WHY WOMEN WRITE LETTERS

To Lydia E. Pinkham Medicine Co.

Women who are well often ask "Are the letters which the Lydia E. Pinkham Medicine Co. are continually publishing, genuine?" "Are they truthful?" Why do women write such letters?"

In answer we say that never have we published a fictitious letter or name. Never, knowingly, have we published an untruthful letter, or one without the full and written consent of the woman who wrote it.

The reason that thousands of women from all parts of the country write such grateful letters to the Lydia E. Pink-ham Medicine Co. is that Lydia E. Pinkham's Vegetable Compound has brought health and happiness into their lives, once burdened with pain and suffering.

It has relieved women from some of the worst forms of female ills, from displacements, inflammation, ulceration, irregularities, nervousness, weakness, stomach troubles and from the blues.

It is impossible for any woman who is well and who has never suffered to realize how these poor, suffering wo-men feel when re-stored to health; 14 their keen desire to help other women who are suffering as they did.

Guide=Advocate

Watford, Ont.

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ADVERTISING RATES. e column 35 \$38 \$22 11 column 35 22 13 12 column 22 12 Shorter periods 12 cents per running inch. 822 12

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HARRIS & CO. PROPRIETORS

Suide-Udvocate HARRIS & CO. PROPRISTORS.

WATFORD, AUGUST 4. 1916

NOTE AND COMMENT

Mexico is still a thorn in the side of the United States. Keeping the Mexicans in line without giving him

continue another year. He would be nearer his base and therefore strong-Also he would possess shorter er. lines to protect, and his fewer men would look stronger. But it is a grave problem whether, with all the pressure to which he is subjected on every part of the western front, he can break away from the enemy which so closely hangs upon his trenches. To go back is as bad as to go forward, and he has lost the

power to choose which he will do. Holding a Bear by the Tail

No doubt the deliberation with which the entente allies are proceeding on the western front is a perplexing factor for the Germans. The kaiser is too weak to attack and not strong enough to retreat. His efforts at counter-attack have -only been possible with the assistance of troops taken from other points of the front, and the result is to weaken the German line. Wherever he attacks he Wherever he procures loses men. reinforcements his border is weakened. When the line is sufficiently reduced we may look for a general offensive from the entente allies. If the kaiser could retreat as brilliantly as he did from the Marne he may the Dominicn in 1867, the number of big things she has accomplished make a long list. A few of them may be briefly enumerated : The Sault Ste. Marie Canal, with the greatest single lock in the world; an irrigation dam 7,000 feet long at Bassano, Alberta; the largest railway tunnel in America at the Rogers Pass, now nearing completion; the largest singlespan bridge in the world, now building at Quebec; the new \$60,000,000 Welland Canal; the great harbor works at St. John and Halifax; a railway mileage of 3.75 miles per head, ranking in total mileage after the United States, Russia, Germany and India ; an area equal to thirty United Kingdoms, eighteen Germanys, or eighteen times the size of France.

State of Ohio, City of Toledo, }ss.

State of Ohio, City of Toledo, Lucas County, Frank J. Cheney makes oath that he is senior partner of the firm of F. J. Cheney & Co., doing business in the City of To-ledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of Catarrh that cannot be cured by the use of HALL'S CATAR RH CURFE

FRANK J. CHENEY. Sworn to before me and subscribed in my presence this 6th day of December, A. D. 1886, (Seal)

A. W. GLEASON, (Seal) Notary Public. Hall's Catarrh Cure is taken internally and acts directly upon the blood and mucous surfaces of the system. Send

for testimonials, free. F. J. CHENEY & CO., Toledo, O. Sola by Druggists, 75c. Take Hall's Family Pills for constip-ation.

All Sorts of Items

GUILE-ADVOCATE WATFORD, AUGUST 4, 1916

Women are being employed to fire boilers in the factories of England. Over 5,000,000 women are employed in agricultural pursuits in Germany

Louise Daniel Wirth, niece of Sec-retary of the Navy Daniels, is a moving picture actress

Arkon (O.) girls must show age cer-tificates before being admitted to 'dance halls in that city. Women park workers in Birmingham, Eng., have proved so successful that their wages have been raised.

In Kansas women hold political jobs so well that the men have a hard time getting them out of office.

Driven by a kerosene motor, a motor-cycle has been invented that carries four persons seated ahead of one another and is controlled by the man on the back

seat. Fresh Supplies in Demand.—Wherever Dr, Thomas' Eclectric Oil has been in-troduced increased supplies have been ordered, showing that wherever it goes this excellent Oil impresses its power on. the people. No matter in what latitude it may be found its potency is never im-paired. It is put up in most portable shape in bottles and can be carried with-out fear of breakage.

Shape in bottles and can be carried with out fear of breakage. m German experts after tests have de-cided that ivy benefits rather than in-jures stone or brick walls on which it grows by drawing superfluous moisture from them.

Electrical devices connected with the recently invented mirror cause advertuse-ments to appear on its surface and ob-scure the features of persons looking into

Children and Discipline The following hints to teachers which The following hints to teachers which appeared in the "Educational Review" will be equally useful for parents. Prevention of wrong-doing is better than punishment of the wrong-doer. Evercise great care in taking a stand that you may have no occasion to retreat. Fault finding is not calculated to cure a fault. Distrust in the parent breeds deceit in the child. A child properly employed gives no trouble. Be firm. Be kind. Be patient. Be self-contained. Be as perfect as you ask your children

And above all, make no threats.

Electrical apparatus has been invented automatically to give warning when a chimney smokes by illuminating a sign and, if this be disregarded, by ringing a bell. It will cost Australia about \$25,000,000 to open the Murray river to navigation and to construct an irrigation system that will develop 1,500,000 acres of land.

"Safety First"

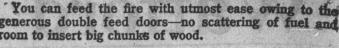
Don't pour water on burning fat. Don't threw sugar on fire. Don't fill lamps after dark or when lightəd. Don't use gasoline in the house.

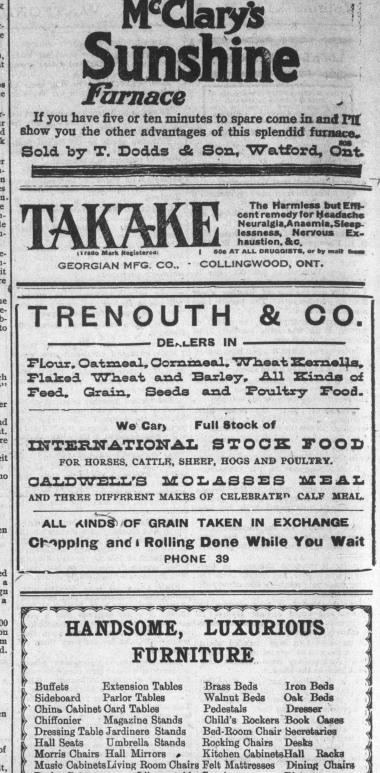
Don't start a fire with kerosene. Don't keep matches within reach of

children. If fat takes fire, throw on flour, salt, baking powder or sand. If a lamp takes fire toss it out of doors, cover with a rug or throw on salt, baking

ler or flour

Parlor Sets





generous double feed doors-no scattering of fuel and room to insert big chunks of wood.

a good licking, seems to be rather a difficult task.

Whatever else is accomplished in the way of terms at the end of the war, the Allies must not overlook the personal punishment of the German emperor and the other curs that follow in his train. Few persons, now, are blaming the German people. They are the unhappy victims of the montrous system which the Allies have sworn to crush.

In May, 1914, before war was thought of, Canadian bank deposits were, on demand, \$340,748,488, and on notice. \$663,945,783. In May 1916, they were, on demand, \$412,-301, 481, and on notice \$765,064,041. The notice deposites are largely savings, and the increase in this class of over a hundred millions during two years of war is evidence of how remarkably Canada has stood the financial strain of the conffict.

F. B. McCurdy, member of Parliament for Queen and Shelburn, has been appointed parliamentary secretary of the Department of Militia and Defence. He assumes office immediately and will act as adminis-trator for the Minister of Militia during the absence of General Hughes in London and on the continent. The departure is new for Canada but corresponds with the British prac-tice where every portfolio has an under secretary. The secretaryship under secretary. The secretaryship carries with it the title of honorable.

forty-night birthday, but in a sober and restrained way as befits the momentous time. Since the birth of

The Smooth Thing

"You'll catch more flies with molasses than with vinegar" is a favorite saying with those who hunt business with a sugar stick in one hand and a lie in the other.

When you find one of these sweet fellows, with no opinions of his own, whose compliments are as thick as the blossoms in May, look out for the fly trap. When you hear a man advocating the "smooth thing" in business, politics or religion, never let him get within 20 feet of your cash box. Those who sell their principles or opinions for the sake of "keeping in with" people, will sell you body and bones, if they get a chance

"Be 'umble, Uriah, and you'll do,' was the injunction of immortal Heep's mother to her offspring, and, this advice has been repeated from time to time by those advocating the smooth thing as a method of getting along in the world.

Away with such sentiments as un-worthy of a being made to walk upright and look his fellow in the face. Manhood is more than money, position, honor or even friendship. To be a man is better than success, as the world takes it; to be a snivelling, smirking cipher with a big credit balance in the bank is infinitely worse than failure. Be a man.

For the swiftest photography an elect-rical device has been invented that ignites flash light powder and snaps a camera shutter when the light is most brillant.

Fram The New York World :-Ganada has been celebrating her In the opinion of a French scientist the swinging motion that often breaks electric transmission lines is due as much to terrestrial magnetism as it is to wind.

If the chimney takes fire burn salt or sulphur in the fireplace; pour sand down the chimney. If a fire starts in a closet beat it out with

a broom and water. If the bed takes fire push the mattress on to the floor, and beat with wet brooms. If the curtains catch fire do not try to pull them down, remove nearby objects, and use a wet broom to smother the burn-ing pieces as they fall.

Worms in children, if they be not attended to, cause convulsions, and often death. Mother Graves' Worm Exterm-inator will protect the children from these distressing afflictions.

A horse in the Fox livery, Amherst-burg came to an untimely end on Satur-day night. He had been suffering for a week with tetanus and to relieve his suf-fering somewhat was turned out in the back yard during the night. During a spasm of pain the animal reared and threw himself into a wagon box, entang-ling his front legs, one of which was broken. It took eight quarts of chloro-form to put him to sleep forever.

form to put him to sleep forever. The Best Liver Pill.—The action of the liver is easily disarranged. A sudden chill, undue exposure to the elemenis, over-Indulgence in some favorite food, excess in drinking, are a few of the causes. But whatever may be the cause, Par-melee's Vegetable Pills can be relied upon as the best corrective that can be taken. They are the leading liver pills and they have no superiors among such preparations. m

John Harman, of Delaware State had John Harman, of Delaware State had an exciting time when he was awakened at night by a noise in the barn. He went to investigate and was greeted by a new colt. A lowing attracted his attention and in the cowstable he found that a calf had arrived. In the woodshed was a lit-ter of pups. On returning to his room he was astonished to find that his wife had presented him with a baby boy. We wonder what happened to the cat that she failed to have kittens.

Children Cry

FOR FLETCHER'S CASTORIA

Agents for Mason & Risch Pianos, Gramaphones, String Instruments, Sheet Music, Edison Records, &c., and all kinds of repairs. New and second hand sewing machines and all supplies.

Pictures

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Library tablesCouches

MASON & RISCH PIANOS

Davenports, and anything kept in a first-class furniture store.

PHONE 31.

FINE FURNITURE MUSICAL INSTRUMENTS UNDERFAKERS



Every Mower Guaranteed Satisfactory and can Refer you to Over a Hundred Owners Right Here.

The N. B. Howden Est.