presence of their mutual thing in Ireland, which is so dry that them friends, assembled for the purpose. In lan- was plenty of dust on the roads the day guage of very equivocal interpretation, he after the Deluge !" made the following amende honourable:-"I have called Sir—a scoundrel, it is ASSIZE JOKE.—In a cause lately tried true; but he is a man of hopour and a yen- in Nisi Prius Court, an Amazon, dressed in tleman-I have told a fulsehood."

RICH AND POOR .- The most rational, long to that class who possess "neither Lordship, "I'm no judge." poverty nor riches." Let'the reader look around him; let him observe who are the persons that contribute most to the moral and physical inclination of mankind; who affected by concenting our own intentions, they are that practically and personally support our unnumbered institutions of benevolence; who they are that exhibit the worthiest examples of intellectual exertion; who they are to whom he would himself apply if he needed to avail bimself of a manly and discriminating judgment. That they are the poor, is not to be expected; we appeal to him, whether they are the rich.

CREDIT .- The most trifling actions that affect a man's credit are to be regarded. The sound of your hammer at five in the morning, or nine at night, heard by a creditor, makes him easy for six month's longer; but if he sees you at a billiard-table, or hears your voice at a tavern when you should be at work, he sends for his money the next day .- Franklin.

COMMON SENSE.—Presense and exalted senso are not half so valuable as common sense. There are forty men of wit for one man of sense; and he that will carry nothing about him but gold, will be every day at a loss for want of readier change. -Pape.

If there is a delicate, deformed, or weakminded child in a family, it is generally the favourite with its parents. This is a beautiful illustration of nature taking the part of Printed by H W. BLACKADAR, at his Office, heed the most helpless.

CHARITY. - Among the graces that adorn the christian character, that of charity has over been deemed the brightest, the purest, the best. It is a gem of the first water; no cloud can obscure it, no rude hand sully its purity. Its sister graces dwindle away in its presence, and in the hour of expiring nature, it remains the only soli-tary companion of the departed one, that sustains unmoved the shock of death. Indeed, it may be termed in an ominent degree, the most distinguished characteristic

"The dust is quite astonishing to-day; surely we had a great deal of rain yester-

a riding coat and hat, appeared in the witness box. "Take of your hat, man!" cried RICH AND POOR.—The most rational, Lord Abinger. "I'm not a man," rejoined the wisest, the best portion of mankind be-the indignant heroine. "Then," said his

> Secrecy has been well termed the soul of all great designs; perhaps more has been than by discovering those of our enemy. But great men succeed in both .- Lucon.

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