strength, while the daily and hourly waste of power in these directions is lamentable. In no place is this waste so excessive as in the school-room. There is no work in the world which makes greater or more incessant demands upon the vitality than that required of a teacher. There is certainly no person who should more carefully seek to protect and save herself from physical break-down, a

vast amount of which might be prevented by attention to the one matter of proper vocalization.—The School Journal.

Each good thought or action moves The dark world nearer to the sun. Whittier.

A man's first care should be to avoid the reproaches of his own heart.

—Addison.

THE LARGEST USES OF EDUCATION FOR THE INDIVIDUAL AND SOCIETY.

F people could get the idea that what is called education is a good thing in itself, without reference to its practical uses, what a long step ahead the world would take! The notion that education must be for some definite purpose is responsible for much misdirected effort and many disappointments. If we were asked what is the great need of the day in ordinary life, we should say that it is intelligent readers and critical appreciators of art. It is certainly a very crude idea of life that an education is wasted if it is not practically applied to one of the learned professions, to authorship, or to art, or to teaching. The impulse for any of these careers is strong enough. What needs leavening and liberalizing and lifting up intellectually is the great mass of society.

We shall get on a solid basis when we recognize the truth that a thorough education, a full development of all the faculties, is worth all it costs to the individual and to his or her associates, if it may never be put to any professional use. One of the most encouraging things in our recent life is that so many college graduates go into business. If their cultivation in the classics, in the whole range of

liberal studies, is needed anywhere, it is in the business world, in social life. The effect of this infusion of culture into ordinary affairs is visible in many. towns and cities in the West, where the whole social tone is elevated by One reason why the West is so progressive in the liberal arts, in the formation of libraries and galleries. and in schemes for diffusing cultivation, is that so many college-bred young men have gone there and gone into busines. A man may not be a better lumberman because he can read Latin, and knows the difference between Hawthorne and Rider Haggard, but he will be a more interesting man. And to have an interesting society that is, to lead interesting lives—is altogether the most important worldly thing in this earthly sojourn.

Anxiety is exhibited in many quarters about women who are striving for the higher education, meaning the education usually given to college students. What is it for? What will they do with it? What will they become? The professions are already full; even that of teaching, the least desirable, will eventually, at the rate of supply, be overcrowded. There are more women now who write than there