



## Counselors provide outlet for problems

By LINDA JANASZ

Located on the second floor of north Ross, Campus Connection, a peer counseling group, stands surrounded by hundreds of posters dealing with subjects ranging from alcoholism to loneliness.

"We're the difference between going to a friend for help and going to a professor," says second-year psychology student and volunteer counselor Bill Osgood. "We try to provide an outlet for problems. This is a place where students can come to talk about their pressures and depression."

Osgood says that statistics show that most students come to the centre during exam period. "We have our greatest time of pressure then, and often you can't relate why you feel the way you do," he says. "University life is deceiving because you can go and get a beer, and just sit back if you want."

Osgood also found that many of his clients are students who live in residence. "If you live in residence, your social life often takes over. Balance becomes the biggest problem. Also, a lot of students find it difficult coping with a new environment."

"But people can come to us with any problem," says Meri, another volunteer counselor. "I even have a regular client. We

have weekly sessions."

According to Campus Connection Co-ordinator Judith Pilowsky, "everything is highly confidential between the client and the counselor. We can and do handle all of our clients that come in, and if for any reason we do not feel that we can handle them, we recommend them to someone who can."

All of the counselors go through a training program before they start even though not all may actually do 'counseling,' she says. Some counselors will conduct workshops, such as those in Campus Connection's recent VD Week.

"We try to think of ourselves as a prevention centre," says Pilowsky. "North York has no information or clinics for VD, people do not know the essential information, where to go if they get it or the risks involved. The university is an essential area where this information should be available," she says. Pilowsky says more information weeks like VD Week are in store, with topics ranging from alcoholism to stopping smoking.

"This month we'll also be starting group support in an area we termed 'emotional rescue.' This will be for those who have experienced broken relationships. It will be held every second Wednesday.

The Campus Connection is a non-profit group that is supported by CYSF and grants from Winters College.

## Board of Governors Report

By MARTIN ZARNETT

If you read the last Board of Governors report you may have been mistaken in thinking there is only one student on the Board. To set the record straight, there are two members on the Board of Governors: Pamela Fruitman and myself.

In the last half year I have represented all students in a number of ways and on a number of occasions. In this report I will outline my activities as they relate to the Board.

Pamela and I are members of the Board's Student Relations Committee. This Committee sets rates for tuition, food and housing services, among other things. In November 1983 there was a meeting of the Committee. There were a number of items discussed at that time.

The first item dealt with rates for housing on campus. The York University Tenant's Association (YUFA) made a presentation dealing with the pros and cons of living on campus. Because York University, as well as every other University in Ontario, is exempt from rent control legislation, they are unable to set rates at whatever level they like as long as students are represented in setting those rates. At the present time YUFA is negotiating with the University in the setting of the 1984-85 rates.

Also at the meeting, I was asked by the Committee to investigate student participation on administrative committees at York. At the present time, I am consulting with John Becker (Assistant Vice-President, Student Relations) and Mal Ransom (Secretary of the University) in determining where students are eligible to

serve at the present time as well as where student should be eligible to serve. This report, which should be completed by the Spring will include a number of recommendations, including a nominating procedure for elections and a centralized body to organize student participation.

Student Security, direct funding for Excalibur, and professor evaluations were also discussed at the meeting.

The University Food and Beverage Service Committee (UFBS) met a number of times in the fall and I was able to gain a great deal of knowledge about food services at York. In December, I met with Norman Crandles, Manager, Food and Housing Services, to discuss policy at York vis-à-vis catering and food. Of special interest at the meeting was the position of pubs on campus. Also in December, I met with Messrs. Rill and Levitsky of Rill Food Services Ltd. By speaking with them I was able to gain insight into the concerns of caterers. Because rates for food are ultimately determined at the Board I believe this participation is crucial to making informed decisions.

My last request of the York Community is not to hesitate at all in asking for assistance, I was elected by you and have only been working for you in the past months. If you require information, resources or assistance I would be only pleased to help. I am sure that Pamela would be just as helpful. Please communicate your concerns to the CYSF Offices, at 105 Central Square, or drop in to make an appointment with me. In order for me to be effective, I must hear from you.

## A new old face at CYSF



Norm Whipler

He's ledger crazy!

By LERRICK STARR

There are many new faces at the Council of the York Student Federation (CYSF) this year but the newest face also happens to be the oldest face.

Hired in July as CYSF's Business Manager, Norm Whipler brings many years of experience to the business hotseat. His background includes the development of manual and computer systems for Maclean Hunter Limited, Canada Carbon and Ribbon Company (division of R.L. Crain Ltd.), and A. Allen Pringle Limited. He has held the positions of Controller, Credit Manager, and Chief Accountant.

Working Tuesday to Thursday tucked quietly away in a corner of the CYSF office, Whipler can be found scribbling madly on his ledger sheets or tearing his hair out over the latest computer printout.

An avid bridge player, he can often be found across the table from his favorite partner Rita, his wife for over 40 years.

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