



NOSE CLOGGED FROM A COLD OR CATARRH Apply Cream in Nostrils to Open Up Air Passages.

And What relief! Your clogged nostrils open right up the air passages of your head are clear and you can breathe freely. No more hawking, snuffling, mucous discharge, headache, dizziness—no struggling for breath at night, your cold or catarrh is gone.

Thick, Tender Savory Meat

or chops—the kind, you know, that make your guests praise your hospitality, your cooking, your entertainments. Why not this kind of meat instead of the doubtful cuts and inferior meats? We want you to know our meats. A sirloin or porterhouse steak, a roast, chops from the loin, etc., will enable you to judge quality.

C. H. SHELLY MEATS AND PROVISIONS LAKE ST. AND CHAPLIN AVE. Phone 1853

Make Use of the Mails

It is entirely unnecessary for you to leave your work or lose valuable time to make a trip to the Bank.

Bank with us by mail! Send your deposits in by money order or registered post and the amounts will be acknowledged and placed to your credit upon receipt.

THE DOMINION BANK

Drafts on Foreign Countries sold on favourable terms B. B. MANNING, Manager, CORNER KING & QUEEN STS. OPPOSITE POST OFFICE.

WALKER'S DRUG STORE

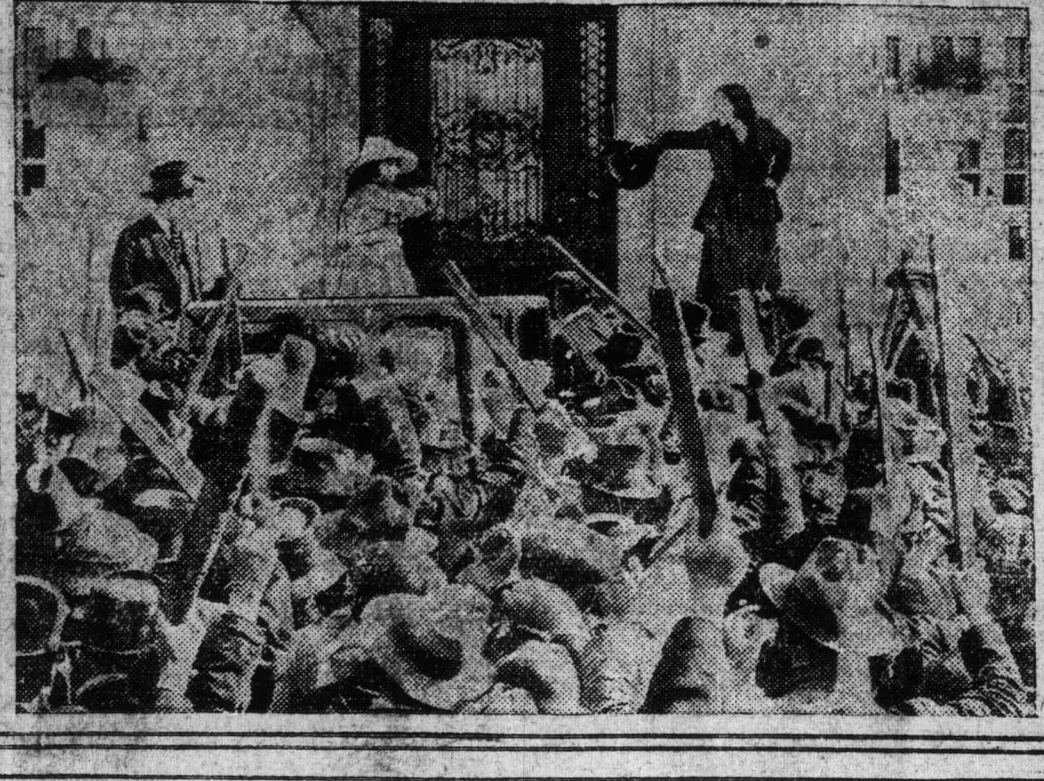
Vaccination Shields Absorbent Gauze Adhesive Plaster

297 St. Paul Street

THE CANADIAN BANK OF COMMERCE

Announce that a branch of their bank has been opened at Niagara-on-the-Lake, Ont. This bank has now 483 branches in Canada and foreign countries, and is in a position to offer the public unexcelled service.

St. Catharines Branch—R. G. W. Conolly, Manager Thorold Branch—S. H. Falkner, Manager Niagara-on-the-Lake Branch—F. W. Wilson, Manager



SCENE FROM THE BIG UNIVERSAL JEWEL PRODUCTION "THE RIGHT TO HAPPINESS" STARRING DOROTHY PHILLIPS

AT THE GRAND OPERA HOUSE 5 FOR THE REMAINDER OF THIS WEEK.

Tenders For Road Overseer

TENDERS marked "Tenders for Road Overseers" will be received by the undersigned up to an including Thursday, February 14th, 1920, for the position of road overseer in the Township of Louth, for a period of seven or eight months, services to commence about the 1st of April, 1920.

The lowest or any tender not necessarily accepted. Dated this 14th day of January, A. D. 1920.

M. A. BALL, Clerk said Township Louth, R.R. No. 1, Jordan, Ont. J16-23-30-79-13

R. A. Pringle has resigned as Canadian Paper Controller.

R. J. McFall, recent cost of living commissioner, has resigned to join the staff of the Massachusetts Agricultural college.

Old Folks' Coughs, Catarrh, Bronchitis Quickly Cured

This Tells of a Method That Cures Without Using Drugs

Elderly people take cold easily. Unlike young folks, they recover slowly. That is why so many people past middle life die of pneumonia.

Cough Syrup seldom do much good because they upset digestion. Any doctor knows that a much more effective treatment is "CATARRHOZONE," which heals and soothes the irritated surfaces of the throat.

In using Catarrhozone you do not take medicine into the stomach—you simply breathe into the throat, nose and lungs rich piney balsamic vapor, so full of healing power that colds, catarrh and bronchitis disappear almost instantly.

The germ-killing balsamic vapor mixes with the breath, descends through the throat, down the bronchial tubes, and finally reaches the deepest air-cells in the lungs. All parts are soothed with rich, pure medicinal essences, whereas with a syrup the affected parts could not be reached and harm would result through burning the stomach with drugs.

A Catarrhozone Inhaler in your pocket or purse enables you to stop a cold with the first sneeze. Large size costs \$1.00 and supplies treatment for two months; small size 50c; trial size 20c; all storekeepers and druggists, or The Catarrhozone Co., Kingston, Canada.

Poultry Food and Supplies

Dr. Hess' Poultry Panacea Pratt's Poultry Regulator Revival Purple Poultry Specific J. K. Black Estate 23-25 James St. Phone 29 Canada Food Board License No. 9-349

CASTORIA For Infants and Children In Use For Over 30 Years

Always bears the Signature of J. C. Watson

LOCAL NEWS

We buy everything you want to sell. McGuire & Co.

Choice cut flowers, potted plants and floral designs, at all times at Walker's Florist, 104 St. Paul Street, Phone 763. J17

WANTED — DRAFTSMAN FAMILIAR with laying out elevating and conveying machinery. Apply American Cyanamid Co., Niagara Falls, Ont. J17

After the regular practice last night the members of St. Thomas Church choir were delightfully entertained at the Rectory No. 1 Church St., by Mrs. Howitt and the Rector.

WANTED 500 MEN TO INVEST \$50 TO \$100. Thousand Acres Texas Oil Land, Derrick-up. Conroe Oil Company, 1019 Union National Bank, Houston, Texas. J17

H. Hartley Dewart, K. C., Liberal Leader in Ontario, offers to open a Toronto seat for contest by Premier Drury. In a statement issued last night Mr. Dewart says: "I am in a position to give him (the Premier) an opportunity to contest one of the Liberal seats in Toronto, if he desires to do so. He will then be able to test his strength against a Liberal in Toronto." Mr. Dewart issues his statement to the press under the caption "Irresponsible Government."

WANTED — MEN WANTED FOR detective work. Write J. Ganor, former Government detective, Danville, Ill. J17 24 31.

Well Satisfied With Baby's Own Tablets

Mrs. A. Bernard, La Presentation, Que., writes: "I have used Baby's Own Tablets for my baby and I am well satisfied with them. I have recommended them to several of my friends who have also used them with beneficial results." The Tablets are a mild but thorough laxative which regulate the stomach and bowels and thus prove of benefit in cases of indigestion, constipation, colic, colds, etc. They are sold by medicine dealers or by mail at twenty five cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

ALGONQUIN PARK Beautiful sunny days, clear cold weather. Altitude of two thousand feet above sea level and the comfortable "Highland Inn" are a few of the attractions. The Algonquin Park of rest to those who desire a rest or those who enjoy winter sports—hunting, skating, skiing, snow-shoeing and fishing through the ice, are a few of the pleasures that are awaiting you. Ask any Grand Trunk agent for copy of booklet telling you all about it.



There is no better New Year's resolution you could make than to pledge that you will grant your teeth the Dental attention they require.

Sound, healthy teeth are a physical and mental comfort and you cannot afford to go through another year without them.

We pledge to you Dentistry of the finest and most skilled character, gently performed and at costs of extreme modesty.

Our organization of trained Specialists will serve you courteously and with infinite care ever mindful of your comfort and welfare.

In all, we will continue the practices that have won for these Dental offices the enviable reputation of honesty and reliability.

DR. ARTHUR B. COBB Dentistry Offices: Corner of Main and Eagle Streets Buffalo, N.Y. (Formerly known as "White Dental Offices", Dr. Cobb, Proprietor.) Open until eight, No Sunday work

ARE YOU WEAK AND RUN DOWN?

In This Condition Only a Tonic Medicine Can Renew Your Health.

The condition of being "run down" is one that doctors do not recognize as a disease. The physician of today who gets his training in a hospital where only severe disorders are encountered knows little about it. But those who are run down in health know that it is not a fancied affliction.

The expression "run down" applied to health means a condition in which all the bodily functions are enfeebled. Appetite fails, the digestion is impaired, the nerves are impoverished, the complexion becomes pale or waxy, there is no animation, but rather worry and mental depression. Fatigue is a constant symptom. No particular organ being affected, you must look for relief to the blood. As it circulates through every part of the body, any improvement in the condition of the blood is quickly felt through the entire system. As a restorer of the blood and builder of weak nerves Dr. Williams' Pink Pills stand at the head of all tonic medicines. Every dose of these pills helps to enrich the blood and strengthen the nerves, and thus the various organs regain their tone and the body recovers its full vigor. Ample proof of this is given in the statement of Mr. Wm. Devine, Gerard Street East, Toronto, who says: "Two years ago while employed as a conductor on the Toronto Street Railway, I became much run down. I consulted a doctor who gave me medicine, but it proved fruitless as I was constantly growing weaker. My appetite completely failed and I fell away in weight until I only weighed 125 pounds. I was sometimes taken with fainting spells, and finally felt compelled to resign my position. I tried what I thought was lighter work but with no better results. I was growing weaker and weaker. One day a chum urged me to try Dr. Williams' Pink Pills, but by this time I was heartily tired of medicine, as nothing I had taken had done me any good. Finally he bought me a box of the pills, and I could no longer refuse to try them. After a time I felt they were helping me and then I gladly continued their use, with the result that I was finally enabled to go back to my old position fully restored to health. I owe this splendid condition to Dr. Williams' Pink Pills, and can strongly recommend them to any one suffering as I did."

Dr. Williams' Pink Pills can be obtained through any medicine dealer or may be had by mail, post paid, at 50 cents a box or six boxes for \$2.50 from the Dr. Williams' Medicine Co., Brockville, Ont.

WANTED — SHORTHAND MADE easy at home by the "Wonder Manual" of McEwan's Easy Shorthand \$1 for book or particulars write McEwan Shorthand Corporation, Edison Building, Chicago, United States. Teachers wanted. J17

The high cost of divorce was one of the reasons Earl Stewart gave for contracting a second marriage while his wife was still alive, when he appeared in Toronto Police Court on a charge of bigamy yesterday. Stewart alleged that when he returned from overseas he made certain domestic discoveries, and, therefore, felt himself justified in remarrying without the formality of a divorce. His counsel, Fletcher Kerr, argued divorce in Canada was only for the rich. His plea was of no avail, however, and Col. Denison decreed that he should go to the Ontario Reformatory indefinitely, the sentence to be not less than one year and not more than two years less one day.

Tenders For Alterations To The Grimsby Cold Storage Warehouse

Sealed tenders addressed to the undersigned and marked "Grimsby" will be received at the Department of Agriculture, Ottawa, Ont., up to noon on Wednesday, the 28th instant, for the carpentry work in the cold storage warehouse as per plans and specifications which will be on view on and after the 20th instant at the office of the Manager of the cold storage warehouse at Grimsby.

The lowest or any tender not necessarily accepted.

A certified cheque for 5 per cent. of these amount of the tender must accompany each tender. A. L. JARVIS, Assistant Deputy Minister and Secretary, Department of Agriculture, Ottawa, January 13, 1920. (Newspapers copying this advertisement without authority will not be paid.) J17 20 24

EMPLOYMENT SERVICE OF CANADA

The Department of Labour and the Provincial Governments have organized a System of Employment Offices from Coast to Coast for Returned Soldiers and all classes of workers—Men and Women—trained and untrained.

A Special Section exists for Professional and Business workers.

To look after the special needs of the RETURNED SOLDIER there is in each of these offices, a representative of the

INFORMATION AND SERVICE BRANCH DEPARTMENT OF SOLDIERS' CIVIL RE-ESTABLISHMENT

Table with 2 columns: NEAREST OFFICES and Tel. No. Locations include Brantford, Hamilton, Niagara Falls, Orillia, Owen Sound, St. Catharines, Toronto, Welland.

IRON MOLDERS WANTED

Men accustomed to operating Molding Machines and Bench Work. Steady employment for good men. Highest wages in Canada paid. Room also for learners.

Taylor-Forbes Co. GUELPH, ONT. Limited

Security Loan & Savings Company

26 JAMES STREET ST. CATHARINES ANNUAL GENERAL MEETING. The Annual General Meeting of the Shareholders of the Security Loan & Savings Company, St. Catharines will be held at the Company's Office, No. 26 James street, St. Catharines, on Thursday, February 19th, 1920, at 11.30 a.m.

for the purpose of receiving the Financial Statement and Report of the Directors for the year 1919, the election of Directors and the transaction of such other business as may be brought before it. E. F. DWYER, Sec.-Treasurer, St. Catharines, Ont., January 12th, 1920.

1869—600 Branches—1919 The Royal Bank of Canada

Give Your Boy a Chance. You Will Not Miss the Small Monthly Amounts

On the first day of every month draw a cheque for \$10 for the credit of your son's Savings Account. Do this regularly for (say) ten years.

Your boy will then have \$1389.42. He can own a farm when other boys are still working for wages.

Capital and Reserve \$34,000,000 Total Resources \$580,000,000

UNPREPAREDNESS—FAILURE

A bank account is an assistant in character building. It establishes the confidence, independence and pride which increases effort and paves the way to success. Open an account to-day and be prepared.

THE CANADIAN BANK OF COMMERCE PAID-UP CAPITAL \$15,000,000 RESERVE FUND \$15,000,000 ST. CATHARINES BRANCH, R. G. W. Conolly, Manager.

TH... Rinder W... And Jas... Deri...

Magistrate However Months Imprison Begging; Tells R... If he is Guilty

Magistrate Campbell today gave the benefit of a doubt to Rinder, who was accused of having stolen a car from the night of Tony Concordia on the night of 5th on Carleton street and giving him of \$65 at the point of James McGlade who was said to be with Rinder and—by both men were identified by an—also got off.

In the charge of vagrancy and begging, however, the Magistrate sent them both to jail for 5 months. The Magistrate summed up the evidence was that the robbery committed at 10.15 on the night of Dec. 5th. Rinder had produced witnesses to prove an alibi effect that he was at the Hynding house at Stamford—a woman or fifteen minutes from St. street, the nearest place where could catch a car for St. Catharines. Men at the boarding house were on the night that it was boarded nine o'clock. Assuming were on time that night it would Rinder would have time to leave the boarding house, catch the car to commit the robbery and get away by midnight. It would in quick work, however, it would allow of any time being in the car would have had to catch the car back to Stamford.

Magistrate said he went that night to the St. Paul street boarding house. Magistrate said he was of the opinion that the men at the boarding house at the Hydro had seen the proper night as it was the day of one man and Rinder tried to sell him a neck scarf. There was no particular reason Rinder would want to get rid of the scarf unless he had the establishment of an alibi. There was the changing of his name seemed a strong point against Rinder.

Rinder knows whether he is guilty or not. I guess I do not," said Magistrate. "I believe a jury would convict him. In this case the identity of McGlade, also falls to ground so he, too, is acquitted." The Magistrate said there was no charge against them, that the charge of vagrancy—the sentence in that case would be five months.

Advance Plans For Congress

Twelve Municipalities in Niagara District Invite Meeting in Welland Further Organize For Mid-Summer Feature.

A call has been sent out by the Board of Trade representing the municipalities to be held at the City Hall, Welland, on Friday, Jan. 23rd, at 2.30 p.m. for the furtherance of plans for the Industrial Conferences to be held by the municipalities of the Niagara District and Power zone.

The initial meeting, held at Welland, the scheme was warmly received. Indeed the plan has great possibilities as a publicity medium. The following municipalities were invited to participate by two representatives from each municipal council, and, where they could, also two representatives from that body. Niagara, St. Catharines, Welland, Merrittton, Stamford, Crandall, Port Dalhousie and Port Hope.