

# SUNSHINE

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June				1911		
SUN	MON	TUE	WED	THU	FRI	SAT
First Quar. 1st	Full Moon 10th	Last Quar. 18th	New Moon 26th	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

### Growing Old.

Browning says—

"Grow old along with me,  
The best is yet to be,  
The last of life for which the first was made."

It is not everyone, however, who regards old age in this cheerful way, yet as a matter of fact old age, if it is rightly approached, has many compensating features. If one has spent his youth and middle life wisely there is no reason for looking upon old age as anything less than the autumn of life in which the harvest is gathered that has been sown in the early years.

A great deal depends, though, on the way in which the early years of life have been spent, as to whether old age will be enjoyable or not. If one can claim like Adam, in Shakespeare's "As You Like It," that his old age was vigorous because his youth had been temperate, he has little to fear in his declining years. Says Adam—

"Though I look old yet I am strong and lusty,  
For in my youth I never did apply  
Hot and rebellious liquors in my blood,  
Nor did I with unbashful forehead woo  
The means of weakness and debility;  
Therefore my age is as a lusty winter,  
Frosty but kindly."

In old age we not only reap the benefits of temperate living in our earlier days, but of wise living in other respects. It is then we enjoy the proceeds of industry and frugality; it is then that we enjoy the companionship of friends we have made in early days; it is then that