APPEAL.

To the members of the C M B A. of Canada

Brothers: -Branen 264. Barachols, N B, needs to appear to its slaver branches on behalf of Brother Joseph Taibodeau who has oven ill for about two years

Brother Thibodeau is unable to do any work to provide for a family of nine helpless children. His wife is also sick.

He was working on a farm of about thirty acres and, while he had good health, he managed to make a living : but unfortunately he was stricken by illuees and, being in debt, his creditors took the farm away from him, thus

leaving him penniless.

Our branch helped him to the extent of its means and we now deem it a duty to send out this appeal, hoping our and old to practice, as far as their sister branches will respond generous. station in life permitted, the love and ly, otherwise acting great distress.

Yours fraternally, ly, otherwise he and his family will be consideration for our fellow creatures.

JERÉME S. LIGERE, Rec. Sec.

I certify that Brother Jeseph Thibo deau is really in need of nelp, and that his assistance. He always was a very

faithful member. E NAP MASSE P.P. All contributions to be sent to Jérè-mie S. Lègère, Rec. Sec. Br 261, C. M. B. A., Robichaud, West County, N. B., P O Box 38

London, Ont., April 16, 1900 | Jérêmie S. Lègère, Rec. Sec. Br. 261, ; C. M. B. A., Barachois, N. B.

Dear Sir and Brother - The appeal from your Branch on behalf of Bro. Juseph Thibodeau has been allowed by the Grand President and Board of ; Trustees.

Yours fraternally, S. R. BROWN Grand Secretary.

LECTURE

On Monday evening, April 30 the people of Cordigan, P. E. I., had an opportunity to partake of one of those literary feasts which rarely falls to the lot of a small community such as this. The occasion was the delivery of a lecture, under the auspices of Branch No. 295. C. M. B. A., on "St. Francis of Assisi," by the Hou. Judge Hodgson, Master of the Rolls for Prince Edward Island. This is the second time His Honor has favored Cardigan with one of his masterly discourses, (the former being a lecture on "Joan of Arc about three years ago) and, notwithstanding the disagreeable weather and bad roads, the people, knowing what a treat was in store for them, mustered quite a large audience. Our president Tana J. Danahor, occunied the chair, and in a tew appropriate words introduced the honorable lecturer.

Judge Hodgson has no equal in this province as a public speaker, and, being in splendid form, did ample justice to his subject. In elequent terms he described the life of this great man, who, from a careless and pleasure lov-ing youth, developed into one of the greatest saints or the Church, and founded an order, the Franciscans, which for hundreds of years has been an invaluable aid in upholding and spreading our holy religion; how this holy man at first mistook the calls which he received from God, and the painful mistakes under which he labored before finding his true vo-

adherence to the principles and rules of his order, the chief of which is poverty and love for the poor how any service, no matter now now and humiliat ing it might appear, was considered a 11 privilege and an examed duty, so long as it was done for one of God's creatures : how at length brother as-ociates 21 -as he called his body-could no rei longer bear the strain, and succumbed at a comparitively early age to the rigors of his self-imposed labors and penance; and how he delivered up his soul to the Creator with his back to mother earth, and his last upward gaze fixed upon the blue canopy of heaven

The learned bectur r then pointed out the moral that all could, and should, learn from the life of this great man, and brought his lecture to a close with an eloquent exhortation to young which were so characteristic of St. Francis of Assisi.

A vote of thanks, proposed by Spiritual Adviser Rev. Dr. McMillan, and seconded by Treasurer Dr. Allan, was heartily and unanimously tendered: and Branch No. 295 takes this opporit is a great work of charity to come to tunity of expressing its gratitude and appreciation of the great favor which the Master of the Rolls, at considerable inconvenience to himself, has shown us JOHN A MACDONALD Rec Sec.

M. B. A. PICNIC AT CORN-BIE WALL.

Brauch No. 34, of Cornwall Ont. have arranged for a monster C. M. B. A., demonstration and picule in St. Lawrence Park on Wednesday, June 20:h.

Invitations have been issued to all C. M B A. branches in Montreal, and all Ontario east of Kingston

As this demonstration is designed for the purpose of bringing the members of the C. M. B. A. together, it will certainly be of much benefit to the Association in this part of Canada

Our Cornwall brothers promise a first-class programme of sports, with boating and fishing facilities. At a expected that the Grand President and expected that the Grand Officers will be present, and addressess will be deliver ed by prominent C. M. B. A. men. We are sure that those who are fortun ate, enough to attend will enjoy a splendid day's outing.

A FAITHFUL DEPUTY.

our most energetic officers in promot ing the interests of the C M. B A, and he can fairly claim a large share of the honor attached to the increase of our membership in the English speaking branches in his city since 1893. This year he is President of Branch the largest Branch in Montreal, and one of the largest in the Association, and he leaves nothing undone that would tend towards increasing the membership and penefitting the Association. Brother Costigan is well versed in society affetrs understands the C. M. B. A. work thoroughly, and has a very happy way of putting things when addressing an audience. We have few. if anv. more successful workers in the C. M. B. A. cause than

In the April issue of THE CANADIAN, under the heading "Resolutions of cation : the great hardships he en- Condolence," Branch No. 2:3. Picton, dured, and the steadfast and invincible inat., should read Picton, N.S.

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Grand Deputy Costigan is one of N. B. The initiations in the last branch are charter memoers.

Les mittations plans la derniere succursale sont des membres fondateurs.

FACIS THAT ARE USEFUL TO KNOW ABOUT A COMMON APPLICTION.

(From the Medical Journal)

Nosebleed is so common in childhood that little account is ordinarily made of it Where it occurs repeatedly without apparent provocation, how ever, effort should be made not only to check the immediate attack, but to ascertain the cause of the trouble It is well known that heart disease, congestion of the liver and other conditions affected by, or affecting the circulation of the blood predispose to nosebleed, and considerable anxiety is frequently felt lest the nosebleed of childhood may be the result of serious constitutional causes. Most commonly the cause is local.

immediate attack is pressure with the

big a set the upper lip, sust beneath the metrice A small pai of absor bent section or a piece of handker chief may be piaced inside the lip and tightly present against the gum from without thus impressing the that supply the mose. These can or dinarity be tell pullsating in this loeadty

It the bleeding is profuse or pro-longed the child should be placed in a restful position, but with the head elevated, while he may be held to the forehead or the back of the neek. To decrease still further the blood prossure within the vessels of the nose a mustard footbarn is of service.

In the meantime blowing the nose is to be avoided. Plugging the nostrils both in front and back is a last resort to keep the sufferer from actual perit

The predisposing causes of nesebleed are, as has been said, commonly local Careful examination of the nose by the physician is, therefore, always necessary in recurrent attacks. Diseased areas in the more are usually found in which the vessels are spongy and unnaturally turgid.

The depression of the child's health caused by repeated attacks of nossbleed not infrequently requires attention. If the trouble is due to system atic weakness, attention is especially directed to an improvement of the general condition while if the lungs are themselves weak, repeated attacks of nosebleed are sometimes indications of the need of a change of elimate, or of proper physical exercises at home

The formation of - abs or crusts, other attended to enddhard with picking of the nose, must not be overlooked as a cause of nosepleed. Watchfumess may be required to prevent the formation of an unfortunate habit, but the affected spots must also be treated with cintment or other simple means of healing.

AN UNWISE PROPOSAL.

Recently a deputation waited upon the Provincial Government to ask that the Outario law relating to insurance should be so modified as to allow of foreign assessment societies and insurance concerns doing business in the Province without being compelled to a top: safe rates. This cool proposal for special benefits to be given to foreigners which are denied to Canadians, met with a very prompt refusal from the Government; but it will be well for the Canadian Fraternal Societies to be constantly on their guard, for we all know the traud upon, and even ruin wrought to many, people in this country by the wildcat schemes which were launched here a few years ago. By such schemes as the Iron Hall, Septanniai League, Massachusetts Life, and such concerns, enormous sums of money were collected in Canada, sent to the United States and never seen in Tae founders of this country again. these miserable Orders must have known perfectly well that they could not live. Every Cauadian who gave the matter a moment's consideration know that they were practically frauds, and it will be to the lasting diagrace of the Government if it ever allows again such impositions on the public to have a foothold in the Province of Putario. We are much surpresel that any body of men should ever froam of seeking permission for successors to do The best means of checking the business in Canada -An ient Fores