

NATURE'S LAWS.

New Ideas Concerning them.—A Medical Lecture Delivered by Dr. W. W. Fairchild, of New York, Illustrating the Principles of Absorption.

THE LECTURE. You have not been invited here for the purpose of being treated to an intellectual repast. Neither is it my object to utter an unkind word where it is not deserved, or to traduce character, or to wander into any extravagant statements not susceptible of proof.

THE CONSCIENTIOUS FAMILY PHYSICIAN. Such a man is entirely void of selfishness and prejudice. He is a constant student. He keeps pace with every fresh thought advanced; puts it into practice most willingly as an auxiliary anything that proves itself better than he has yet known.

"THE VITAL EFFECTS OF MEDICINE are little understood." J. Mason Good, M. D.: "The science of medicine is a barbarous jargon." Dr. Eastwick, author of History of Medicine: "Every dose of medicine is a blind experiment."

Thus I might enlarge to the extent of volumes in quoting the long list of physicians' structures on themselves, in which they tell you that medical science, thus far, is not only non-beneficial, but absolutely injurious and killing in its effects. Notwithstanding all this, custom and early education ever hold a wonderful power over us, and it matters not how reasonable and absurd any teachings and customs or habits may seem to us, and how plainly it may have been proved to us that they are injurious and fallacious.

GIVE THEM WATER. Give them cold and a spoonful of warm water instead. These latter friends were made the willing instruments through early education, to obey literally the doctor's command. Not only was the fever patient denied water, but was drugged, phlebotomized and starved, until all reactive power was lost, and he gave up the ghost to the treatment instead of the disease.

I doubt not there are numbers here to-night who know this statement to be true. But to-day the patient gets water in superabundance. And why this radical change of antidotes? If fire was once the antidote of fire, why should water now be the antidote of fever fire? Simply for the reason that Nature always revolts against any system that lacks a supply of Nature's natural waters, or that is cruel to itself.

"No water, no water." "Abe, you go if you don't, and I live I'll shoot you dead." After deliberating for a moment he says: "Massa, I go." It was brought him. He drank his fill. By morning every drop was gone. The fever broke. He fell into a quiet, peaceful sleep, and was soon restored to health. And not until then was any one told what had cured him. Such examples as these finally changed the present system of treating fevers.

THE HEART SENDS THE BLOOD out through the arteries into the extremities of the system and to the surface, where the blood vessels terminate in the smallest possible tubes. In this circle it is kept circulating in unbroken currents through the veins to the heart for redistribution.

THE SPLEEN IS LIKE A SPONGE, and is susceptible of great expansion and contraction, without injury; it is, indeed, like the air chamber of a fire engine, which serves as a cushion for the water to press against, accommodating itself to the amount of pressure brought against it, and securing a steady unintermittent pressure on any of the vessels of the spleen.

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in an indescribable gnawing feeling at the pit of the stomach, and a nervous prostration that pervades the entire system, such as seems to demand without delay a powerful opiate, or what is more convenient, a glass of whiskey, which will, for the time being, appease those dreadful sufferings; but once taken, and the system momentarily braced, he repeats the dose over and over for the same reason, until the stomach is finally unloaded of all its contents, including not only the whiskey, but base ferment and decomposed food and dead mucous matter it had previously accumulated.

NEARLY ALL YOUR ILLS begins at the first stomach. First, obviate the primary cause by avoiding indiscretions. Reduce yourself to a systematic mode of living. Do not eat too much, and never hurriedly. Never swallow your food until it is thoroughly masticated.

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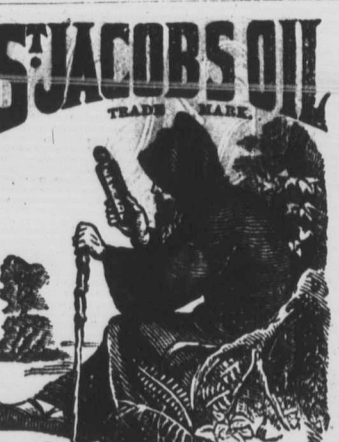
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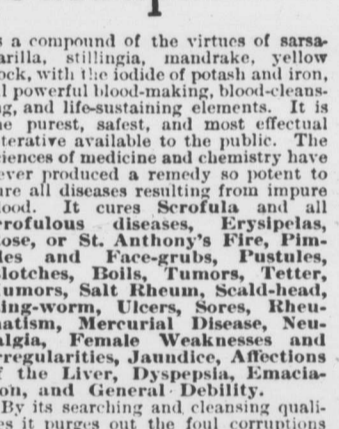
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