

HEUMATIC PAINS HAVE DISAPPEARED

As a Result of Treating the Trouble Through the Blood.

The chief symptom of rheumatism pain. The most successful treatment the one that most quickly relieves and banishes the pain. Many rheumatic people suffer pains that could be avoided by building up the blood; when rheumatism is associated with thin blood it cannot be corrected until the blood is built up.

Mr. Ed. Hall, Main-a-Dieu, N.S., suffered from rheumatism for years, but was more fortunate than many victims of the disease for he found a remedy that so built up his entire system that he is now free from rheumatism. Mr. Hall says: "I was taken down with rheumatism, and at times was under the treatment of several of the best doctors in Cape Breton, but they held out no hope for my recovery from the trouble. I was confined to bed for three years and a helpless cripple from the trouble. I could not move, and had to be turned in sheets. My legs and fingers were drawn out of shape, and sores developed on my body as the result of my long confinement in bed. I was in this serious condition when a friend advised the use of Dr. Williams' Pink Pills and I began taking them. The first benefit I felt from the pills was an improved appetite, and then I began to feel stronger, and was finally able to get out of bed and go about in crutches. I continued taking the pills for months, slowly but surely getting new strength, and finally I was able to lay the crutches aside. I will always be lame, as the result of my long stay in bed my left leg has shortened somewhat, but otherwise I am feeling fine and able to do my work as Fishery Overseer. I may add that when the rheumatism came on I weighed 140 pounds, and when I began going about on crutches I only weighed 67 pounds, and now I am at normal weight. There are many here who know and can vouch for the truth of these statements."

You can get these pills through any dealer in medicine, or by mail, post paid, at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

From the Late War.

Tommy—"Say, Bill, who supplies this 'ere beef, the Army Service Corps or the Veterinary Corps?"

Bill—"I dunno, but if it is the Army Veterinary Corps, they might take the harness off before they send it up next time."

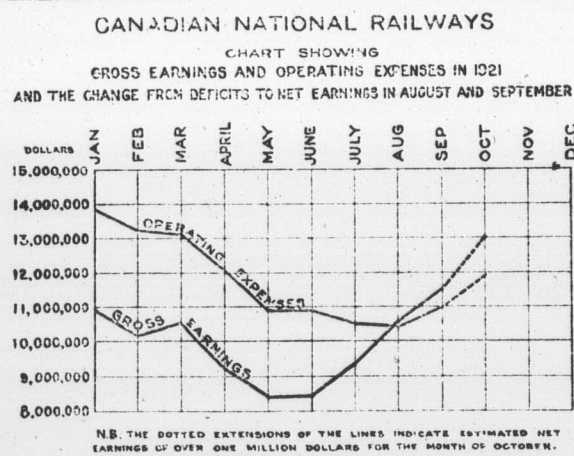
Scientists Cross Fish Breeds.

Scientists have succeeded in crossing herrings with white fish, the result being a fish as well flavored as the herring, but with fewer bones.

National Railways' Prospects Brighten.

The improved financial showing of the Canadian National Railways for the months of August and September has received general and favorable comment in the Press throughout the country. It will be of interest to the public to see in graphic manner the monthly advances made since the beginning of the year.

The accompanying chart shows that operating expenses, as indicated by the upper line on the chart, were brought down, month by month, and that they drew gradually towards a meeting with the lower line, which indicates the gross earnings. In August the lines met and crossed, showing a small margin to the good for that month. In September, the widening gap between the lines indicates net earnings of more than half a million dollars. The trend of the "sweeps" or "curves," as they are sometimes termed, predict a much better showing in October.



Those who were in close touch with the situation, and who knew what was being done to bring about operating economies, could see well in advance that a continuation of these measures, with the usual increases in volume of traffic, would bring the lines together, and that with the seasonal crop movement they should cross. It was hardly expected and the month of August would show net earnings, but reductions in the costs of materials and supplies, coupled with the readjustment of wages, and the increase in gross earnings, were factors which, combined, enabled the management to produce a small balance on the right side for August. The crop movement

With The BOY SCOUTS

Canon Scott the hero-padre of the Canadian Expeditionary Force, visited the Boy Scouts of Hamilton recently and addressed about 800 of the lads, together with their friends and parents, in the Savoy Theatre, kindly loaned by Manager Stroud for the occasion. The speaker recited the story of the battle of Vimy Ridge by the Canadians, drawing from the same a moral for the boys present. His address was appreciated by all, and the boys were especially glad that they had the opportunity afterwards of shaking hands with the soldier-poet. His visit will long be remembered by the Hamilton Scouts. It was very gratifying to hear from Canon Scott's lips the story of the good turn rendered to him by one of Hamilton's own Boy Scouts, Lloyd Bloom, of the 1st (St. Mark's) Troop. On the platform with the speaker were the officers and executive members of the local council, and other Scout enthusiasts in Hamilton. Col. Wm. Hendrie, who introduced the speaker, and J. H. Collinson, who was one of the original Scout workers in Hamilton, presided.

"Go home and be a Boy Scout," said Major Brunton in the York County police court one morning recently, to a lad of thirteen who had been charged with acting disorderly outside a Boy Scout tent. One of the Scouts, who was in the tent at the time, said that the lad had used bad language. What a noble sentence! We are proud to think that we are thus thought of as an organization which can safely and effectively cope with boy delinquency and we hope that in a very short time every true citizen in Canada will be of one mind with Major Brunton.

Boy Scouting is essentially a character training programme with all that this means. It does not supplant, but aids the home, the church and the school in their work. It utilizes boyhood energies, by directing them into useful channels of work and play. It trains them to start life's career with a balanced idea of their duty to their God, their fellows and to themselves.

Full information regarding Scouting and the formation of local Scout Troops may be had upon application to the Field Department, Boy Scouts Association, Bloor and Sherbourne Sts., Toronto, Ontario.

There are only three navies in the world worth speaking of. They belong to Great Britain, the United States, and Japan in the order named. The smallest of these navies is large enough to defeat the combined navies of the world, if the other two stood aside.

In September was sufficient to enable the much better showing made in that month.

A feature of the situation, which constituted a great difficulty encountered by the management in their endeavors to wipe out the deficit, is graphically displayed by the chart, which shows that gross earnings dropped after February; that month's gross is usually the lowest in any year, and commencing with March, gross earnings invariably improve; but during the present year a new condition prevailed; the earnings in the months of April, May and June were lower than those in the months of January and February. This slump in business was general, and affected all lines. If the usual trend of earnings had been followed, the operating economies effected would have brought the lines together at an earlier date.

The chart also shows that the greater reductions in operating expenses were obtained prior to July; this should dispose of the view that the reduction in expenses was largely

brought about by the readjustment of wages, effective July 16th.

The Canadian National Railways, earlier in the year, informed the people of Canada, by a series of frank, explicit articles in the public press, of some of its problems, and, in particular, of the pressing need of more traffic. The improvement in the relative position of the National lines has been accomplished, not only by the reductions of operating costs, but also through the co-operation of the public that realized the truth of the statements made on the National Railways behalf, and who have met the situation in a practical way.

CONSTIPATED CHILDREN

Mothers, if your little ones are constipated; if their little stomach and bowels are out of order; if they cry a great deal and are cross and peevish, give them a dose of Baby's Own Tablets—the ideal medicine for little ones. The Tablets are a gentle but thorough laxative and never fail to right the minor disorders of childhood. Concerning them Mrs. Noble A. Fyr, Eum Secum, N.S., writes:—"My baby was terribly constipated but Baby's Own Tablets soon relieved her and I now think them a splendid medicine for little ones." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Kelly's Quandary.

Kelly was on his way home from a fishing trip down by the bell buoy. "An' ivery wan of us," he said, winding up his story of the day's work, "wint away wid fifteen foine fish on his string."

"How many fish did you catch in all?" asked some one.

"Sixty," said Kelly. There were four of us.

"Who were they?"

"Well I was wan, an' the two Callahans was two, and Casey was three, and—Sullivan, he was three—and—and—I'm sure there were four of us. But who was the other fellow?"

Kelly began again.

"Try it this way" he said. "Sullivan was wan, and the two Callahans was two, and I was three, and—I'm blest if I can think who was the other wan."

Then Kelly laid down his string of fish and began counting off the members of the fishing party on his disengaged hand.

"I was wan," he said, doubling up a finger as he went along "and the two Callahans was two, and Sullivan was three—"

"But the two Callahans were three," some one suggested.

"Do you know the two Callahans?" asked Kelly, warmly.

"No."

"Well, then, how can you say the two Callahans was three? Go on, man!"

Kelly stood thinking it over for a minute, and then picked up his string of fish.

"I'm blest," he said, wagging his head, "if the rascals didn't do me out—there is in sixty twenty times—out of five fishes!"

Get a 10-cent box now. You're headachy! You have a bad taste in your mouth, your eyes burn, your skin is yellow, your lips parched. No wonder you feel mean. Your system is full of bile not properly passed off, and what you need is a cleaning up inside. Don't continue being a bilious nuisance to yourself and those who love you, and don't resort to harsh physics that irritate and injure. Remember that most disorders of the stomach, liver and bowels are gone by morning with gentle, thorough Cascarets—they work while you sleep. A 10-cent box will keep your liver and bowels clean; stomach sweet, and your head clear for months. Children love to take Cascarets too because they never gripe or sicken.

Cascarets To-Night For Liver, Bowels, if Bilious, Headachy

Get It Done! It isn't the job we intended to do. Or the labor we've just begun That puts us right on the balance sheet; It's the work we have really done.

Our credit is built upon things we do. Our debit on things we shirk; The man who totals the biggest plus Is the man who completes his work.

Good intentions do not pay bills; It's easy enough to plan. To wish is the play of an office boy; To do is the job of a man.

MONEY ORDERS. Dominion Express Money Orders are on sale in five thousand offices throughout Canada.

Easy Exercise. An officer on board ship was drilling his men.

"I want every man to lie on his back, put his legs in the air and move them as if he were riding a bicycle," he explained. "Now commence."

After a short time one of the men stopped.

"Why have you stopped, Murphy?" asked the officer.

"If ye please, sir," was the answer. "I was coasting."

Most middle-aged Londoners are slightly deaf, due, it is said, to the continuous roar of traffic.

Twelve letters comprise the Hawaiian alphabet.

MINARD'S "KING OF PAIN" LINIMENT

FOR RHEUMATISM

Lumbago, Neuralgia, or any other pain, apply Minard's Liniment to the aching spot and get quick relief. Minard's is the remedy your grandmother used. There is nothing to equal it.

FOR SALE EVERYWHERE.

Never say "Aspirin" without saying "Bayer."

WARNING! Unless you see name "Bayer" on tablets, you are not getting Aspirin at all. Why take chances? Accept only an "unbroken package" of "Bayer Tablets of Aspirin," which contains directions and dose worked out by physicians during 21 years and proved safe by millions for

Colds Headache Rheumatism
Toothache Neuralgia Neuritis
Earache Lumbago Pain, Pain

Handy tin boxes of 12 tablets—Bottles of 24 and 100—All Druggists.

Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Mono-acetyl-salicylic acid. While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

HEALTH EDUCATION BY DR. J. J. MIDDLETON

Provincial Board of Health, Ontario

Dr. Middleton will be glad to answer questions on Public Health matters through this column. Address him at Spadina House, Spadina Crescent, Toronto.

The more we read, and learn by actual experience of the ravages of venereal diseases, the more we see the necessity of carrying on a relentless war against these great scourges of humanity. One of the great obstacles that confronts Government efforts to combat and control venereal diseases effectively, is lack of knowledge of their seriousness or of their after effects, which may lead to chronic ill-health, paralysis, insanity and premature death. In its efforts to carry on the campaign against venereal disease in this province, the Provincial Board of Health has two principal aims in view. One is to locate the sufferer as quickly as possible, and the other is to get treatment started by a competent physician at the earliest opportunity. There is a great tendency among people who have contracted either syphilis or gonorrhoea to keep quiet about it, and to try secret remedies in the hope of getting cured without relatives or friends knowing of their condition. They dread the moral approbrium that they think they would be subjected to if it became known that they had contracted venereal disease. To try and overcome this false feeling of security by the use of quack remedies, is part of the work of the Provincial Board of Health. The Board through the Division of Venereal Diseases has perfected plans to carry on the treatment without the

Viscount Grey's Eyes Restored by Nature.

Viscount Grey, to the astonishment of his friends is now walking jauntily to see his oculist as often as is necessary and without glasses of any kind, says a London despatch. It will be recalled that Viscount Grey's eyes failed some time ago and that when he was in Washington he consulted eye specialists and finally obtained some relief when an abscess at the root of one of his teeth was removed.

Soon after Viscount Grey resigned as British Secretary of State for Foreign Affairs his eyes became so bad that he learned braille and read H. G. Wells's "Outline of History" by that system. The man who is responsible for the cure of the Viscount's eyes is neither a certified oculist, a doctor or a surgeon, but a scientist who uses electricity in his treatment. He said

Minard's Liniment Used by Veterinaries

Jaffa has hundreds of orange groves. The export of this fruit for the last few years have averaged 30,000 boxes per annum.

Mother, Quick! Give California Fig Syrup For Child's Bowels

Even a sick child loves the "fruity" taste of "California Fig Syrup." If the little tongue is coated or if your child is listless, cross, feverish, full of cold, or has colic, a teaspoonful will never fail to open the bowels. In a few hours you can see for yourself how thoroughly it works all the constipation poison, sour bile and waste from the tender, little bowels and gives you a well, playful child again.

Millions of mothers keep "California Fig Syrup" handy. They know a teaspoonful to-day saves a sick child tomorrow. Ask your druggist for genuine "California Fig Syrup" which has directions for babies and children of all ages printed on bottle. Mother! You must say "California" or you may get an imitation fig syrup.

Pains After Eating

Today thousands are afraid to eat because of the pains that follow even a light meal of good and wholesome food. Mother Seigel's Syrup, taken after meals, has helped tens of thousands to enjoy their food, and put an end to the pains and miseries of indigestion. Sold in 50c. and \$1.00 bottles at drug stores.

America's Pioneer Dog Remedies

Book on **DOG DISEASES** and How to Feed Mailed Free to any Address by the Author, H. Clay Glover Co., Inc. 118 West 31st Street New York, U.S.A.

COARSE SALT LAND SALT

Bulk Carlots
TORONTO SALT WORKS
C. J. CLIFF - TORONTO

Genuine Bayer Aspirin

Never say "Aspirin" without saying "Bayer."

WARNING! Unless you see name "Bayer" on tablets, you are not getting Aspirin at all. Why take chances? Accept only an "unbroken package" of "Bayer Tablets of Aspirin," which contains directions and dose worked out by physicians during 21 years and proved safe by millions for

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AHERN FELT TIRED OUT ALL DAY LONG

COULD HARDLY EAT, SLEEP OR WORK, HE STATES.

Both Himself and Wife Restored to Splendid Health by Taking Tanlac.

"I know Tanlac is a splendid medicine, for it has fixed me up in good shape in only a few weeks," said John Ahern, 1 Boulton Ave., Toronto, Ont., an employee of the Wm. Davies Co., Ltd.

"Some years ago stomach trouble came on me and I got in a general run-down condition. I got to where I felt tired all day long, tired when I went to bed and just as tired when I got up. I had a persistent cough like bronchitis, that kept me awake much of the night. My stomach was so disordered my appetite was almost entirely gone and all the food I ate gave me indigestion. I had severe pains in the pit of the stomach, and could hardly stoop over, the distress was so bad. I was badly constipated and would get dizzy if I stooped over suddenly. At times my head hurt so bad it seemed that it would split open, and nothing would do me any good.

My wife commenced taking Tanlac and it helped her so much that I decided to try it myself. All my troubles are in the past now and I feel fine. My appetite is splendid and I can eat anything I want without a bit of trouble. I sleep like a log at night and get up in the morning feeling strong and full of "pep" and ready for a hard day's work. I can't say anything too good for Tanlac."

Tanlac is sold by leading druggists everywhere. Adv.

Happy men work; the happiest work toward some definite achievement.

Minard's Liniment for Distemper.

Classified Advertisements.

PLAYER PIANO FOR SALE.

BELL PLAYER PIANO IN GOOD condition, with a large number of music rolls, for sale at a bargain. L. Costello, 73 West Adelaide Street, Toronto.

BELTING FOR SALE

ALL KINDS OF NEW AND USED belting, pulleys, saws, cable, hose, packing, etc., shipped subject to approval at lowest prices in Canada. YORK BELTING CO. 115 YORK STREET, TORONTO.

THIN, FLAT HAIR GROWS LONG, THICK AND ABUNDANT

"Danderine" costs only 35 cents a bottle. One application ends all dandruff, stops itching and falling hair, and, in a few moments, you have doubled the beauty of your hair. It will appear a mass, so soft, lustrous, and easy to do up. But what will please you most will be after a few weeks' use when you see new hair—fine and downy at first—yes—but really new hair growing all over the scalp. "Danderine" is to the hair what fresh showers of rain and sunshine are to vegetation. It goes right to the roots, invigorates and strengthens them. This delightful, stimulating tonic helps thin, lifeless, faded hair to grow long, thick, heavy and luxuriant.

SLOAN'S RELIEVES NEURALGIC ACHES

FOR forty years Sloan's Liniment has been the quickest relief for neuralgia, sciatica and rheumatism, tired muscles, lame backs, sprains and strains, aches and pains.

Keep Sloan's handy and apply freely, without rubbing, at the first twinge. It eases and brings comfort surely and readily. You'll find it clean and non-skin-staining.

Sloan's Liniment is pain's enemy. Ask your neighbor. At all druggists—35c, 70c, \$1.40. Made in Canada.

Sloan's Liniment (Pain's enemy)

SUFFERING OF YOUNG WOMEN

This Letter Tells How It May be Overcome—All Mothers Interested.

Toronto, Ont.—"I have suffered since I was a school girl with pain in my left side and with cramps, growing worse each year until I was all run down. I was so bad at times that I was unfit for work. I tried several doctors and patent medicines, but was only relieved for a short time. Some of the doctors wanted to perform an operation, but my father objected. Finally I learned through my mother of Lydia E. Pinkham's Vegetable Compound, and how thankful I am that I tried it. I am relieved from pain and cramps, and feel as if it has saved my life. You may use my letter to help other women as I am glad to recommend the medicine."—Mrs. H. A. GOODMAN, 14 Rockvale Ave., Toronto.

Those who are troubled as Mrs. Goodman was should immediately seek restoration to health by taking Lydia E. Pinkham's Vegetable Compound. Those who need special advice may write to Lydia E. Pinkham Medicine Co. (confidential), Lynn, Mass. These letters will be opened, read and answered by a woman and held in strict confidence.

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