### Tit for Tat.

SAID a young and tactless husband To his inexperienced wife: "If you should give up leading Such a fashionable life, And devote more time to cooking-How to mix and when to bake

Then perhaps you might make pastry Such as mother used to make."

And the wife, resenting, answered (For the worm will turn, you know):
"If you would give up horses
And a score of clubs or so,

To devote more time to business— When to buy and what to stake— Then, perhaps, you might make money Such as father used to make.

-Selected.

New surgical instruments operated by electric motors are coming into use. The most wonderful is an electric saw, which cuts through bone and tissue with light-ning speed. This machine has already found an extensive use in larger hospitals, and has proved of value in severe opera-tions, where the shock attending the use of the slower-acting handsaw would have frequently proved fatal to the patient.



FREE

### SUPERFLUCUS HAIR

# PIOL&STEEL

REMEDY FOR IRREGULARITIES

Superseding Bitter Apple, Pil Cochia, Pennyroyal etc. Order of all Chemists, or post-free for \$1.50 from

A Skin of Beauty ir a Joy Forever.

DR. T. FELIX GOURAUD'S

## Oriental Gream OR **Magical Beautifier**

Purifies as well as Beautifies the Skin. No other Cosmetic will do it.



For sale by all Druggists and Fancy Goods Dealers throughout the U.S., Canada and Rurope.

Also found in Toronto at T Katon to a and other Druggists and Fancy Goods Dealers.

Mr. H. C. Dixon Druggists and Fancy Goods Dealers.

# EPPS'S COCO

Distinguished everywhere for Delicacy of Flavor, Superior Quality, and Highly Nutritive Properties. Specially grateful and comforting to the nervous and dyspeptic. Sold only in 1-lb. tins, labelled JAMES EPPS & CO., Limited, Homeopathic Chemists. Lon-Homeopathic Chemists, London, England.

BREAKFAST

### Health Don'ts.

Don't neglect your house drains nor the drainage about your house. The first condition of family health is a dry and sweet atmosphere. With dry walls, a dry cellar and drains that carry of the refuse without letting in foul gases, half the battle for good health is won.

Don't let your wells or springs be in-fected by drainage or from other causes. Pure drinking water is indispensable for

health at home or anywhere.

Don't keep the sun out of your living and sleeping rooms. Sunlight is absolutely necessary for a right condition of the atmosphere that we breathe and for our bodily well being.

Don't sleep in the same flamels that

you wear during the day.

Don't wear thin socks or light-soled

shoes in cold or wet weather.

Don't catch cold. Catching cold is much more preventable than is generally supposed. A person in good physical condition is not liable to colds, and will not fall victim to them unless he is grossly careless. Keep the feet warm and dry, the head cool, the bowels and chest well protected; avoid exposure with an empty stomach; take care not to cool off too rapidly when heated; keep out of draughts; wear flannels, and with the exercise of a little common sense in various emergencies colds will be rare. If colds were a penal offence we should soon find a way to prevent them.

### Helping the Drunkard.

Hox. L. S. Coffis, author and President of the Railroad Temperance Association, President of the Railroad Employees Home, and active in other ways in the fight against the liquor traffic, sent the following letter to a private individual in Toronto:

"I have the utmost confidence in the Fittz Cure for Alcoholism. I have seen it tried a great many times. I have never known it to fail. Have never known of a case of bad results following. It is the only scientific cure I know of. The only scientific cure I know of. The Gold cure has done a great deal of good, but so often had results follow. I only wish I could make my recommendation a thousand-fold stronger. I have no perdetection. On its virtues it has also did the test of \$2 years no other has and its an harmleas we take it to be sure litisproperly made. Accept no counterfeit of similar name. The discount of the sure its properly made. A Sarra, said to a liquid the digital and restores the stomach and the digeative organs to their normal state, and, in fact, puts the victim of rum lack to the condition he was in before he ever drank. I shall be very glad, indeed, de Creem as the least harmfat of all the iona. One bottle will last als months, ever drank. I shall be very glad, indeed, day. Gourand's Frendre Subelle if I can be of any help in your good work to save your friends and shall be pleased. FERD. T. HOPKINS, Proprietor, to loarn of the result of your efforts,

Mr. H. C. Dixon, of Toronto, whose Druggists and Fancy Goods Dealers.

All Beware of hase imitations. \$1,000 reward for arrest and proof of any one selling the same.

All Canadian agent for the Fittz Cure.

# When Wanting the Second Second



Commor Sense Kills

برد وسر بهد

SURPRISE

Roaches, Bed Bugs, Rais, and Mice

Sold by all Druggists and at
381 Queen Struct West, Toronto.
Beware of worthless imitations.

EN Mention this paper.



FREE



### OFFICIAL CALENDAR

ONTARIO

# **Education Department**

FOR THE YEAR 1901.

FEBRUARY:

6. First meeting of High School Boards and Boards of Education. [H.S. Act, Sec. 13 (1).]

MARCH:

1. Inspectors' Annual Reports to Department, duc. [P.S. Act, Sec. 83 (5).]

Annual Reports from High School Boards to Department, due. This includes the Financial Statement.) [H.S. Act. Sec. 14 (10).]

Financial Statement of Teachers' Associations to Department,

Separato School Supporters to notify Municipal Clerk. [S.S. Act, Sec. 42 (1).]

29. Night Schools close (Session 1900). 1901) Reg. 16.

Address orders for Departmental Examination Papers to THE CARSWELL Co., Limiter, 30 Adelaide Street East, Toronte.



injured.

Protect and Beautify Your Lawn 3 . Ith one of our

IRON FENCES Semifor Catalogue to To RONTO PENCE AND URNA MENTAL IRON WORKE 99 Queen Street East,

JOSEPH LEE, Manager.

The Dainty

White Things

that are washed with SURPRISE

Soap—a little Surprise Soap and still

less labor-are not only clean but un-

You want the maximum wear out

of your clothes. Don't have them

ruined by poor soap—use pure soap.

SURPRISE is a pure hard Scape