

STRONGLY ADVISES "FRUIT-A-LIVES"

Because They Cured Him, And
They Will Cure You



DR. ALEX. MCCARTER

WALKERTON ONT., MAY 9th, 1911.
"I have been in Walkerton in business for a good many years and many of my townsmen know that my health, for long periods was precarious. My trouble was extreme Nervousness, brought on by indigestion and Dyspepsia, from which I suffered in the most severe form. It was so bad that I could not sleep before about four in the morning. I noticed one of your published testimonials of how someone had used "Fruit-a-Lives" for similar trouble and asked Mr. Hunter, my druggist, his opinion on the matter and he advised their use. I immediately procured several boxes and I am pleased to say that I now enjoy splendid health and could not possibly feel better. I can eat with every degree of satisfaction and sleep without an effort. I strongly advise anyone suffering from like complaints, to commence using "Fruit-a-Lives". ALEX. MCCARTER.
50c. a box, 6 for \$2.50—trial size, 25c. At dealers or from Fruit-a-Lives Limited, Ottawa.

White Ribbon News.

Woman's Christian Temperance Union first organized in 1874.
Aim.—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.
Motto.—For God and Home and Native Land.
Blacks.—A knot of White Ribbon.
WATCHWORD.—Agitate, educate, or organize.
OFFICERS OF WOLFVILLE BRANCH.
President.—Mrs. L. W. Sloop.
1st Vice President.—Mrs. J. Kaye.
2nd Vice President.—Mrs. Fitch.
Recording Secy.—Mrs. W. Mitchell.
Cor. Secretary.—Mrs. Goshall.
Treasurer.—Mrs. H. Pines.
Auditor.—Mrs. T. E. Hutchinson.

REPRESENTATIVES.
Evangelist.—Mrs. G. Fitch.
Luncheon.—Mrs. J. Kenning.
Yours and Arbitration.—Mrs. J. Reid.
Temperance in Sabbath-schools.—Mrs. (Dr.) Brown.
Factor Meetings.—Mrs. (Rev.) McGrover.
Press Work.—Miss Margaret Barns.
Surrender Soap.—Wrappers.—Mrs. M. Freeman.
Bulletin.—Mrs. M. Freeman.
Landscape Work.—Mrs. F. Woodworth.
Scientific Temperance in Schools.—Mrs. G. Cullen.
Laborer Meeting at the homes of the members 1st and 3rd Tuesday evenings in the month.

If We But Knew.

If we but knew that through the closing door
Some one we loved would enter never more,
Would we not hasten with our richest store?
If we but knew!
If we but knew that from the market place
Soon we should miss some kind familiar face,
Would our cold greetings not be touched with grace?
If we but knew!
If we but knew some heart beside our own
Had walked in dark Gethsemane alone,
Oh, with what largeness would our love be shown!
If we but knew!
Dear Jesus, patient, understanding, kind,
Why are Thy lost sheep in a winter wind!
Forgive us that we are so wifful blind!
Teach us to know!

Why a Lord Mayor of London is a Total Abstainer.

Sir Veazy Strong, recently Lord Mayor of London, in Pepton's Weekly, tells why he became a total abstainer: "I became officially connected with the temperance movement at the age of fourteen.
"I have been asked why I became a total abstainer? Well, a boy's reasoning faculties are not very well developed at the age of fourteen, so it would be better to ask why I remained an abstainer for so many years since that time.
The reason is simply that I have become convinced that wine or beer or spirits of any other form of alcohol in common use is unnecessary, useless and in many cases actually harmful.
I do not think I need emphasize its harmfulness; that is only too pitifully well known in every corner of the earth.
One has often heard it said that alcohol had great benefit as a stimulant; it is certainly a seeming stimulation but its lack of benefit is now I think beyond doubt. For many years this was the last stronghold of the defenders of alcoholic stimulants; that stimulants are necessary to those in ill health and that alcohol was, the source of great medical value.
This view was so widely accepted that I can remember the time when, in the oldest hospital, a patient was asked whether he took meat or ale. Ale or health liquor was in fact regarded as part of a patient's diet.
Now it seemed to one of two sudden blows, my mind included, that this theory of the curative value of alcohol was open to grave doubt, and it

Nurse's Years of Experience

Proves Dr. Chase's Kidney-Liver Pills Best Treatment for Kidney and Stomach Troubles.
The trained nurse has even greater opportunities than the doctor himself to watch the action of medicine in specific cases.
For years the writer of this letter has been recommending the use of Dr. Chase's Kidney-Liver Pills among her patients, and is firmly convinced that no treatment is so prompt and effective.
This is the most valuable evidence obtainable, and we believe that all who know Mrs. Duffy will appreciate it to the full, knowing that she would not recommend anything in which she had not the fullest confidence.
Mrs. Duffy, nurse, 25 Lewis street, Toronto, writes: "I have used Dr. Chase's Kidney-Liver Pills for my patients for all disorders of the kidneys, liver and stomach. In all my professional experience I have found nothing better." Dr. Chase's Kidney-Liver Pills, one pill a dose, 25 cents a box, all dealers or Edmondson, Bates & Co., Limited, Toronto.

The First 'Strike.'

The earliest use of the word "strike," in the sense of stopping work, occurs in the London Chronicle for September, 1765, in connection with a coal strike. The publication reports a great suspension of labor in the Northumbrian coalfields, and the colliers are stated to have "struck out" for a higher bonus before entering into their usual yearly "bond." The time honored illustration of profligate labor, "carrying coals to Newcastle," appears to have received its first slap in the face during this strike. The Chronicle reports that "several pokes of coal were brought from Durham to Newcastle by one of the common carriers and sold on the sandhills for a poke, by which he cleared 61. a poke."

When the Blood is Poisoned

The blood must be filtered, otherwise you are poisoned. If the kidneys fail the liver is overworked, and becomes septic. By using Dr. Chase's Kidney-Liver Pills you get both these organs working right, and also secure healthy action of the bowels. For this reason these pills are an ideal family medicine. They cure biliousness, constipation, chronic indigestion and kidney disease.

Locomotor Ataxia.

"My nerves were very bad, and I could not sleep at night, nor could I control my arms or legs," writes Mrs. Robt. Barnard, Maxwell, N. B. Dr. Chase's "Nerve Food" cured me of what I believe was the early stage of locomotor ataxia or paralysis. I cannot describe what I suffered but now I am entirely cured."

A woman who looks as though she was staggering around under a burden of some secret sorrow is sure to turn it loose.

A thought can obtain an imitation of MINARD'S LINIMENT from a Toronto house at a very low price, and have it labeled his own product.
This greasy imitation is the poorest one we have yet seen of the many that every Tom, Dick and Harry has tried to introduce.
ASK FOR MINARD'S and you will get it.

DR. A. W. CHASE'S 25c CATARRH POWDER

Is sent direct to the diseased parts by the "Internal Shower." Heals the ulcers, clears the air passages, stops all "drops" in the throat and permanently cures Catarrh and Hay Fever. See a box I have free. "Send for a substitute." All dealers or Edmondson, Bates & Co., Limited, Toronto.

Willie—Paw, when a baby gets sick, why do they call the doctor?

Paw—To cure it, my son.
Willie—Well, why don't they send for the curate instead of the doctor?
Paw—You go to be', Willie!

GIRL SUFFERED TERRIBLY

At Regular Intervals—Says Lydia E. Pinkham's Vegetable Compound completely cured her.
Adrian, Texas.—"I take pleasure in adding my testimonial to the great list of interested women. For four years I suffered untold agonies at regular intervals. Such pains and cramps, severe chills and indigestion, stomach, then finally hemorrhages until I would be nearly blind. I had five doctors and none of them could do more than relieve me for a time.
"I saw your advertisement in a paper and decided to try Lydia E. Pinkham's Vegetable Compound. I took seven boxes of it and used two bottles of the Sanative Wash, and I am completely cured of my trouble. When I began taking the Compound, I only weighed ninety-six pounds and now I weigh one hundred and twenty-six pounds. If anyone wishes to address all letters, so I cannot speak too highly of the Pinkham remedies."—Miss Jennie Mann, Adrian, Texas.

Minard's Liniment for sale everywhere.

A Splendid Collection.

Never perhaps in the history of the world, were such large contributions being made for educational and charitable purposes as to day. By late wills, large sums have been bequeathed for religious purposes, though it is better for one to be his own executor. The Presbyterian Church in Canada, has recently fallen heir to large bequests through one of our late departed in Montreal. But perhaps all gifts have been eclipsed by a late free will offering by the Women's Auxiliary of the Protestant Church in the United States. At a convention held in October the splendid sum of \$37,500. was taken at one offering. When the gifts were all in, the bills stood in a high pile on the altar, and overflowed to the floor. It is said no such offering has ever been known in the history of missionary work of woman, and no special gift was made. Indian women in "nurses' schools," and mountain girls who walked barefoot to church gave, their mites and helped to swell the pile. This splendid collection shows that every girl of Chamberlain's Tablets and you will be all right tomorrow. For sale by all dealers.

To Have Early Sweet Peas.

Dig a trench in the fall about to inches deep. In the bottom place a layer of fine pebbles for drainage; if needed, next put in an inch of old manure, then 2 or 3 inches of soil. Sow the peas in this, then just before the heavy winter snows and frosts come fill up the trench with soil. In spring the plants will come up all ready for early blooming.

Cause of Insomnia.

The most common cause of insomnia is disorders of the stomach and constipation. Chamberlain's Tablets correct these and enable you to sleep. For sale by all dealers.

Rose Pastor Phelps Stokes, in an address on behalf of a New York country week charity, told a quaint story.

"A little slum girl," she said, "stood for the first time in her life in a barnyard—a genuine, old fashioned barnyard, with its ricks, its lazy cows, its ploughs and harrows and what not."
"The slum child drank it all in delightedly, then gasped half to herself: 'A just look at the chickens—no running around raw!'"

Children Cry FOR FLETCHER'S CASTORIA

An old country woman, going to town by train, stepped into a first class carriage with her basket, and made herself nice and comfortable. Then a porter came along, and said: "Are you first class, my good woman?" "Bogor I am, and I thank you," she replied. "And how do you feel your town?"

Children Cry FOR FLETCHER'S CASTORIA

The Tight Skirt.
You've a very narrow skirt.
Little girl.
Are you sure it doesn't hurt.
Little girl.
That's a minding little stride
Where the street is wild and wide;
Are you sure there's room inside.
Little girl?
Wh when it will happen if you slip.
Little girl?
Aren't you fearful it will slip.
Little girl?
You had better take a sack,
So if anything should crack,
It would serve you coming back.
Little girl.
Does your mamma know you're out.
Little girl?
We're afraid to get about.
Little girl.
If we meet you in the sun,
With your skirt so thinly spun,
Why, we might all have to run.
Little girl.
Let the bottom out a bit,
Little girl.
Its much to tight a fit,
Little girl.
As the matter s-l-y stands,
You'll be walking on your hands,
And in that event—my land!
Little girl.
"So she married him to reform him
And with what result?"
"He's so good now that he's shocked
at the gowns she wears."

Zam-Buk

Purely Herbal—No poisonous coloring
Antiseptic—Stops blood-poison
Soothing—Ends pain and smarting, etc.
Heals all sores.
50c. box. All Druggists and Stores

THIS IS A HOME DYE THAT ANYONE CAN USE

THE GUARANTEED "ONE DYE" for All Kinds of Cloth.
Clears, Brightens, Cleans, Softens, and Gives a Richer Color to Washed Goods.
The Excelsior Life Insurance Co. is the only one of its kind in Canada.

Excelsior Life Insurance Co.

For Security—\$100 assets for every \$100 liability.
For Prosperity—Interest earned on mean net assets, 7.5%; Mortality rate, experienced in expected, 27.5. Dividend in expense ratio 95.
HEAN OFFICE: TORONTO, ONT.

CAPT. S. M. BEARDSLEY, Wolfville, Prov. Mgr.

Look for this label on every bag

IT means best quality—tested quality—full measure and thorough satisfaction.
It is on every bag of
CANADA PORTLAND CEMENT
UNLESS you have facilities for testing cement, you must depend upon the manufacturer for Cement that is reliable—Every car of Canada Cement is thoroughly tested, and unless it passes every test it is not allowed to leave the mill.
You can depend upon Canada Cement.
Be sure you get it.
Canada Cement Company Limited, Montreal
There is a Canada Cement dealer in your neighborhood. If you do not know him, ask us for his name.
Write our Information Bureau for a free copy of the 160 page book "What the Farmer Can Do With Cement."

Canada Cement Company Limited, Montreal

To-night.
To-night, if you feel dull and stupid, or bilious and constipated, take a dose of Chamberlain's Tablets and you will be all right tomorrow. For sale by all dealers.

Yesterday I received an unspeakable insult.

"What was it?"
"A deaf and dumb fellow spelled on his fingers to me that I was a liar."

A Night of Terror.

Few nights are more terrible than that of a mother looking on her child choking and gasping for breath during an attack of croup, and nothing in the world to relieve it. Many mothers have passed nights of terror in this situation. A little forethought will enable you to avoid all this. Chamberlain's Cough Remedy is a certain cure for croup and has never been known to fail. Keep it on hand for sale by all dealers.

A veteran, talking to his grandson, a little lad of 8 or 9 years, remarked:

"Nearly a generation ago a hail-go my head was grazed by a bullet at the battle of Chikamauga."
The little boy looked at the old man's head and said:
"There isn't much grazing there, now, is there, granddad?"

CASTORIA For Infants and Children.

The Kind You Have Always Bought
Bears the Signature of
"What in the world is the reason for this high cost of food?"
"Well, one reason is the tacking of French names on common dishes on our bills of fare."

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Clears, Brightens, Cleans, Softens, and Gives a Richer Color to Washed Goods.
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CAPT. S. M. BEARDSLEY, Wolfville, Prov. Mgr.

Look for this label on every bag

IT means best quality—tested quality—full measure and thorough satisfaction.

It is on every bag of
CANADA PORTLAND CEMENT

UNLESS you have facilities for testing cement, you must depend upon the manufacturer for Cement that is reliable—Every car of Canada Cement is thoroughly tested, and unless it passes every test it is not allowed to leave the mill.

You can depend upon Canada Cement.
Be sure you get it.
Canada Cement Company Limited, Montreal

There is a Canada Cement dealer in your neighborhood. If you do not know him, ask us for his name.
Write our Information Bureau for a free copy of the 160 page book "What the Farmer Can Do With Cement."

AN OPPORTUNITY FOR A RELIABLE MAN IN WOLFVILLE.

We have some Gilt Edged original prairie Townsites, (not subdivisions), which appeal to the intelligent investor, and we intend to put on an extensive advertising campaign in WOLFVILLE as soon as we complete arrangements with a first-class man, who can follow up inquiries. We mail the district thoroughly. The right man who will apply himself can make this a permanent and very profitable position. Apply

H. W. McCURDY
502 Temple Building, Toronto.

FRAME STOCK

SAWED TO ORDER.

Also Lathes, Shingles, Sheathing and Flooring.

WRITE FOR PRICES.

J. H. HICKS & SONS
BRIDGETOWN, N. S.

Hutchinson's Express & Livery.

UP-TO-DATE IN EVERY RESPECT.
Buckboards, Barouches, Single and Double Carriages. Good Horses; Careful Drivers; Fair Prices. Teams at all Times and Boats. Baggage carefully transferred. Boarding Station. Telephone No. 58.

T. E. HUTCHINSON, Prop., WOLFVILLE, N. S.

Get Out of the Rut!

Hundreds Have Made Fortunes, Why Not You?

About \$255,000.00 is Now in Savings Bank to the credit of Wolfville depositors drawing only 3 per cent. Why not place this where it will earn from 40 per cent. to 150 per cent.—did you say where? Why buy stock in

The Silver Black Fox Co's

OF NOVA SCOTIA

A sound Home Company managed by men you know all about—with the much under your own eyes. The Silver Black Fox Industry is no longer an experiment, it's a permanent growing enterprise, paying the heaviest dividends known to Commerce.

Public Confidence is asserting itself in an increasing demand for Stock—particularly that of The Silver Black Fox Company of Nova Scotia. Don't put off—Get in now. Apply to any of the

DIRECTORS:
Pres. H. H. Wickwire, Kentville Sir F. W. Borden, Canning
Vice-Pres. F. H. Manning, Windsor D. C. McKay, Amherst
Sec.-Treas. H. L. Cole, Kentville J. R. McKay, Souris, P.E.I.

HEAD OFFICE, WOLFVILLE, N. S.

Save Your Wife

All Ironing Drudgery

The Imperial Self Heating Flat Iron

Does the work in half the time, better and easier at less than one-tenth the cost of the old way; besides saving the strength, health and temper of the woman who serves. Heats itself from the inside with gasoline or deodorized alcohol. Better and cheaper than gas or electricity. No wires or tubes in the way. No changing room or fusing with half sold flat irons. No endless walking from hot stove to work. No wiping or waxing.

H. P. DAVIDSON, Agent
WOLFVILLE, N. S.

Synopsis of Canadian North West Land Regulations.

ANY person who is the sole head of a family or any male over 18 years old, may homestead a quarter section of available Dominion land in Manitoba, Saskatchewan or Alberta. The applicant must appear in person at the Dominion Lands Agency or Sub-Agency for the district. Entry by proxy may be made by any agency on certain conditions by father, mother, son, daughter, brother, mother, son, daughter, brother, brother, or sister of intending homesteader.

Duties—Six months' residence upon cultivation of the land in each of three years. A homesteader may live on a farm of at least 80 acres solely owned and occupied by him or by his father, mother, son, daughter, brother or sister.

In certain districts a homesteader in good standing may pre-empt a quarter section along side his homestead. Price \$3.00 per acre. Duties—Must reside upon the homestead for pre-emption six months in each of six years from date of homestead entry (including time before he starts to earn homestead patent) and cultivate fifty acres extra.

A homesteader who has exhausted his homestead right, and cannot obtain a pre-emption may enter for a purchased homestead in certain districts. Price \$3.00 per acre. Duties—Must reside six months in each of three years, cultivate fifty acres and erect a house worth \$500.00.

W. W. COREY,
Deputy of the Minister of the Interior, P. B. Unauthorised publications of this advertisement will not be paid for.

H. LEOPOLD,

(Successor to Leopold & Schofield.)
Livery and Boarding Stable.
Stylish Single and Double Turnouts furnished.
Teams meet all trains and boats. All kinds of trucking and express attended to promptly.
Elm Avenue, (Next Royal Hotel), WOLFVILLE.

Electric Restorer for Men

Phosphoral restores every nerve in the body to its proper tension restores strength and vitality. Premature decay and all cases weakness relieved at once. Phosphoral will cure you. Price \$1.00 per bottle. Mailed to any address. The Herald Drug Co., 25, Colborne St., Toronto, Ont. Or at Rand's Drug Store.

FOR SALE.

Residence of the late C. R. Burgess at Wolfville. Property consists of 4 1/2 acres with frontage on Main street of 200 feet; orchards of 200 trees, etc.
For price and further particulars apply to

The Eastern Trust Co.,
HALIFAX.

Dr. de Van's Female Pills

A reliable French regulator never fails. These pills are exceedingly powerful in regulating the reproductive portion of the female system. Relieve all cases of irregularity. Do not take after a long fast, or after a long journey. Price 25c. Mailed to any address. The Herald Drug Co., 25, Colborne St., Toronto, Ont. Or at Rand's Drug Store.

Wm. Regan, HARNESS MAKER.

R. J. Whitten & Co. HALIFAX
Receivers and Sellers of all kinds of Farm Produce.
Consignments Solicited.
Prompt Returns.
Piano For Sale.
A "Behr" Piano in splendid condition, practically new, cost \$600. Will be sold at a great sacrifice. Apply to

EVANORLINE D. BOWLES
Wolfville, N. S.

COAL!

Aondia Lump, Albion No. 1, Springhill, Inverness.
A. M. WHEATON,
COAL - BRIQUETTES.
Did you ever try briquettes. Fine for domestic use. No dust, no slack, no waste. We have them. Cars of "Minute" and Springhill constantly arriving. Prompt delivery and all coal well screened.

Burgess & Co.
Wolfville Real Estate Agency.
Persons wishing to buy or sell apply to
J. W. HARRISON,
Wolfville, April 25.