

Notes and Comments

"Amen" is a Hebrew word meaning "faithful."

Toronto is likely to be the scene of an all-Canadian apple show next fall.

Halifax has adopted Daylight Saving, the new time to start on May 10th.

The Royal Commission on Decimal coinage in England, after nearly two years' deliberation have decided against a decimal system.

Even a young pullet, with mighty little head and no brains, believes in advertising. Ever notice her just after she has laid an egg? What a noise she makes.

Two U. S. army aviators flew from Ottawa to Toronto in two hours and five minutes. It takes the fastest train twice as long and more to cover the same distance.

Members of the Local Council of Women of Toronto at a recent meeting covenanted to buy potatoes for a month as a protest against the high cost of this article of food.

The Chancellor of the Exchequer says England has had an unprecedented increase in the consumption of tobacco due to the great growth in the habit of smoking on the part of women.

It is significant, if not remarkable, that as the canning season approaches the voice of the profiteer is raised in the land with prophecies of another boost in the price of sugar. It is time a halt was called.

The statement that Uncle Sam is spending \$18,000,000 a day in running the Government means that it is costing something like 100,000,000 of us something like 18 cents a day apiece.—Boston Globe.

Publishers in New York of several leading magazines have decided to combine two issues in one or to reduce the number of pages because of the shortage of paper. Some magazines may suspend publication temporarily.

Last year the Provincial revenue was \$3,280,313.42, the first time since confederation that it has soared above the three million dollar mark, and next year it will move up another digit in the nine figure class, being calculated at \$4,008,132.80.

The Lloyd George letter to Holland, on the subject of the ex-kaiser's residence, plainly indicates British recognition that the former emperor is a very serious menace to world peace. The tone of the British note carries its own proof that Wilhelm is not regarded in official circles as the broken man he is so frequently depicted by press correspondents.

The will of Mrs. Margaretha Apman, of Brooklyn, N. Y., who died recently, provides a "last treat" for her relatives and friends. The estate is to pay for the coaches used by those who attend the funeral, as well as for lunch, coffee and beer for these mourners at a Long Island hotel. The estate, which is valued at \$22,000, is left to relatives in Germany and the United States.

Cause of Early Old Age. The celebrated Dr. Michenhoff, an authority on early old age, says that it is "caused by poisons generated in the intestine." When your stomach digests food properly it is absorbed without forming poisonous matter. Poisons bring on early old age and premature death. 15 to 30 drops of "Seigel's Syrup" after meals makes your digestion sound.

Minard's Liniment Cures Colds, etc.

A Desire to Eat What You Want

HOW STOMACHS CAN BE RESTORED TO A VIGOROUS, HEALTHY CONDITION

Not to be limited in diet, but to eat whatever he pleases is the dream of every dyspeptic. No one can honestly promise to restore any stomach to this happy condition, because all people cannot eat the same things with equally satisfactory results. It is literally true that "what is one man's food is another man's poison. But it is possible to so tone up the digestive organs that a pleasing diet may be selected from articles of food that cause no discomfort.

When the stomach lacks tone there is no quicker way to restore it than to build up the blood. Good digestion without rich, red blood is impossible, and Dr. Williams Pink Pills offer the very best way to build up and enrich the blood. For this reason these pills are especially good in stomach trouble attended by thin blood, and in attacks of nervous dyspepsia. Proof of the value of Dr. Williams Pink Pills in even the most obstinate cases of stomach trouble is given by Mrs. S. Morrison, Varney, Ont., who says:—"I shall always feel indebted to a friend who advised me to use Dr. Williams Pink Pills. I had been a sufferer for upwards of twelve years with stomach trouble which resulted in a general weakness of the whole system. My meals always caused me great discomfort, and at times I would go hungry rather than undergo the suffering which followed meals. I was constantly taking something or other recommended for the trouble, but without finding a cure, and often the trouble kept me in bed when I should have been about doing my housework. My friend, who had had a similar attack, came to see me and urged me to try Dr. Williams Pink Pills which had cured her. I got a supply at once and began taking them, and soon found relief. By the time I had used eight boxes I was again enjoying the best of health, and with a good appetite and a stomach restored to normal. Had I known of this medicine earlier it would have saved me years of suffering, and I urge any who may be in a similar condition to try these pills at once."

You can get Dr. Williams Pink Pills through any dealer in medicine or by mail postpaid at 50 cents a box or six boxes for \$2.50 from The Dr. Williams Medicine Co., Brockville, Ont.

A Chess Prodigy

A youthful chess prodigy recently made his debut in Berlin. A boy by the name of R. Rzeschewski, 8 years of age, dared to play in the Berlin Chess Society 20 or more games simultaneously against more or less classy chess players, winning 18 games, losing one and drawing the rest. Furthermore, the little fellow undertook to play blindfolded against the famous master player, Kurt Von Bardeleben, an expert of over 40 years standing, and many times a prize winner in national and international tournaments. Marvellous to relate, the boy had the satisfaction of drawing this game after 20 moves.

Keep Them Growing

Children who are over-thin, listless or delicate, should take

Scott's Emulsion

regularly every day as an aid to growth and sturdiness. Nothing surpasses Scott's Emulsion as a tonic-nutrient for a child of any age.

Scott & Borne, Toronto, Ont.

Canada Makes Farmers

Canada took up the question of soldier settlement of lands more than two years ago. Furthermore, the country did not confine itself to parliamentary discussion of plans, but proceeded to adopt something practical without delay.

As a result more than 1,000,000 acres of free lands have been taken up by returned soldiers. Up to Jan. 17 of this year \$55,948,495 had been loaned to soldier settlers, the number of individual loans being 18,548 and the average loan \$3,016. Only those who qualify can receive loans, but not one out of four applications is turned down.

Nothing better can be done for the returned soldier who has a taste for the outdoors than to back him in a farming venture. Thousands of new farms, run by men who have proved their patriotism on the battle field, will do much to strengthen the Dominion in every way.

Great Interest Manifest Throughout N. England in "Old Home Week"

Mr. John F. Masters, of Boston, who was a recent visitor to his native town of Kentville, states that great interest is manifest throughout New England in the "Old Home Week" to be held in Nova Scotia in 1924. He says whether or no there takes place a "World's Fair," but instead a Maritime Exhibition, the "Old Home" idea has taken a firm and picturesque hold upon the public mind of the people of Boston, and in fact all over the United States. Already some firms are printing on the envelopes the trite statement, "Go to Nova Scotia Old Home Week, 1924."

Minard's Liniment Cures Diphtheria.



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C. S. Stewart, Wolfville. Mail a card to Box 136 and I will be pleased to call with a full range of samples.

Dr. DeVan's French Pills. A reliable Regulating Pill for Women. \$5 a box. Sold at all Drug Stores, or mailed to any address on receipt of price. The Seabell Drug Co., St. Catharines, Ontario.

PHOSPHONOL FOR MEN. Restores Vim and Vitality; for Nerve and Brain; increases "gray matter;" a Tonic—will build you up. \$5 a box, or two for \$9, at drug stores, or by mail on receipt of price. The Seabell Drug Co., St. Catharines, Ontario.

PURITY FLOUR. Eat Plenty of Good Bread It Strengthens, Sustains and Nourishes, and is the most economical food you can buy. Bake your Bread from PURITY FLOUR. "More Bread and Better Bread and Better Pastry". Western Canada Flour Mills Company, Ltd. TORONTO—Head Office. Branches at Winnipeg, Brandon, Calgary, Edmonton, Montreal, Ottawa, St. John, Goderich.

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